

# ELŐFUTAM ABS. EREDMÉNY

## 400 m női vegyes

### 30. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
15	04:42.01	JAKABOS Zsuzsanna	Liszabon	2004. júl. 15.
14	04:44.04	KÉSELY Ajna	Hódmezővásárhely	2015. dec. 11.
13	04:46.47	JACKL Vivien	Kaposvár	2021. jún. 04.
12	04:59.82	JACKL Vivien	Győr	2020. okt. 24.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA										
1.	4/3	<b>PÁLHÁZI Léda</b> Edző:	2009		Darnyi Tamás SC	<b>05:03.25</b>		<b>677</b>										
	R.Idő	00.67	50m	32.28	100m	01:09.26 36.98	150m	01:50.20 40.94	200m	02:30.02 39.82	250m	03:12.95 42.93	300m	03:55.67 42.72	350m	04:30.56 34.89	400m	05:03.25 32.69
2.	4/4	<b>NAGY Anna Zsófia</b>	2008		Győri Úszó Sportegy.	<b>05:03.76</b>	+00.51	<b>674</b>										
	R.Idő	00.58	50m	32.07	100m	01:08.94 36.87	150m	01:50.05 41.11	200m	02:29.81 39.76	250m	03:12.58 42.77	300m	03:55.54 42.96	350m	04:30.55 35.01	400m	05:03.76 33.21
3.	3/3	<b>BARTA Bianka</b>	2009		Kőbánya Sport Club	<b>05:04.32</b>	+01.07	<b>670</b>										
	R.Idő	00.79	50m	31.49	100m	01:07.18 35.69	150m	01:47.39 40.21	200m	02:25.43 38.04	250m	03:10.56 45.13	300m	03:55.08 44.52	350m	04:30.66 35.58	400m	05:04.32 33.66
4.	3/4	<b>BARTALOS Anna</b>	2010		TVSE	<b>05:04.59</b>	+01.34	<b>668</b>										
	R.Idő	00.65	50m	31.18	100m	01:06.82 35.64	150m	01:47.76 40.94	200m	02:27.44 39.68	250m	03:11.92 44.48	300m	03:55.73 43.81	350m	04:31.37 35.64	400m	05:04.59 33.22
5.	4/5	<b>KIRÁLY Hanna Gréta</b>	2010		Kőbánya Sport Club	<b>05:05.64</b>	+02.39	<b>661</b>										
	R.Idő	00.75	50m	31.88	100m	01:08.91 37.03	150m	01:46.16 37.25	200m	02:22.67 36.51	250m	03:10.19 47.52	300m	03:56.55 46.36	350m	04:32.40 35.85	400m	05:05.64 33.24
6.	4/6	<b>KERTÉSZ Boróka</b>	2010		Darnyi Tamás SC	<b>05:09.80</b>	+06.55	<b>635</b>										
	R.Idő	00.75	50m	32.09	100m	01:09.58 37.49	150m	01:49.71 40.13	200m	02:28.43 38.72	250m	03:14.69 46.26	300m	04:00.20 45.51	350m	04:34.92 34.72	400m	05:09.80 34.88
7.	3/5	<b>PUZSA Petra</b>	2010		A Jövő SC	<b>05:11.13</b>	+07.88	<b>627</b>										
	R.Idő	00.75	50m	33.36	100m	01:12.63 39.27	150m	01:54.22 41.59	200m	02:33.97 39.75	250m	03:17.32 43.35	300m	04:00.59 43.27	350m	04:36.55 35.96	400m	05:11.13 34.58
8.	4/8	<b>HOLLÓS Fruzsina</b>	2008		Szegedi Úszó Egylet	<b>05:12.53</b>	+09.28	<b>619</b>										
	R.Idő	00.77	50m	33.82	100m	01:13.69 39.87	150m	01:55.70 42.01	200m	02:36.00 40.30	250m	03:19.60 43.60	300m	04:03.50 43.90	350m	04:38.90 35.40	400m	05:12.53 33.63
9.	3/6	<b>KAMMERER Kitti</b>	2009		Győri Úszó Sportegy.	<b>05:13.60</b>	+10.35	<b>612</b>										
	R.Idő	00.69	50m	32.13	100m	01:08.29 36.16	150m	01:49.56 41.27	200m	02:30.24 40.68	250m	03:17.71 47.47	300m	04:04.03 46.32	350m	04:39.69 35.66	400m	05:13.60 33.91
10.	3/8	<b>BARNAI Nikolett</b>	2009		Bátori Sárkány ÚE	<b>05:16.02</b>	+12.77	<b>598</b>										
	R.Idő	00.81	50m	31.55	100m	01:09.57 38.02	150m	01:49.88 40.31	200m	02:29.05 39.17	250m	03:16.33 47.28	300m	04:03.11 46.78	350m	04:40.05 36.94	400m	05:16.02 35.97
11.	4/1	<b>DOMONKOS Kitti</b>	2009		Szegedi Úszó Egylet	<b>05:17.58</b>	+14.33	<b>589</b>										
	R.Idő	00.62	50m	32.91	100m	01:10.47 37.56	150m	01:51.62 41.15	200m	02:31.82 40.20	250m	03:17.80 45.98	300m	04:03.97 46.17	350m	04:40.93 36.96	400m	05:17.58 36.65
12.	2/7	<b>PÁDÁR Flóra</b>	2009		Szegedi Úszó Egylet	<b>05:18.17</b>	+14.92	<b>586</b>										
	R.Idő	00.60	50m	34.01	100m	01:14.68 40.67	150m	01:56.32 41.64	200m	02:35.89 39.57	250m	03:21.54 45.65	300m	04:06.73 45.19	350m	04:42.77 36.04	400m	05:18.17 35.40
13.	3/7	<b>REIZINGER Anna</b>	2009		Érdi Vízisport Kft	<b>05:19.32</b>	+16.07	<b>580</b>										
	R.Idő	00.77	50m	32.99	100m	01:11.82 38.83	150m	01:51.47 39.65	200m	02:29.40 37.93	250m	03:16.86 47.46	300m	04:04.44 47.58	350m	04:42.29 37.85	400m	05:19.32 37.03

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15	04:42.01	JAKABOS Zsuzsanna
14	04:44.04	KÉSELY Ajna
13	04:46.47	JACKL Vivien
12	04:59.82	JACKL Vivien

Helyszín	Dátum
Liszabon	2004. júl. 15.
Hódmezővásárhely	2015. dec. 11.
Kaposvár	2021. jún. 04.
Győr	2020. okt. 24.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
14.	3/1	<b>VIRÁG Réka</b>	2008		TVSE	<b>05:20.52</b>	+17.27	573								
	R.Idő	00.72	50m	33.82	100m	01:13.04	150m	01:54.59	200m	02:34.99	250m	03:21.05	300m	04:08.61	350m	04:45.72
						39.22		41.55		40.40		46.06		47.56		37.11
	400m	05:20.52				34.80										
15.	4/9	<b>SÓS Júlia Anna</b>	2009		Egri Úszó Klub	<b>05:20.73</b>	+17.48	572								
	50m	34.70	100m	01:14.15	150m	01:56.25	200m	02:36.63	250m	03:23.04	300m	04:10.92	350m	04:47.17	400m	05:20.73
						39.45		42.10		46.41		47.88		36.25		33.56
16.	4/0	<b>KOVÁCS Kitti</b>	2009		Debreceni Sportc. SI	<b>05:20.77</b>	+17.52	572								
	R.Idő	00.69	50m	33.45	100m	01:14.17	150m	01:54.34	200m	02:33.52	250m	03:21.17	300m	04:09.10	350m	04:46.07
						40.72		40.17		39.18		47.65		47.93		36.97
	400m	05:20.77				34.70										
17.	4/2	<b>NAGY Dalma</b>	2009		TVSE	<b>05:21.00</b>	+17.75	571								
	R.Idő	00.78	50m	32.58	100m	01:10.49	150m	01:53.08	200m	02:34.62	250m	03:21.97	300m	04:08.96	350m	04:46.02
						37.91		42.59		41.54		47.35		46.99		37.06
	400m	05:21.00				34.98										
18.	2/5	<b>KROPKÓ Jázmin</b>	2009		Bohóchal Egyesület	<b>05:21.73</b>	+18.48	567								
	R.Idő	00.70	50m	33.55	100m	01:11.87	150m	01:51.84	200m	02:31.08	250m	03:19.93	300m	04:08.43	350m	04:45.66
						38.32		39.97		39.24		48.85		48.50		37.23
	400m	05:21.73				36.07										
19.	3/0	<b>DOBRA Katalin</b>	2010		Újpesti Torna Egylet	<b>05:23.98</b>	+20.73	555								
	R.Idő	00.68	50m	35.04	100m	01:15.17	150m	01:59.04	200m	02:41.31	250m	03:24.95	300m	04:09.07	350m	04:47.47
						40.13		43.87		42.27		43.64		44.12		38.40
	400m	05:23.98				36.51										
20.	2/3	<b>KISS Panna</b>	2010		Kiskunhalasi ÚGYE	<b>05:24.48</b>	+21.23	553								
	R.Idő	00.79	50m	34.69	100m	01:14.78	150m	01:57.65	200m	02:38.79	250m	03:25.29	300m	04:11.19	350m	04:47.96
						40.09		42.87		41.14		46.50		45.90		36.77
	400m	05:24.48				36.52										
21.	3/9	<b>CSEKE Borbála</b>	2009		Újpesti Torna Egylet	<b>05:24.75</b>	+21.50	551								
	R.Idő	00.61	50m	33.80	100m	01:13.84	150m	01:55.32	200m	02:35.79	250m	03:23.37	300m	04:12.40	350m	04:49.27
						40.04		41.48		40.47		47.58		49.03		36.87
	400m	05:24.75				35.48										
22.	2/6	<b>KINCZEL Adrienn</b>	2010		Debreceni Sportc. SI	<b>05:27.36</b>	+24.11	538								
	R.Idő	00.73	50m	35.93	100m	01:17.72	150m	02:00.25	200m	02:41.13	250m	03:27.79	300m	04:13.67	350m	04:51.03
						41.79		42.53		40.88		46.66		45.88		37.36
	400m	05:27.36				36.33										
23.	1/4	<b>GADÁNYI Hédi</b>	2011		NivoMed Egyesület	<b>05:28.37</b>	+25.12	533								
	R.Idő	00.66	50m	36.04	100m	01:19.55	150m	01:59.62	200m	02:38.18	250m	03:28.08	300m	04:15.73	350m	04:53.29
						43.51		40.07		38.56		49.90		47.65		37.56
	400m	05:28.37				35.08										
24.	2/4	<b>HORVÁTH Zsófia</b>	2009		NivoMed Egyesület	<b>05:28.57</b>	+25.32	532								
	R.Idő	00.78	50m	33.67	100m	01:13.66	150m	01:55.21	200m	02:36.15	250m	03:24.62	300m	04:13.11	350m	04:51.54
						39.99		41.55		40.94		48.47		48.49		38.43
	400m	05:28.57				37.03										
25.	1/5	<b>HORVÁTH Eszter</b>	2009		Hullám 91	<b>05:28.88</b>	+25.63	531								
	R.Idő	00.93	50m	35.10	100m	01:16.97	150m	02:00.88	200m	02:41.64	250m	03:28.85	300m	04:17.24	350m	04:53.91
						41.87		43.91		40.76		47.21		48.39		36.67
	400m	05:28.88				34.97										
26.	2/1	<b>BEDŐ Zsófia</b>	2009		Budapesti Honvéd	<b>05:30.57</b>	+27.32	523								
	R.Idő	00.68	50m	34.58	100m	01:13.92	150m	01:56.30	200m	02:36.83	250m	03:25.56	300m	04:14.83	350m	04:53.52
						39.34		42.38		40.53		48.73		49.27		38.69
	400m	05:30.57				37.05										

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Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA			
<b>27.</b>	2/2	<b>CSONGRÁDI Dorina</b>	2010		Bohóchal Egyesület	<b>05:32.36</b>	+29.11	<b>514</b>			
	R.Idő	00.74	50m	34.74	100m 01:14.66 39.92	150m 01:57.25 42.59	200m 02:38.64 41.39	250m 03:28.41 49.77	300m 04:18.63 50.22	350m 04:54.97 36.34	400m 05:32.36 37.39
<b>28.</b>	1/3	<b>SUIJKER Alexia</b>	2009		Váci Vízmű SE	<b>05:38.30</b>	+35.05	<b>488</b>			
	R.Idő	00.63	50m	36.09	100m 01:20.34 44.25	150m 02:04.16 43.82	200m 02:46.59 42.43	250m 03:33.23 46.64	300m 04:20.58 47.35	350m 05:00.22 39.64	400m 05:38.30 38.08
<b>29.</b>	2/8	<b>PERCHTOLD Lara Anita</b>	2009		Bohóchal Egyesület	<b>05:48.04</b>	+44.79	<b>448</b>			
	R.Idő	00.77	50m	35.86	100m 01:17.96 42.10	150m 02:05.10 47.14	200m 02:50.20 45.10	250m 03:37.83 47.63	300m 04:27.90 50.07	350m 05:08.18 40.28	400m 05:48.04 39.86
<b>DNS</b>	4/7	<b>SZILVÁSI-HAZAG Aliz</b>	2008		BÁCSVÍZ SC						
<b>DNS</b>	3/2	<b>TOMBOR Sára</b>	2009		Iron Swim SE						