



## KORCSOPORTOS EREDMÉNY

## 400 m női gyors

1. versenyszám

Női 2013

Évjárat	Csúcs	Név	Helyszín	Dátum
11	04:34.81	KISS Judit		1991/12/31
10	04:40.84	KISS Judit		1990/12/31

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	1/5	<b>SZALAY Zorka Zsóka</b> Edző:	2013		Darnyi Tamás SC	<b>04:59.66</b>		<b>484</b>								
	50m	34.04	100m	01:10.69	150m	01:47.84	200m	02:25.97	250m	03:04.22	300m	03:43.10	350m	04:21.38	400m	04:59.66
				36.65		37.15		38.13		38.25		38.88		38.28		38.28
2.	1/4	<b>BOSSÁNYI Lili</b>	2013		Bohóchal	<b>05:01.69</b>	+02.03	<b>474</b>								
	50m	32.90	100m	01:10.49	150m	01:48.57	200m	02:27.30	250m	03:05.86	300m	03:44.88	350m	04:23.75	400m	05:01.69
				37.59		38.08		38.73		38.56		39.02		38.87		37.94
3.	1/6	<b>ERDŐS Luca</b>	2013		Debreceni Sportc. SI	<b>05:02.99</b>	+03.33	<b>468</b>								
	50m	34.06	100m	01:11.27	150m	01:48.54	200m	02:26.82	250m	03:05.96	300m	03:45.40	350m	04:24.80	400m	05:02.99
				37.21		37.27		38.28		39.14		39.44		39.40		38.19
4.	1/3	<b>SZELES Lilla Katalin</b>	2013		Kőbánya Sport Club	<b>05:08.43</b>	+08.77	<b>444</b>								
	50m	33.47	100m	01:11.07	150m	01:49.51	200m	02:29.12	250m	03:09.24	300m	03:49.96	350m	04:29.84	400m	05:08.43
				37.60		38.44		39.61		40.12		40.72		39.88		38.59
5.	1/2	<b>TÖMÖR Janka</b>	2013		BVSC-Zugló	<b>05:16.06</b>	+16.40	<b>413</b>								
	50m	34.60	100m	01:15.14	150m	01:55.45	200m	02:36.04	250m	03:16.31	300m	03:57.23	350m	04:37.48	400m	05:16.06
				40.54		40.31		40.59		40.27		40.92		40.25		38.58
6.	1/7	<b>MAYER Réka Hanna</b>	2013		Kőbánya Sport Club	<b>05:21.75</b>	+22.09	<b>391</b>								
	50m	35.87	100m	01:16.22	150m	01:57.69	200m	02:38.78	250m	03:20.08	300m	04:02.01	350m	04:42.03	400m	05:21.75
				40.35		41.47		41.09		41.30		41.93		40.02		39.72
7.	1/1	<b>KOVÁCS Lili</b>	2013		TVSE	<b>05:32.66</b>	+33.00	<b>354</b>								
	50m	36.05	100m	01:17.04	150m	01:59.46	200m	02:42.34	250m	03:24.75	300m	04:08.33	350m	04:51.22	400m	05:32.66
				40.99		42.42		42.88		42.41		43.58		42.89		41.44
8.	1/8	<b>BORSOS Csilla Dóra</b>	2013		Debreceni Sportc. SI	<b>05:33.41</b>	+33.75	<b>351</b>								
	50m	36.65	100m	01:18.33	150m	02:01.01	200m	02:43.72	250m	03:27.30	300m	04:09.81	350m	04:52.72	400m	05:33.41
				41.68		42.68		42.71		43.58		42.51		42.91		40.69
9.	2/3	<b>GÖTH Nóra</b>	2013		Budaörsi Sport Club	<b>05:50.08</b>	+50.42	<b>303</b>								
	50m	39.14	100m	01:22.58	150m	02:07.11	200m	02:51.81	250m	03:37.48	300m	04:23.07	350m	05:07.94	400m	05:50.08
				43.44		44.53		44.70		45.67		45.59		44.87		42.14
10.	2/2	<b>TAKÁCS Emma Boróka</b>	2013		Budaörsi Sport Club	<b>05:58.19</b>	+58.53	<b>283</b>								
	50m	39.02	100m	01:23.06	150m	02:08.19	200m	02:54.89	250m	03:41.41	300m	04:27.77	350m	05:13.64	400m	05:58.19
				44.04		45.13		46.70		46.52		46.36		45.87		44.55
11.	2/6	<b>TÓTH Linda</b>	2013		Budaörsi Sport Club	<b>05:59.53</b>	+59.87	<b>280</b>								
	50m	38.58	100m	01:23.34	150m	02:09.77	200m	02:56.56	250m	03:43.50	300m	04:29.95	350m	05:16.29	400m	05:59.53
				44.76		46.43		46.79		46.94		46.45		46.34		43.24
12.	2/1	<b>BUZÁS-FÓZYSZ LÉNA</b>	2013		BVSC-Zugló	<b>06:01.64</b>	+01:01.98	<b>275</b>								
	50m	39.64	100m	01:24.60	150m	02:09.84	200m	02:56.12	250m	03:42.07	300m	04:29.96	350m	05:15.57	400m	06:01.64
				44.96		45.24		46.28		45.95		47.89		45.61		46.07
13.	3/4	<b>SZŐLŐSI - BÁLINT Kincső Petra</b>	2013		Debreceni Sportc. SI	<b>06:06.74</b>	+01:07.08	<b>264</b>								
	50m	39.67	100m	01:26.14	150m	02:13.74	200m	03:01.24	250m	03:49.71	300m	04:37.59	350m	05:25.45	400m	06:06.74
				46.47		47.60		47.50		48.47		47.88		47.86		41.29



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Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	2/5	<b>GALAMBOS Léna</b> Edző:	2014		Miskolci Sportiskola	<b>05:39.65</b>		<b>332</b>								
	50m	37.08	100m	01:20.49	150m	02:03.96	200m	02:47.91	250m	03:31.48	300m	04:14.98	350m	04:58.11	400m	05:39.65
		43.41		43.47		43.95		43.57		43.50		43.13		41.54		
2.	2/4	<b>HOLLÓSI Lilla Amira</b>	2014		BVSC-Zugló	<b>05:54.92</b>	+15.27	<b>291</b>								
	50m	38.20	100m	01:21.84	150m	02:06.95	200m	02:52.42	250m	03:38.20	300m	04:24.74	350m	05:10.92	400m	05:54.92
		43.64		45.11		45.47		45.78		46.54		46.18		44.00		
3.	2/7	<b>BALOGH Emese Kata</b>	2014		BVSC-Zugló	<b>06:04.05</b>	+24.40	<b>270</b>								
	50m	39.24	100m	01:24.68	150m	02:10.91	200m	02:57.44	250m	03:44.71	300m	04:32.40	350m	05:19.88	400m	06:04.05
		45.44		46.23		46.53		47.27		47.69		47.48		44.17		
4.	2/8	<b>LÉVAI Sára</b>	2014		Kis-Pingvin SE	<b>06:08.98</b>	+29.33	<b>259</b>								
	50m	38.61	100m	01:24.58	150m	02:12.20	200m	03:00.39	250m	03:47.40	300m	04:35.54	350m	05:22.86	400m	06:08.98
		45.97		47.62		48.19		47.01		48.14		47.32		46.12		
5.	4/3	<b>TAKÁCS Lilla Dóra</b>	2014		Budaörsi Sport Club	<b>06:09.45</b>	+29.80	<b>258</b>								
	50m	40.32	100m	01:26.28	150m	02:12.70	200m	03:00.59	250m	03:49.09	300m	04:36.66	350m	05:23.98	400m	06:09.45
		45.96		46.42		47.89		48.50		48.50		47.57		45.47		
6.	3/6	<b>PÉNZES Panna</b>	2014		Debreceni Sportc. SI	<b>06:16.46</b>	+36.81	<b>244</b>								
	50m	42.22	100m	01:29.13	150m	02:17.35	200m	03:05.97	250m	03:54.09	300m	04:42.37	350m	05:30.71	400m	06:16.46
		46.91		48.22		48.62		48.12		48.28		48.34		45.75		
7.	3/5	<b>KÓTÉ Ajna Marietta</b>	2014		Debreceni Sportc. SI	<b>06:33.85</b>	+54.20	<b>213</b>								
	50m	45.45	100m	01:35.98	150m	02:25.82	200m	03:15.45	250m	04:05.34	300m	04:54.90	350m	05:45.28	400m	06:33.85
		50.53		49.84		49.63		49.89		49.89		49.56		48.57		
8.	3/8	<b>SZILÁGYI Liliána</b>	2014		BVSC-Zugló	<b>06:48.81</b>	+01:09.16	<b>190</b>								
	50m	42.14	100m	01:33.73	150m	02:25.83	200m	03:18.91	250m	04:11.95	300m	05:04.62	350m	05:58.62	400m	06:48.81
		51.59		52.10		53.08		53.04		53.04		52.67		50.19		
9.	3/1	<b>BARTA Liza</b>	2014		Debreceni Sportc. SI	<b>07:01.52</b>	+01:21.87	<b>174</b>								
	50m	47.08	100m	01:41.74	150m	02:35.99	200m	03:29.80	250m	04:24.00	300m	05:18.01	350m	06:11.36	400m	07:01.52
		54.66		54.25		53.81		54.20		54.20		54.01		50.16		



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Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	AQUA								
1.	4/4	<b>TAKÁCS Barka Lilla</b> Edző:	2015		Budaörsi Sport Club	<b>06:08.20</b>		<b>261</b>								
	50m	41.03	100m	01:28.17 47.14	150m	02:15.31 47.14	200m	03:02.89 47.58	250m	03:50.90 48.01	300m	04:38.33 47.43	350m	05:23.42 45.09	400m	06:08.20 44.78
2.	4/5	<b>KONCZ Nóra</b>	2015		MATE - GEAC	<b>06:28.90</b>	+20.70	<b>221</b>								
	50m	42.47	100m	01:30.17 47.70	150m	02:19.76 49.59	200m	03:09.59 49.83	250m	04:00.08 50.49	300m	04:51.66 51.58	350m	05:42.70 51.04	400m	06:28.90 46.20
3.	3/3	<b>GYÖNYÖRŰ Zília</b>	2015		Kőbánya Sport Club	<b>06:30.33</b>	+22.13	<b>219</b>								
	50m	43.44	100m	01:32.61 49.17	150m	02:23.03 50.42	200m	03:12.90 49.87	250m	04:02.25 49.35	300m	04:51.11 48.86	350m	05:42.75 51.64	400m	06:30.33 47.58
4.	3/2	<b>ERDEI Nóra</b>	2015		Debreceni Sportc. SI	<b>06:33.33</b>	+25.13	<b>214</b>								
	50m	43.68	100m	01:33.49 49.81	150m	02:24.52 51.03	200m	03:15.40 50.88	250m	04:06.33 50.93	300m	04:58.04 51.71	350m	05:49.62 51.58	400m	06:33.33 43.71
5.	3/7	<b>KINCZEL Anna</b>	2015		Debreceni Sportc. SI	<b>06:57.46</b>	+49.26	<b>179</b>								
	50m	48.00	100m	01:40.69 52.69	150m	02:33.95 53.26	200m	03:28.00 54.05	250m	04:18.26 50.26	300m	05:12.36 54.10	350m	06:04.76 52.40	400m	06:57.46 52.70