

400 m férfi gyors

2. versenyszám Országos csúcs: 3:39.52 (Kis Gergő - 2007)

Férfi 2005 és idősebb

| | | | | | |
|----|--|------|---------|---------|-------|
| 1. | Györe Ádám | 2004 | Egri ÚK | 4:08,47 | ****p |
| | 50m: 0:28,43 100m: 0:59,06 150m: 1:30,40 200m: 2:02,02 250m: 2:33,67 300m: 3:05,63 350m: 3:37,50 | | | | |
| | Edzője: Garádi Géza | | | | |
| 2. | Török Gergely | 2003 | MÚSZ | 4:20,18 | ****p |
| | 50m: 0:29,31 100m: 1:00,82 150m: 1:33,43 200m: 2:06,69 250m: 2:40,35 300m: 3:14,31 350m: 3:47,90 | | | | |

Férfi 2006-2007

| | | | | | |
|-----|--|------|--------------------|---------|-------|
| 1. | Bagi Zoltán | 2007 | Tiszaújvárosi TK | 4:16,24 | ****p |
| | 50m: 0:30,26 100m: 1:02,59 150m: 1:35,79 200m: 2:09,28 250m: 2:41,88 300m: 3:14,50 350m: 3:45,97 | | | | |
| | Edzője: Fodor Ágnes | | | | |
| 2. | Tulipán Bence | 2006 | MiskolciSI | 4:16,67 | ****p |
| | 50m: 0:30,07 100m: 1:02,57 150m: 1:35,78 200m: 2:09,37 250m: 2:42,15 300m: 3:14,96 350m: 3:46,99 | | | | |
| 3. | Léport Milán Krisztián | 2007 | MiskolciSI | 4:26,64 | ****p |
| | 50m: 0:30,12 100m: 1:03,06 150m: 1:36,25 200m: 2:10,02 250m: 2:44,03 300m: 3:18,66 350m: 3:53,18 | | | | |
| 4. | Mikita Zalán | 2007 | Debr.SC SI | 4:27,83 | ****p |
| | 50m: 0:29,75 100m: 1:02,32 150m: 1:35,30 200m: 2:09,40 250m: 2:43,62 300m: 3:19,49 350m: 3:54,70 | | | | |
| 5. | Kárpáti Zalán | 2007 | MiskolciSI | 4:29,63 | ****p |
| | 50m: 0:30,25 100m: 1:04,46 150m: 1:38,58 200m: 2:13,40 250m: 2:48,27 300m: 3:23,39 350m: 3:57,44 | | | | |
| 6. | Csernyik Dániel | 2006 | Nyíregyházi Sportc | 4:32,72 | ****p |
| | 50m: 0:30,13 100m: 1:03,63 150m: 1:37,68 200m: 2:12,70 250m: 2:47,67 300m: 3:23,39 350m: 3:58,75 | | | | |
| 7. | Németh Lázár | 2006 | MiskolciSI | 4:34,52 | ****p |
| | 50m: 0:28,86 100m: 1:02,37 150m: 1:37,30 200m: 2:13,15 250m: 2:49,09 300m: 3:24,37 350m: 4:00,15 | | | | |
| 8. | Ullaga Ármin | 2006 | Debr.SC SI | 4:37,68 | ****p |
| | 50m: 0:30,37 100m: 1:05,46 150m: 1:41,46 200m: 2:17,47 250m: 2:52,45 300m: 3:28,57 350m: 4:04,31 | | | | |
| 9. | Haba Balázs | 2006 | Debr.SC SI | 4:38,33 | ****p |
| | 50m: 0:31,61 100m: 1:06,05 150m: 1:41,68 200m: 2:17,68 250m: 2:53,09 300m: 3:29,18 350m: 4:04,74 | | | | |
| 10. | Gulyás Csaba | 2007 | Parafa UK | 4:38,54 | ****p |
| | 50m: 0:30,64 100m: 1:05,69 150m: 1:41,80 200m: 2:17,49 250m: 2:53,85 300m: 3:30,01 350m: 4:05,83 | | | | |
| 11. | Simon Boldizsár | 2007 | Parafa UK | 4:41,73 | ****p |
| | 50m: 0:31,52 100m: 1:06,06 150m: 1:41,98 200m: 2:17,79 250m: 2:53,92 300m: 3:30,41 350m: 4:06,58 | | | | |
| 12. | Kárpáti Kende | 2007 | MiskolciSI | 4:46,88 | ****p |
| | 50m: 0:30,81 100m: 1:06,06 150m: 1:43,28 200m: 2:20,14 250m: 2:58,22 300m: 3:35,03 350m: 4:11,93 | | | | |

400 m férfi gyors

2. versenyszám Országos csúcs: 3:39.52 (Kis Gergő - 2007)

Férfi 2008-2009

| | | | | | |
|-----|--|------|--------------------|---------|-------|
| 1. | Dospoly Zsombor | 2008 | MiskolciSI | 4:23,85 | ****p |
| | 50m: 0:27,91 100m: 1:02,01 150m: 1:35,95 200m: 2:09,63 250m: 2:43,37 300m: 3:16,81 350m: 3:51,29 | | | | |
| | Edzője: Sajgó László | | | | |
| 2. | Boári Benett | 2008 | Parafa UK | 4:29,29 | ****p |
| | 50m: 0:30,31 100m: 1:04,42 150m: 1:38,73 200m: 2:13,24 250m: 2:48,21 300m: 3:23,05 350m: 3:56,93 | | | | |
| 3. | Kenyeres Gergő | 2008 | Debr.SC SI | 4:29,61 | ****p |
| | 50m: 0:30,59 100m: 1:04,45 150m: 1:39,28 200m: 2:14,30 250m: 2:48,26 300m: 3:22,75 350m: 3:57,41 | | | | |
| 4. | Antal Dávid | 2008 | BátoriS.ÚE | 4:33,51 | ****p |
| | 50m: 0:29,56 100m: 1:03,32 150m: 1:38,01 200m: 2:13,19 250m: 2:48,53 300m: 3:24,13 350m: 3:59,89 | | | | |
| 5. | Pásztor Hunor | 2008 | MiskolciSI | 4:37,82 | ****p |
| | 50m: 0:30,58 100m: 1:03,70 150m: 1:38,75 200m: 2:14,27 250m: 2:50,11 300m: 3:27,23 350m: 4:03,44 | | | | |
| 6. | Szilágyi Barna | 2008 | Debr.SC SI | 4:46,25 | ****p |
| | 50m: 0:31,71 100m: 1:06,90 150m: 1:42,91 200m: 2:19,73 250m: 2:56,85 300m: 3:34,15 350m: 4:10,82 | | | | |
| 7. | Bégányi Ábel | 2008 | BátoriS.ÚE | 4:49,57 | ****p |
| | 50m: 0:31,07 100m: 1:07,06 150m: 1:43,29 200m: 2:20,52 250m: 2:58,08 300m: 3:36,23 350m: 4:13,67 | | | | |
| 8. | Ozsvárt Gábor | 2009 | Parafa UK | 4:49,74 | ****p |
| | 50m: 0:32,63 100m: 1:09,20 150m: 1:46,38 200m: 2:23,78 250m: 3:01,08 300m: 3:38,30 350m: 4:14,68 | | | | |
| 9. | Limbek Lázár | 2009 | MiskolciSI | 4:52,45 | ****p |
| | 50m: 0:31,17 100m: 1:06,69 150m: 1:44,80 200m: 2:22,99 250m: 3:00,58 300m: 3:38,88 350m: 4:16,33 | | | | |
| 10. | Araczkai-Szabó Olivér | 2009 | Debr.SC SI | 5:00,89 | ****p |
| | 50m: 0:33,45 100m: 1:10,88 150m: 1:49,42 200m: 2:27,65 250m: 3:06,62 300m: 3:45,24 350m: 4:24,28 | | | | |
| 11. | Nahalka Bence | 2009 | Egri ÚK | 5:02,79 | ****p |
| | 50m: 0:33,93 100m: 1:11,71 150m: 1:50,10 200m: 2:29,00 250m: 3:08,11 300m: 3:46,65 350m: 4:25,66 | | | | |
| 12. | Ördögh Csaba | 2008 | Debr.SC SI | 5:09,04 | ****p |
| | 50m: 0:33,53 100m: 1:11,21 150m: 1:50,55 200m: 2:29,81 250m: 3:09,91 300m: 3:49,26 350m: 4:29,88 | | | | |
| 13. | Dienes Olivér | 2009 | MiskolciSI | 5:13,43 | ****p |
| | 50m: 0:34,00 100m: 1:12,34 150m: 1:52,85 200m: 2:32,72 250m: 3:13,44 300m: 3:53,90 350m: 4:34,62 | | | | |
| 14. | Puskás Bendegúz | 2009 | Magnetic | 5:18,68 | ****p |
| | 50m: 0:33,95 100m: 1:12,71 150m: 1:54,01 200m: 2:35,75 250m: 3:16,91 300m: 3:58,71 350m: 4:39,62 | | | | |
| 15. | Tóth András | 2009 | Magnetic | 5:47,43 | ****p |
| | 50m: 0:36,51 100m: 1:17,85 150m: 2:01,04 200m: 2:46,31 250m: 3:32,63 300m: 4:18,09 350m: 5:04,30 | | | | |
| 16. | Háda Krisztián | 2009 | Nyíregyházi Sportc | 6:42,96 | ****p |
| | 50m: 0:39,81 100m: 1:26,85 150m: 2:20,39 200m: 3:13,42 250m: 4:06,55 300m: 4:58,58 350m: 5:52,51 | | | | |

400 m férfi gyors

2. versenyszám Országos csúcs: 3:39.52 (Kis Gergő - 2007)

Férfi 2010-2011

| | | | | | |
|-----|--|------|--------------------|---------|-------|
| 1. | Barta Ferenc | 2010 | MiskolciSI | 4:56,33 | ****p |
| | 50m: 0:31,74 100m: 1:08,20 150m: 1:46,00 200m: 2:24,41 250m: 3:02,19 300m: 3:41,30 350m: 4:19,41 | | | | |
| | Edzője: Firtkó Adél | | | | |
| 2. | Zsurek Dávid Áron | 2010 | HerpálySÚE | 4:58,63 | ****p |
| | 50m: 0:31,47 100m: 1:08,52 200m: 2:26,65 250m: 3:05,82 300m: 3:44,64 350m: 4:22,59 | | | | |
| 3. | Keczán Noel Alexander | 2010 | Nyíregyházi Sportc | 5:12,01 | ****p |
| | 50m: 0:35,06 100m: 1:14,57 150m: 1:55,48 200m: 2:36,36 250m: 3:17,77 300m: 3:58,16 350m: 4:35,16 | | | | |
| 4. | Juhos Patrik | 2010 | MiskolciSI | 5:13,08 | ****p |
| | 50m: 0:34,17 100m: 1:13,95 150m: 1:55,36 200m: 2:36,11 250m: 3:17,31 300m: 3:58,24 350m: 4:36,91 | | | | |
| 5. | Lengyel Zalán | 2010 | Nyíregyházi Sportc | 5:25,46 | ****p |
| | 50m: 0:35,37 100m: 1:15,40 150m: 1:57,63 200m: 2:39,51 250m: 3:21,68 300m: 4:03,56 350m: 4:45,66 | | | | |
| 6. | Izsák Csaba | 2010 | Tiszaújvárosi TK | 5:32,42 | ****p |
| | 50m: 0:35,84 100m: 1:16,57 150m: 1:59,02 200m: 2:41,34 250m: 3:24,22 300m: 4:07,56 350m: 4:50,60 | | | | |
| 7. | Tasi Barnabás | 2011 | Egri ÚK | 5:40,32 | ****p |
| | 50m: 0:38,89 100m: 1:21,51 150m: 2:04,91 200m: 2:48,06 250m: 3:32,46 300m: 4:16,37 350m: 4:59,19 | | | | |
| 8. | Furman Csanád József | 2010 | MiskolciSI | 5:54,15 | ****p |
| | 50m: 0:37,97 100m: 1:20,57 150m: 2:05,35 200m: 2:50,68 250m: 3:36,75 300m: 4:23,12 350m: 5:09,14 | | | | |
| 9. | Galambos Ádám | 2010 | MiskolciSI | 6:08,22 | ****p |
| | 50m: 0:38,34 100m: 1:25,86 150m: 2:14,93 200m: 3:02,68 250m: 3:50,25 300m: 4:38,29 350m: 5:24,65 | | | | |
| 10. | Bákány László Dominik | 2010 | Nyíregyházi Sportc | 6:10,53 | ****p |
| | 50m: 0:38,15 100m: 1:22,91 150m: 2:09,89 200m: 2:58,17 250m: 3:47,90 300m: 4:37,01 350m: 5:26,46 | | | | |
| 11. | Gerberi Balázs | 2011 | MiskolciSI | 6:12,20 | ****p |
| | 50m: 0:40,56 100m: 1:29,00 150m: 2:17,34 200m: 3:05,50 250m: 3:51,31 300m: 4:39,86 350m: 5:27,29 | | | | |
| 12. | Hajtman Péter Mátyás | 2011 | Nyíregyházi Sportc | 6:12,75 | ****p |
| | 50m: 0:40,02 100m: 1:25,38 150m: 2:14,17 200m: 3:00,71 250m: 3:49,65 300m: 4:38,61 350m: 5:27,05 | | | | |
| 13. | Furman Nimród Máté | 2011 | MiskolciSI | 6:57,60 | ****p |
| | 50m: 0:47,31 100m: 1:42,68 150m: 2:36,59 200m: 3:30,28 250m: 4:23,16 300m: 5:16,04 350m: 6:07,76 | | | | |
| 14. | Gál-Deák Márton | 2010 | Nyíregyházi Sportc | 7:02,94 | ****p |
| | 50m: 0:40,12 100m: 1:28,35 150m: 2:23,51 200m: 3:19,88 250m: 4:16,51 300m: 5:12,72 350m: 6:09,50 | | | | |
| 15. | Csaholyi Benedek | 2010 | Nyíregyházi Sportc | 7:15,64 | ****p |
| | 50m: 0:41,99 100m: 1:35,53 150m: 2:33,71 200m: 3:30,24 250m: 4:26,67 300m: 5:24,16 350m: 6:22,22 | | | | |

Nem indult

| | | |
|-----------------------|------|--------------------|
| Hován Ákos | 2011 | Nyíregyházi Sportc |
| Cserfalvi Axel Dorian | 2011 | Nyíregyházi Sportc |
| Mázló Levente Ákos | 2010 | Egri ÚK |

400 m férfi gyors

2. versenyszám Országos csúcs: 3:39.52 (Kis Gergő - 2007)

Férfi 2012

| | | | | | |
|----|--|------|--------------------|---------|-------|
| 1. | Barta Levente | 2012 | Debr.SC SI | 6:08,56 | ****p |
| | 50m: 0:40,73 100m: 1:26,99 150m: 2:14,56 200m: 3:01,31 250m: 3:49,78 300m: 4:36,91 350m: 5:23,80 | | | | |
| | Edzője: Hajdu Bence | | | | |
| 2. | Velekei Benedek | 2012 | Debr.SC SI | 6:12,65 | ****p |
| | 50m: 0:40,42 100m: 1:27,77 150m: 2:14,93 200m: 3:02,84 250m: 3:50,76 300m: 4:39,50 350m: 5:27,58 | | | | |
| 3. | Kerepesi László | 2012 | Nyíregyházi Sportc | 7:00,83 | ****p |
| | 50m: 0:42,30 100m: 1:33,56 150m: 2:28,65 200m: 3:23,03 250m: 4:17,48 300m: 5:12,41 350m: 6:05,95 | | | | |
| 4. | Nagy Gergő | 2012 | Nyíregyházi Sportc | 7:45,11 | ****p |
| | 50m: 0:46,86 100m: 1:43,18 150m: 2:43,98 200m: 3:43,86 250m: 4:45,08 300m: 5:44,80 350m: 6:46,54 | | | | |
| 5. | Bákány Marcell | 2012 | Nyíregyházi Sportc | 7:49,70 | ****p |
| | 50m: 0:47,84 100m: 1:42,88 150m: 2:44,88 200m: 3:45,56 250m: 4:47,81 300m: 5:50,45 350m: 6:52,88 | | | | |