

**KORCSOPORTOS EREDMÉNY**  
**400 m női gyors**  
2. versenyszám

| Évjárat | Csúcs    | Név         | Helyszín      | Dátum          |
|---------|----------|-------------|---------------|----------------|
| 17      | 04:03.57 | KÉSELY Ajna | Glasgow (GBR) | 2018. aug. 09. |
| 16      | 04:05.75 | KÉSELY Ajna | Budapest      | 2017. júl. 23. |
| 15      | 04:07.90 | KÉSELY Ajna | Győr          | 2015. dec. 19. |
| 14      | 04:07.90 | KÉSELY Ajna | Győr          | 2015. dec. 19. |
| 13      | 04:17.16 | KÉSELY Ajna | Eger          | 2014. aug. 02. |
| 12      | 04:22.92 | KÉSELY Ajna | Miskolc       | 2013. júl. 27. |
| 11      | 04:34.81 | KISS Judit  |               | 1991. dec. 31. |
| 10      | 04:40.84 | KISS Judit  |               | 1990. dec. 31. |

**2006-2007**

| Hely | Pálya | Név                        | Szül. | Orsz. | Klub        | Idő               | Gap  | FINA              |      |                   |      |                   |      |                   |      |                   |
|------|-------|----------------------------|-------|-------|-------------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 2/7   | <b>KÉRDŐ Luca</b><br>Edző: | 2007  |       | Hód Úszó SE | <b>04:56.51</b>   |      | <b>500</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.64                      | 50m   | 32.13 | 100m        | 01:08.30<br>36.17 | 150m | 01:46.35<br>38.05 | 200m | 02:24.25<br>37.90 | 250m | 03:02.46<br>38.21 | 300m | 03:40.77<br>38.31 | 350m | 04:19.33<br>38.56 |
|      | 400m  | 04:56.51<br>37.18          |       |       |             |                   |      |                   |      |                   |      |                   |      |                   |      |                   |

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**2008-2009**

| Hely | Pálya | Név                          | Szül. | Orsz.             | Klub                | Idő               | Gap           | FINA              |      |                   |      |                   |      |                   |      |                   |      |                   |
|------|-------|------------------------------|-------|-------------------|---------------------|-------------------|---------------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 2/4   | <b>BERNÁT Hanna</b><br>Edző: | 2008  |                   | Szegedi Úszó Egylet | <b>04:42.64</b>   |               | <b>577</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 31.56                        | 100m  | 01:07.42<br>35.86 | 150m                | 01:43.49<br>36.07 | 200m          | 02:20.42<br>36.93 | 250m | 02:55.75<br>35.33 | 300m | 03:32.35<br>36.60 | 350m | 04:08.03<br>35.68 | 400m | 04:42.64<br>34.61 |      |                   |
| 2.   | 1/2   | <b>SZILI-TÖRÖK Flóra</b>     | 2008  |                   | Szegedi Úszó Egylet | <b>04:47.08</b>   | <b>+04.44</b> | <b>551</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.75                        | 50m   | 31.68             | 100m                | 01:07.39<br>35.71 | 150m          | 01:43.87<br>36.48 | 200m | 02:21.17<br>37.30 | 250m | 02:57.65<br>36.48 | 300m | 03:34.86<br>37.21 | 350m | 04:11.74<br>36.88 | 400m | 04:47.08<br>35.34 |
| 3.   | 3/2   | <b>TÖRÖK Réka</b>            | 2008  |                   | NICS-HSÚVC          | <b>04:52.03</b>   | <b>+09.39</b> | <b>523</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.71                        | 50m   | 32.82             | 100m                | 01:08.77<br>35.95 | 150m          | 01:45.65<br>36.88 | 200m | 02:23.22<br>37.57 | 250m | 03:00.55<br>37.33 | 300m | 03:38.61<br>38.06 | 350m | 04:16.09<br>37.48 | 400m | 04:52.03<br>35.94 |
| 4.   | 3/1   | <b>KOVÁCS Anna</b>           | 2009  |                   | NICS-HSÚVC          | <b>05:00.79</b>   | <b>+18.15</b> | <b>479</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 32.75                        | 100m  | 01:09.64<br>36.89 | 150m                | 01:48.10<br>38.46 | 200m          | 02:27.10<br>39.00 | 250m | 03:05.62<br>38.52 | 300m | 03:44.90<br>39.28 | 350m | 04:23.38<br>38.48 | 400m | 05:00.79<br>37.41 |      |                   |
| 5.   | 3/8   | <b>SZABÓ Viktória</b>        | 2009  |                   | NICS-HSÚVC          | <b>05:15.80</b>   | <b>+33.16</b> | <b>414</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.72                        | 50m   | 34.17             | 100m                | 01:13.20<br>39.03 | 150m          | 01:53.25<br>40.05 | 200m | 02:33.90<br>40.65 | 250m | 03:14.94<br>41.04 | 300m | 03:55.81<br>40.87 | 350m | 04:36.88<br>41.07 | 400m | 05:15.80<br>38.92 |

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| 17      | 04:03.57 | KÉSELY Ajna | Glasgow (GBR) | 2018. aug. 09. |
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| 15      | 04:07.90 | KÉSELY Ajna | Győr          | 2015. dec. 19. |
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| 13      | 04:17.16 | KÉSELY Ajna | Eger          | 2014. aug. 02. |
| 12      | 04:22.92 | KÉSELY Ajna | Miskolc       | 2013. júl. 27. |
| 11      | 04:34.81 | KISS Judit  |               | 1991. dec. 31. |
| 10      | 04:40.84 | KISS Judit  |               | 1990. dec. 31. |

**2010-2011**

| Hely | Pálya | Név                             | Szül. | Orsz.             | Klub                 | Idő               | Gap           | FINA              |      |                   |      |                   |      |                   |      |                   |
|------|-------|---------------------------------|-------|-------------------|----------------------|-------------------|---------------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 3/4   | <b>MÁTÉKOVITS Anna</b><br>Edző: | 2011  |                   | Monori Sport Egyes.  | <b>04:37.07</b>   |               | <b>613</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 30.35                           | 100m  | 01:04.85<br>34.50 | 150m                 | 01:40.07<br>35.22 | 200m          | 02:15.74<br>35.67 | 250m | 02:51.57<br>35.83 | 300m | 03:28.01<br>36.44 | 350m | 04:02.70<br>34.69 | 400m | 04:37.07<br>34.37 |
| 2.   | 3/3   | <b>PERZA Berta</b>              | 2010  |                   | Békéscsabai EUK      | <b>04:40.05</b>   | <b>+02.98</b> | <b>593</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 30.88                           | 100m  | 01:05.09<br>34.21 | 150m                 | 01:40.24<br>35.15 | 200m          | 02:15.98<br>35.74 | 250m | 02:51.72<br>35.74 | 300m | 03:27.92<br>36.20 | 350m | 04:04.50<br>36.58 | 400m | 04:40.05<br>35.55 |
| 3.   | 3/5   | <b>NAGY-BENEDEK Izabell</b>     | 2010  |                   | Békéscsabai EUK      | <b>04:47.06</b>   | <b>+09.99</b> | <b>551</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 31.17                           | 100m  | 01:05.78<br>34.61 | 150m                 | 01:41.53<br>35.75 | 200m          | 02:17.64<br>36.11 | 250m | 02:54.21<br>36.57 | 300m | 03:31.42<br>37.21 | 350m | 04:07.06          |      |                   |
| 4.   | 3/6   | <b>FEHÉR Nóra</b>               | 2010  |                   | Hód Úszó SE          | <b>04:52.28</b>   | <b>+15.21</b> | <b>522</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.84                           | 50m   | 32.50             | 100m                 | 01:07.44<br>34.94 | 150m          | 01:43.94<br>36.50 | 200m | 02:21.46<br>37.52 | 250m | 02:59.20<br>37.74 | 300m | 03:37.13<br>37.93 | 350m | 04:15.34<br>38.21 |
|      | 400m  | 04:52.28<br>36.94               |       |                   |                      |                   |               |                   |      |                   |      |                   |      |                   |      |                   |
| 5.   | 3/7   | <b>SCHMIDTMAYER Nila</b>        | 2011  |                   | Mohácsi Torna Egylet | <b>04:59.73</b>   | <b>+22.66</b> | <b>484</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.85                           | 50m   | 33.09             | 100m                 | 01:09.52<br>36.43 | 150m          | 01:47.31<br>37.79 | 200m | 02:26.15<br>38.84 | 250m | 03:05.26<br>39.11 | 300m | 03:44.34<br>39.08 | 350m | 04:22.61<br>38.27 |
|      | 400m  | 04:59.73<br>37.12               |       |                   |                      |                   |               |                   |      |                   |      |                   |      |                   |      |                   |
| 6.   | 2/3   | <b>KIS Lara</b>                 | 2011  |                   | Hód Úszó SE          | <b>05:02.13</b>   | <b>+25.06</b> | <b>472</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 32.92                           | 100m  | 01:09.80<br>36.88 | 150m                 | 01:48.89<br>39.09 | 200m          | 02:27.90<br>39.01 | 250m | 03:07.23<br>39.33 | 300m | 03:46.71<br>39.48 | 350m | 04:26.10<br>39.39 | 400m | 05:02.13<br>36.03 |
| 7.   | 2/5   | <b>SZÉL Szabina Míra</b>        | 2011  |                   | Hód Úszó SE          | <b>05:10.02</b>   | <b>+32.95</b> | <b>437</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 33.30                           | 100m  | 01:10.89<br>37.59 | 150m                 | 01:50.40<br>39.51 | 200m          | 02:30.51<br>40.11 | 250m | 03:11.10<br>40.59 | 300m | 03:51.29<br>40.19 | 350m | 04:31.66<br>40.37 | 400m | 05:10.02<br>38.36 |
| 8.   | 2/8   | <b>SZŰCS Zoé</b>                | 2011  |                   | NICS-HSÚVC           | <b>05:14.72</b>   | <b>+37.65</b> | <b>418</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.60                           | 50m   | 34.99             | 100m                 | 01:14.58<br>39.59 | 150m          | 01:55.31<br>40.73 | 200m | 02:36.05<br>40.74 | 250m | 03:16.24<br>40.19 | 300m | 03:56.63<br>40.39 | 350m | 04:36.63<br>40.00 |
|      | 400m  | 05:14.72<br>38.09               |       |                   |                      |                   |               |                   |      |                   |      |                   |      |                   |      |                   |

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| 13      | 04:17.16 | KÉSELY Ajna | Eger          | 2014. aug. 02. |
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**2012-2013**

| Hely | Pálya | Név                                | Szül. | Orsz.             | Klub                | Idő               | Gap              | FINA              |      |                   |      |                   |      |                   |      |                   |
|------|-------|------------------------------------|-------|-------------------|---------------------|-------------------|------------------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 3/0   | <b>LÉNÁRT Zsófia Irén</b><br>Edző: | 2012  |                   | Hód Úszó SE         | <b>05:01.14</b>   |                  | <b>477</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 33.28                              | 100m  | 01:10.75<br>37.47 | 150m                | 01:48.91<br>38.16 | 200m             | 02:27.83<br>38.92 | 250m | 03:06.95<br>39.12 | 300m | 03:45.79<br>38.84 | 350m | 04:24.77<br>38.98 | 400m | 05:01.14<br>36.37 |
| 2.   | 3/9   | <b>SZARKA Tina</b>                 | 2012  |                   | Monori Sport Egyes. | <b>05:06.61</b>   | <b>+05.47</b>    | <b>452</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 35.09                              | 100m  | 01:12.83<br>37.74 | 150m                | 01:51.44<br>38.61 | 200m             | 02:29.99<br>38.55 | 250m | 03:09.33<br>39.34 | 300m | 03:48.95<br>39.62 | 350m | 04:27.95<br>39.00 | 400m | 05:06.61<br>38.66 |
| 3.   | 2/6   | <b>TAJNAI Lilla</b>                | 2012  |                   | Hód Úszó SE         | <b>05:09.45</b>   | <b>+08.31</b>    | <b>440</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 34.58                              | 100m  | 01:12.78<br>38.20 | 150m                | 01:52.31<br>39.53 | 200m             | 02:32.09<br>39.78 | 250m | 03:11.93<br>39.84 | 300m | 03:51.68<br>39.75 | 350m | 04:31.14<br>39.46 | 400m | 05:09.45<br>38.31 |
| 4.   | 2/2   | <b>KRAJSÓCZKI Szofi</b>            | 2012  |                   | Hód Úszó SE         | <b>05:15.25</b>   | <b>+14.11</b>    | <b>416</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.56                              | 50m   | 33.41             | 100m                | 01:11.35<br>37.94 | 150m             | 01:51.47<br>40.12 | 200m | 02:32.22<br>40.75 | 250m | 03:13.23<br>41.01 | 300m | 03:54.16<br>40.93 | 350m | 04:35.62<br>41.46 |
|      | 400m  | 05:15.25<br>39.63                  |       |                   |                     |                   |                  |                   |      |                   |      |                   |      |                   |      |                   |
| 5.   | 2/1   | <b>TÖRÖK Luca</b>                  | 2013  |                   | NICS-HSÚVC          | <b>05:21.15</b>   | <b>+20.01</b>    | <b>393</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 35.59                              | 100m  | 01:15.89<br>40.30 | 150m                | 01:57.40<br>41.51 | 200m             | 02:39.10<br>41.70 | 250m | 03:20.45<br>41.35 | 300m | 04:01.99<br>41.54 | 350m | 04:42.86<br>40.87 | 400m | 05:21.15<br>38.29 |
| 6.   | 1/6   | <b>NAGY Fruzsina Anett</b>         | 2012  |                   | NICS-HSÚVC          | <b>05:24.64</b>   | <b>+23.50</b>    | <b>381</b>        |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.71                              | 50m   | 35.38             | 100m                | 01:16.55<br>41.17 | 150m             | 01:58.50<br>41.95 | 200m | 02:41.57<br>43.07 | 250m | 03:23.41<br>41.84 | 300m | 04:06.14<br>42.73 | 350m | 04:46.84<br>40.70 |
|      | 400m  | 05:24.64<br>37.80                  |       |                   |                     |                   |                  |                   |      |                   |      |                   |      |                   |      |                   |
| 7.   | 1/3   | <b>FEHÉR Letta</b>                 | 2013  |                   | Bajai SSC           | <b>05:52.50</b>   | <b>+51.36</b>    | <b>297</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 39.33                              | 100m  | 01:22.72<br>43.39 | 150m                | 02:07.17<br>44.45 | 200m             | 02:53.04<br>45.87 | 250m | 03:39.75<br>46.71 | 300m | 04:25.74<br>45.99 | 350m | 05:10.41<br>44.67 | 400m | 05:52.50<br>42.09 |
| 8.   | 1/4   | <b>GERA-PANYOR Viola</b>           | 2013  |                   | Hód Úszó SE         | <b>06:05.83</b>   | <b>+01:04.69</b> | <b>266</b>        |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 37.68                              | 100m  | 01:22.52<br>44.84 | 150m                | 02:10.23<br>47.71 | 200m             | 02:58.38<br>48.15 | 250m | 03:46.91<br>48.53 | 300m | 04:34.90<br>47.99 | 350m | 05:22.59<br>47.69 | 400m | 06:05.83<br>43.24 |

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**2014 és fiatalabb**

| Hely | Pálya | Név                         | Szül. | Orsz.             | Klub         | Idő               | Gap       | FINA              |      |                   |      |                   |      |                   |      |                   |      |                   |
|------|-------|-----------------------------|-------|-------------------|--------------|-------------------|-----------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.   | 2/0   | <b>BUGYI Gréta</b><br>Edző: | 2014  |                   | SZVUK (régi) | <b>05:29.87</b>   |           | <b>363</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.40                       | 50m   | 36.31             | 100m         | 01:17.46<br>41.15 | 150m      | 01:59.33<br>41.87 | 200m | 02:41.29<br>41.96 | 250m | 03:24.58<br>43.29 | 300m | 04:06.74<br>42.16 | 350m | 04:49.67<br>42.93 | 400m | 05:29.87<br>40.20 |
| 2.   | 2/9   | <b>MOLNÁR Maja</b>          | 2014  |                   | Hód Úszó SE  | <b>06:18.04</b>   | +48.17    | <b>241</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | R.Idő | 00.54                       | 50m   | 40.59             | 100m         | 01:26.52<br>45.93 | 150m      | 02:15.08<br>48.56 | 200m | 03:03.76<br>48.68 | 300m | 04:41.92          | 400m | 06:18.04          |      |                   |      |                   |
| 3.   | 1/5   | <b>DÁNÓ Dézi Eliána</b>     | 2014  |                   | Hód Úszó SE  | <b>06:53.60</b>   | +01:23.73 | <b>184</b>        |      |                   |      |                   |      |                   |      |                   |      |                   |
|      | 50m   | 42.24                       | 100m  | 01:33.60<br>51.36 | 200m         | 03:20.61          | 250m      | 04:13.97<br>53.36 | 300m | 05:07.93<br>53.96 | 350m | 06:00.98<br>53.05 | 400m | 06:53.60<br>52.62 |      |                   |      |                   |