

# **VIII. Medencés Hosszútávúszó Bajnokság**

**2022. október 21-23.**

**Veszprém**

### Jegyzőkönyv adatai

Rendező:	Magyar Úszó Szövetség
Helyszín:	Veszprém
Uszoda megnevezése:	Sportuszoda
Medence adatai:	50 m-es, 10 pályás, fedett versenymedence
Időmérés típusa:	Kézi, Sárdi-Timing
Lebonyolítás típusa:	Időfutamos
Verseny típusa:	„A” kategóriás
Engedélyszám:	2022 / 131

### Versenybíróság

Elnök	Fodor Szabolcs	
Verseny igazgató	Szokolati László	
Gazdasági vezető	Áment Annamária	Lévai Lili
Versenytitkár	Bán Gábor	Áment Gábor
Elektromos időmérő	Sárdi Rita	
Indító	Vizi Csaba	
Stílusbíró	1. Vizi Csaba	2. Fodor Szabolcs
Bemondó	Szabó Zoltán	
Állító	Szabó Zoltán	
Versenyorvos	Zab Péter	
Fordulóbíró	0-5. Barabás Imre	6-9. Áment Balázs
Időmérők	0a. Vattai András	0b. Veiszné Edina
	1a. Vattai Márton	1b. Veisz Richárd
	2a. Bokányi Bianka	2b. Bogdán Dávid
	3a. Mürkli Luca	3b. Mürkli Márton
	4a. Orbán Alexandra	4b. Fekete Zsuzsa
	5a. Sárzó Adrien	5b. Szóka Júlia
	6a. Krajnyák György	6b. Kőrösi Edina
	7a. Kenyeres Boglárka	7b. Bánó szabolcs
	8a. Gerőfi Roland	8b. György Tibor
	9a. Horváth László	9b. Bokányi Barbara
Tartalék	Szokolai László	Pintér Ádám

## 10000 m férfi gyors

### 1. versenyszám

#### 2002 és fiatalabb

1.	Rasovszky Kristóf	1997	BÚK Veszpr	01:46:12
	100m: 0:01,00 200m: 0:02,02 400m: 0:04,06 800m: 0:08,13 1500m: 0:15,29 2000m: 0:20,44 2500m: 0:26,01			
	3000m: 0:31,19 3500m: 0:36,38 4000m: 0:41,56 4500m: 0:47,17 5000m: 0:52,38 5500m: 0:57,56 6000m: 1:03,16			
	6500m: 1:08,38 7000m: 1:14,00 7500m: 1:19,23 8000m: 1:24,48 8500m: 1:30,09 9000m: 1:35,33 9500m: 1:40,54			
	Edzője: Szokolai László			
2.	Kalmár Ákos	2000	BÚK Veszpr	01:47:09,9
	100m: 0:00,59 200m: 0:02,01 400m: 0:04,05 800m: 0:08,12 1500m: 0:15,25 2000m: 0:20,36 2500m: 0:25,54			
	3000m: 0:31,15 3500m: 0:36,37 4000m: 0:41,56 4500m: 0:47,17 5000m: 0:52,39 5500m: 0:58,03 6000m: 1:03,29			
	6500m: 1:08,56 7000m: 1:14,23 7500m: 1:19,49 8000m: 1:25,18 8500m: 1:30,41 9000m: 1:36,08 9500m: 1:41,35			
3.	Gálicz Péter	2000	FTC	01:51:26,5
	100m: 0:01,05 200m: 0:02,11 400m: 0:04,25 800m: 0:08,53 1500m: 0:16,38 2000m: 0:21,12 2500m: 0:27,46			
	3000m: 0:33,23 3500m: 0:39,00 4000m: 0:44,40 4500m: 0:50,08 5000m: 0:55,38 5500m: 1:01,17 6000m: 1:06,59			
	6500m: 1:12,40 7000m: 1:18,22 7500m: 1:23,51 8000m: 1:29,20 8500m: 1:34,53 9000m: 1:40,26 9500m: 1:45,59			

#### 2003-2004

1.	Betlehem Dávid	2003	BÚK Veszpr	01:44:08,6
	100m: 0:00,59 200m: 0:01,59 400m: 0:04,01 800m: 0:08,04 1500m: 0:15,11 2000m: 0:20,16 2500m: 0:25,23			
	3000m: 0:30,31 3500m: 0:35,40 4000m: 0:40,51 4500m: 0:46,02 5000m: 0:51,14 5500m: 0:56,27 6000m: 1:01,40			
	6500m: 1:06,55 7000m: 1:12,12 7500m: 1:17,29 8000m: 1:22,46 8500m: 1:28,04 9000m: 1:33,23 9500m: 1:38,48			
	Edzője:			
2.	Sárkány Zalán	2003	Kőbánya SC	01:47:52,8
	100m: 0:00,58 200m: 0:01,59 400m: 0:04,01 800m: 0:08,12 1500m: 0:15,32 2000m: 0:20,48 2500m: 0:26,05			
	3000m: 0:31,24 3500m: 0:36,43 4000m: 0:42,03 4500m: 0:47,23 5000m: 0:52,38 5500m: 0:57,56 6000m: 1:03,20			
	6500m: 1:08,48 7000m: 1:14,17 7500m: 1:19,45 8000m: 1:25,21 8500m: 1:30,56 9000m: 1:36,35 9500m: 1:42,16			
3.	Pintér Ádám	2004	BÚK Veszpr	01:47:59
	100m: 0:01,03 200m: 0:02,07 400m: 0:04,16 800m: 0:08,33 1500m: 0:16,00 2000m: 0:21,20 2500m: 0:26,45			
	3000m: 0:32,12 3500m: 0:37,30 4000m: 0:43,06 4500m: 0:48,35 5000m: 0:53,54 5500m: 0:59,15 6000m: 1:04,35			
	6500m: 1:09,54 7000m: 1:15,21 7500m: 1:20,44 8000m: 1:26,07 8500m: 1:31,31 9000m: 1:37,03 9500m: 1:42,33			
4.	Gálicz László	2004	FTC	01:49:43,7
	100m: 0:01,01 200m: 0:02,05 400m: 0:04,12 800m: 0:08,28 1500m: 0:15,56 2000m: 0:21,20 2500m: 0:26,45			
	3000m: 0:32,12 3500m: 0:37,39 4000m: 0:43,02 4500m: 0:48,23 5000m: 0:53,48 5500m: 0:59,16 6000m: 1:04,40			
	6500m: 1:10,10 7000m: 1:15,35 7500m: 1:21,05 8000m: 1:26,42 8500m: 1:32,17 9000m: 1:38,02 9500m: 1:43,51			
5.	Hambardzumyan Arshak	2004	UTE	01:51:24
	100m: 0:01,01 200m: 0:02,06 400m: 0:04,15 800m: 0:08,36 1500m: 0:16,12 2000m: 0:21,38 2500m: 0:27,05			
	3000m: 0:32,30 3500m: 0:37,57 4000m: 0:43,27 4500m: 0:49,02 5000m: 0:54,31 5500m: 0:59,59 6000m: 1:05,35			
	6500m: 1:11,15 7000m: 1:16,56 7500m: 1:22,42 8000m: 1:28,21 8500m: 1:34,05 9000m: 1:39,53 9500m: 1:45,42			
6.	Dort Máté	2003	DKSE	01:54:07,4
	100m: 0:01,03 200m: 0:02,07 400m: 0:04,17 800m: 0:08,40 1500m: 0:16,30 2000m: 0:22,11 2500m: 0:27,50			
	3000m: 0:33,29 3500m: 0:39,11 4000m: 0:44,58 4500m: 0:50,46 5000m: 0:56,34 5500m: 1:02,22 6000m: 1:08,11			
	6500m: 1:13,59 7000m: 1:19,46 7500m: 1:25,34 8000m: 1:31,18 8500m: 1:37,04 9000m: 1:42,50 9500m: 1:48,34			
7.	Versitz Ákos	2004	FTC	01:54:07,5
	100m: 0:01,04 200m: 0:02,10 400m: 0:04,23 800m: 0:08,52 1500m: 0:16,40 2000m: 0:22,15 2500m: 0:27,50			
	3000m: 0:33,28 3500m: 0:39,11 4000m: 0:44,57 4500m: 0:50,46 5000m: 0:56,34 5500m: 1:02,22 6000m: 1:08,11			
	6500m: 1:13,54 7000m: 1:19,47 7500m: 1:25,34 8000m: 1:31,18 8500m: 1:37,04 9000m: 1:42,50 9500m: 1:48,34			
8.	Mészáros Dániel	2004	FTC	01:55:12,4
	100m: 0:01,06 200m: 0:02,13 400m: 0:04,30 800m: 0:09,03 1500m: 0:16,59 2000m: 0:22,39 2500m: 0:28,20			
	3000m: 0:34,01 3500m: 0:39,42 4000m: 0:45,22 4500m: 0:51,02 5000m: 0:56,44 5500m: 1:02,28 6000m: 1:08,15			
	6500m: 1:14,02 7000m: 1:19,44 7500m: 1:25,34 8000m: 1:31,27 8500m: 1:37,24 9000m: 1:43,19 9500m: 1:49,13			
9.	Szűcs Ádám Zoltán	2004	FTC	01:55:38,1
	100m: 0:01,04 200m: 0:02,12 400m: 0:04,27 800m: 0:08,58 1500m: 0:16,52 2000m: 0:22,33 2500m: 0:28,16			
	3000m: 0:34,02 3500m: 0:39,48 4000m: 0:45,35 4500m: 0:51,23 5000m: 0:57,11 5500m: 1:03,01 6000m: 1:08,51			
	6500m: 1:14,43 7000m: 1:20,35 7500m: 1:26,25 8000m: 1:32,16 8500m: 1:38,09 9000m: 1:44,01 9500m: 1:49,52			
10.	Barabás Imre Dávid	2004	BÚK Veszpr	01:55:53,4
	100m: 0:01,05 200m: 0:02,13 400m: 0:04,31 800m: 0:09,07 1500m: 0:17,13 2000m: 0:23,03 2500m: 0:28,56			
	3000m: 0:34,25 3500m: 0:40,11 4000m: 0:45,58 4500m: 0:51,45 5000m: 0:57,32 5500m: 1:03,20 6000m: 1:09,14			
	6500m: 1:15,08 7000m: 1:21,04 7500m: 1:26,57 8000m: 1:32,57 8500m: 1:38,42 9000m: 1:44,24 9500m: 1:50,10			
11.	Kersák Kristóf Balázs	2004	BÚK Veszpr	01:56:29
	100m: 0:01,06 200m: 0:02,14 400m: 0:04,32 800m: 0:09,08 1500m: 0:17,14 2000m: 0:23,04 2500m: 0:28,51			
	3000m: 0:34,34 3500m: 0:40,17 4000m: 0:45,58 4500m: 0:51,46 5000m: 0:57,30 5500m: 1:03,21 6000m: 1:09,13			
	6500m: 1:15,08 7000m: 1:21,05 7500m: 1:26,58 8000m: 1:32,57 8500m: 1:38,42 9000m: 1:44,31 9500m: 1:50,25			
12.	Áment Balázs	2004	BÚK Veszpr	01:58:27
	100m: 0:01,04 200m: 0:02,12 400m: 0:04,31 800m: 0:09,08 1500m: 0:17,15 2000m: 0:23,05 2500m: 0:28,57			
	3000m: 0:34,51 3500m: 0:40,43 4000m: 0:46,40 4500m: 0:52,36 5000m: 0:58,31 5500m: 1:04,34 6000m: 1:10,30			
	6500m: 1:16,27 7000m: 1:22,27 7500m: 1:28,27 8000m: 1:34,27 8500m: 1:40,32 9000m: 1:46,32 9500m: 1:52,33			

## 10000 m női gyors

### 2. versenyszám

#### 2002 és fiatalabb

1.	Szabó-Feltóthy Eszter	2002	Vasas SC							01:58:24
	100m: 0:01,07	200m: 0:02,19	400m: 0:04,40	800m: 0:09,29	1500m: 0:17,24	2000m: 0:23,12	2500m: 0:29,03			
	3000m: 0:34,52	3500m: 0:40,43	4000m: 0:46,38	4500m: 0:52,32	5000m: 0:58,29	5500m: 1:04,25	6000m: 1:10,23			
	6500m: 1:16,19	7000m: 1:22,19	7500m: 1:28,17	8000m: 1:34,18	8500m: 1:40,20	9000m: 1:46,24	9500m: 1:52,26			
	Edzője:									
2.	Olasz Anna Gréta	1993	Szegedi UE							02:00:07
	100m: 0:01,10	200m: 0:02,22	400m: 0:04,45	800m: 0:09,28	1500m: 0:17,45	2000m: 0:23,42	2500m: 0:29,38			
	3000m: 0:35,34	3500m: 0:41,31	4000m: 0:47,31	4500m: 0:53,31	5000m: 0:59,32	5500m: 1:05,30	6000m: 1:11,31			
	6500m: 1:17,34	7000m: 1:23,35	7500m: 1:29,37	8000m: 1:35,42	8500m: 1:41,46	9000m: 1:47,51	9500m: 1:53,58			
3.	Balogh Vivien	2002	FTC							02:00:59
	100m: 0:01,11	200m: 0:02,24	400m: 0:04,48	800m: 0:09,36	1500m: 0:18,00	2000m: 0:23,59	2500m: 0:30,04			
	3000m: 0:35,59	3500m: 0:42,00	4000m: 0:48,00	4500m: 0:54,04	5000m: 1:00,06	5500m: 1:06,08	6000m: 1:12,13			
	6500m: 1:18,18	7000m: 1:24,23	7500m: 1:30,27	8000m: 1:36,34	8500m: 1:42,44	9000m: 1:48,51	9500m: 1:54,57			

#### Nem indult

Rohács Réka 2000 Kőbánya SC

#### 2003-2004

1.	Mihályvári-Farkas Viktóri	2003	FTC							01:55:45,5
	100m: 0:01,09	200m: 0:02,21	400m: 0:04,41	800m: 0:09,18	1500m: 0:17,21	2000m: 0:23,09	2500m: 0:28,57			
	3000m: 0:34,45	3500m: 0:40,33	4000m: 0:46,22	4500m: 0:52,11	5000m: 0:58,01	5500m: 1:03,46	6000m: 1:09,28			
	6500m: 1:15,15	7000m: 1:21,00	7500m: 1:26,44	8000m: 1:32,35	8500m: 1:38,27	9000m: 1:44,18	9500m: 1:50,04			
	Edzője: Kutasi Gergely, Formaggini László									
2.	Szimcsák Mira	2004	Vasas SC							01:59:57
	100m: 0:01,11	200m: 0:02,22	400m: 0:04,45	800m: 0:09,28	1500m: 0:17,45	2000m: 0:23,41	2500m: 0:29,38			
	3000m: 0:35,33	3500m: 0:41,31	4000m: 0:47,31	4500m: 0:53,30	5000m: 0:59,32	5500m: 1:05,30	6000m: 1:11,31			
	6500m: 1:17,34	7000m: 1:23,35	7500m: 1:29,36	8000m: 1:35,41	8500m: 1:41,46	9000m: 1:47,51	9500m: 1:53,58			

#### Nem indult

Fábián Bettina 2004 FTC

## 1500 m férfi gyors

3. versenyszám Országos csúcs: 14:28.36 (Gyurta Gergely - 2014)

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	Milák Kristóf	2000	Bp.Honvéd	15:41,84
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### 2003-2004

1.	Betlehem Dávid	2003	BÚK Veszpr	15:19,82
	Edzője:			
2.	Sárkány Zalán	2003	Kőbánya SC	15:34,94
3.	Gálicz László	2004	FTC	15:55,03
4.	Mészáros Dániel	2004	FTC	16:01,94
	100m: 1:01,8 200m: 2:05,5 400m: 4:14,2 800m: 8:31,7			
5.	Györe Ádám	2004	Egri ÚK	16:07,28
6.	Pintér Ádám	2004	BÚK Veszpr	16:17,81
7.	Garajszki Máté	2003	BÁCSV KVSC	16:23,14
	100m: 1:01,73 200m: 2:06,77 400m: 4:18,42 800m: 8:45,26			
8.	Hambardzumyan Arshak	2004	UTE	16:23,56
9.	Szűcs Ádám Zoltán	2004	FTC	16:45,76
	100m: 1:01,59 200m: 2:08,15 400m: 4:23,22 800m: 8:55,53			
10.	Barabás Imre Dávid	2004	BÚK Veszpr	16:47,15
	100m: 1:02,5 200m: 2:07,6 400m: 4:20,3 800m: 8:52,9			
11.	Dort Máté	2003	DKSE	16:47,21
	100m: 1:02,3 200m: 2:07,2 400m: 4:20,3 800m: 8:52,4			
12.	Hajagos Ákos	2004	Darnyi TSC	16:49,13
	100m: 1:01,76 200m: 2:07,44 400m: 4:20,63 800m: 8:51,65			
13.	Versitz Ákos	2004	FTC	16:49,39
14.	Török Gergely	2003	MÚSZ	16:51,04
	100m: 1:02,94 200m: 2:09,09 400m: 4:22,83 800m: 8:55,23			
15.	Nagy Márton	2004	Darnyi TSC	16:58,83
	100m: 1:02,77 200m: 2:08,87 400m: 4:22,61 800m: 8:58,68			
16.	Kersák Kristóf Balázs	2004	BÚK Veszpr	17:06,48
	100m: 1:02,91 200m: 2:10,57 400m: 4:29,57 800m: 9:07,85			
17.	Szedlák Gellért Vajk	2004	Darnyi TSC	17:27,85
	100m: 1:03,67 200m: 2:10,76 400m: 4:30,46 800m: 9:12,74			
18.	Bene Zsombor	2004	Vasas SC	17:41,31
	100m: 1:05,98 200m: 2:15,63 400m: 4:38,16 800m: 9:25,41			
	HALBEISEN, Max	2003	TS-Dornbirn	17:19,04
	100m: 1:01,94 200m: 2:08,76 400m: 4:26,09 800m: 9:06,75			

### Nem indult

	Demjén Bátor	2003	BÁCSV KVSC	
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## 1500 m férfi gyors

3. versenyszám Országos csúcs: 14:28.36 (Gyurta Gergely - 2014)

### 2005-2006

1.	Hartmann Máté	2005	Pécsi S.N.	15:38,22
	Edzője:			
2.	Kovács-Seres Hunor	2006	DKSE	15:54,50
3.	Tóth Benedek Viktor	2006	Kőbánya SC	16:05,10
4.	Harsányi Máttyás	2005	Kaposv. SI	16:47,29
	100m: 1:00,59 200m: 2:06,44	400m: 4:20,25	800m: 8:51,78	
5.	Poteczin Dániel	2006	Érdi Víz	16:50,28
6.	Paksi Zsombor	2006	Szegedi UE	16:50,64
	100m: 1:02,52 200m: 2:08,55	400m: 4:21,30	800m: 8:50,99	
7.	Rieger Örs István	2006	FTC	16:51,04
	100m: 1:02,07 200m: 2:08,09	400m: 4:23,37	800m: 8:55,78	
8.	Kováts Alex	2006	Kaposv. SI	16:54,09
	100m: 1:01,55 200m: 2:10,41	400m: 4:26,50	800m: 8:58,19	
9.	Juhász-Dóra Richárd	2005	Kőbánya SC	17:02,12
10.	Tohl Dániel Antal	2005	Érdi Víz	17:13,02
11.	Kennedy Valér Huba	2005	GYÚSE	17:15,69
	100m: 1:02,24 200m: 2:07,78	400m: 4:22,05	800m: 8:56,46	
12.	Kovács Bence Péter	2006	Pécsi S.N.	17:16,51
	100m: 1:01,93 200m: 2:09,17	400m: 4:27,93	800m: 9:09,54	
13.	Gál Dávid	2006	Darnyi TSC	17:27,60
	100m: 1:02,93 200m: 2:10,60	400m: 4:30,36	800m: 9:12,52	
14.	Eszenyi Ábel	2005	DKSE	17:35,85
	100m: 1:03,81 200m: 2:12,79	400m: 4:35,33	800m: 9:20,27	
15.	Szántosi Tamás	2005	Bajai Spartacus SC	17:41,97
	100m: 1:05,89 200m: 2:15,57	400m: 4:37,92	800m: 9:25,50	
16.	Mozsárik Levente	2006	BÁCSV KVSC	17:42,04
	100m: 1:04,04 200m: 2:14,56	400m: 4:35,47	800m: 9:23,33	
17.	Páva Szabolcs	2006	JövőFCSM	17:49,63
	100m: 1:05,67 200m: 2:15,78	400m: 4:37,99	800m: 9:25,07	
18.	Harsányi Hunor	2005	JövőFCSM	17:50,45
	100m: 1:08,03 200m: 2:19,63	400m: 4:44,06	800m: 9:31,87	
19.	Kovács Ferenc	2006	FTC	18:01,69
	100m: 1:03,53 200m: 2:14,37	400m: 4:39,71	800m: 9:31,55	
20.	Csilics Márk	2005	Bajai Spartacus SC	18:08,03
	100m: 1:05,24 200m: 2:15,26	400m: 4:39,44	800m: 9:33,31	
.				
	BONAT, Maximilian	2005	TS-Dornbirn	17:53,95
	100m: 1:05,81 200m: 2:16,57	400m: 4:39,99	800m: 9:30,82	

## 1500 m férfi gyors

3. versenyszám Országos csúcs: 14:28.36 (Gyurta Gergely - 2014)

### 2007-2008

1.	Nagy-Selmeczy Bulcsú	2007	Zalaco ZÚK	16:29,86
	100m: 1:02,34 200m: 2:08,48 400m: 4:21,41 800m: 8:44,48			
	Edzője:			
2.	Kaiser Dominik	2007	UTE	16:30,56
3.	Buda Levente	2008	GYÚSE	16:30,72
4.	Kakuk Koppány Zéta	2008	Kaposv. SI	16:36,86
	100m: 1:00,80 200m: 2:07,16 400m: 4:20,04 800m: 8:49,34			
5.	Szappanos Kristóf	2007	BudaörsiSC	16:41,96
	100m: 1:01,0 200m: 2:06,2 400m: 4:19,6 800m: 8:50,5			
6.	Kárpáti Máté	2008	UTE	16:42,56
	100m: 1:02,36 200m: 2:08,55 400m: 4:22,17 800m: 8:53,24			
7.	Antal Dávid	2008	BátoriS.ÚE	16:56,60
	100m: 1:02,4 200m: 2:08,5 400m: 4:25,9 800m: 9:02,2			
8.	Honti-Pecora Sebestyén	2007	Darnyi TSC	16:58,92
	100m: 1:03,58 200m: 2:11,36 400m: 4:28,52 800m: 8:59,84			
9.	Varga Levente	2008	Kőbánya SC	16:59,20
	100m: 1:03,92 200m: 2:10,69 400m: 4:25,18 800m: 8:56,34			
10.	Papp Sebestyén	2008	UTE	17:06,04
	100m: 1:03,5 200m: 2:11,3 400m: 4:29,4 800m: 9:06,9			
11.	Tóth Olivér	2007	UTE	17:07,73
	100m: 1:03,73 200m: 2:11,18 400m: 4:29,64 800m: 9:07,57			
12.	Kovács Botond	2007	BVSC-Zugló	17:10,39
	100m: 1:04,61 200m: 2:13,10 400m: 4:30,34 800m: 9:09,83			
13.	Csaba György	2008	BVSC-Zugló	17:17,06
	100m: 1:04,95 200m: 2:14,63 400m: 4:33,61 800m: 9:10,78			
14.	Bögözi Hunor	2007	Kaposv. SI	17:18,70
	100m: 1:03,48 200m: 2:12,28 400m: 4:30,29 800m: 9:10,79			
15.	Járomi Benjamin	2007	Vasas SC	17:25,08
	100m: 1:02,26 200m: 2:11,54 400m: 4:31,05 800m: 9:10,36			
16.	Pittlik Zsigmond	2008	Darnyi TSC	17:30,11
	100m: 1:02,22 200m: 2:08,35 400m: 4:24,15 800m: 9:03,62			
17.	Szentesi Botond	2008	BVSC-Zugló	17:31,81
	100m: 1:05,07 200m: 2:16,06 400m: 4:38,32 800m: 9:21,00			
18.	Kállai Barnabás	2008	Pécsi S.N.	17:35,22
	100m: 1:04,93 200m: 2:14,78 400m: 4:36,97 800m: 9:22,46			
19.	Májlínger Bence	2007	Pécsi S.N.	17:36,54
	100m: 1:04,11 200m: 2:13,81 400m: 4:34,44 800m: 9:17,39			
20.	Spisák Bence	2008	BudaörsiSC	17:44,46
	100m: 1:05,2 200m: 2:15,5 400m: 4:38,3 800m: 9:25,5			
21.	Koroncai Mátyás	2008	BVSC-Zugló	17:44,76
	100m: 1:06,86 200m: 2:18,95 400m: 4:43,74 800m: 9:31,78			
22.	Szántó Benjamin	2008	BVSC-Zugló	17:45,26
	100m: 1:08,34 200m: 2:21,84 400m: 4:48,50 800m: 9:35,48			
23.	Szeredi Bence	2008	Kőbánya SC	17:50,54
	100m: 1:07,53 200m: 2:19,16 400m: 4:43,27 800m: 9:32,16			
24.	Bartalos Gábor	2007	TVSE	17:50,72
	100m: 1:07,27 200m: 2:18,84 400m: 4:43,77 800m: 9:32,58			
25.	Koch Ambrus	2008	Sop.Széchy	18:11,63
	100m: 1:08,69 200m: 2:22,50 400m: 4:48,90 800m: 9:40,25			
26.	Hubert Balázs	2008	Bp.Honvéd	18:15,97
	100m: 1:09,13 200m: 2:22,17 400m: 4:50,39 800m: 9:48,73			
27.	Mizsey Péter Pál	2007	Budafóka XXII. SE	18:22,29
	100m: 1:07,40 200m: 2:20,54 400m: 4:48,52 800m: 9:43,13			
28.	Szedlák Csanád Bátor	2008	Darnyi TSC	18:28,77
	100m: 1:08,23 200m: 2:22,23 400m: 4:50,81 800m: 9:49,81			
29.	Szavéri Márk	2008	Kőbánya SC	18:29,75
	100m: 1:08,60 200m: 2:21,81 400m: 4:49,67 800m: 9:48,04			
30.	Pászti Alex Nataniel	2008	NICS-HSÚVC	18:30,18
	100m: 1:08,84 200m: 2:22,03 400m: 4:51,12 800m: 9:50,04			
31.	Gajári Márk	2008	BÁCSV KVSC	18:31,26
	100m: 1:08,65 200m: 2:22,25 400m: 4:50,32 800m: 9:50,02			
32.	Pintér Csaba	2008	BÁCSV KVSC	18:32,28
	100m: 1:09,30 200m: 2:22,97 400m: 4:51,98 800m: 9:51,60			

## 1500 m férfi gyors

3. versenyszám Országos csúcs: 14:28.36 (Gyurta Gergely - 2014)

### 2007-2008

33.	Kamaroudis Markos Zsombor	2008	Darnyi TSC	18:32,82
	100m: 1:09,02 200m: 2:21,91 400m: 4:50,39		800m: 9:50,18	
34.	Tarsoly Zsolt	2008	BÁCSV KVSC	18:36,85
	100m: 1:08,05 200m: 2:23,45 400m: 4:52,79		800m: 9:53,21	
35.	Csiki Brúnó Domonkos	2008	YBL Waterp	18:49,52
	100m: 1:09,99 200m: 2:25,48 400m: 4:57,62		800m: 10:04,15	
36.	Hegedűs Marcell	2008	Bp.Honvéd	18:50,61
	100m: 1:09,81 200m: 2:24,17 400m: 4:55,28		800m: 10:01,18	

### Nem indult

Osztényi Dániel 2008 BÁCSV KVSC

### 2011-2012

1.	Dávid Olivér	2011	OrosházaÚE	19:39,94
	100m: 1:10,43 200m: 2:30,20 400m: 5:10,67		800m: 10:28,67	
	Edzője:			
2.	Nagy Olivér	2011	NICS-HSÚVC	19:47,19
	100m: 1:13,99 200m: 2:33,90 400m: 5:14,80		800m: 10:34,17	
3.	Barta Zsombor	2011	Kőbánya SC	20:08,42
	100m: 1:14,09 200m: 2:34,37 400m: 5:16,30		800m: 10:39,64	
4.	Patyi Armand	2011	Four Diam.	20:16,26
	100m: 1:14,85 200m: 2:34,57 400m: 5:15,24		800m: 10:40,74	
<b>Új évjáratos csúcs:</b>				
5.	Schönek Zétény	2012	UTE	20:23,77
	100m: 1:16,28 200m: 2:38,48 400m: 5:23,48		800m: 10:57,20	
6.	Hajós Dániel	2012	II.Kerület	20:29,87
	100m: 1:14,90 200m: 2:35,73 400m: 5:19,85		800m: 10:52,19	
7.	Tóth Hunor	2011	Érdi Víz	20:30,89
	100m: 1:16,21 200m: 2:38,67 400m: 5:24,31		800m: 10:56,83	
8.	Matkó Attila	2011	Bohóchal	20:59,94
	100m: 1:14,67 200m: 2:34,20 400m: 5:17,31		800m: 10:55,11	
9.	Buzder-Lantos Áron	2011	YBL Waterp	21:07,38
	100m: 1:20,07 200m: 2:44,62 400m: 5:33,87		800m: 11:16,51	
10.	Genest Matteo	2011	II.Kerület	21:07,49
	100m: 1:17,24 200m: 2:41,24 400m: 5:33,49		800m: 11:18,37	
11.	Nagy Bendegúz	2012	Bohóchal	21:39,02
	100m: 1:17,64 200m: 2:42,53 400m: 5:33,97		800m: 11:29,13	
12.	Dudás Zsigmond	2011	Érdi Víz	21:41,33
	100m: 1:19,34 200m: 2:25,96 400m: 5:40,04		800m: 11:31,23	
13.	Podhorszki Hunor	2011	DKSE	21:41,93
	100m: 1:20,62 200m: 2:47,91 400m: 5:43,77		800m: 11:32,56	
14.	Koroknai Balázs	2011	Debr.SC SI	21:47,74
	100m: 1:20,18 200m: 2:47,83 400m: 5:43,89		800m: 11:38,10	
15.	Szegi Bence	2012	Érdi Víz	21:50,10
	100m: 1:21,46 200m: 2:51,10 400m: 5:50,06		800m: 11:43,85	
16.	Szaniszló Bence	2011	Érdi Víz	21:55,06
	100m: 1:21,67 200m: 2:49,66 400m: 5:46,50		800m: 11:42,82	
17.	Lakatos Gábor	2011	Debr.SC SI	22:01,39
	100m: 1:20,29 200m: 2:47,72 400m: 5:45,15		800m: 11:39,42	
18.	Rácz Márk Levente	2012	YBL Waterp	22:39,59
	100m: 1:24,39 200m: 2:54,60 400m: 5:56,20		800m: 12:02,54	



## 1500 m női gyors

4. versenyszám Országos csúcs: 15:55.69 (Késely Ajna - 2021)

### 2003-2004

1.	Mihályvári-Farkas Viktóri	2003	FTC	16:53,97
	100m: 1:05,47 200m: 2:11,97 400m: 4:25,56 800m: 8:54,01			
	Edzője: Kutasi Gergely, Formaggini László			
2.	Szimcsák Mira	2004	Vasas SC	17:17,55
	100m: 1:08,42 200m: 2:17,84 400m: 4:37,68 800m: 9:18,83			
3.	Koch Zita	2004	Debr.SC SI	18:17,91
	100m: 1:09,91 200m: 2:22,51 400m: 4:48,34 800m: 9:41,30			

### Nem indult

Fábián Bettina 2004 FTC

### 2005-2006

1.	Nett Vivien	2006	Zalaco ZÚK	17:11,86
	100m: 1:06,61 200m: 2:14,26 400m: 4:30,85 800m: 9:05,78			
	Edzője:			
2.	Csulák Lia	2005	Érdi Víz	17:16,03
	100m: 1:08,20 200m: 2:18,57 400m: 4:38,84 800m: 9:17,27			
3.	Pádár Nikolett	2006	Szegedi UE	17:18,94
	100m: 1:07,85 200m: 2:18,38 400m: 4:38,65 800m: 9:17,46			
4.	Veres Laura	2005	UTE	17:25,29
	100m: 1:08,17 200m: 2:18,36 400m: 4:38,81 800m: 9:17,47			
5.	Molnár Dóra	2006	Budafóka XXII. SE	17:32,03
	100m: 1:07,27 200m: 2:16,63 400m: 4:37,77 800m: 9:19,05			
6.	Rátkai Zsófia	2006	Budafóka XXII. SE	17:51,80
	100m: 1:08,63 200m: 2:19,44 400m: 4:42,75 800m: 9:28,13			
7.	Zlota Anna	2006	Darnyi TSC	18:03,24
	100m: 1:07,47 200m: 2:18,06 400m: 4:40,79 800m: 9:29,37			
8.	Nagy Ágnes	2005	BVSC-Zugló	18:15,30
	100m: 1:10,50 200m: 2:23,47 400m: 4:49,40 800m: 9:40,54			
9.	Király Zsófi	2005	Kaposv. SI	18:16,51
	100m: 1:10,03 200m: 2:23,12 400m: 4:50,17 800m: 9:41,87			
10.	Marton Kitti	2006	Kaposv. SI	18:17,75
	100m: 1:10,21 200m: 2:22,74 400m: 4:48,78 800m: 9:41,57			
11.	Kenyér Lilla	2006	DKSE	18:17,94
	100m: 1:09,05 200m: 2:21,42 400m: 4:46,98 800m: 9:42,94			
12.	Pál Adél	2005	Vasas SC	18:22,39
	100m: 1:09,03 200m: 2:21,22 400m: 4:47,58 800m: 9:43,18			
13.	Márta Rozi	2005	BVSC-Zugló	18:36,74
	100m: 1:10,38 200m: 2:23,34 400m: 4:51,15 800m: 9:49,15			
14.	Cseh Zsófia	2006	BVSC-Zugló	19:13,32
	100m: 1:11,08 200m: 2:27,15 400m: 5:01,62 800m: 10:10,86			
15.	Zombori Nóra	2006	YBL Waterp	19:26,65
	100m: 1:12,70 200m: 2:30,94 400m: 5:09,51 800m: 10:24,19			
16.	Dapsy Hanna Lujza	2006	Váci VSE	19:39,41
	100m: 1:12,55 200m: 2:30,08 400m: 5:09,18 800m: 10:29,26			

### Nem indult

Varga Zsófia 2006 Kőbánya SC

### 2007-2008

1.	Nagy Napsugár	2008	Zalaco ZÚK	17:19,78
	100m: 1:08,01 200m: 2:18,23 400m: 4:38,87 800m: 9:17,18			
	Edzője:			
2.	Jackl Vivien	2008	TVSE	17:38,76
	100m: 1:08,32 200m: 2:18,44 400m: 4:38,88 800m: 9:22,88			
3.	Keresztes Emma	2007	FTC	17:44,38
	100m: 1:09,89 200m: 2:22,02 400m: 4:42,01 800m: 9:26,62			
4.	Szabó Dóra Izabella	2008	Kőbánya SC	17:49,08
	100m: 1:07,01 200m: 2:17,66 400m: 4:40,56 800m: 9:27,38			

## 1500 m női gyors

4. versenyszám Országos csúcs: 15:55.69 (Késely Ajna - 2021)

### 2007-2008

5.	Győrffy Lili Anna	2007	Kap.Adorj.	17:53,90
	100m: 1:08,31 200m: 2:19,48 400m: 4:42,89 800m: 9:30,00			
6.	Király Flóra	2008	Kaposv. SI	17:56,25
	100m: 1:10,01 200m: 2:22,53 400m: 4:48,46 800m: 9:36,31			
7.	Rohács Luca	2008	Kőbánya SC	17:56,73
	100m: 1:10,23 200m: 2:22,79 400m: 4:48,61 800m: 9:37,86			
8.	Elekes Tamara	2007	BVSC-Zugló	18:01,46
	100m: 1:09,35 200m: 2:22,18 400m: 4:47,48 800m: 9:37,49			
9.	Flórián Natália	2007	Budafóka XXII. SE	18:06,05
	100m: 1:06,91 200m: 2:18,26 400m: 4:42,91 800m: 9:35,10			
10.	Virág Emese	2008	Kaposv. SI	18:08,99
	100m: 1:08,37 200m: 2:19,89 400m: 4:43,51 800m: 9:35,81			
11.	Miszlai Mira	2008	Kőbánya SC	18:17,78
	100m: 1:08,96 200m: 2:21,29 400m: 4:47,26 800m: 9:42,55			
12.	Palkovics Adél	2007	RÁJA '94 UK	18:23,79
	100m: 1:09,62 200m: 2:21,35 400m: 4:47,33 800m: 9:45,73			
13.	Virág Réka	2008	TVSE	18:23,91
	100m: 1:10,26 200m: 2:23,24 400m: 4:50,70 800m: 9:48,77			
14.	Scheffer Eszter Mercedes	2007	Zalaco ZÚK	18:24,44
	100m: 1:08,29 200m: 2:19,48 400m: 4:44,06 800m: 9:41,40			
15.	Ruzsák Viktória	2007	Darnyi TSC	18:24,90
	100m: 1:11,37 200m: 2:24,49 400m: 4:49,99 800m: 9:44,43			
16.	Bakó Luca	2007	Kaposv. SI	18:26,59
	100m: 1:10,80 200m: 2:24,96 400m: 4:53,14 800m: 9:50,08			
17.	Henter Nóra	2007	Darnyi TSC	18:33,10
	100m: 1:10,80 200m: 2:23,62 400m: 4:50,27 800m: 9:47,31			
18.	Szilvási-Hazag Aliz	2008	BÁCSV KVSC	18:33,19
	100m: 1:09,68 200m: 2:23,56 400m: 4:52,12 800m: 9:50,28			
19.	Zombori-Szalontai Kriszti	2008	Debr.SC SI	18:34,46
	100m: 1:09,01 200m: 2:21,86 400m: 4:50,31 800m: 9:49,03			
20.	Boruzs Bianka	2007	Kaposv. SI	18:44,31
	100m: 1:10,09 200m: 2:22,93 400m: 4:51,72 800m: 9:51,50			
21.	Bali Dorottya	2008	BÁCSV KVSC	18:49,09
	100m: 1:10,46 200m: 2:25,69 400m: 4:56,78 800m: 10:00,56			
22.	Simon Korina Lilla	2007	Érdi Víz	18:49,28
	100m: 1:10,34 200m: 2:25,67 400m: 4:56,96 800m: 10:00,81			
23.	Szalai Zselyke	2008	Váci VSE	18:49,42
	100m: 1:12,61 200m: 2:28,48 400m: 4:59,62 800m: 10:02,24			
24.	Szabó Nóra	2008	Bajai Spartacus SC	18:50,76
	100m: 1:10,36 200m: 2:26,45 400m: 4:57,83 800m: 10:00,60			
25.	Ötvös Korina	2008	Kaposv. SI	18:52,60
	100m: 1:11,14 200m: 2:26,13 400m: 4:56,80 800m: 9:59,54			
26.	Aouich Meryem	2008	Zalaco ZÚK	18:54,20
	100m: 1:11,54 200m: 2:26,67 400m: 4:57,98 800m: 10:02,42			
27.	Bartos Emma	2007	Darnyi TSC	18:54,83
	100m: 1:10,75 200m: 2:25,00 400m: 4:54,13 800m: 9:56,47			
28.	Gál Kata	2007	RÁJA '94 UK	18:55,99
	100m: 1:10,34 200m: 2:26,01 400m: 4:56,03 800m: 9:57,18			
29.	Török Réka	2008	NICS-HSÚVC	19:05,05
	100m: 1:11,20 200m: 2:26,95 400m: 4:58,29 800m: 10:03,09			
30.	Paksa Borbála	2008	Zalaco ZÚK	19:11,58
	100m: 1:10,14 200m: 2:25,05 400m: 4:54,73 800m: 10:03,23			
31.	Hotz Csenge	2008	PécsiVörös	19:20,45
	100m: 1:12,86 200m: 2:29,52 400m: 5:03,83 800m: 10:12,79			
32.	Benyó Júlia	2008	Vasas SC	19:24,89
	100m: 1:09,95 200m: 2:23,83 400m: 4:57,03 800m: 10:12,14			
33.	Németh Luca	2008	Zalaco ZÚK	19:31,93
	100m: 1:11,83 200m: 2:28,62 400m: 5:03,63 800m: 10:19,61			
34.	Theresa Kamilla Kelly	2007	Darnyi TSC	19:46,62
	100m: 1:12,28 200m: 2:31,13 400m: 5:10,20 800m: 10:31,72			

### Nem indult

Bogner Zsófia 2007 BVSC-Zugló

## 1500 m női gyors

4. versenyszám Országos csúcs: 15:55.69 (Késely Ajna - 2021)

### 2011-2012

1.	Gasztány Mira	2011	Szegedi UE	18:58,88
	100m: 1:10,02 200m: 2:24,72 400m: 4:57,25 800m: 10:03,04			
	Edzője:			
2.	Mérai Janka	2011	NICS-HSÚVC	19:06,24
	100m: 1:09,94 200m: 2:26,17 400m: 4:58,56 800m: 10:05,69			
3.	Fábián Zsófia	2011	UTE	19:18,11
	100m: 1:10,86 200m: 2:28,13 400m: 5:02,80 800m: 10:14,16			
4.	Gadányi Hédi	2011	NivoMed E.	19:35,07
	100m: 1:10,38 200m: 2:26,39 400m: 5:01,33 800m: 10:14,87			
5.	Rhone Amy	2011	PécsiVörös	19:44,73
	100m: 1:10,44 200m: 2:27,15 400m: 5:06,10 800m: 10:23,94			
6.	Zimányi Livia	2012	Danyi TSC	19:48,92
	100m: 1:12,73 200m: 2:31,86 400m: 5:11,01 800m: 10:30,58			
7.	Horváth Eszter	2011	Dombóvár SI	19:51,61
	100m: 1:12,62 200m: 2:30,10 400m: 5:08,78 800m: 10:30,02			
8.	Mihály Viktória	2011	Bp.Honvéd	19:57,02
	100m: 1:13,42 200m: 2:31,96 400m: 5:12,29 800m: 10:34,94			
9.	Kovács Nóra	2011	BÁCSV KVSC	20:04,74
	100m: 1:15,71 200m: 2:37,14 400m: 5:22,53 800m: 10:47,86			
10.	Barta Nóra	2011	Kőbánya SC	20:16,85
	100m: 1:14,10 200m: 2:34,40 400m: 5:16,01 800m: 10:42,67			
11.	Fehér Lilla	2011	Bajai Spartacus SC	20:17,90
	100m: 1:13,40 200m: 2:33,60 400m: 5:15,77 800m: 10:43,07			
12.	Kollár Kincső	2012	Danyi TSC	20:21,40
	100m: 1:14,48 200m: 2:35,25 400m: 5:17,60 800m: 10:44,75			
13.	Kiss Zsófia	2011	Dombóvár SI	20:27,41
	100m: 1:13,99 200m: 2:33,99 400m: 5:16,86 800m: 10:46,86			
14.	Fazekas Mimi Janka	2011	Bohóchal	20:31,28
	100m: 1:15,92 200m: 2:36,51 400m: 5:21,79 800m: 10:52,56			
15.	Németh Alíz	2011	MÚSZSE	20:31,38
	100m: 1:14,64 200m: 2:36,77 400m: 5:21,50 800m: 10:53,27			
16.	Varga Izabella	2012	MÚSZSE	20:46,85
	100m: 1:18,01 200m: 2:39,85 400m: 5:25,49 800m: 11:02,92			
17.	Csitári Izabella Laura	2011	Érdi Víz	20:47,22
	100m: 1:17,30 200m: 2:39,73 400m: 5:23,76 800m: 10:51,35			
18.	Fábián Laura	2012	UTE	20:49,09
	100m: 1:18,41 200m: 2:40,94 400m: 5:26,16 800m: 11:00,87			
19.	Szabó Letti	2011	BÁCSV KVSC	20:55,48
	100m: 1:19,00 200m: 2:43,10 400m: 5:37,08 800m: 11:15,49			
20.	Kádár Csenge	2012	TVSE	21:18,36
	100m: 1:20,17 200m: 2:43,79 400m: 5:34,34 800m: 11:14,72			
21.	Pintér Léna	2012	Bohóchal	21:49,28
	100m: 1:19,06 200m: 2:42,99 400m: 5:39,34 800m: 11:32,59			
22.	Kóbory Sára	2012	Érdi Víz	21:54,57
	100m: 1:21,49 200m: 2:50,43 400m: 5:48,19 800m: 11:43,13			
23.	Kovács Dorka	2011	Bohóchal	21:54,73
	100m: 1:22,92 200m: 2:51,39 400m: 5:50,45 800m: 11:44,67			
24.	Erős Karolina	2011	NivoMed E.	21:58,81
	100m: 1:22,52 200m: 2:50,52 400m: 5:47,83 800m: 11:42,32			
25.	Hajdu Alexandra	2012	MÚSZSE	21:59,20
	100m: 1:20,96 200m: 2:49,65 400m: 5:45,86 800m: 11:42,84			
26.	Walki Dorina	2012	OrosházaÚE	22:14,46
	100m: 1:20,29 200m: 2:50,42 400m: 5:49,64 800m: 11:50,18			
27.	Hegedűs Hanna Eliza	2012	Érdi Víz	22:27,93
	100m: 1:21,91 200m: 2:50,97 400m: 5:51,20 800m: 11:54,21			
28.	Klujber Hanna Napsugár	2011	NivoMed E.	22:42,81
	100m: 1:24,46 200m: 2:55,18 400m: 5:59,68 800m: 12:05,19			
29.	Dömötör Zselyke	2012	NivoMed E.	23:34,20
	100m: 1:26,48 200m: 3:00,55 400m: 6:08,55 800m: 12:29,81			

## 3000 m férfi gyors

### 5. versenyszám

#### 2009-2010

1.	Kreis Bálint	2009	Bohóchal	34:37,4
	100m: 1:05,50 200m: 2:13,9 400m: 4:31,0 800m: 9:07,8 1500m: 17:14,1 2000m: 23:01,8 2500m: 28:50,1			
	Edzője: Bencze Brenda			
2.	Pápai Olivér	2009	GYÚSE	34:48,0
	100m: 1:04,2 200m: 2:13,4 400m: 4:32,2 800m: 9:12,5 1500m: 17:15,7 2000m: 23:02,9 2500m: 28:56,1			
3.	Szabó Marcell Attila	2010	NICS-HSÚVC	35:12,0
	100m: 1:04,1 200m: 2:13,6 400m: 4:32,1 800m: 9:10,4 1500m: 17:17,6 2000m: 23:13,6 2500m: 29:15,1			
4.	Husztai Márton	2009	Darnyi TSC	35:21,3
	100m: 1:05,3 200m: 2:14,4 400m: 4:32,8 800m: 9:10,3 1500m: 17:22,2 2000m: 23:17,9 2500m: 29:18,3			
5.	Biben Botond	2009	BVSC-Zugló	35:29,8
	100m: 1:05,7 200m: 2:14,4 400m: 4:33,3 800m: 9:13,5 1500m: 17:28,2 2000m: 23:26,6 2500m: 29:27,9			
6.	Sudár Norbert	2009	UTE	36:01,8
	100m: 1:06,5 200m: 2:15,2 400m: 4:33,5 800m: 9:16,0 1500m: 17:39,1 2000m: 23:41,9 2500m: 29:51,4			
7.	Nemes Ármin Boldizsár	2009	Kőbánya SC	36:13,0
	100m: 1:06,8 400m: 4:35,3 800m: 9:17,2 1500m: 17:41,8 2000m: 23:50,7 2500m: 30:05,2			
8.	Törő Ármin	2009	JövőFCSM	36:16,0
	100m: 1:06,3 200m: 2:15,6 400m: 4:35,2 800m: 9:23,8 1500m: 17:57,5 2000m: 24:05,2 2500m: 30:30,0			
9.	Varga István János	2009	Darnyi TSC	36:16,1
	100m: 1:06,6 200m: 2:17,6 400m: 4:38,6 800m: 9:28,0 1500m: 17:59,3 2000m: 24:07,1 2500m: 30:17,5			
10.	Pintér Levente	2009	Bohóchal	36:16,3
	100m: 1:06,30 200m: 2:16,5 400m: 4:39,1 800m: 9:28,4 1500m: 17:58,8 2000m: 24:06,2 2500m: 30:17,5			
11.	Schönek Lukács	2009	UTE	36:24,0
	100m: 1:07,3 200m: 2:18,5 400m: 4:44,8 800m: 9:40,2 1500m: 18:15,3 2000m: 24:23,8 2500m: 30:26,0			
12.	Nagy Kristóf	2009	GYÚSE	37:09,3
	100m: 1:07,1 200m: 2:19,0 400m: 4:44,2 800m: 9:40,5 1500m: 18:23,1 2000m: 24:39,4 2500m: 30:56,5			
13.	Váradai Márton	2009	FTC	37:11,6
	100m: 1:08,1 200m: 2:21,5 400m: 4:50,2 800m: 9:50,6 1500m: 18:36,2 2000m: 24:53,6 2500m: 31:07,6			
14.	Zsolnai Péter	2009	Bp.Honvéd	37:15,0
	100m: 1:06,7 200m: 2:20,0 400m: 4:50,7 800m: 9:52,9 1500m: 18:44,6 2000m: 24:58,6 2500m: 31:07,0			
15.	Lévai Máté	2009	Kőbánya SC	37:25,7
	100m: 1:06,1 200m: 2:19,2 400m: 4:47,1 800m: 9:44,9 1500m: 18:29,9 2000m: 24:49,4 2500m: 31:09,5			
16.	Orovecz Patrik	2010	Debr.SC SI	37:26,0
	100m: 1:08,5 200m: 2:22,9 400m: 4:50,7 800m: 9:45,7 1500m: 18:27,6 2000m: 24:48,1 2500m: 31:07,0			
17.	Márton Levente	2010	FTC	37:33,9
	100m: 1:09,5 200m: 2:23,5 400m: 4:51,8 800m: 9:49,4 1500m: 18:36,2 2000m: 24:58,7 2500m: 31:19,7			
18.	Hudácskó András	2009	FTC	37:40,0
	100m: 1:09,2 200m: 2:23,6 400m: 4:54,7 800m: 9:56,6 1500m: 18:49,1 2000m: 25:06,3 2500m: 31:23,2			
19.	Gömöry Zsolt	2010	UTE	37:48,0
	100m: 1:09,0 200m: 2:22,6 400m: 4:51,8 800m: 9:52,2 1500m: 18:44,2 2000m: 25:07,2 2500m: 31:30,0			
20.	Hartai Botond Zalán	2009	Bohóchal	37:52,6
	100m: 1:09,1 200m: 2:24,0 400m: 4:53,7 800m: 9:54,9 1500m: 18:46,7 2000m: 25:10,1 2500m: 31:30,6			
21.	Buzás Bálint Bende	2009	NICS-HSÚVC	37:56,0
	100m: 1:08,3 200m: 2:22,3 400m: 4:52,9 800m: 9:53,4 1500m: 18:45,6 2000m: 25:09,5 2500m: 31:39,4			
22.	Szaka Szabolcs	2009	Dombóvár SI	37:57,2
	100m: 1:06,9 200m: 2:20,4 400m: 4:48,9 800m: 9:47,4 1500m: 18:39,8 2000m: 25:05,8 2500m: 31:31,7			
23.	Oláh Ádám	2010	NICS-HSÚVC	38:08,2
	100m: 1:09,4 200m: 2:24,9 400m: 4:55,7 800m: 9:58,1 1500m: 18:52,0 2000m: 25:18,1 2500m: 31:43,8			
24.	Nagy Péter	2010	DKSE	38:30,0
	100m: 1:10,4 200m: 2:26,4 400m: 5:00,9 800m: 10:11,0 1500m: 19:11,4 2000m: 25:41,7 2500m: 32:08,0			
25.	Szabadi Péter	2009	Érdi Víz	38:38,9
	100m: 1:08,2 200m: 2:22,6 400m: 4:53,9 800m: 10:06,4 1500m: 19:12,8 2000m: 25:42,9 2500m: 32:12,7			
26.	Schönek Kólos	2010	UTE	39:00,0
	100m: 1:08,7 200m: 2:27,0 400m: 5:02,0 800m: 10:14,3 1500m: 19:25,3 2000m: 25:58,3 2500m: 32:38,4			
27.	Csurgó Tamás	2009	Érdi Víz	39:08,2
	100m: 1:09,9 200m: 2:27,8 400m: 5:03,7 800m: 10:18,9 1500m: 19:32,1 2000m: 26:07,9 2500m: 32:44,7			
28.	Zugonics Benjamin	2010	FTC	39:25,8
	100m: 1:13,2 200m: 2:31,4 400m: 5:07,1 800m: 10:21,4 1500m: 19:34,0 2000m: 26:09,1 2500m: 32:48,2			
29.	Földesi Balázs	2010	NICS-HSÚVC	39:28,1
	100m: 1:09,6 200m: 2:24,1 400m: 4:56,4 800m: 10:12,3 1500m: 19:25,8 2000m: 26:07,9 2500m: 32:50,6			
30.	Kádár Bendegúz	2009	TVSE	39:29,6
	100m: 1:10,4 200m: 2:26,8 400m: 5:03,4 800m: 10:19,1 1500m: 19:32,6 2000m: 26:10,3 2500m: 32:50,6			
31.	Nahalka Bence	2009	Egri ÚK	39:45,0
	100m: 1:14,7 200m: 2:32,9 400m: 5:10,0 800m: 10:27,6 1500m: 19:45,9 2000m: 26:25,6 2500m: 33:08,0			
32.	Kusnier Dávid	2010	Komáromi ÚK SE	39:48,2
	100m: 1:16,8 200m: 2:32,7 400m: 5:06,5 800m: 10:11,1 1500m: 19:40,1 2000m: 26:29,3 2500m: 33:16,2			

## 3000 m férfi gyors

### 5. versenyszám

#### 2009-2010

33.	Varga Zsombor	2010	JövőFCSM	40:00,0
	100m: 1:13,4 200m: 2:33,7 400m: 5:14,5		800m: 10:40,4 1500m: 20:05,8 2000m: 26:49,7 2500m: 33:27,0	
34.	Maruzs Bence	2009	Új-Hullám	40:01,5
	100m: 1:16,1 200m: 2:37,7 400m: 5:23,0		800m: 10:56,7 1500m: 20:41,6 2000m: 27:37,8 2500m: 34:33,8	
35.	Virág Bence	2010	DKSE	40:21,9
	100m: 1:14,3 200m: 2:34,0 400m: 5:14,0		800m: 10:38,3 1500m: 20:00,8 2000m: 26:48,7 2500m: 33:34,9	
36.	Zach Mathew Rodriguez	2009	Vasas SC	40:32,3
	100m: 1:13,5 200m: 2:31,3 400m: 5:10,3		800m: 10:35,3 1500m: 20:04,2 2000m: 26:52,0 2500m: 33:44,0	
37.	Kropkó Ábel	2009	Bohóchal	40:47,3
	100m: 1:15,2 200m: 2:34,9 400m: 5:18,0		800m: 10:36,2 1500m: 20:05,7 2000m: 27:00,1 2500m: 33:54,6	
38.	Fekete-Nagy Ábel	2010	Érdi Víz	40:50,9
	100m: 1:15,4 200m: 2:36,8 400m: 5:19,7		800m: 10:45,8 1500m: 20:18,0 2000m: 27:11,9 2500m: 34:04,5	
39.	Kubicsek Kornél	2010	BÁCSV KVSC	41:18,0
	100m: 1:14,1 200m: 2:35,5 400m: 5:20,8		800m: 10:50,4 1500m: 20:29,5 2000m: 27:26,2 2500m: 34:25,5	
40.	Németh Benedek	2010	Kap.Adorj.	41:27,0
	100m: 1:14,9 200m: 2:36,9 400m: 5:23,6		800m: 10:54,9 1500m: 20:36,1 2000m: 27:34,1 2500m: 34:32,0	
41.	Csáki Zoltán Bendegúz	2010	Bp.Honvéd	41:53,0
	100m: 1:16,3 200m: 2:38,4 400m: 5:23,5		800m: 10:59,4 1500m: 20:54,0 2000m: 27:54,8 2500m: 34:59,0	
42.	Gunther Péter	2010	Bohóchal	42:25,1
	100m: 1:15,1 200m: 2:36,4 400m: 5:19,7		800m: 10:51,3 1500m: 20:38,5 2000m: 27:49,7 2500m: 35:09,1	
43.	Köllő Dominik	2010	H 91 ÚVE	43:05,1
	100m: 1:16,8 200m: 2:40,3 400m: 5:26,7		800m: 11:04,6 1500m: 21:09,9 2000m: 28:21,0 2500m: 35:43,5	

#### Nem indult

Horváth Frank Szilveszter	2009	JövőFCSM
Medgyessy Mikes Lóránt	2009	Bohóchal

## 3000 m női gyors

### 6. versenyszám

#### 2009-2010

1.	Kammerer Kitti	2009	GYÚSE	36:17,0
	100m: 1:09,4 200m: 2:20,7 400m: 4:43,1 800m: 9:30,8 1500m: 17:57,2 2000m: 24:02,2 2500m: 30:11,0			
	Edzője:			
2.	Barta Bianka	2009	Kőbánya SC	36:30,0
	100m: 1:09,0 200m: 2:21,1 400m: 4:44,3 800m: 9:31,8 1500m: 18:00,6 2000m: 24:08,9 2500m: 30:23,5			
3.	Pálházi Léda	2009	TVSE	36:40,0
	100m: 1:07,0 200m: 2:18,8 400m: 4:42,8 800m: 9:35,9 1500m: 18:14,5 2000m: 24:24,8 2500m: 30:33,0			
4.	Kokas Fanni Viktória	2009	JövőFCSM	37:02,0
	100m: 1:08,6 200m: 2:22,8 400m: 4:48,7 800m: 9:42,1 1500m: 18:21,3 2000m: 24:38,9 2500m: 31:00,0			
5.	Király Hanna Gréta	2010	Kőbánya SC	37:05,2
	100m: 1:09,8 200m: 2:22,7 400m: 4:48,7 800m: 9:43,3 1500m: 18:21,6 2000m: 24:34,6 2500m: 30:54,0			
6.	Reizinger Anna	2009	Dombóvár SI	37:24,0
	100m: 1:08,8 200m: 2:22,8 400m: 4:47,6 800m: 9:44,9 1500m: 18:31,0 2000m: 24:51,5 2500m: 31:09,0			
7.	Bartalos Anna	2010	TVSE	37:25,4
	100m: 1:09,9 200m: 2:25,0 400m: 4:53,9 800m: 9:54,8 1500m: 18:40,9 2000m: 24:54,9 2500m: 31:09,2			
8.	Pálca-Juhász Emese	2009	Kaposv. SI	37:35,0
	100m: 1:08,1 200m: 2:20,8 400m: 4:47,5 800m: 9:47,9 1500m: 18:37,2 2000m: 24:58,1 2500m: 31:19,0			
9.	Horváth Dóra	2009	Dombóvár SI	37:47,1
	100m: 1:06,3 200m: 2:20,6 400m: 4:47,7 800m: 9:46,7 1500m: 18:38,7 2000m: 25:05,4 2500m: 31:31,6			
10.	Kropkó Jázmin	2009	Bohóchal	37:54,0
	100m: 1:09,3 200m: 2:23,3 400m: 4:53,3 800m: 9:55,02 1500m: 18:44,5 2000m: 25:06,5 2500m: 31:30,0			
11.	Láng Larissa Viktória	2009	Kőbánya SC	37:57,0
	100m: 1:11,5 200m: 2:26,6 400m: 4:57,0 800m: 9:59,5 1500m: 18:48,5 2000m: 25:12,6 2500m: 31:38,0			
12.	Kertész Boróka	2010	Darnyi TSC	37:57,2
	100m: 1:09,0 200m: 2:23,9 400m: 4:54,4 800m: 9:56,5 1500m: 18:48,8 2000m: 25:10,3 2500m: 31:38,2			
13.	Mohay Janka	2010	BÁCSV KVSC	38:08,1
	100m: 1:09,9 200m: 2:25,8 400m: 4:57,1 800m: 10:03,0 1500m: 19:01,0 2000m: 25:27,5 2500m: 31:47,8			
14.	Németh Hanna	2009	UTE	38:15,2
	100m: 1:10,5 200m: 2:25,4 400m: 4:56,0 800m: 9:59,7 1500m: 18:57,5 2000m: 25:25,5 2500m: 31:51,6			
15.	Sós Júlia Anna	2009	Egri ÚK	38:16,5
	100m: 1:10,5 200m: 2:25,8 400m: 4:57,0 800m: 10:04,3 1500m: 19:03,9 2000m: 25:31,0 2500m: 31:56,3			
16.	Cseke Borbála	2009	UTE	38:21,4
	100m: 1:10,6 200m: 2:26,5 400m: 4:58,1 800m: 10:04,4 1500m: 19:04,2 2000m: 25:31,6 2500m: 31:56,4			
17.	Puzsa Petra	2010	JövőFCSM	38:22,4
	100m: 1:11,7 200m: 2:26,6 400m: 4:56,9 800m: 9:59,7 1500m: 19:03,0 2000m: 25:29,3 2500m: 31:59,6			
18.	Reizinger Anna	2009	Érdi Víz	38:30,0
	100m: 1:10,1 200m: 2:25,9 400m: 4:58,3 800m: 10:04,4 1500m: 19:04,2 2000m: 25:33,0 2500m: 32:02,9			
19.	Birinyi Nóra	2009	FTC	38:40,1
	100m: 1:13,9 200m: 2:31,5 400m: 5:06,5 800m: 10:17,7 1500m: 19:20,7 2000m: 25:47,6 2500m: 32:15,6			
20.	Zseni Réka	2010	TVSE	38:55,0
	100m: 1:10,7 200m: 2:26,7 400m: 4:58,4 800m: 10:05,4 1500m: 19:12,4 2000m: 25:53,8 2500m: 32:28,0			
21.	Kiss Ajsa Villő	2009	BVSC-Zugló	39:06,0
	100m: 1:10,8 200m: 2:26,8 400m: 5:00,1 800m: 10:09,9 1500m: 19:19,4 2000m: 25:57,7 2500m: 32:34,6			
22.	Boros Tamara	2010	BVSC-Zugló	39:10,0
	100m: 1:08,8 200m: 2:24,7 400m: 5:01,4 800m: 10:16,9 1500m: 19:26,4 2000m: 26:01,6 2500m: 32:39,0			
23.	Nagy Emma	2010	DKSE	39:10,4
	100m: 1:11,0 200m: 2:27,6 400m: 5:02,4 800m: 10:14,6 1500m: 19:24,1 2000m: 26:00,8 2500m: 32:35,8			
24.	Libscher Júlia	2009	JövőFCSM	39:19,3
	100m: 1:11,3 200m: 2:28,6 400m: 5:05,1 800m: 10:18,1 1500m: 19:31,4 2000m: 26:09,9 2500m: 32:52,8			
25.	Nagy Dalma	2009	TVSE	39:24,0
	100m: 1:09,8 200m: 2:25,3 400m: 5:01,0 800m: 10:17,9 1500m: 19:35,8 2000m: 26:16,2 2500m: 32:51,1			
26.	Eszenyi Léna	2009	DKSE	39:42,1
	100m: 1:11,4 200m: 2:28,7 400m: 5:05,5 800m: 10:21,4 1500m: 19:39,9 2000m: 26:21,1 2500m: 33:04,8			
27.	Horváth Zsófia	2009	NivoMed E.	40:19,9
	100m: 1:12,3 200m: 2:31,5 400m: 5:12,5 800m: 10:38,0 1500m: 20:12,2 2000m: 26:59,3 2500m: 33:43,7			
28.	Balogh Viktória Enikő	2010	Debr.SC SI	40:27,1
	100m: 1:12,2 200m: 2:31,6 400m: 5:10,3 800m: 10:31,8 1500m: 20:02,7 2000m: 26:48,1 2500m: 33:40,6			
29.	Nagyiván Borbála	2010	Darnyi TSC	40:30,6
	100m: 1:13,6 200m: 2:32,8 400m: 5:12,8 800m: 10:37,3 1500m: 20:09,2 2000m: 26:36,8 2500m: 33:49,2			
30.	Csongrádi Dorina	2010	Bohóchal	40:35,1
	100m: 1:12,9 200m: 2:31,1 400m: 5:08,2 800m: 10:26,7 1500m: 19:58,7 2000m: 26:52,1 2500m: 33:46,4			
31.	Angyal Kitti	2009	Érdi Víz	40:36,5
	100m: 1:16,4 200m: 2:36,9 400m: 5:20,9 800m: 10:49,0 1500m: 20:19,6 2000m: 27:09,3 2500m: 33:56,8			

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### 6. versenyszám

#### 2009-2010

32.	Hartai Emese	2010	Bohóchal	40:39,0
	100m: 1:12,1 200m: 2:30,9 400m: 5:08,2		800m: 10:27,5 1500m: 19:57,9 2000m: 26:48,8 2500m: 33:46,0	
33.	Orsó Franciska Mira	2009	YBL Waterp	40:47,0
	100m: 1:15,7 200m: 2:35,0 400m: 5:15,9		800m: 10:36,0 1500m: 20:11,8 2000m: 27:04,3 2500m: 33:57,0	
34.	Kovencz Odett	2009	Kap.Adorj.	40:50,2
	100m: 1:13,5 200m: 2:33,2 400m: 5:16,5		800m: 10:45,5 1500m: 20:24,2 2000m: 27:17,7 2500m: 34:09,2	
35.	Kaczkó Lilien	2009	BÁCSV KVSC	40:59,1
	100m: 1:12,4 200m: 2:31,9 400m: 5:11,1		800m: 10:34,2 1500m: 20:14,0 2000m: 27:13,0 2500m: 34:10,2	
36.	Perchtold Lara Anita	2009	Bohóchal	41:25,4
	100m: 1:13,3 200m: 2:32,5 400m: 5:14,5		800m: 10:44,6 1500m: 20:26,0 2000m: 27:25,5 2500m: 34:27,0	
37.	Kubicsek Csenge	2010	BÁCSV KVSC	41:43,9
	100m: 1:17,4 200m: 2:39,5 400m: 5:26,2		800m: 11:00,1 1500m: 20:46,9 2000m: 27:46,4 2500m: 34:46,2	
38.	Szugyiczki Adél	2010	Bohóchal	43:05,5
	100m: 1:16,6 200m: 2:39,3 400m: 5:28,0		800m: 11:11,1 1500m: 21:21,1 2000m: 28:38,1 2500m: 35:52,1	
39.	Bossányi Panni	2010	Bohóchal	43:48,8
	100m: 1:15,7 200m: 2:40,5 400m: 5:31,8		800m: 11:19,0 1500m: 21:35,8 2000m: 29:06,4 2500m: 36:34,9	

#### Nem indult

Gulyás Fanni	2010	Kaposv. SI
Pongrácz Emma Mirtill	2010	Bohóchal

## 5000 m férfi gyors

### 7. versenyszám

#### 2002 és fiatalabb

1.	Kalmár Ákos	2000	BÚK Veszpr	00:53:06,0
	100m: 0:01,03 200m: 0:02,07 300m: 0:31,57 3500m: 0:37,14	400m: 0:04,15 4000m: 0:42,39	800m: 0:08,32 1500m: 0:16,01 2000m: 0:21,22 2500m: 0:26,40 4500m: 0:47,57	
	Edzője:			
2.	Rasovszky Kristóf	1997	BÚK Veszpr	00:53:07,9
	100m: 0:01,03 200m: 0:02,07 300m: 0:31,55 3500m: 0:37,15	400m: 0:04,15 4000m: 0:42,39	800m: 0:08,32 1500m: 0:15,55 2000m: 0:21,14 2500m: 0:26,34 4500m: 0:47,57	
3.	Gálicz Péter	2000	FTC	00:54:56,0
	100m: 0:01,03 200m: 0:02,08 300m: 0:32,55 3500m: 0:38,26	400m: 0:04,18 4000m: 0:43,59	800m: 0:08,40 1500m: 0:16,19 2000m: 0:21,50 2500m: 0:27,23 4500m: 0:49,28	
4.	Zombori Gábor	2002	UTE	00:56:16,1
	100m: 0:01,03 200m: 0:02,09 300m: 0:33,36 3500m: 0:39,17	400m: 0:04,23 4000m: 0:44,59	800m: 0:08,51 1500m: 0:16,42 2000m: 0:22,19 2500m: 0:27,56 4500m: 0:50,40	

#### 2005-2006

1.	Hartmann Máté	2005	Pécsi S.N.	00:53:03,5
	100m: 0:01,02 200m: 0:02,07 300m: 0:31,51 3500m: 0:37,09	400m: 0:04,14 4000m: 0:42,29	800m: 0:08,27 1500m: 0:15,52 2000m: 0:21,11 2500m: 0:26,31 4500m: 0:47,49	
	Edzője:			
2.	Kovács-Seres Hunor	2006	DKSE	00:54:06,0
	100m: 0:01,02 200m: 0:02,07 3500m: 0:37,31 4000m: 0:43,03	400m: 0:04,14 4500m: 0:48,37	800m: 0:08,32 2000m: 0:20,18 2500m: 0:25,37 3000m: 0:32,03 4500m: 0:51,30	
3.	Tóth Benedek Viktor	2006	Kőbánya SC	00:56:29
	100m: 0:01,04 200m: 0:02,12 300m: 0:33,58 3500m: 0:39,36	400m: 0:04,28 4000m: 0:45,12	800m: 0:09,01 1500m: 0:16,56 2000m: 0:22,35 2500m: 0:28,16 4500m: 0:50,51	
4.	Rieger Örs István	2006	FTC	00:56:47,3
	100m: 0:01,01 200m: 0:02,08 300m: 0:33,52 3500m: 0:39,36	400m: 0:04,22 4000m: 0:45,21	800m: 0:08,53 1500m: 0:16,45 2000m: 0:22,27 2500m: 0:28,11 4500m: 0:51,01	
5.	Tohl Dániel Antal	2005	Érdi Víz	00:56:56
	100m: 0:01,03 200m: 0:02,10 300m: 0:33,58 3500m: 0:39,41	400m: 0:04,26 4000m: 0:45,29	800m: 0:08,58 1500m: 0:16,52 2000m: 0:22,33 2500m: 0:28,15 4500m: 0:51,16	
6.	Poteczin Dániel	2006	Érdi Víz	00:57:06
	100m: 0:02,04 200m: 0:02,12 300m: 0:34,13 3500m: 0:40,02	400m: 0:04,28 4000m: 0:45,47	800m: 0:09,05 1500m: 0:17,04 2000m: 0:22,48 2500m: 0:28,33 4500m: 0:51,30	
7.	Paksi Zsombor	2006	Szegedi UE	00:57:36,0
	100m: 0:01,01 200m: 0:02,13 300m: 0:34,24 3500m: 0:40,13	400m: 0:04,29 4000m: 0:46,01	800m: 0:09,01 1500m: 0:17,03 2000m: 0:22,49 2500m: 0:28,36 4500m: 0:51,50	
8.	Kennedy Valér Huba	2005	GYÚSE	00:58:09,0
	100m: 0:01,04 200m: 0:02,12 300m: 0:34,30 3500m: 0:40,28	400m: 0:04,29 4000m: 0:46,25	800m: 0:09,04 1500m: 0:17,04 2000m: 0:22,49 2500m: 0:28,37 4500m: 0:52,19	
9.	Kovács Alex	2006	Kaposv. SI	00:58:12,9
	100m: 0:01,04 200m: 0:02,12 300m: 0:34,38 3500m: 0:40,33	400m: 0:04,29 4000m: 0:46,28	800m: 0:09,06 1500m: 0:17,10 2000m: 0:22,58 2500m: 0:28,48 4500m: 0:52,25	
10.	Harsányi Máttyás	2005	Kaposv. SI	00:58:16
	100m: 0:01,05 200m: 0:02,14 300m: 0:34,54 3500m: 0:40,49	400m: 0:04,34 4000m: 0:46,39	800m: 0:09,15 1500m: 0:17,24 2000m: 0:23,13 2500m: 0:29,02 4500m: 0:52,27	
11.	Szántosi Tamás	2005	Bajai Spartacus SC	00:58:48
	100m: 0:01,04 200m: 0:02,13 300m: 0:35,15 3500m: 0:41,08	400m: 0:04,34 4000m: 0:47,03	800m: 0:09,17 1500m: 0:17,34 2000m: 0:23,29 2500m: 0:29,22 4500m: 0:52,57	
12.	Kovács Bence Péter	2006	Pécsi S.N.	00:59:10,7
	100m: 0:01,04 200m: 0:02,13 300m: 0:35,32 3500m: 0:41,31	400m: 0:04,35 4000m: 0:47,27	800m: 0:09,19 1500m: 0:17,36 2000m: 0:23,32 2500m: 0:29,31 4500m: 0:53,23	
13.	Kecse Bence	2006	FTC	00:59:41
	100m: 0:01,07 200m: 0:02,19 300m: 0:35,53 3500m: 0:41,55	400m: 0:04,40 4000m: 0:47,54	800m: 0:09,24 1500m: 0:17,48 2000m: 0:23,50 2500m: 0:29,53 4500m: 0:53,51	
14.	Szathmáry Zsombor	2006	BÚK Veszpr	01:01:08,0
	100m: 0:01,07 200m: 0:02,19 300m: 0:36,21 3500m: 0:42,39	400m: 0:04,42 4000m: 0:48,53	800m: 0:09,32 1500m: 0:18,02 2000m: 0:24,05 2500m: 0:30,14 4500m: 0:55,01	
15.	Szedlák Kende Magor	2006	Darnyi TSC	01:01:49,4
	100m: 0:01,07 200m: 0:02,19 300m: 0:36,43 3500m: 0:42,58	400m: 0:04,42 4000m: 0:49,15	800m: 0:09,32 1500m: 0:18,07 2000m: 0:24,17 2500m: 0:30,30 4500m: 0:55,34	
16.	Csilics Márk	2005	Bajai Spartacus SC	01:02:47,7
	100m: 0:01,07 200m: 0:02,19 300m: 0:37,08 3500m: 0:43,30	400m: 0:04,45 4000m: 0:49,57	800m: 0:09,40 1500m: 0:18,22 2000m: 0:24,58 2500m: 0:30,52 4500m: 0:56,26	

#### Nem indult

Juhász-Dóra Richárd 2005 Kőbánya SC



## 5000 m férfi gyors

### 7. versenyszám

#### 2007-2008

1.	Buda Levente	2008	GYÚSE	00:56:52,9
	100m: 0:01,04 200m: 0:02,12 400m: 0:04,28 800m: 0:08,59 1500m: 0:16,55 2000m: 0:22,35 2500m: 0:28,15 3000m: 0:33,54 3500m: 0:39,37 4000m: 0:45,22 4500m: 0:51,09			
	Edzője:			
2.	Kárpáti Máté	2008	UTE	00:56:56,0
	100m: 0:01,03 200m: 0:02,10 400m: 0:04,26 800m: 0:08,56 1500m: 0:16,52 2000m: 0:22,33 2500m: 0:28,15 3000m: 0:33,58 3500m: 0:39,42 4000m: 0:45,29 4500m: 0:51,16			
3.	Antal Dávid	2008	BátoriS.ÚE	00:57:00,0
	100m: 0:01,02 200m: 0:02,08 400m: 0:04,23 800m: 0:08,53 1500m: 0:16,50 2000m: 0:22,38 2500m: 0:28,27 3000m: 0:34,17 3500m: 0:39,53 4000m: 0:45,33 4500m: 0:51,19			
4.	Tóth Olivér	2007	UTE	00:57:16
	100m: 0:01,04 200m: 0:02,11 400m: 0:04,28 800m: 0:09,00 1500m: 0:16,56 2000m: 0:22,36 2500m: 0:28,17 3000m: 0:34,01 3500m: 0:39,45 4000m: 0:45,38 4500m: 0:51,30			
5.	Nagy-Selmeczy Bulcsú	2007	Zalaco ZÚK	00:57:20,9
	100m: 0:01,04 200m: 0:02,11 400m: 0:04,28 800m: 0:08,59 1500m: 0:16,39 2000m: 0:22,36 2500m: 0:28,18 3000m: 0:34,05 3500m: 0:39,54 4000m: 0:45,43 4500m: 0:51,34			
6.	Szappanos Kristóf	2007	BudaörsiSC	00:57:46,0
	100m: 0:01,02 200m: 0:02,09 400m: 0:04,23 800m: 0:08,54 1500m: 0:16,55 2000m: 0:22,43 2500m: 0:28,30 3000m: 0:34,23 3500m: 0:40,13 4000m: 0:46,06 4500m: 0:52,00			
7.	Honti-Pecora Sebestyén	2007	Darnyi TSC	00:57:49
	100m: 0:01,04 200m: 0:02,13 400m: 0:04,31 800m: 0:09,07 1500m: 0:17,13 2000m: 0:23,02 2500m: 0:28,48 3000m: 0:34,36 3500m: 0:40,23 4000m: 0:46,13 4500m: 0:52,00			
8.	Kaiser Dominik	2007	UTE	00:57:51,9
	100m: 0:01,04 200m: 0:02,09 400m: 0:04,21 800m: 0:08,48 1500m: 0:16,43 2000m: 0:22,27 2500m: 0:28,16 3000m: 0:34,13 3500m: 0:40,08 4000m: 0:46,01 4500m: 0:52,01			
9.	Deák Gergely	2007	JövőFCSM	00:58:14
	100m: 0:01,03 200m: 0:02,09 400m: 0:04,24 800m: 0:08,56 1500m: 0:17,00 2000m: 0:22,48 2500m: 0:28,40 3000m: 0:34,34 3500m: 0:40,26 4000m: 0:46,19 4500m: 0:52,17			
10.	Kakuk Koppány Zéta	2008	Kaposv. SI	00:58:20
	100m: 0:01,02 200m: 0:02,14 400m: 0:04,36 800m: 0:09,18 1500m: 0:17,31 2000m: 0:23,30 2500m: 0:29,31 3000m: 0:35,32 3500m: 0:41,26 4000m: 0:47,06 4500m: 0:52,44			
11.	Huszár László	2007	FTC	00:58:57
	100m: 0:01,05 200m: 0:02,14 400m: 0:04,34 800m: 0:09,12 1500m: 0:17,19 2000m: 0:23,11 2500m: 0:29,06 3000m: 0:35,03 3500m: 0:41,00 4000m: 0:47,00 4500m: 0:53,00			
12.	Bögözi Hunor	2007	Kaposv. SI	00:59:11,4
	100m: 0:01,04 200m: 0:02,14 400m: 0:04,35 800m: 0:09,20 1500m: 0:17,36 2000m: 0:23,31 2500m: 0:29,31 3000m: 0:35,32 3500m: 0:41,26 4000m: 0:47,24 4500m: 0:53,20			
13.	Páva Olivér	2008	JövőFCSM	00:59:14,1
	100m: 0:01,07 200m: 0:02,16 400m: 0:04,33 800m: 0:09,11 1500m: 0:17,20 2000m: 0:23,16 2500m: 0:29,14 3000m: 0:35,15 3500m: 0:41,16 4000m: 0:47,18 4500m: 0:53,14			
14.	Pittlik Zsigmond	2008	Darnyi TSC	00:59:31,5
	100m: 0:01,05 200m: 0:02,15 400m: 0:04,37 800m: 0:09,20 1500m: 0:17,37 2000m: 0:23,35 2500m: 0:29,36 3000m: 0:35,36 3500m: 0:41,36 4000m: 0:47,38 4500m: 0:53,36			
15.	Varga Levente	2008	Kőbánya SC	00:59:55,1
	100m: 0:01,06 200m: 0:02,15 400m: 0:04,34 800m: 0:09,12 1500m: 0:17,24 2000m: 0:23,15 2500m: 0:29,08 3000m: 0:35,05 3500m: 0:41,15 4000m: 0:47,29 4500m: 0:53,43			
16.	Takács Botond	2008	FTC	01:00:00,0
	100m: 0:01,02 200m: 0:02,10 400m: 0:04,31 800m: 0:09,13 1500m: 0:17,33 2000m: 0:23,36 2500m: 0:29,41 3000m: 0:35,47 3500m: 0:41,51 4000m: 0:47,55 4500m: 0:53,68			
17.	Grandpierre Krisztián	2007	FTC	01:00:07,6
	100m: 0:01,04 200m: 0:02,15 400m: 0:04,35 800m: 0:09,22 1500m: 0:17,45 2000m: 0:23,48 2500m: 0:29,54 3000m: 0:35,59 3500m: 0:42,00 4000m: 0:48,03 4500m: 0:54,08			
18.	Járomi Benjamin	2007	Vasas SC	01:00:39,1
	100m: 0:01,05 200m: 0:02,15 400m: 0:04,34 800m: 0:09,16 1500m: 0:17,38 2000m: 0:23,43 2500m: 0:29,53 3000m: 0:36,06 3500m: 0:42,19 4000m: 0:48,29 4500m: 0:54,39			
19.	Markovics Benedek	2007	DKSE	01:01:10,5
	100m: 0:01,05 200m: 0:02,15 400m: 0:04,36 800m: 0:09,23 1500m: 0:17,56 2000m: 0:24,08 2500m: 0:30,22 3000m: 0:36,33 3500m: 0:42,44 4000m: 0:48,54 4500m: 0:55,04			
20.	Spisák Bence	2008	BudaörsiSC	01:01:14
	100m: 0:01,08 200m: 0:02,21 400m: 0:04,44 800m: 0:09,32 1500m: 0:18,02 2000m: 0:24,07 2500m: 0:30,16 3000m: 0:36,25 3500m: 0:42,39 4000m: 0:48,53 4500m: 0:55,02			
21.	Májlinger Bence	2007	Pécsi S.N.	01:01:15
	100m: 0:01,03 200m: 0:02,13 400m: 0:04,34 800m: 0:09,19 1500m: 0:17,48 2000m: 0:23,53 2500m: 0:30,12 3000m: 0:36,29 3500m: 0:42,39 4000m: 0:48,58 4500m: 0:55,14			
21.	Csaba György	2008	BVSC-Zugló	01:01:15
	100m: 0:01,08 200m: 0:02,20 400m: 0:04,45 800m: 0:09,34 1500m: 0:18,04 2000m: 0:24,07 2500m: 0:30,15 3000m: 0:36,25 3500m: 0:42,37 4000m: 0:48,49 4500m: 0:55,09			

## 5000 m férfi gyors

### 7. versenyszám

#### 2007-2008

23.	Bor Tamás László	2008	DKSE	01:01:16
	100m: 0:01,06 200m: 0:02,18 300m: 0:36,42 350m: 0:42,53 400m: 0:04,43 400m: 0:49,07 4500m: 0:55,20		800m: 0:09,35 1500m: 0:18,13 2000m: 0:24,15 2500m: 0:30,27	
24.	Kurucz Bendegúz	2007	FTC	01:01:19
	100m: 0:01,07 200m: 0:02,18 300m: 0:36,44 350m: 0:42,56 400m: 0:04,42 400m: 0:49,07 4500m: 0:55,15		800m: 0:09,35 1500m: 0:18,09 2000m: 0:24,19 2500m: 0:30,31	
24.	Rácz Benedek György	2008	FTC	01:01:19,7
	100m: 0:01,09 200m: 0:02,20 300m: 0:36,49 350m: 0:42,57 400m: 0:04,45 400m: 0:49,06 4500m: 0:55,17		800m: 0:09,38 1500m: 0:18,16 2000m: 0:24,26 2500m: 0:30,37	
26.	Kállai Barnabás	2008	Pécsi S.N.	01:01:37,5
	100m: 0:01,07 200m: 0:02,20 300m: 0:36,49 350m: 0:43,01 400m: 0:04,47 400m: 0:49,14 4500m: 0:55,29		800m: 0:09,42 1500m: 0:18,16 2000m: 0:24,27 2500m: 0:30,37	
27.	Szedlák Csanád Bátor	2008	Darnyi TSC	01:02:26,0
	100m: 0:01,08 200m: 0:02,20 300m: 0:37,04 350m: 0:43,23 400m: 0:04,47 400m: 0:49,42 4500m: 0:56,04		800m: 0:09,43 1500m: 0:18,22 2000m: 0:24,31 2500m: 0:30,48	
28.	Fábián Gergő	2007	Debr.SC SI	01:02:48
	100m: 0:01,08 200m: 0:02,21 300m: 0:37,24 350m: 0:43,48 400m: 0:04,47 400m: 0:50,13 4500m: 0:56,37		800m: 0:09,43 1500m: 0:18,24 2000m: 0:24,41 2500m: 0:31,01	
29.	Kamaroudis Markos Zsombor	2008	Darnyi TSC	01:02:59
	100m: 0:01,09 200m: 0:02,23 300m: 0:37,45 350m: 0:44,08 400m: 0:04,52 400m: 0:50,31 4500m: 0:56,43		800m: 0:09,53 1500m: 0:18,41 2000m: 0:25,01 2500m: 0:31,21	
30.	Kurucz Péter	2008	DKSE	01:03:47,9
	100m: 0:01,06 200m: 0:02,19 300m: 0:37,53 350m: 0:44,22 400m: 0:04,47 400m: 0:50,52 4500m: 0:57,22		800m: 0:09,49 1500m: 0:18,41 2000m: 0:25,02 2500m: 0:31,26	
31.	Szántó Dániel	2008	BÚK Veszpr	01:08:21,7
	100m: 0:01,14 200m: 0:02,33 300m: 0:40,43 350m: 0:47,39 400m: 0:05,12 400m: 0:54,40 4500m: 1:01,38		800m: 0:10,33 1500m: 0:20,04 2000m: 0:26,56 2500m: 0:33,56	
32.	Gadányi Márk	2008	NivoMed E.	01:10:12
	100m: 0:01,09 200m: 0:02,28 300m: 0:42,32 350m: 0:49,47 400m: 0:05,15 400m: 0:57,06 4500m: 1:04,27		800m: 0:10,53 1500m: 0:20,50 2000m: 0:28,02 2500m: 0:35,17	

#### Nem indult

Fónyi Pintér Iván	2008	Kőbánya SC
Koch Ambrus	2008	Sop.Széchy
Palkovics Olivér	2007	Lőrinc ST
Rajcsányi Boldizsár	2007	Lőrinc ST

## 5000 m női gyors

### 8. versenyszám

#### 2002 és fiatalabb

1.	Olasz Anna Gréta	1993	Szegedi UE	00:59:03,8
	100m: 0:01,08 200m: 0:02,18 300m: 0:35,10 3500m: 0:41,08	400m: 0:04,36 4000m: 0:47,08	800m: 0:09,17 1500m: 0:17,24 2000m: 0:24,29 2500m: 0:29,14	
	Edzője:			
2.	Szabó-Feltóthy Eszter	2002	Vasas SC	00:59:13
	100m: 0:01,07 200m: 0:02,17 300m: 0:35,30 3500m: 0:41,27	400m: 0:04,39 4000m: 0:47,24	800m: 0:09,23 1500m: 0:17,44 2000m: 0:23,38 2500m: 0:29,33	
3.	Vas Luca	2000	Szegedi UE	01:00:54,9
	100m: 0:01,08 200m: 0:02,18 300m: 0:35,56 3500m: 0:42,15	400m: 0:04,37 4000m: 0:48,25	800m: 0:09,17 1500m: 0:17,35 2000m: 0:23,38 2500m: 0:29,44	
4.	Balogh Vivien	2002	FTC	01:01:02,2
	100m: 0:01,10 200m: 0:02,23 300m: 0:36,28 3500m: 0:42,36	400m: 0:04,48 4000m: 0:48,41	800m: 0:09,39 1500m: 0:18,07 2000m: 0:24,15 2500m: 0:30,23	
5.	Horváth Rebeka	2002	PÚSE	01:11:14,2
	100m: 0:01,14 200m: 0:02,30 300m: 0:42,30 3500m: 0:49,41	400m: 0:05,22 4000m: 0:56,53	800m: 0:10,59 1500m: 0:20,56 2000m: 0:28,04 2500m: 0:35,16	

#### Nem indult

Rohács Réka 2000 Kőbánya SC

#### 2005-2006

1.	Csulák Lia	2005	Érdi Víz	00:58:06,0
	100m: 0:01,09 200m: 0:02,19 300m: 0:34,44 3500m: 0:40,33	400m: 0:04,40 4000m: 0:46,24	800m: 0:09,20 1500m: 0:17,27 2000m: 0:23,11 2500m: 0:28,58	
	Edzője:			
2.	Flück Nóra	2005	JövőFCSM	00:58:19
	100m: 0:01,08 200m: 0:02,18 3500m: 0:40,44 4000m: 0:46,36	400m: 0:04,37 4500m: 0:52,30	800m: 0:09,17 1500m: 0:17,27 2000m: 0:23,15 2500m: 0:29,02	
3.	Nett Vivien	2006	Zalaco ZÚK	00:58:46
	100m: 0:01,07 200m: 0:02,17 300m: 0:34,59 3500m: 0:40,55	400m: 0:04,36 4000m: 0:46,52	800m: 0:09,16 1500m: 0:17,27 2000m: 0:23,16 2500m: 0:29,06	
4.	Abonyi-Tóth Glenda	2006	JövőFCSM	00:59:59,0
	100m: 0:01,05 200m: 0:02,16 300m: 0:35,40 3500m: 0:41,44	400m: 0:04,36 4000m: 0:47,51	800m: 0:09,18 1500m: 0:17,34 2000m: 0:23,34 2500m: 0:29,37	
5.	Pádár Nikolett	2006	Szegedi UE	01:00:51,7
	100m: 0:01,09 200m: 0:02,21 300m: 0:35,54 3500m: 0:42,03	400m: 0:04,45 4000m: 0:48,22	800m: 0:09,26 1500m: 0:17,40 2000m: 0:23,38 2500m: 0:29,44	
6.	Zlota Anna	2006	Darnyi TSC	01:02:26,0
	100m: 0:01,10 200m: 0:02,23 300m: 0:37,21 3500m: 0:43,41	400m: 0:04,51 4000m: 0:49,59	800m: 0:09,48 1500m: 0:18,33 2000m: 0:24,49 2500m: 0:31,06	
7.	Király Zsófi	2005	Kaposv. SI	01:02:48
	100m: 0:01,11 200m: 0:02,27 300m: 0:37,43 3500m: 0:43,56	400m: 0:05,00 4000m: 0:50,07	800m: 0:10,01 1500m: 0:18,50 2000m: 0:25,09 2500m: 0:31,24	
8.	Veres Laura	2005	UTE	01:02:50,5
	100m: 0:01,09 200m: 0:02,23 300m: 0:37,23 3500m: 0:43,46	400m: 0:04,50 4000m: 0:50,09	800m: 0:09,42 1500m: 0:18,19 2000m: 0:24,39 2500m: 0:31,00	
9.	Marton Kitti	2006	Kaposv. SI	01:02:56
	100m: 0:01,12 200m: 0:02,26 300m: 0:37,35 3500m: 0:43,56	400m: 0:04,52 4000m: 0:50,19	800m: 0:09,45 1500m: 0:18,31 2000m: 0:24,53 2500m: 0:31,13	
10.	Pál Adél	2005	Vasas SC	01:03:57,8
	100m: 0:01,12 200m: 0:02,28 300m: 0:38,00 3500m: 0:44,28	400m: 0:04,59 4000m: 0:50,58	800m: 0:10,01 1500m: 0:18,51 2000m: 0:25,11 2500m: 0:31,37	
11.	Nagy Ágnes	2005	BVSC-Zugló	01:04:23,0
	100m: 0:01,13 200m: 0:02,29 300m: 0:38,38 3500m: 0:45,02	400m: 0:05,02 4000m: 0:51,30	800m: 0:10,11 1500m: 0:19,13 2000m: 0:25,40 2500m: 0:32,09	
12.	Márta Rozi	2005	BVSC-Zugló	01:04:39
	100m: 0:01,15 200m: 0:02,31 300m: 0:38,41 3500m: 0:45,10	400m: 0:05,05 4000m: 0:51,36	800m: 0:10,31 1500m: 0:19,15 2000m: 0:25,43 2500m: 0:32,12	

#### Kizárva

Drommer Lili Eszter 2006 BudaörsiSC DNF

#### Nem indult

Varga Zsófia 2006 Kőbánya SC  
Cseh Zsófia 2006 BVSC-Zugló

## 5000 m női gyors

### 8. versenyszám

2007-2008

#### Új évjáratos és korosztályos csúcs:

1.	Nagy Napsugár	2008	Zalaco ZÚK	00:58:28,0
	100m: 0:01,08 200m: 0:02,18 400m: 0:04,38 800m: 0:09,18 1500m: 0:17,29 2000m: 0:23,21 2500m: 0:29,13		4500m: 0:52,41	
	3000m: 0:35,08 3500m: 0:41,01 4000m: 4:65,2			
	Edzője:			
2.	Györffy Lili Anna	2007	Kap.Adorj.	00:59:58,5
	100m: 0:01,08 200m: 0:02,19 400m: 0:04,42 800m: 0:09,28 1500m: 0:17,50 2000m: 0:23,51 2500m: 0:29,52		4500m: 0:54,01	
	3000m: 0:35,55 3500m: 0:41,57 4000m: 0:48,00			
3.	Keresztes Emma	2007	FTC	01:00:01,3
	100m: 0:01,08 200m: 0:02,21 400m: 0:04,44 800m: 0:09,31 1500m: 0:17,54 2000m: 0:23,53 2500m: 0:29,54		4500m: 0:54,02	
	3000m: 0:35,55 3500m: 0:41,59 4000m: 0:48,01			
4.	Jackl Vivien	2008	TVSE	01:01:09,2
	100m: 0:01,07 200m: 0:02,18 400m: 0:04,40 800m: 0:09,21 1500m: 0:17,41 2000m: 0:23,41 2500m: 0:29,54		4500m: 0:55,01	
	3000m: 0:36,04 3500m: 0:42,21 4000m: 0:48,42			
5.	Rohács Luca	2008	Kőbánya SC	01:01:16
	100m: 0:01,08 200m: 0:02,18 400m: 0:04,39 800m: 0:09,28 1500m: 0:18,01 2000m: 0:24,09 2500m: 0:30,19		4500m: 0:55,09	
	3000m: 0:36,31 3500m: 0:42,45 4000m: 0:48,59			
6.	Király Flóra	2008	Kaposv. SI	01:01:34,4
	100m: 0:01,09 200m: 0:02,23 400m: 0:04,49 800m: 0:09,42 1500m: 0:18,08 2000m: 0:24,21 2500m: 0:30,33		4500m: 0:55,25	
	3000m: 0:36,53 3500m: 0:43,01 4000m: 0:49,11			
7.	Henter Nóra	2007	Darnyi TSC	01:02:20,0
	100m: 0:01,10 200m: 0:02,25 400m: 0:04,52 800m: 0:09,49 1500m: 0:18,28 2000m: 0:24,40 2500m: 0:30,54		4500m: 0:56,05	
	3000m: 0:37,10 3500m: 0:43,28 4000m: 0:49,46			
8.	Virág Emese	2008	Kaposv. SI	01:02:23
	100m: 0:01,13 200m: 0:02,28 400m: 0:05,00 800m: 0:10,01 1500m: 0:18,46 2000m: 0:25,03 2500m: 0:31,19		4500m: 0:56,13	
	3000m: 0:37,32 3500m: 0:43,47 4000m: 0:49,59			
9.	Miszlai Mira	2008	Kőbánya SC	01:02:26,0
	100m: 0:01,10 200m: 0:02,23 400m: 0:04,51 800m: 0:09,49 1500m: 0:18,33 2000m: 0:24,44 2500m: 0:31,03		4500m: 0:56,17	
	3000m: 0:37,22 3500m: 0:43,41 4000m: 0:49,59			
10.	Elekes Tamara	2007	BVSC-Zugló	01:02:29
	100m: 0:01,11 200m: 0:02,28 400m: 0:04,59 800m: 0:10,01 1500m: 0:18,50 2000m: 0:25,11 2500m: 0:31,37		4500m: 0:56,19	
	3000m: 0:37,49 3500m: 0:43,57 4000m: 0:50,08			
11.	Orbán Boróka	2008	FTC	01:02:32
	100m: 0:01,06 200m: 0:02,18 400m: 0:04,45 800m: 0:09,39 1500m: 0:18,20 2000m: 0:24,35 2500m: 0:30,49		4500m: 0:56,14	
	3000m: 0:37,08 3500m: 0:43,27 4000m: 0:49,50			
12.	Bartos Emma	2007	Darnyi TSC	01:03:02
	100m: 0:01,13 200m: 0:02,28 400m: 0:04,58 800m: 0:09,55 1500m: 0:18,37 2000m: 0:24,54 2500m: 0:31,17		4500m: 0:56,41	
	3000m: 0:37,36 3500m: 0:43,55 4000m: 0:50,19			
13.	Ruzsák Viktória	2007	Darnyi TSC	01:03:09,8
	100m: 0:01,12 200m: 0:02,27 400m: 0:04,57 800m: 0:09,54 1500m: 0:18,33 2000m: 0:24,48 2500m: 0:31,10		4500m: 0:56,45	
	3000m: 0:37,36 3500m: 0:44,02 4000m: 0:50,24			
14.	Virág Réka	2008	TVSE	01:03:13,0
	100m: 0:01,08 200m: 0:02,21 400m: 0:04,48 800m: 0:09,42 1500m: 0:18,25 2000m: 0:24,45 2500m: 0:31,05		4500m: 0:56,50	
	3000m: 0:37,28 3500m: 0:43,55 4000m: 0:50,23			
15.	Bakó Luca	2007	Kaposv. SI	01:03:21,6
	100m: 0:01,11 200m: 0:02,26 400m: 0:04,57 800m: 0:09,57 1500m: 0:18,44 2000m: 0:25,05 2500m: 0:31,27		4500m: 0:56,59	
	3000m: 0:37,49 3500m: 0:44,11 4000m: 0:50,35			
16.	Zombori-Szalontai Kriszti	2008	Debr.SC SI	01:03:28
	100m: 0:01,08 200m: 0:02,22 400m: 0:04,49 800m: 0:09,45 1500m: 0:18,33 2000m: 0:24,56 2500m: 0:31,21		4500m: 0:57,06	
	3000m: 0:37,46 3500m: 0:44,08 4000m: 0:50,36			
17.	Vass Bianka	2008	DKSE	01:03:54,4
	100m: 0:01,05 200m: 0:02,19 400m: 0:04,47 800m: 0:09,46 1500m: 0:18,42 2000m: 0:25,08 2500m: 0:31,32		4500m: 0:57,29	
	3000m: 0:37,57 3500m: 0:44,26 4000m: 0:50,59			
18.	Boruzs Bianka	2007	Kaposv. SI	01:04:33
	100m: 0:01,12 200m: 0:02,28 400m: 0:04,59 800m: 0:10,02 1500m: 0:18,55 2000m: 0:25,24 2500m: 0:31,55		4500m: 0:58,05	
	3000m: 0:38,29 3500m: 0:45,03 4000m: 0:51,37			
19.	Ötvös Korina	2008	Kaposv. SI	01:05:01
	100m: 0:01,15 200m: 0:02,32 400m: 0:05,07 800m: 0:10,15 1500m: 0:19,15 2000m: 0:25,43 2500m: 0:32,11		4500m: 0:58,26	
	3000m: 0:38,41 3500m: 0:45,14 4000m: 0:51,49			
20.	Benyó Júlia	2008	Vasas SC	01:05:55
	100m: 0:01,11 200m: 0:02,25 400m: 0:04,57 800m: 0:10,09 1500m: 0:19,24 2000m: 0:26,03 2500m: 0:32,43		4500m: 0:59,23	
	3000m: 0:39,22 3500m: 0:46,00 4000m: 4:52,40			
21.	Szabó Nóra	2008	Bajai Spartacus SC	01:06:04,1
	100m: 0:01,13 200m: 0:02,30 400m: 0:05,09 800m: 0:10,25 1500m: 0:19,40 2000m: 0:26,16 2500m: 0:32,55		4500m: 0:59,30	
	3000m: 0:39,31 3500m: 0:46,10 4000m: 0:52,50			
22.	Csák Mónika	2008	Bohóchal	01:10:51,1
	100m: 0:01,17 200m: 0:02,40 400m: 0:05,25 800m: 0:10,57 1500m: 0:20,43 2000m: 0:27,47 2500m: 0:34,50		4500m: 1:03,33	
	3000m: 0:41,54 3500m: 0:49,03 4000m: 0:56,14			

#### Nem indult

Bogner Zsófia

2007

BVSC-Zugló

Szabó Dóra Izabella

2008

Kőbánya SC