

1500 m női gyors

2. versenyszám

Idosebb

1. **Kenyér Lilla** **2006** **DKSE** **18:45,10**
100m: 1:04,25 200m: 2:15,25 300m: 3:26,97 400m: 4:39,00 450m: 5:13,72 500m: 5:59,31 550m: 6:37,68
600m: 7:16,66 650m: 7:54,86 700m: 8:33,63 750m: 9:12,74 800m: 9:51,37 850m: 10:29,96 900m: 11:09,10
950m: 11:47,36 1000m: 12:26,10 1050m: 13:04,18 1100m: 13:42,80 1150m: 14:21,16 1200m: 14:59,95 1250m: 15:38,06
1300m: 16:16,77 1350m: 16:54,47 1400m: 17:31,92 1450m: 18:09,07

Edzője:

2. **Zsigmond Gréta** **2006** **DKSE** **18:58,29**
50m: 0:32,65 100m: 1:09,22 150m: 1:46,17 200m: 2:24,35 250m: 3:02,13 300m: 3:40,00 350m: 4:17,73
400m: 4:55,73 450m: 5:33,46 500m: 6:11,53 550m: 6:49,99 600m: 7:28,88 650m: 8:06,51 700m: 8:45,29
750m: 9:22,89 800m: 10:01,57 850m: 10:40,03 900m: 11:18,79 950m: 11:56,85 1000m: 12:35,72 1050m: 13:13,99
1100m: 13:53,46 1150m: 14:31,94 1200m: 15:10,49 1250m: 15:48,98 1300m: 16:27,83 1350m: 17:05,14 1400m: 17:43,67
1450m: 18:21,11

3. **Balogh Adél** **2007** **Zalaco ZÚK** **19:49,66**
50m: 0:33,97 100m: 1:10,95 150m: 1:49,20 200m: 2:27,75 250m: 3:06,30 300m: 3:45,08 350m: 4:23,99
400m: 5:02,99 450m: 5:42,56 500m: 6:22,07 550m: 7:01,65 600m: 7:41,78 650m: 8:21,58 700m: 9:01,77
750m: 9:42,66 800m: 10:22,88 850m: 11:03,30 900m: 11:43,87 950m: 12:24,49 1000m: 13:05,49 1050m: 13:46,20
1100m: 14:26,77 1150m: 15:07,52 1200m: 15:48,32 1250m: 16:29,43 1300m: 17:10,24 1350m: 17:51,13 1400m: 18:31,19
1450m: 19:11,20

2008

1. **Aouich Meryem** **2008** **Zalaco ZÚK** **19:22,57**
50m: 0:33,80 100m: 1:11,23 150m: 1:49,03 200m: 2:27,19 250m: 3:05,67 300m: 3:44,58 350m: 4:23,09
400m: 5:02,02 450m: 5:40,77 500m: 6:19,82 550m: 6:58,34 600m: 7:37,39 650m: 8:16,34 700m: 8:55,53
750m: 9:35,15 800m: 10:14,23 850m: 10:53,23 900m: 11:32,61 950m: 12:12,08 1000m: 12:51,72 1050m: 13:31,22
1100m: 14:10,71 1150m: 14:49,91 1200m: 15:29,58 1250m: 16:08,53 1300m: 16:48,14 1350m: 17:27,20 1400m: 18:06,67
1450m: 18:45,08

Edzője:

2010

1. **Nagy Emma** **2010** **DKSE** **19:19,32**
50m: 0:33,43 100m: 1:11,21 150m: 1:49,42 200m: 2:28,06 250m: 3:05,71 300m: 3:44,39 350m: 4:22,69
400m: 5:01,41 450m: 5:39,79 500m: 6:18,60 550m: 6:57,47 600m: 7:36,25 650m: 8:15,01 700m: 8:54,18
750m: 9:32,91 800m: 10:12,07 850m: 10:51,15 900m: 11:30,54 950m: 12:09,22 1000m: 12:48,79 1050m: 13:27,40
1100m: 14:06,79 1150m: 14:46,07 1200m: 15:25,86 1250m: 16:04,73 1300m: 16:44,64 1350m: 17:24,03 1400m: 18:03,42
1450m: 18:42,10

Edzője:

2011

1. **Varga Hanga** **2011** **GYÚSE** **20:39,82**
50m: 0:35,94 100m: 1:15,96 150m: 1:57,76 200m: 2:38,17 250m: 3:19,90 300m: 4:01,37 350m: 4:43,71
400m: 5:24,87 450m: 6:07,35 500m: 6:48,44 550m: 7:31,29 600m: 8:12,33 650m: 8:54,92 700m: 9:36,59
750m: 10:18,68 800m: 10:59,48 850m: 11:42,34 900m: 12:23,45 950m: 13:06,83 1000m: 13:48,70 1050m: 14:30,74
1100m: 15:12,70 1150m: 15:54,93 1200m: 16:36,70 1250m: 17:20,13 1300m: 18:01,38 1350m: 18:43,93 1400m: 19:23,93
1450m: 20:03,64

Edzője:

1500 m női gyors

2. versenyszám

2011

2.	Hamusics Cecília	2011	Zalaco ZÚK	21:07,77			
	50m: 0:36,30	100m: 1:16,77	150m: 1:58,27	200m: 2:39,21	250m: 3:22,06	300m: 4:02,64	350m: 4:45,57
	400m: 5:27,13	450m: 6:09,34	500m: 6:50,48	550m: 7:33,77	600m: 8:13,91	650m: 8:57,30	700m: 9:39,96
	750m: 10:22,68	800m: 11:05,41	850m: 11:48,96	900m: 12:31,06	950m: 13:15,43	1000m:13:58,28	1050m:14:41,82
	1100m:15:24,91	1150m:16:08,47	1200m:16:50,88	1250m:17:34,98	1300m:18:17,92	1350m:19:01,32	1400m:19:44,32
	1450m:20:27,18						

Fiatalabb

1.	Sándor Sarolta	2012	Zalaco ZÚK	20:03,71			
	50m: 0:33,99	100m: 1:12,62	150m: 1:51,79	200m: 2:32,45	250m: 3:12,16	300m: 3:52,55	350m: 4:32,22
	400m: 5:12,75	450m: 5:52,91	500m: 6:33,97	550m: 7:13,67	600m: 7:54,12	650m: 8:34,42	700m: 9:15,45
	750m: 9:55,51	800m: 10:36,50	850m: 11:16,49	900m: 11:57,25	950m: 12:37,53	1000m:13:18,95	1050m:13:59,22
	1100m:14:40,19	1150m:15:20,75	1200m:16:02,38	1250m:16:43,04	1300m:17:24,03	1350m:18:03,98	1400m:18:44,92
	1450m:19:24,69						
	Edzője:						
2.	Tóth Karolina	2012	GYÚSE	20:20,19			
	50m: 0:34,50	100m: 1:14,60	150m: 1:54,84	200m: 2:35,22	250m: 3:15,55	300m: 3:57,06	350m: 4:37,78
	400m: 5:18,96	450m: 5:59,09	500m: 6:40,28	550m: 7:20,85	600m: 8:01,96	650m: 8:43,84	700m: 9:23,99
	750m: 10:04,07	800m: 10:46,80	850m: 11:27,82	900m: 12:10,01	950m: 12:50,06	1000m:13:32,03	1050m:14:13,33
	1100m:14:55,79	1150m:15:36,86	1200m:16:16,76	1250m:16:57,76	1300m:17:38,99	1350m:18:19,00	1400m:19:01,24
	1450m:19:41,02						
3.	Suijker Rachel	2012	Váci VSE	20:40,64			
	50m: 0:35,60	100m: 1:17,01	150m: 1:58,06	200m: 2:39,70	250m: 3:20,65	300m: 4:02,67	350m: 4:44,14
	400m: 5:25,55	450m: 6:07,13	500m: 6:49,16	550m: 7:30,38	600m: 8:11,52	650m: 8:52,43	700m: 9:34,12
	750m: 10:15,70	800m: 10:57,63	850m: 11:38,83	900m: 12:21,77	950m: 13:03,41	1000m:13:46,09	1050m:14:27,80
	1100m:15:08,98	1150m:15:49,83	1200m:16:32,12	1250m:17:13,82	1300m:17:56,25	1350m:18:37,17	1400m:19:19,28
	1450m:20:00,00						