

KORCSOPORTOS EREDMÉNY
3000 m férfi gyors

3. versenyszám

2013-2014

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA
1.	1/9	Kapin Ákos	2014		Debreceni Sportc. SI	40:39.89		
	50m	35.21	100m	01:13.67	150m	01:53.56	200m	02:32.55
				38.46		39.89		38.99
	450m	05:53.58	500m	06:33.67	550m	07:14.04	600m	07:54.21
		40.45		40.09		40.37		40.17
	850m	11:16.91	900m	11:57.05	950m	12:37.63	1000m	13:18.45
		40.65		40.14		40.58		40.82
	1250m	16:42.47	1300m	17:23.24	1350m	18:03.84	1400m	18:45.25
		41.41		40.77		40.60		41.41
	1650m	22:09.92	1700m	22:49.93	1750m	23:31.03	1800m	24:12.39
		40.69		40.01		41.10		41.36
	2050m	27:38.52	2100m	28:20.18	2150m	29:00.98	2200m	29:42.29
		41.62		41.66		40.80		41.31
	2450m	33:08.96	2500m	33:49.87	2550m	34:31.20	2600m	35:13.18
		41.44		40.91		41.33		41.98
	2850m	38:39.03	2900m	39:20.59	2950m	40:00.77	3000m	40:39.89
		41.66		41.56		40.18		39.12
2.	1/8	Ulveczki Botond	2013		Debreceni Sportc. SI	41:19.87		+39.98
	50m	35.54	100m	01:14.72	150m	01:54.84	200m	02:34.49
				39.18		40.12		39.65
	450m	05:55.00	500m	06:35.33	550m	07:15.57	600m	07:56.03
		40.12		40.33		40.24		40.46
	850m	11:18.43	900m	11:59.16	950m	12:40.04	1000m	13:20.99
		40.45		40.73		40.88		40.95
	1250m	16:47.52	1300m	17:29.12	1350m	18:10.62	1400m	18:51.98
		41.23		41.60		41.50		41.36
	1650m	22:21.06	1700m	23:02.78	1750m	23:45.31	1800m	24:27.26
		41.88		41.72		42.53		41.95
	2050m	27:58.39	2100m	28:41.17	2150m	29:23.84	2200m	30:06.37
		42.36		42.78		42.67		42.53
	2450m	33:39.04	2500m	34:20.78	2550m	35:03.32	2600m	35:45.19
		42.08		41.74		42.54		41.87
	2850m	39:15.87	2900m	39:57.36	2950m	40:39.62	3000m	41:19.87
		42.11		41.49		42.26		40.25
3.	1/7	Trefán Zétény Szilárd	2014		Bátori Sárkány ÚE	41:33.29		+53.40
	50m	35.11	100m	01:14.20	150m	01:53.35	200m	02:32.73
				39.09		39.15		39.38
	450m	05:55.71	500m	06:36.76	550m	07:20.45	600m	08:01.17
		41.39		41.05		43.69		40.72
	850m	11:28.68	900m	12:10.84	950m	12:52.81	1000m	13:35.17
		40.83		42.16		41.97		42.36
	1250m	17:01.44	1300m	17:43.12	1350m	18:25.62	1400m	19:06.93
		43.71		41.68		42.50		41.31
	1650m	22:39.22	1700m	23:22.23	1750m	24:05.38	1800m	24:48.59
		41.56		43.01		43.15		43.21
	2050m	28:20.95	2100m	29:03.29	2150m	29:45.79	2200m	30:28.40
		42.99		42.34		42.50		42.61
	2450m	33:56.17	2500m	34:37.56	2550m	35:19.83	2600m	36:01.08
		40.65		41.39		42.27		41.25
	2850m	39:31.14	2900m	40:13.04	2950m	40:53.25	3000m	41:33.29
		42.26		41.90		40.21		40.04