

ELŐFUTAM KAT. EREDMÉNY
400 m férfi gyors

11. versenyszám

Cápa 11

 Évjárat Csúcs Név
 12 04:21.99 ANTAL Dávid
 11 04:29.65 SZABÓ Marcell

 Helyszín Dátum
 Debrecen 2020. dec. 04.
 Hódmezővásárhely 2021. dec. 17.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
1.	6/6	DEUTSCH Dániel László	2013		A Jövő SC	04:56.86		407								
	R.Idő	00.84	50m	33.26	100m	01:10.25	150m	01:48.35	200m	02:26.18	250m	03:04.32	300m	03:42.51	350m	04:20.36
						36.99		38.10		37.83		38.14		38.19		37.85
	400m	04:56.86				36.50										
2.	5/5	CSAMANGÓ Bercel	2013		Szegedi Úszó Egylet	04:58.41	+01.55	401								
	R.Idő	00.63	50m	32.93	100m	01:10.51	150m	01:49.24	200m	02:27.55	250m	03:06.86	300m	03:44.81	350m	04:22.88
						37.58		38.73		38.31		39.31		37.95		38.07
	400m	04:58.41				35.53										
3.	5/7	MADÁR Marcell	2013		BVSC-Zugló	04:59.20	+02.34	397								
	R.Idő	00.79	50m	33.10	100m	01:09.75	150m	01:48.91	200m	02:27.50	250m	03:06.52	300m	03:44.68	350m	04:23.08
						36.65		39.16		38.59		39.02		38.16		38.40
	400m	04:59.20				36.12										
4.	7/1	M.KISS Mózés	2013		Bohóchal Egyesület	04:59.23	+02.37	397								
	R.Idő	00.62	50m	34.21	100m	01:11.96	150m	01:50.15	200m	02:28.32	250m	03:06.38	300m	03:44.72	350m	04:22.74
						37.75		38.19		38.17		38.06		38.34		38.02
	400m	04:59.23				36.49										
5.	5/3	TÓTH Medárd	2013		Kaposvári Adorján	05:04.20	+07.34	378								
	R.Idő	00.59	50m	34.16	100m	01:12.59	150m	01:51.73	200m	02:30.66	250m	03:10.50	300m	03:49.55	350m	04:28.34
						38.43		39.14		38.93		39.84		39.05		38.79
	400m	05:04.20				35.86										
6.	3/8	JUHÁSZ Vince	2013		Érdi Vízisport Kft	05:07.35	+10.49	367								
	R.Idő	00.86	50m	34.95	100m	01:12.88	150m	01:52.51	200m	02:31.92	250m	03:11.38	300m	03:50.68	350m	04:29.69
						37.93		39.63		39.41		39.46		39.30		39.01
	400m	05:07.35				37.66										
7.	5/9	FAJCSÁK Bálint	2013		BVSC-Zugló	05:08.52	+11.66	362								
	R.Idő	00.63	50m	34.67	100m	01:13.20	150m	01:53.02	200m	02:33.19	250m	03:12.87	300m	03:52.61	350m	04:31.53
						38.53		39.82		40.17		39.68		39.74		38.92
	400m	05:08.52				36.99										
8.	4/4	TÓFALVI Balázs Nándor	2013		Kőbánya Sport Club	05:09.08	+12.22	360								
	R.Idő	00.63	50m	34.52	100m	01:13.92	150m	01:53.98	200m	02:33.32	250m	03:12.46	300m	03:52.02	350m	04:31.56
						39.40		40.06		39.34		39.14		39.56		39.54
	400m	05:09.08				37.52										
9.	4/2	BECKER Barnabás	2013		Érdi Vízisport Kft	05:09.72	+12.86	358								
	R.Idő	00.71	50m	34.55	100m	01:14.51	150m	01:54.25	200m	02:33.87	250m	03:13.92	300m	03:53.74	350m	04:32.75
						39.96		39.74		39.62		40.05		39.82		39.01
	400m	05:09.72				36.97										
10.	4/5	SZENTPÉTERI Olivér	2013		Váci Vízmű SE	05:15.20	+18.34	340								
	R.Idő	00.70	50m	35.15	100m	01:14.80	150m	01:54.81	200m	02:35.10	250m	03:15.59	300m	03:56.30	350m	04:36.48
						39.65		40.01		40.29		40.49		40.71		40.18
	400m	05:15.20				38.72										
11.	3/4	NAGY Patrik	2013		NICS-HSÚVC	05:17.62	+20.76	332								
	R.Idő	00.68	50m	34.76	100m	01:13.44	150m	01:53.81	200m	02:34.75	250m	03:15.74	300m	03:56.86	350m	04:37.98
						38.68		40.37		40.94		40.99		41.12		41.12
	400m	05:17.62				39.64										
12.	2/4	CSANYIK András	2013		Bajai SSC	05:18.57	+21.71	329								
	R.Idő	00.65	50m	36.16	100m	01:16.81	150m	01:57.48	200m	02:38.49	250m	03:18.88	300m	04:00.30	350m	04:40.83
						40.65		40.67		41.01		40.39		41.42		40.53
	400m	05:18.57				37.74										
13.	3/6	TÖRÖK Ádám	2013		BVSC-Zugló	05:19.74	+22.88	326								
	R.Idő	00.63	50m	34.65	100m	01:14.35	150m	01:55.37	200m	02:36.07	250m	03:17.12	300m	03:58.79	350m	04:40.36
						39.70		41.02		40.70		41.05		41.67		41.57
	400m	05:19.74				39.38										

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 Debrecen 2020. dec. 04.
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Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA	
14.	3/0	BARTOLÁK Botond	2013		Monori Sport Egyes.	05:20.47	+23.61	323	
	R.Idő	00.61	50m 35.29	100m 01:15.63	150m 01:58.13	200m 02:39.55	250m 03:21.50	300m 04:03.94	350m 04:44.92
				40.34	42.50	41.42	41.95	42.44	40.98
	400m	05:20.47							
		35.55							
15.	2/6	PATAKI Lóránt Bence	2013		DKSE Dunaújváros	05:25.81	+28.95	308	
	R.Idő	00.78	50m 36.17	100m 01:16.57	150m 01:57.52	200m 02:39.55	250m 03:21.35	300m 04:04.34	350m 04:45.63
				40.40	40.95	42.03	41.80	42.99	41.29
	400m	05:25.81							
		40.18							
16.	2/8	KUGYELA Csanád János	2013		Szarvasi Úszó víz.szab.SE	05:27.59	+30.73	303	
	R.Idő	00.94	50m 35.63	100m 01:17.44	150m 02:00.38	200m 02:41.84	250m 03:24.00	300m 04:06.55	350m 04:49.23
				41.81	42.94	41.46	42.16	42.55	42.68
	400m	05:27.59							
		38.36							
17.	4/9	FURÁK-SZABOVIK Kirill	2013		Orosháza Úszó Egyesület	05:27.72	+30.86	302	
	R.Idő	00.74	50m 34.71	100m 01:15.94	150m 01:57.65	200m 02:39.78	250m 03:21.66	300m 04:03.91	350m 04:45.54
				41.23	41.71	42.13	41.88	42.25	41.63
	400m	05:27.72							
		42.18							
18.	2/2	ÜVEG Dániel	2013		Komáromi Úszóklub SE	05:30.84	+33.98	294	
	R.Idő	00.75	50m 35.78	100m 01:16.42	150m 01:59.04	200m 02:41.33	250m 03:24.98	300m 04:08.37	350m 04:50.61
				40.64	42.62	42.29	43.65	43.39	42.24
	400m	05:30.84							
		40.23							
19.	1/4	SCHALKHAMMER Alex	2013		Tatabányai Vízmű SE	05:31.70	+34.84	292	
	R.Idő	00.68	50m 38.28	100m 01:19.98	150m 02:02.38	200m 02:44.92	250m 03:26.75	300m 04:09.35	350m 04:50.96
				41.70	42.40	42.54	41.83	42.60	41.61
	400m	05:31.70							
		40.74							
20.	1/2	BARTA Ákos	2013		Budapesti Honvéd	05:35.78	+38.92	281	
	R.Idő	00.74	50m 37.51	100m 01:19.90	150m 02:02.15	200m 02:45.46	250m 03:28.94	300m 04:12.81	350m 04:55.15
				42.39	42.25	43.31	43.48	43.87	42.34
	400m	05:35.78							
		40.63							
21.	1/5	FEJES-FEHÉR Benett	2013		Orosháza Úszó Egyesület	05:36.77	+39.91	279	
	R.Idő	00.83	50m 38.15	100m 01:20.18	150m 02:03.33	200m 02:47.02	250m 03:30.36	300m 04:14.00	350m 04:56.33
				42.03	43.15	43.69	43.34	43.64	42.33
	400m	05:36.77							
		40.44							
22.	2/1	BÁLINT Bendegúz	2013		DKSE Dunaújváros	05:38.42	+41.56	274	
	R.Idő	00.64	50m 37.01	100m 01:19.44	150m 02:02.09	200m 02:45.60	250m 03:28.82	300m 04:12.86	350m 04:56.14
				42.43	42.65	43.51	43.22	44.04	43.28
	400m	05:38.42							
		42.28							
23.	1/6	NYÁRI Hunor	2013		Budaörsi Sport Club	05:40.26	+43.40	270	
	R.Idő	00.59	50m 37.79	100m 01:19.65	150m 02:03.54	200m 02:46.62	250m 03:29.81	300m 04:14.87	350m 04:58.42
				41.86	43.89	43.08	43.19	45.06	43.55
	400m	05:40.26							
		41.84							
24.	1/1	TÓTH Bence	2013		Békéscsabai EUK	05:41.87	+45.01	266	
	R.Idő	00.71	50m 37.53	100m 01:21.08	150m 02:04.53	200m 02:48.69	250m 03:32.51	300m 04:16.87	350m 05:00.06
				43.55	43.45	44.16	43.82	44.36	43.19
	400m	05:41.87							
		41.81							
25.	2/0	ALEXANDRU Sebastian	2013		Ferencvárosi Torna Club	05:41.98	+45.12	266	
	R.Idő	00.66	50m 38.23	100m 01:21.69	150m 02:05.27	200m 02:49.09	250m 03:32.98	300m 04:17.54	350m 05:01.48
				43.46	43.58	43.82	43.89	44.56	43.94
	400m	05:41.98							
		40.50							
26.	1/3	WALTER Vencel	2013		Mohácsi Torna Egylet	05:45.02	+48.16	259	
	R.Idő	00.70	50m 37.31	100m 01:20.23	150m 02:04.37	200m 02:49.20	250m 03:33.96	300m 04:20.10	350m 05:04.06
				42.92	44.14	44.83	44.76	46.14	43.96
	400m	05:45.02							
		40.96							

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11	04:29.65	SZABÓ Marcell

Helyszín	Dátum
Debrecen	2020. dec. 04.
Hódmezővásárhely	2021. dec. 17.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
27.	1/7	PURUCZKI Szabolcs	2013		Kecskeméti Sportiskola	05:46.89	+50.03	255								
	R.Idő	00.75	50m	37.96	100m	01:20.95	150m	02:05.27	200m	02:49.27	250m	03:34.86	300m	04:18.99	350m	05:03.56
						42.99		44.32		44.00		45.59		44.13		44.57
	400m	05:46.89														
		43.33														
28.	2/9	TRENCSÉR Iván	2013		Szombathelyi SK SI	05:47.77	+50.91	253								
	R.Idő	00.58	50m	36.94	100m	01:20.14	150m	02:05.57	200m	02:50.21	250m	03:35.54	300m	04:20.97	350m	05:05.94
						43.20		45.43		44.64		45.33		45.43		44.97
	400m	05:47.77														
		41.83														

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Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
1.	7/4	NAGYHÁZI Bence	2012		A Jövő SC	04:40.53		482								
	R.Idő	00.73	50m	31.59	100m	01:06.82	150m	01:42.28	200m	02:18.20	250m	02:54.04	300m	03:29.81	350m	04:06.33
						35.23		35.46		35.92		35.84		35.77		36.52
	400m	04:40.53				34.20										
2.	6/5	SCHÖNEK Zétény	2012		Újpesti Torna Egylet	04:41.21	+00.68	479								
	R.Idő	00.69	50m	32.15	100m	01:07.78	150m	01:43.63	200m	02:19.56	250m	02:55.60	300m	03:31.64	350m	04:06.86
						35.63		35.85		35.93		36.04		36.04		35.22
	400m	04:41.21				34.35										
3.	7/5	VEREBÉLYI Zalán	2012		Rája 94 Úszóklub	04:41.42	+00.89	478								
	R.Idő	00.93	50m	31.64	100m	01:06.97	150m	01:42.79	200m	02:18.94	250m	02:54.82	300m	03:30.53	350m	04:06.26
						35.33		35.82		36.15		35.88		35.71		35.73
	400m	04:41.42				35.16										
4.	6/4	KESZTLER Gábor György	2012		Százhalombattai VUKSE	04:43.97	+03.44	465								
	R.Idő	00.75	50m	32.13	100m	01:07.50	150m	01:43.02	200m	02:18.50	250m	02:54.03	300m	03:28.46	350m	04:09.43
						35.37		35.52		35.48		35.53		34.43		40.97
	400m	04:43.97				34.54										
5.	7/7	MAJOR Csanád	2012		NICS-HSÚVC	04:49.88	+09.35	437								
	R.Idő	00.65	50m	33.36	100m	01:09.81	150m	01:47.35	200m	02:24.58	250m	03:02.47	300m	03:39.78	350m	04:16.40
						36.45		37.54		37.23		37.89		37.31		36.62
	400m	04:49.88				33.48										
6.	7/3	HAJÓS Dániel	2012		II. Kerületi Sport	04:51.26	+10.73	431								
	R.Idő	00.76	50m	32.30	100m	01:08.71	150m	01:45.63	200m	02:23.20	250m	03:00.94	300m	03:38.66	350m	04:15.88
						36.41		36.92		37.57		37.74		37.72		37.22
	400m	04:51.26				35.38										
7.	6/7	FERENCZI Gergő Balázs	2012		Hód Úszó SE	04:51.59	+11.06	429								
	R.Idő	00.65	50m	32.10	100m	01:07.72	150m	01:44.38	200m	02:21.75	250m	02:59.86	300m	03:37.64	350m	04:15.66
						35.62		36.66		37.37		38.11		37.78		38.02
	400m	04:51.59				35.93										
8.	7/2	LAKATOS Máté	2012		Soproni Széchy T. SI	04:52.79	+12.26	424								
	R.Idő	00.65	50m	32.21	100m	01:09.31	150m	01:46.78	200m	02:24.48	250m	03:02.41	300m	03:40.70	350m	04:17.06
						37.10		37.47		37.70		37.93		38.29		36.36
	400m	04:52.79				35.73										
9.	6/2	KOMÁROMY Vilmos István	2012		Szentes Városi Úszó Club	04:53.27	+12.74	422								
	R.Idő	00.73	50m	33.44	100m	01:09.98	150m	01:47.44	200m	02:24.99	250m	03:02.86	300m	03:41.22	350m	04:18.35
						36.54		37.46		37.55		37.87		38.36		37.13
	400m	04:53.27				34.92										
10.	6/1	LENDVAI Zalán	2012		Újpesti Torna Egylet	04:53.51	+12.98	421								
	R.Idő	00.70	50m	33.03	100m	01:10.04	150m	01:46.96	200m	02:25.43	250m	03:02.77	300m	03:40.67	350m	04:18.06
						37.01		36.92		38.47		37.34		37.90		37.39
	400m	04:53.51				35.45										
11.	6/3	MAJOR Máté	2012		BVSC-Zugló	04:53.95	+13.42	419								
	R.Idő	00.75	50m	32.66	100m	01:09.13	150m	01:46.89	200m	02:24.55	250m	03:02.99	300m	03:40.74	350m	04:18.68
						36.47		37.76		37.66		38.44		37.75		37.94
	400m	04:53.95				35.27										
12.	7/0	KOVÁCS-PIMPER Gergő	2012		Balaton ÚK Veszprém	04:54.98	+14.45	415								
	R.Idő	00.82	50m	32.19	100m	01:09.33	150m	01:47.10	200m	02:25.09	250m	03:03.61	300m	03:42.45	350m	04:19.99
						37.14		37.77		37.99		38.52		38.84		37.54
	400m	04:54.98				34.99										
13.	7/6	EBINGER Csanád Botond	2012		Kőbánya Sport Club	04:58.72	+18.19	399								
	R.Idő	00.72	50m	33.25	100m	01:10.00	150m	01:47.65	200m	02:25.43	250m	03:04.27	300m	03:42.41	350m	04:20.70
						36.75		37.65		37.78		38.84		38.14		38.29
	400m	04:58.72				38.02										

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14.	6/0	DOMOKOS Milán Martin	2012		Békéscsabai EUK	05:00.58	+20.05	392	
	R.Idő	00.66	50m 34.08	100m 01:11.75	150m 01:50.27	200m 02:28.88	250m 03:07.94	300m 03:46.53	350m 04:24.22
				37.67	38.52	38.61	39.06	38.59	37.69
	400m	05:00.58							
		36.36							
15.	6/9	VARGA Attila Hunor	2012		Tótkomlói Úszó Egyesület	05:01.82	+21.29	387	
	R.Idő	00.82	50m 32.92	100m 01:10.21	150m 01:48.95	200m 02:27.72	250m 03:06.34	300m 03:45.49	350m 04:24.63
				37.29	38.74	38.77	38.62	39.15	39.14
	400m	05:01.82							
		37.19							
16.	5/6	KÁROLY Keve	2012		Kaposvári Sportközpont és	05:03.23	+22.70	382	
	R.Idő	00.74	50m 33.22	100m 01:11.59	150m 01:50.73	200m 02:29.41	250m 03:08.99	300m 03:48.13	350m 04:26.89
				38.37	39.14	38.68	39.58	39.14	38.76
	400m	05:03.23							
		36.34							
17.	5/4	JAKAB Gergő	2012		Soproni Széchy T. SI	05:03.56	+23.03	381	
	R.Idő	00.80	50m 33.55	100m 01:12.38	150m 01:51.52	200m 02:31.37	250m 03:09.82	300m 03:48.80	350m 04:27.65
				38.83	39.14	39.85	38.45	38.98	38.85
	400m	05:03.56							
		35.91							
18.	4/8	HOCK Csanád	2012		Rája 94 Úszóklub	05:03.67	+23.14	380	
	R.Idő	00.74	50m 34.56	100m 01:12.64	150m 01:51.83	200m 02:30.74	250m 03:09.48	300m 03:48.65	350m 04:26.99
				38.08	39.19	38.91	38.74	39.17	38.34
	400m	05:03.67							
		36.68							
19.	4/7	SALLAI Áron	2012		Budapesti Honvéd	05:04.24	+23.71	378	
	R.Idő	00.70	50m 34.03	100m 01:12.01	150m 01:51.03	200m 02:30.61	250m 03:10.26	300m 03:49.33	350m 04:28.22
				37.98	39.02	39.58	39.65	39.07	38.89
	400m	05:04.24							
		36.02							
20.	7/9	JANCSA Hetény	2012		Budapesti Honvéd	05:05.18	+24.65	374	
	R.Idő	00.66	50m 34.48	100m 01:11.39	150m 01:51.39	200m 02:31.52	250m 03:11.28	300m 03:50.42	350m 04:29.31
				36.91	40.00	40.13	39.76	39.14	38.89
	400m	05:05.18							
		35.87							
21.	4/0	STRASZEWSKI Péter	2012		Balaton ÚK Veszprém	05:05.26	+24.73	374	
	R.Idő	00.63	50m 33.63	100m 01:11.50	150m 01:50.27	200m 02:30.03	250m 03:09.53	300m 03:48.88	350m 04:27.94
				37.87	38.77	39.76	39.50	39.35	39.06
	400m	05:05.26							
		37.32							
22.	5/2	KRUG Ákos	2012		UNI Győri Úszó Sportegy.	05:05.63	+25.10	373	
	R.Idő	00.67	50m 32.86	100m 01:10.54	150m 01:49.48	200m 02:28.72	250m 03:08.03	300m 03:47.50	350m 04:27.25
				37.68	38.94	39.24	39.31	39.47	39.75
	400m	05:05.63							
		38.38							
23.	3/2	BAZSINKA Botond	2012		Szegedi Úszó Egylet	05:05.72	+25.19	373	
	R.Idő	00.78	50m 32.60	100m 01:10.01	150m 01:49.35	200m 02:28.70	250m 03:08.20	300m 03:48.73	350m 04:28.15
				37.41	39.34	39.35	39.50	40.53	39.42
	400m	05:05.72							
		37.57							
24.	5/1	BABARCZI Rudolf	2012		Bohóchal Egyesület	05:05.91	+25.38	372	
	R.Idő	00.72	50m 34.58	100m 01:13.86	150m 01:53.35	200m 02:32.98	250m 03:11.88	300m 03:51.03	350m 04:29.32
				39.28	39.49	39.63	38.90	39.15	38.29
	400m	05:05.91							
		36.59							
25.	7/8	HÁFRA Csaba	2012		A Jövő SC	05:06.73	+26.20	369	
	R.Idő	00.73	50m 34.84	100m 01:12.77	150m 01:51.76	200m 02:31.57	250m 03:11.09	300m 03:50.50	350m 04:29.18
				37.93	38.99	39.81	39.52	39.41	38.68
	400m	05:06.73							
		37.55							
26.	5/8	KOVÁCS Ádám Attila	2012		Debreceni Sportc. SI	05:07.81	+27.28	365	
	R.Idő	00.76	50m 33.79	100m 01:12.20	150m 01:52.19	200m 02:32.82	250m 03:12.94	300m 03:52.26	350m 04:30.77
				38.41	39.99	40.63	40.12	39.32	38.51
	400m	05:07.81							
		37.04							

ELŐFUTAM KAT. EREDMÉNY
400 m férfi gyors

11. versenyszám

Cápa 12

 Évjárat Csúcs Név
 12 04:21.99 ANTAL Dávid
 11 04:29.65 SZABÓ Marcell

 Helyszín Dátum
 Debrecen 2020. dec. 04.
 Hódmezővásárhely 2021. dec. 17.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA		
27.	5/0	SZABÓ Zsombor	2012		NivoMed Egyesület	05:10.34	+29.81	356		
	R.Idő	00.67	50m	33.29	100m 01:12.58 39.29	150m 01:53.06 40.48	200m 02:33.79 40.73	250m 03:12.98 39.19	300m 03:53.34 40.36	350m 04:32.47 39.13
	400m	05:10.34 37.87								
28.	6/8	AUGUSZ Péter	2012		Szegedi Úszó Egylet	05:10.55	+30.02	355		
	R.Idő	00.70	50m	33.03	100m 01:10.49 37.46	150m 01:49.94 39.45	200m 02:30.33 40.39	250m 03:10.87 40.54	300m 03:50.89 40.02	350m 04:31.35 40.46
	400m	05:10.55 39.20								
29.	4/6	VIDA Botond Attila	2012		Four Diamonds SE	05:13.63	+33.10	345		
	R.Idő	00.78	50m	33.96	100m 01:10.88 36.92	150m 01:49.85 38.97	200m 02:30.24 40.39	250m 03:10.76 40.52	300m 03:51.65 40.89	350m 04:33.29 41.64
	400m	05:13.63 40.34								
30.	3/1	BARANYI Bence	2012		Mohácsi Torna Egylet	05:14.20	+33.67	343		
	R.Idő	00.65	50m	34.10	100m 01:12.96 38.86	150m 01:53.97 41.01	200m 02:34.81 40.84	250m 03:15.83 41.02	300m 03:56.57 40.74	350m 04:35.78 39.21
	400m	05:14.20 38.42								
31.	4/3	BENKE Csaba	2012		Szegedi Úszó Egylet	05:14.94	+34.41	341		
	R.Idő	00.58	50m	35.37	100m 01:14.60 39.23	150m 01:54.66 40.06	200m 02:35.03 40.37	250m 03:15.59 40.56	300m 03:55.84 40.25	350m 04:35.73 39.89
	400m	05:14.94 39.21								
32.	2/3	KISS Milán	2012		Four Diamonds SE	05:15.00	+34.47	340		
	R.Idő	00.72	50m	33.63	100m 01:13.75 40.12	150m 01:54.88 41.13	200m 02:36.61 41.73	250m 03:17.63 41.02	300m 03:59.32 41.69	350m 04:37.55 38.23
	400m	05:15.00 37.45								
33.	3/7	SZALKAI Péter Bálint	2012		Kőbánya Sport Club	05:17.54	+37.01	332		
	R.Idő	00.79	50m	35.42	100m 01:15.12 39.70	150m 01:55.27 40.15	200m 02:36.28 41.01	250m 03:17.18 40.90	300m 03:57.73 40.55	350m 04:38.15 40.42
	400m	05:17.54 39.39								
34.	2/5	KOPASZ Márk	2012		BVSC-Zugló	05:19.15	+38.62	327		
	R.Idő	00.62	50m	35.49	100m 01:16.00 40.51	150m 01:57.45 41.45	200m 02:38.63 41.18	250m 03:19.50 40.87	300m 04:00.62 41.12	350m 04:41.21 40.59
	400m	05:19.15 37.94								
35.	3/9	SZENTES Ákos	2012		Dombóvári SI	05:19.17	+38.64	327		
	R.Idő	00.76	50m	35.12	100m 01:15.27 40.15	150m 01:56.14 40.87	200m 02:37.24 41.10	250m 03:18.44 41.20	300m 03:59.47 41.03	350m 04:40.02 40.55
	400m	05:19.17 39.15								
36.	3/5	KAJUS Dániel	2012		Bohóchal Egyesület	05:19.93	+39.40	325		
	R.Idő	00.67	50m	35.84	100m 01:15.87 40.03	150m 01:57.16 41.29	200m 02:38.61 41.45	250m 03:19.28 40.67	300m 04:00.46 41.18	350m 04:41.04 40.58
	400m	05:19.93 38.89								
37.	3/3	CSORDÁS Roland	2012		Kaposvári Sportközpont és	05:21.92	+41.39	319		
	R.Idő	00.69	50m	35.12	100m 01:15.05 39.93	150m 01:56.18 41.13	200m 02:37.77 41.59	250m 03:19.16 41.39	300m 04:01.61 42.45	350m 04:42.85 41.24
	400m	05:21.92 39.07								
38.	4/1	VÉGH András	2012		Debreceni Sportc. SI	05:23.26	+42.73	315		
	R.Idő	00.59	50m	35.26	100m 01:16.01 40.75	150m 01:58.06 42.05	200m 02:38.78 40.72	250m 03:20.13 41.35	300m 04:01.88 41.75	350m 04:42.67 40.79
	400m	05:23.26 40.59								
39.	2/7	NAGY Benedek Gábor	2012		Balaton ÚK Veszprém	05:28.19	+47.66	301		
	R.Idő	00.70	50m	36.27	100m 01:17.08 40.81	150m 01:58.99 41.91	200m 02:41.42 42.43	250m 03:23.23 41.81	300m 04:06.03 42.80	350m 04:48.23 42.20
	400m	05:28.19 39.96								