

400 m férfi gyors

30. versenyszám Országos csúcs: 3:45.68 (Kis Gergő - 2009)

2006 és idősebb

1.	Zombori-Szalontai Ferenc	2004	Debr.SC SI	4:08,97
	50m: 0:28,52 100m: 1:00,16 150m: 1:31,76 200m: 2:03,36 250m: 2:35,13 300m: 3:06,86 350m: 3:38,31			
	Edzője:			
2.	Sárosi Balázs	2004	Debr.SC SI	4:15,18
	50m: 0:28,37 100m: 0:59,71 150m: 1:31,99 200m: 2:04,48 250m: 2:37,48 300m: 3:10,59 350m: 3:43,19			
3.	Török Gergely	2003	Darnyi TSC	4:19,29
	50m: 0:28,98 100m: 1:00,38 150m: 1:33,18 200m: 2:06,58 250m: 2:40,26 300m: 3:14,08 350m: 3:47,69			
4.	Csernyik Dániel	2006	Nyiregyházi Sportc	4:24,71
	50m: 0:29,97 100m: 1:03,11 150m: 1:37,20 200m: 2:11,25 250m: 2:45,75 300m: 3:19,98 350m: 3:54,54			
5.	Haba Balázs	2006	Debr.SC SI	4:29,73
	50m: 0:30,89 100m: 1:04,76 150m: 1:39,73 200m: 2:14,66 250m: 2:49,23 300m: 3:23,73 350m: 3:57,62			
6.	Nagy Ádám	2005	Debr.SC SI	4:30,17
	50m: 0:30,28 100m: 1:04,18 150m: 1:38,56 200m: 2:12,31 250m: 2:47,15 300m: 3:21,55 350m: 3:56,29			

2007-2008

1.	Mikita Zalán	2007	Debr.SC SI	4:20,09
	50m: 0:29,76 100m: 1:03,04 150m: 1:35,77 200m: 2:09,15 250m: 2:41,76 300m: 3:15,47 350m: 3:48,48			
	Edzője:			
2.	Dospoly Zsombor	2008	MiskolciSI	4:25,29
	50m: 0:29,99 100m: 1:03,38 150m: 1:37,68 200m: 2:12,46 250m: 2:46,90 300m: 3:20,98 350m: 3:55,18			
3.	Boári Benett	2008	Parafa UK	4:29,17
	50m: 0:30,17 100m: 1:04,24 150m: 1:39,03 200m: 2:13,61 250m: 2:48,64 300m: 3:23,47 350m: 3:57,19			
4.	Pásztor Hunor	2008	MiskolciSI	4:38,63
	50m: 0:31,61 100m: 1:06,25 150m: 1:42,08 200m: 2:18,05 250m: 2:53,01 300m: 3:28,67 350m: 4:03,76			
5.	Gulyás Csaba	2007	Parafa UK	4:47,95
	50m: 0:32,00 100m: 1:08,38 150m: 1:45,46 200m: 2:22,41 250m: 2:59,12 300m: 3:36,80 350m: 4:12,51			
6.	Pethő-Tóth Ádám	2007	Db.Aquasp.	5:18,22
	50m: 0:34,33 100m: 1:14,26 150m: 1:56,22 200m: 2:39,04 250m: 3:19,10 300m: 4:00,06 350m: 4:41,46			

2009

1.	Ozsvárt Gábor	2009	Parafa UK	4:38,9
	50m: 0:31,76 100m: 1:08,09 150m: 1:44,14 200m: 2:20,07 250m: 2:55,31 300m: 3:31,23 350m: 4:06,12			
	Edzője:			
2.	Araczkai-Szabó Olivér	2009	Debr.SC SI	4:56,36
	50m: 0:33,47 100m: 1:10,41 150m: 1:48,47 200m: 2:27,00 250m: 3:05,09 300m: 3:43,51 350m: 4:20,92			
3.	Dienes Olivér	2009	MiskolciSI	5:01,08
	50m: 0:33,53 100m: 1:10,82 150m: 1:49,16 200m: 2:28,00 250m: 3:06,73 300m: 3:45,03 350m: 4:23,83			

Nem indult

Limbek Lázár 2009 MiskolciSI

2010

1.	Orovecz Patrik	2010	Debr.SC SI	4:34,79
	50m: 0:31,22 100m: 1:05,71 150m: 1:40,39 200m: 2:15,42 250m: 2:50,24 300m: 3:25,89 350m: 4:00,77			
	Edzője:			
2.	Barta Ferenc	2010	Swim.Pent	4:50,09
	50m: 0:31,83 100m: 1:08,59 150m: 1:45,12 200m: 2:22,37 250m: 2:59,81 300m: 3:36,97 350m: 4:14,59			
3.	Juhos Patrik	2010	MiskolciSI	4:56,44
	50m: 0:32,13 100m: 1:08,61 150m: 1:46,06 200m: 2:24,77 250m: 3:03,37 300m: 3:42,32 350m: 4:20,92			
4.	Ecsedi Boldizsár	2010	Debr.SC SI	5:04,4
	50m: 0:34,20 100m: 1:11,58 150m: 1:50,67 300m: 3:48,06 350m: 4:25,96			
5.	Izsák Csaba	2010	Tiszaújvárosi TK	5:15,34
	50m: 0:35,02 100m: 1:14,97 150m: 1:55,64 200m: 2:36,21 250m: 3:16,45 300m: 3:57,21 350m: 4:37,68			
6.	Bálint Benedek	2010	Debr.SC SI	5:20,81
	50m: 0:35,28 100m: 1:15,25 150m: 1:56,51 200m: 2:38,22 250m: 3:20,16 300m: 4:01,79 350m: 4:41,75			
7.	Mázló Levente Ákos	2010	Egri UK	5:31,07
	50m: 0:37,17 100m: 1:19,35 150m: 2:01,71 200m: 2:44,87 250m: 3:26,73 300m: 4:09,29 350m: 4:50,48			
8.	Leskó Ferenc	2010	Parafa UK	5:32,60
	50m: 0:36,72 100m: 1:18,69 150m: 1:59,91 200m: 2:42,86 250m: 3:26,59 300m: 4:10,52 350m: 4:51,31			

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30. versenyszám Országos csúcs: 3:45.68 (Kis Gergő - 2009)

2010

9.	Furman Csanád József	2010	MiskolciSI						5:42,22
	50m: 0:37,08	100m: 1:20,01	150m: 2:04,29	200m: 2:48,38	250m: 3:32,03	300m: 4:15,97	350m: 5:00,49		
10.	Erdei Tamás	2010	Debr.SC SI						5:43,87
	50m: 0:38,90	100m: 1:22,60	150m: 2:06,86	200m: 2:51,06	250m: 3:34,96	300m: 4:20,04	350m: 5:03,43		

Nem indult

Balogh Péter József	2010	Debr.SC SI
Vezendi Gergő	2010	Debr.SC SI

2011

1.	Koroknai Balázs	2011	Debr.SC SI						5:17,34
	50m: 0:36,45	100m: 1:18,23	150m: 1:59,45	200m: 2:40,61	250m: 3:20,82	300m: 4:00,35	350m: 4:39,84		
	Edzője:								
2.	Lakatos Gábor	2011	Debr.SC SI						5:22,51
	50m: 0:37,69	100m: 1:18,99	150m: 2:00,30	200m: 2:41,58	250m: 3:22,16	300m: 4:03,06	350m: 4:43,68		
3.	Tasi Barnabás	2011	Egri ÚK						5:22,60
	50m: 0:37,18	100m: 1:18,07	150m: 1:59,47	200m: 2:40,84	250m: 3:21,89	300m: 4:03,53	350m: 4:43,87		
4.	Tóth Zsombor	2011	BátoriS.ÚE						5:29,22
	50m: 0:36,26	100m: 1:17,20	150m: 1:59,35	200m: 2:41,52	250m: 3:24,00	300m: 4:04,84	350m: 4:46,56		
5.	Harangi Péter	2011	Tiszaújvárosi TK						5:51,51
	50m: 0:38,63	100m: 1:22,04	150m: 2:06,79	200m: 2:52,01	250m: 3:37,86	300m: 4:23,24	350m: 5:09,33		
6.	Tari Ádám	2011	Parafa UK						6:03,7
	50m: 0:40,04	100m: 1:26,45	150m: 2:12,04	200m: 3:00,77	250m: 3:47,54	300m: 4:35,05	350m: 5:19,84		
7.	Hajtman Péter Mátyás	2011	Nyíregyházi Sportc						6:06,30
	50m: 0:38,69	100m: 1:25,89	150m: 2:14,59	200m: 3:00,64	250m: 3:48,66	300m: 4:36,03	350m: 5:22,23		
8.	Gerberi Balázs	2011	MiskolciSI						6:07,96
	50m: 0:40,35	100m: 1:26,25	150m: 2:13,41	200m: 3:01,69	250m: 3:49,57	300m: 4:38,59	350m: 5:25,04		
9.	Furman Nimród Máté	2011	MiskolciSI						6:37,71
	50m: 0:43,65	100m: 1:33,89	150m: 2:24,41	200m: 3:14,84	250m: 4:06,42	300m: 4:57,54	350m: 5:47,88		

2012

1.	Piros Patrik	2012	Debr.SC SI						5:17,81
	50m: 0:36,55	100m: 1:17,63	150m: 1:59,36	200m: 2:40,83	250m: 3:20,85	300m: 4:01,38	350m: 4:41,40		
	Edzője:								
2.	Kékkő Péter	2012	Hatvani Úszó Klub SE						5:36,6
	50m: 0:38,26	100m: 1:21,03	150m: 2:03,80	200m: 2:48,03	250m: 3:30,74	300m: 4:15,18	350m: 4:59,09		
3.	Végh András	2012	Debr.SC SI						5:53,13
	50m: 0:38,52	100m: 1:23,31	150m: 2:08,40	200m: 2:53,49	250m: 3:37,73	300m: 4:24,09	350m: 5:09,39		
4.	Molnár Benedek	2012	Tiszaújvárosi TK						6:07,89
	50m: 0:39,93	100m: 1:26,80	150m: 2:14,58	200m: 3:02,09	250m: 3:50,19	300m: 4:38,12	350m: 5:25,59		
5.	Csernák Soma	2012	Egri ÚK						6:14,54
	50m: 0:41,87	100m: 1:29,49	150m: 2:18,03	200m: 3:05,82	250m: 3:54,02	300m: 4:42,03	350m: 5:29,04		
6.	Németh Bence	2012	Tiszaújvárosi TK						6:22,00
	50m: 0:41,67	100m: 1:29,59	150m: 2:18,88	200m: 3:08,69	250m: 3:58,07	300m: 4:47,80	350m: 5:38,32		
7.	Kopriva Dániel	2012	Tiszaújvárosi TK						6:38,89
	50m: 0:42,89	100m: 1:33,49	150m: 2:25,57	200m: 3:17,10	250m: 4:09,85	300m: 5:00,85	350m: 5:52,10		
8.	Vozárik-III. Márton	2012	MiskolciSI						6:41,07
	50m: 0:43,85	100m: 1:35,22	150m: 2:26,75	200m: 3:18,74	250m: 4:11,09	300m: 5:03,43	350m: 5:55,01		

2013

1.	Ulveczki Botond	2013	Debr.SC SI						5:53,60
	50m: 0:39,30	100m: 1:24,19	150m: 2:10,29	200m: 2:56,07	250m: 3:41,78	300m: 4:27,17	350m: 5:11,72		
	Edzője:								

Nem indult

Maczó Ádám Soma	2013	MiskolciSI
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