

## 1500 m férfi gyors

Országos csúcs: 14:45.66 (Kis Gergő - 1970)

### 2006 és idősebb

1.	<b>Györe Ádám</b> 50m: 0:30,41 100m: 1:03,95 150m: 1:37,52 400m: 4:27,56 450m: 5:01,34 500m: 5:35,81 750m: 8:23,95 800m: 8:58,26 850m: 9:31,40 1100m:12:18,71 1150m:12:51,98 1200m:13:25,22 1450m:16:12,91	<b>2004</b>	<b>Egri ÚK</b> 200m: 2:11,49 250m: 2:45,44 300m: 3:19,38 350m: 3:53,21 400m: 4:31,60 450m: 5:06,19 500m: 5:40,53 550m: 6:14,89 600m: 6:49,17 650m: 7:23,72 700m: 7:58,10 750m: 8:32,31 800m: 9:06,90 850m: 9:41,54 900m: 10:15,95 950m: 10:50,56 1000m:11:24,99 1050m:11:59,33 1100m:12:33,73 1150m:13:08,77 1200m:13:43,28 1250m:14:18,03 1300m:14:52,70 1350m:15:27,54 1400m:16:02,48 1450m:16:36,98	<b>16:44,12</b>	<b>652p</b>
2.	<b>Török Gergely</b> 50m: 0:30,80 100m: 1:04,16 150m: 1:38,67 400m: 4:31,60 450m: 5:06,19 500m: 5:40,53 750m: 8:32,31 800m: 9:06,90 850m: 9:41,54 1100m:12:33,73 1150m:13:08,77 1200m:13:43,28 1450m:16:36,98	<b>2003</b>	<b>Egri ÚK</b> 200m: 2:13,26 250m: 2:48,17 300m: 3:22,57 350m: 3:57,19 400m: 4:31,60 450m: 5:06,19 500m: 5:40,53 550m: 6:14,89 600m: 6:49,17 650m: 7:23,72 700m: 7:58,10 750m: 8:32,31 800m: 9:06,90 850m: 9:41,54 900m: 10:15,95 950m: 10:50,56 1000m:11:24,99 1050m:11:59,33 1100m:12:33,73 1150m:13:08,77 1200m:13:43,28 1250m:14:18,03 1300m:14:52,70 1350m:15:27,54 1400m:16:02,48 1450m:16:36,98	<b>17:10,46</b>	<b>603p</b>
3.	<b>Csernyik Dániel</b> 50m: 0:30,78 100m: 1:04,90 150m: 1:40,24 400m: 4:38,73 450m: 5:14,50 500m: 5:50,29 750m: 8:49,62 800m: 9:25,75 850m: 10:01,78 1100m:13:01,08 1150m:13:36,98 1200m:14:12,59 1450m:17:11,53	<b>2006</b>	<b>Nyíregyházi Sportc</b> 200m: 2:15,78 250m: 2:51,17 300m: 3:27,15 350m: 4:02,71 400m: 4:38,73 450m: 5:14,50 500m: 5:50,29 550m: 6:26,05 600m: 7:02,05 650m: 7:37,68 700m: 8:13,61 750m: 8:49,62 800m: 9:25,75 850m: 10:01,78 900m: 10:37,80 950m: 11:13,16 1000m:11:49,18 1050m:12:25,06 1100m:13:01,08 1150m:13:36,98 1200m:14:12,59 1250m:14:48,59 1300m:15:24,65 1350m:16:00,27 1400m:16:36,00 1450m:17:11,53	<b>17:46,11</b>	<b>545p</b>
4.	<b>Haba Balázs</b> 50m: 0:31,74 100m: 1:07,05 150m: 1:43,10 400m: 4:46,90 450m: 5:23,92 500m: 6:00,66 750m: 9:02,27 800m: 9:39,40 850m: 10:17,08 1100m:13:21,71 1150m:13:58,85 1200m:14:35,89 1450m:17:40,30	<b>2006</b>	<b>Debr.SC SI</b> 200m: 2:19,37 250m: 2:56,30 300m: 3:32,97 350m: 4:09,74 400m: 4:46,90 450m: 5:23,92 500m: 6:00,66 550m: 6:36,44 600m: 7:11,84 650m: 7:47,73 700m: 8:24,92 750m: 9:02,27 800m: 9:39,40 850m: 10:17,08 900m: 10:54,71 950m: 11:32,24 1000m:12:09,56 1050m:12:45,41 1100m:13:21,71 1150m:13:58,85 1200m:14:35,89 1250m:15:13,32 1300m:15:50,62 1350m:16:26,67 1400m:17:03,48 1450m:17:40,30	<b>18:16,09</b>	<b>501p</b>

### 2007-2008

1.	<b>Kaló Kristóf</b> 50m: 0:30,48 100m: 1:04,46 150m: 1:38,63 400m: 4:30,91 450m: 5:04,97 500m: 5:39,42 750m: 8:30,12 800m: 9:04,16 850m: 9:38,05 1100m:12:27,64 1150m:13:01,72 1200m:13:36,35 1450m:16:25,40	<b>2007</b>	<b>Egri ÚK</b> 200m: 2:13,34 250m: 2:47,93 300m: 3:22,50 350m: 3:56,56 400m: 4:30,91 450m: 5:04,97 500m: 5:39,42 550m: 6:13,89 600m: 6:48,29 650m: 7:22,15 700m: 7:56,14 750m: 8:30,12 800m: 9:04,16 850m: 9:38,05 900m: 10:12,15 950m: 10:45,65 1000m:11:19,57 1050m:11:53,35 1100m:12:27,64 1150m:13:01,72 1200m:13:36,35 1250m:14:10,10 1300m:14:44,03 1350m:15:17,95 1400m:15:52,07 1450m:16:25,40	<b>16:57,58</b>	<b>627p</b>
2.	<b>Kenyeres Gergő</b> 50m: 0:30,92 100m: 1:05,33 150m: 1:40,45 400m: 4:35,79 450m: 5:10,60 500m: 5:45,37 750m: 8:39,24 800m: 9:14,37 850m: 9:49,39 1100m:12:46,13 1150m:13:21,34 1200m:13:56,90 1450m:16:55,37	<b>2008</b>	<b>Debr.SC SI</b> 200m: 2:15,60 250m: 2:50,68 300m: 3:25,56 350m: 4:00,79 400m: 4:35,79 450m: 5:10,60 500m: 5:45,37 550m: 6:20,16 600m: 6:54,66 650m: 7:29,54 700m: 8:04,29 750m: 8:39,24 800m: 9:14,37 850m: 9:49,39 900m: 10:24,51 950m: 10:59,68 1000m:11:35,07 1050m:12:10,18 1100m:12:46,13 1150m:13:21,34 1200m:13:56,90 1250m:14:32,52 1300m:15:08,29 1350m:15:44,03 1400m:16:19,85 1450m:16:55,37	<b>17:29,07</b>	<b>572p</b>
3.	<b>Mikita Zalán</b> 50m: 0:30,84 100m: 1:05,03 150m: 1:39,16 400m: 4:34,47 450m: 5:10,35 500m: 5:46,19 750m: 8:47,30 800m: 9:23,87 850m: 10:01,01 1100m:13:03,90 1150m:13:40,02 1200m:14:17,37 1450m:17:17,69	<b>2007</b>	<b>Debr.SC SI</b> 200m: 2:14,01 250m: 2:48,76 300m: 3:23,71 350m: 3:58,79 400m: 4:34,47 450m: 5:10,35 500m: 5:46,19 550m: 6:22,10 600m: 6:58,55 650m: 7:34,24 700m: 8:10,59 750m: 8:47,30 800m: 9:23,87 850m: 10:01,01 900m: 10:37,02 950m: 11:13,80 1000m:11:50,40 1050m:12:27,41 1100m:13:03,90 1150m:13:40,02 1200m:14:17,37 1250m:14:53,32 1300m:15:29,41 1350m:16:05,47 1400m:16:41,53 1450m:17:17,69	<b>17:52,49</b>	<b>535p</b>

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### 2007-2008

4.	<b>Szilágyi Barna</b>	<b>2008</b>	<b>Debr.SC SI</b>	<b>18:33,15</b>	<b>479p</b>		
	50m: 0:31,44	100m: 1:06,32	150m: 1:42,26	200m: 2:18,84	250m: 2:55,61	300m: 3:32,70	350m: 4:09,41
	400m: 4:46,50	450m: 5:23,48	500m: 6:00,59	550m: 6:37,20	600m: 7:14,14	650m: 7:51,34	700m: 8:28,74
	750m: 9:06,35	800m: 9:43,82	850m: 10:20,90	900m: 10:58,07	950m: 11:35,19	1000m: 12:12,36	1050m: 12:49,78
	1100m: 13:28,21	1150m: 14:06,34	1200m: 14:44,84	1250m: 15:23,29	1300m: 16:01,67	1350m: 16:39,94	1400m: 17:17,88
	1450m: 17:56,11						

### 2009-2010

1.	<b>Nahalka Bence</b>	<b>2009</b>	<b>Egri ÚK</b>	<b>18:42,74</b>	<b>466p</b>		
	50m: 0:33,17	100m: 1:10,44	150m: 1:47,80	200m: 2:25,53	250m: 3:03,15	300m: 3:40,76	350m: 4:18,91
	400m: 4:56,60	450m: 5:34,18	500m: 6:11,84	550m: 6:49,43	600m: 7:26,70	650m: 8:04,60	700m: 8:42,34
	750m: 9:20,21	800m: 9:57,70	850m: 10:35,28	900m: 11:13,23	950m: 11:50,99	1000m: 12:28,67	1050m: 13:06,70
	1100m: 13:44,32	1150m: 14:21,92	1200m: 14:59,28	1250m: 15:37,34	1300m: 16:14,67	1350m: 16:52,28	1400m: 17:29,89
	1450m: 18:07,08						
	<b>Edzője:</b>						
2.	<b>Kis Norbert</b>	<b>2009</b>	<b>BÚKE</b>	<b>18:52,18</b>	<b>455p</b>		
	50m: 0:30,95	100m: 1:07,68	150m: 1:46,39	200m: 2:24,77	250m: 3:02,89	300m: 3:40,83	350m: 4:18,97
	400m: 4:56,88	450m: 5:35,12	500m: 6:13,78	550m: 6:51,95	600m: 7:30,17	650m: 8:08,69	700m: 8:46,94
	750m: 9:25,90	800m: 10:04,37	850m: 10:43,39	900m: 11:21,36	950m: 11:59,83	1000m: 12:38,36	1050m: 13:17,60
	1100m: 13:56,19	1150m: 14:34,62	1200m: 15:12,83	1250m: 15:50,86	1300m: 16:28,66	1350m: 17:06,41	1400m: 17:43,76
	1450m: 18:16,83						
3.	<b>Kendrella Bence</b>	<b>2010</b>	<b>BÚKE</b>	<b>19:06,12</b>	<b>438p</b>		
	50m: 0:33,87	100m: 1:12,03	150m: 1:50,74	200m: 2:30,35	250m: 3:09,07	300m: 3:47,86	350m: 4:26,91
	400m: 5:05,79	450m: 5:44,95	500m: 6:23,79	550m: 7:02,91	600m: 7:41,51	650m: 8:20,09	700m: 8:58,85
	750m: 9:37,35	800m: 10:14,89	850m: 10:53,34	900m: 11:31,29	950m: 12:09,63	1000m: 12:47,81	1050m: 13:26,34
	1100m: 14:04,83	1150m: 14:43,57	1200m: 15:22,13	1250m: 16:01,25	1300m: 16:39,61	1350m: 17:18,13	1400m: 17:56,11
	1450m: 18:32,26						
4.	<b>Vezendi Gergő</b>	<b>2010</b>	<b>Debr.SC SI</b>	<b>19:10,23</b>	<b>434p</b>		
	50m: 0:33,33	100m: 1:11,59	150m: 1:50,49	200m: 2:28,64	250m: 3:07,82	300m: 3:45,94	350m: 4:24,46
	400m: 5:03,47	450m: 5:42,98	500m: 6:21,06	550m: 7:00,76	600m: 7:39,71	650m: 8:18,57	700m: 8:57,19
	750m: 9:52,68	800m: 10:31,14	850m: 11:09,60	900m: 11:48,71	950m: 12:27,43	1000m: 13:06,73	1050m: 13:45,75
	1100m: 14:04,97	1150m: 14:43,34	1200m: 15:22,13	1250m: 16:01,25	1300m: 16:39,81	1350m: 17:18,13	1400m: 17:56,61
5.	<b>Bálint Benedek</b>	<b>2010</b>	<b>Debr.SC SI</b>	<b>20:00,44</b>	<b>382p</b>		
	50m: 0:34,29	100m: 1:13,14	150m: 1:52,58	200m: 2:32,11	250m: 3:12,14	300m: 3:52,52	350m: 4:32,68
	400m: 5:13,07	450m: 5:54,15	500m: 6:34,21	550m: 7:15,05	600m: 7:54,86	650m: 8:35,58	700m: 9:15,68
	750m: 9:56,03	800m: 10:36,26	850m: 11:16,61	900m: 11:57,29	950m: 12:38,55	1000m: 13:18,45	1050m: 13:59,04
	1100m: 14:39,48	1150m: 15:20,51	1200m: 16:00,82	1250m: 16:41,74	1300m: 17:22,35	1350m: 18:03,57	1400m: 18:45,04
	1450m: 19:24,27						
6.	<b>Kendrella Máté</b>	<b>2010</b>	<b>BÚKE</b>	<b>20:22,54</b>	<b>361p</b>		
	50m: 0:35,42	100m: 1:15,25	150m: 1:55,92	200m: 2:37,28	250m: 3:18,73	300m: 3:59,61	350m: 4:40,71
	400m: 5:21,92	450m: 6:03,24	500m: 6:44,09	550m: 7:25,44	600m: 8:06,24	650m: 8:47,67	700m: 9:28,22
	750m: 10:09,54	800m: 10:50,50	850m: 11:31,18	900m: 12:11,90	950m: 12:53,86	1000m: 13:35,38	1050m: 14:15,45
	1100m: 14:55,99	1150m: 15:37,79	1200m: 16:18,39	1250m: 17:00,59	1300m: 17:42,12	1350m: 18:23,72	1400m: 19:05,27
	1450m: 19:45,57						

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### 2009-2010

7.	<b>Nyéki Benett</b>		<b>2010</b>	<b>BÚKE</b>				<b>20:59,34</b>	<b>330p</b>
	50m: 0:36,57	100m: 1:17,73	150m: 1:59,21	200m: 2:41,55	250m: 3:23,77	300m: 4:05,11	350m: 4:46,89		
	400m: 5:28,75	450m: 6:11,54	500m: 6:53,65	550m: 7:36,23	600m: 8:18,41	650m: 9:00,30	700m: 9:42,60		
	750m: 10:25,38	800m: 11:07,89	850m: 11:50,59	900m: 12:33,00	950m: 13:16,21	1000m: 13:58,70	1050m: 14:41,31		
	1100m: 15:23,50	1150m: 16:06,51	1200m: 16:49,20	1250m: 17:31,80	1300m: 18:13,96	1350m: 18:56,33	1400m: 19:38,19		
	1450m: 20:19,63								
8.	<b>Erdei Tamás</b>		<b>2010</b>	<b>Debr.SC SI</b>				<b>21:52,53</b>	<b>292p</b>
	50m: 0:39,72	100m: 1:22,46	150m: 2:06,68	200m: 2:50,60	250m: 3:33,38	300m: 4:17,43	350m: 5:00,71		
	400m: 5:45,14	450m: 6:29,46	500m: 7:12,85	550m: 7:57,41	600m: 8:42,05	650m: 9:25,46	700m: 10:08,63		
	750m: 10:52,07	800m: 11:35,60	850m: 12:19,44	900m: 13:03,72	950m: 13:48,49	1000m: 14:33,69	1050m: 15:18,67		
	1100m: 16:03,37	1150m: 16:47,39	1200m: 17:32,14	1250m: 18:17,80	1300m: 19:03,01	1350m: 19:47,73	1400m: 20:30,88		
	1450m: 21:12,96								

### 2011-2012

1.	<b>Lakatos Gábor</b>		<b>2011</b>	<b>Debr.SC SI</b>				<b>20:15,03</b>	<b>368p</b>
	50m: 0:35,66	100m: 1:15,63	150m: 1:56,70	200m: 2:37,40	250m: 3:18,63	300m: 3:59,68	350m: 4:40,83		
	400m: 5:22,06	450m: 6:03,07	500m: 6:44,25	550m: 7:25,31	600m: 8:06,08	650m: 8:46,96	700m: 9:27,83		
	750m: 10:08,62	800m: 10:49,33	850m: 11:29,82	900m: 12:10,31	950m: 12:50,90	1000m: 13:31,54	1050m: 14:12,12		
	1100m: 14:52,60	1150m: 15:33,27	1200m: 16:13,95	1250m: 16:54,42	1300m: 17:35,05	1350m: 18:15,72	1400m: 18:56,10		
	1450m: 19:36,40								
	<b>Edzője:</b>								
2.	<b>Májner Zétény</b>		<b>2011</b>	<b>BátoriS.ÚE</b>				<b>20:31,47</b>	<b>353p</b>
	50m: 0:35,89	100m: 1:16,82	150m: 1:58,36	200m: 2:40,22	250m: 3:22,43	300m: 4:03,52	350m: 4:46,14		
	400m: 5:28,19	450m: 6:10,53	500m: 6:53,24	550m: 7:34,43	600m: 8:16,16	650m: 8:57,31	700m: 9:39,33		
	750m: 10:20,29	800m: 11:01,18	850m: 11:41,79	900m: 12:23,28	950m: 13:03,80	1000m: 13:45,04	1050m: 14:25,48		
	1100m: 15:07,14	1150m: 15:47,68	1200m: 16:29,01	1250m: 17:09,89	1300m: 17:51,85	1350m: 18:32,14	1400m: 19:13,18		
	1450m: 19:53,03								
3.	<b>Piros Patrik</b>		<b>2012</b>	<b>Debr.SC SI</b>				<b>21:10,72</b>	<b>322p</b>
	50m: 0:36,72	100m: 1:19,24	150m: 2:02,17	200m: 2:44,85	250m: 3:28,07	300m: 4:11,20	350m: 4:53,83		
	400m: 5:36,44	450m: 6:19,71	500m: 7:02,32	550m: 7:45,63	600m: 8:28,64	650m: 9:11,20	700m: 9:54,05		
	750m: 10:37,19	800m: 11:20,25	850m: 12:03,08	900m: 12:45,63	950m: 13:28,88	1000m: 14:11,09	1050m: 14:53,96		
	1100m: 15:36,62	1150m: 16:19,37	1200m: 17:02,04	1250m: 17:44,31	1300m: 18:26,21	1350m: 19:08,71	1400m: 19:50,67		
	1450m: 20:31,62								
4.	<b>Velekei Benedek</b>		<b>2012</b>	<b>Debr.SC SI</b>				<b>21:51,73</b>	<b>292p</b>
	50m: 0:37,95	100m: 1:21,44	150m: 2:05,95	200m: 2:49,68	250m: 3:34,05	300m: 4:18,74	350m: 5:03,95		
	400m: 5:46,95	450m: 6:32,39	500m: 7:16,34	550m: 8:00,60	600m: 8:44,59	650m: 9:28,24	700m: 10:12,25		
	750m: 10:55,46	800m: 11:40,24	850m: 12:24,78	900m: 13:08,14	950m: 13:52,62	1000m: 14:37,63	1050m: 15:21,65		
	1100m: 16:05,18	1150m: 16:50,75	1200m: 17:34,47	1250m: 18:18,98	1300m: 19:02,29	1350m: 19:46,85	1400m: 20:30,23		
	1450m: 21:12,52								
5.	<b>Kovács Ádám Attila</b>		<b>2012</b>	<b>Debr.SC SI</b>				<b>21:53,24</b>	<b>291p</b>
	50m: 0:37,77	100m: 1:21,22	150m: 2:04,13	200m: 2:47,05	250m: 3:31,65	300m: 4:15,36	350m: 4:59,03		
	400m: 5:43,63	450m: 6:27,92	500m: 7:11,78	550m: 7:56,54	600m: 8:40,16	650m: 9:23,07	700m: 10:07,17		
	750m: 10:51,63	800m: 11:35,29	850m: 12:18,69	900m: 13:03,65	950m: 13:48,38	1000m: 14:32,56	1050m: 15:18,35		
	1100m: 16:03,42	1150m: 16:47,28	1200m: 17:32,21	1250m: 18:17,55	1300m: 19:02,54	1350m: 19:46,47	1400m: 20:30,32		
	1450m: 21:12,81								

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6.	<b>Koroknai Balázs</b>	<b>2011</b>	<b>Debr.SC SI</b>	<b>21:59,54</b>	<b>287p</b>		
	50m: 0:37,00	100m: 1:22,29	150m: 2:07,05	200m: 2:51,41	250m: 3:34,26	300m: 4:18,24	350m: 5:02,62
	400m: 5:47,57	450m: 6:31,73	500m: 7:15,36	550m: 8:01,10	600m: 8:44,93	650m: 9:30,24	700m: 10:15,50
	750m: 10:59,06	800m: 11:44,68	850m: 12:29,91	900m: 13:14,22	950m: 14:00,25	1000m: 14:43,33	1050m: 15:28,79
	1100m: 16:13,94	1150m: 16:56,73	1200m: 17:41,58	1250m: 18:25,37	1300m: 19:08,18	1350m: 19:52,20	1400m: 20:34,96
	1450m: 21:17,39						
7.	<b>Végh András</b>	<b>2012</b>	<b>Debr.SC SI</b>	<b>22:09,87</b>	<b>280p</b>		
	50m: 0:37,96	100m: 1:22,98	150m: 2:08,44	200m: 2:52,36	250m: 3:37,39	300m: 4:21,41	350m: 5:05,74
	400m: 5:51,61	450m: 6:37,30	500m: 7:21,70	550m: 8:05,95	600m: 8:51,01	650m: 9:35,70	700m: 10:20,34
	750m: 11:03,53	800m: 11:48,28	850m: 12:31,78	900m: 13:15,39	950m: 13:59,42	1000m: 14:42,35	1050m: 15:28,21
	1100m: 16:12,82	1150m: 16:55,82	1200m: 17:40,52	1250m: 18:24,95	1300m: 19:10,20	1350m: 19:56,10	1400m: 20:42,51
	1450m: 21:26,10						
8.	<b>Barta Levente</b>	<b>2012</b>	<b>Debr.SC SI</b>	<b>22:55,89</b>	<b>253p</b>		
	50m: 0:40,79	100m: 1:26,62	150m: 2:13,18	200m: 2:59,89	250m: 3:46,21	300m: 4:32,34	350m: 5:19,44
	400m: 6:04,92	450m: 6:51,27	500m: 7:37,51	550m: 8:23,62	600m: 9:10,21	650m: 9:57,37	700m: 10:43,48
	750m: 11:29,37	800m: 12:15,69	850m: 13:01,72	900m: 13:48,04	950m: 14:34,62	1000m: 15:20,29	1050m: 16:06,18
	1100m: 16:52,08	1150m: 17:38,27	1200m: 18:24,25	1250m: 19:09,61	1300m: 19:55,70	1350m: 20:42,04	1400m: 21:27,25
	1450m: 22:12,20						
9.	<b>Drízner Tamás</b>	<b>2011</b>	<b>Debr.SC SI</b>	<b>23:06,54</b>	<b>247p</b>		
	50m: 0:41,23	100m: 1:26,71	150m: 2:12,53	200m: 3:00,51	250m: 3:48,71	300m: 4:33,83	350m: 5:19,77
	400m: 6:04,56	450m: 6:49,07	500m: 7:35,69	550m: 8:21,57	600m: 9:07,97	650m: 9:55,31	700m: 10:41,88
	750m: 11:29,90	800m: 12:15,10	850m: 13:01,83	900m: 13:48,06	950m: 14:35,39	1000m: 15:23,45	1050m: 16:09,97
	1100m: 16:56,94	1150m: 17:44,99	1200m: 18:31,85	1250m: 19:19,09	1300m: 20:07,22	1350m: 20:52,87	1400m: 21:39,19
	1450m: 22:23,42						

### 2013

1.	<b>Ulveczki Botond</b>	<b>2013</b>	<b>Debr.SC SI</b>	<b>22:57,82</b>	<b>252p</b>		
	50m: 0:40,70	100m: 1:26,02	150m: 2:12,38	200m: 2:58,69	250m: 3:45,12	300m: 4:31,36	350m: 5:18,50
	400m: 6:04,98	450m: 6:51,36	500m: 7:38,00	550m: 8:24,82	600m: 9:10,91	650m: 9:57,21	700m: 10:43,95
	750m: 11:30,50	800m: 12:17,89	850m: 13:04,66	900m: 13:50,10	950m: 14:36,82	1000m: 15:22,69	1050m: 16:09,21
	1100m: 16:55,46	1150m: 17:41,44	1200m: 18:27,33	1250m: 19:13,79	1300m: 19:59,50	1350m: 20:46,02	1400m: 21:32,19
	1450m: 22:15,95						
	Edzője:						