

400 m férfi vegyes

3. versenyszám

Férfi 2006 és idősebb

1.	Ángyán Máté	2005	Érdi Víz	4:33,73
	50m: 0:28,46 100m: 1:00,98 150m: 1:36,22 200m: 2:10,16 250m: 2:50,94 300m: 3:31,43 350m: 4:03,33			
	Edzője:			
2.	Illés Bence	2005	JövőFCSM	4:38,84
	50m: 0:28,92 100m: 1:02,70 150m: 1:38,66 200m: 2:13,86 250m: 2:54,59 300m: 3:36,37 350m: 4:08,37			
3.	Páva Szabolcs	2006	JövőFCSM	4:46,97
	50m: 0:29,71 100m: 1:03,82 150m: 1:39,05 200m: 2:13,67 250m: 2:55,72 300m: 3:39,31 350m: 4:14,07			
4.	Domonkos György	2005	BudaörsiSC	4:49,19
	50m: 0:30,42 100m: 1:04,83 150m: 1:41,31 200m: 2:17,76 250m: 3:00,19 300m: 3:43,19 350m: 4:16,65			

Férfi 2007-2008

1.	Tóth Olivér	2007	UTE	4:38,74
	50m: 0:31,30 100m: 1:04,56 150m: 1:42,31 200m: 2:19,15 250m: 2:58,79 300m: 3:38,15 350m: 4:09,56			
	Edzője:			
2.	Spisák Bence	2008	BudaörsiSC	4:38,80
	50m: 0:29,06 100m: 1:03,01 150m: 1:39,29 200m: 2:15,10 250m: 2:55,26 300m: 3:35,74 350m: 4:08,45			
3.	Deák Gergely	2007	JövőFCSM	4:40,39
	50m: 0:29,19 100m: 1:03,02 150m: 1:39,36 200m: 2:14,72 250m: 2:55,41 300m: 3:36,79 350m: 4:09,55			
4.	Szappanos Kristóf	2007	BudaörsiSC	4:42,40
	50m: 0:28,74 100m: 1:02,54 150m: 1:37,59 200m: 2:11,79 250m: 2:56,01 300m: 3:40,23 350m: 4:11,95			
5.	Koroncai Mátyás	2008	BVSC-Zugló	4:43,40
	50m: 0:30,09 100m: 1:04,93 150m: 1:41,21 200m: 2:17,18 250m: 2:58,82 300m: 3:40,60 350m: 4:13,85			
6.	Páva Olivér	2008	JövőFCSM	4:43,83
	50m: 0:30,22 100m: 1:04,52 150m: 1:43,75 200m: 2:21,40 250m: 3:00,84 300m: 3:40,60 350m: 4:12,98			
7.	Koncz Márton	2008	BudaörsiSC	4:44,90
	50m: 0:30,21 100m: 1:06,16 150m: 1:41,44 200m: 2:17,49 250m: 2:57,75 300m: 3:38,59 350m: 4:12,38			
8.	Rácz Benedek György	2008	FTC	4:49,04
	50m: 0:30,79 100m: 1:05,73 150m: 1:41,78 200m: 2:16,00 250m: 2:58,94 300m: 3:42,19 350m: 4:16,31			
9.	Szentesi Botond	2008	BVSC-Zugló	4:49,36
	50m: 0:30,45 100m: 1:06,72 150m: 1:42,67 200m: 2:20,17 250m: 3:01,07 300m: 3:44,74 350m: 4:17,05			
10.	Hubert Balázs	2008	Bp.Honvéd	4:55,72
	50m: 0:31,25 100m: 1:08,63 150m: 1:43,77 200m: 2:18,75 250m: 3:03,63 300m: 3:48,52 350m: 4:22,86			
11.	Kurucz Péter	2008	DKSE	4:58,28
	50m: 0:29,66 100m: 1:05,53 150m: 1:43,18 200m: 2:21,25 250m: 3:06,96 300m: 3:51,77 350m: 4:24,96			

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3. versenyszám

Férfi 2009-2010

1.	Várad Márton	2009	FTC	4:53,30
	50m: 0:31,41 100m: 1:07,17 150m: 1:45,05 200m: 2:21,89 250m: 3:03,98 300m: 3:46,28 350m: 4:20,75			
	Edzője:			
2.	Sudár Norbert	2009	UTE	4:53,62
	50m: 0:30,67 100m: 1:05,81 150m: 1:42,81 200m: 2:18,93 250m: 3:03,15 300m: 3:47,77 350m: 4:21,52			
3.	Márton Levente	2010	FTC	5:03,15
	50m: 0:30,26 100m: 1:06,16 150m: 1:43,74 200m: 2:20,78 250m: 3:06,67 300m: 3:52,09 350m: 4:28,19			
4.	Maruzs Bence	2009	Bp.Honvéd	5:07,48
	50m: 0:31,51 100m: 1:08,75 150m: 1:47,94 200m: 2:26,74 250m: 3:10,97 300m: 3:56,70 350m: 4:32,81			
5.	Hartai Botond Zalán	2009	Bohóchal	5:15,55
	50m: 0:32,90 100m: 1:11,45 150m: 1:52,76 200m: 2:33,22 250m: 3:19,60 300m: 4:03,37 350m: 4:40,14			
6.	Zugonics Benjamin	2010	FTC	5:17,96
	50m: 0:34,07 100m: 1:14,15 150m: 1:55,58 200m: 2:37,66 250m: 3:22,44 300m: 4:07,88 350m: 4:43,50			
7.	Bao Jiayu	2010	Bp.Honvéd	5:28,34
	50m: 0:31,23 100m: 1:09,18 150m: 1:48,55 200m: 2:29,09 250m: 3:17,53 300m: 4:08,46 350m: 4:52,34			

Férfi 2011

1.	Cseke Máté	2011	BudaörsiSC	5:29,44
	50m: 0:34,34 100m: 1:15,27 150m: 1:55,91 200m: 2:36,10 250m: 3:24,39 300m: 4:13,12 350m: 4:52,07			
	Edzője:			
2.	Zöld Zétény	2011	Bp.Honvéd	5:37,00
	50m: 0:34,76 100m: 1:15,44 150m: 1:59,01 200m: 2:41,73 250m: 3:30,23 300m: 4:20,07 350m: 4:59,41			

Férfi 2012

1.	Nagyházi Bence	2012	JövőFCSM	5:28,85
	50m: 0:34,46 100m: 1:14,25 150m: 1:55,02 200m: 2:35,11 250m: 3:26,60 300m: 4:15,33 350m: 4:53,09			
	Edzője:			
2.	Schönek Zétény	2012	UTE	5:33,08
	50m: 0:35,65 100m: 1:15,94 150m: 1:57,14 200m: 2:37,13 250m: 3:27,65 300m: 4:18,50 350m: 4:55,98			
3.	Hajós Dániel	2012	II.Kerület	5:35,49
	50m: 0:36,50 100m: 1:20,52 150m: 2:03,50 200m: 2:45,22 250m: 3:32,47 300m: 4:20,12 350m: 4:58,66			
4.	Major Máté	2012	BVSC-Zugló	5:52,87
	50m: 0:37,68 100m: 1:23,24 150m: 2:06,70 200m: 2:48,82 250m: 3:41,68 300m: 4:35,20 350m: 5:15,67			