

## 1500 m női gyors

15. versenyszám Országos csúcs: 18:28.74 (Lengyel Anna - 2006)

### Női 2006 és idősebb

1.	Csoba Adrienn Szilvia	2005	BátoriS.ÚE	17:47,17	641p		
	50m: 0:32,21	100m: 1:07,10	150m: 1:42,68	200m: 2:18,68	250m: 2:54,47	300m: 3:30,44	350m: 4:06,58
	400m: 4:42,47	450m: 5:18,75	500m: 5:54,80	550m: 6:30,70	600m: 7:06,39	650m: 7:42,23	700m: 8:18,12
	750m: 8:54,20	800m: 9:30,15	850m: 10:05,85	900m: 10:41,72	950m: 11:17,62	1000m:11:53,39	1050m:12:29,10
	1100m:13:04,71	1150m:13:40,78	1200m:14:16,29	1250m:14:52,01	1300m:15:27,85	1350m:16:03,12	1400m:16:38,41
	1450m:17:13,58						
	Edzője: Kaliba Viktor						
2.	Koch Zita	2004	Debr.SC SI	18:05,94	609p		
	50m: 0:33,14	100m: 1:08,79	150m: 1:44,57	200m: 2:20,49	250m: 2:56,37	300m: 3:32,33	350m: 4:08,50
	400m: 4:44,51	450m: 5:20,62	500m: 5:56,67	550m: 6:32,68	600m: 7:08,84	650m: 7:44,97	700m: 8:21,42
	750m: 8:57,53	800m: 9:34,11	850m: 10:10,43	900m: 10:47,14	950m: 11:23,41	1000m:12:00,27	1050m:12:36,94
	1100m:13:13,80	1150m:13:50,16	1200m:14:26,84	1250m:15:03,57	1300m:15:40,32	1350m:16:16,85	1400m:16:53,77
	1450m:17:30,13						

### Női 2007-2008

1.	Lénárt Eszter	2007	Nyíregyházi Sportc	18:23,02	581p		
	50m: 0:33,39	100m: 1:09,32	150m: 1:45,59	200m: 2:22,01	250m: 2:58,65	300m: 3:35,34	350m: 4:12,39
	400m: 4:49,31	450m: 5:26,24	500m: 6:03,47	550m: 6:40,64	600m: 7:17,80	650m: 7:54,35	700m: 8:31,47
	750m: 9:08,07	800m: 9:45,24	850m: 10:22,24	900m: 10:59,33	950m: 11:36,31	1000m:12:13,43	1050m:12:50,59
	1100m:13:27,79	1150m:14:04,70	1200m:14:41,85	1250m:15:18,89	1300m:15:56,10	1350m:16:33,31	1400m:17:10,62
	1450m:17:47,01						
	Edzője:						

### Női 2009-2010

1.	Szabó Lilla	2009	Egri ÚK	18:21,84	583p		
	50m: 0:33,02	100m: 1:09,06	150m: 1:46,01	200m: 2:22,90	250m: 3:00,44	300m: 3:37,88	350m: 4:14,29
	400m: 4:50,22	450m: 5:26,69	500m: 6:03,72	550m: 6:40,81	600m: 7:17,60	650m: 7:54,32	700m: 8:31,14
	750m: 9:08,03	800m: 9:45,16	850m: 10:22,81	900m: 10:59,75	950m: 11:37,26	1000m:12:14,28	1050m:12:51,65
	1100m:13:28,60	1150m:14:05,85	1200m:14:42,95	1250m:15:20,44	1300m:15:57,94	1350m:16:35,65	1400m:17:12,39
	1450m:17:47,38						
	Edzője:						
2.	Barnai Nikolett	2009	BátoriS.ÚE	19:00,35	525p		
	50m: 0:33,67	100m: 1:11,06	150m: 1:48,59	200m: 2:26,37	250m: 3:04,02	300m: 3:41,63	350m: 4:19,46
	400m: 4:57,40	450m: 5:35,51	500m: 6:13,21	550m: 6:51,65	600m: 7:29,65	650m: 8:07,69	700m: 8:45,47
	750m: 9:24,09	800m: 10:02,27	850m: 10:40,79	900m: 11:19,19	950m: 11:57,97	1000m:12:36,09	1050m:14:31,90
	1100m:13:53,17	1150m:18:23,60	1200m:15:10,56	1300m:16:28,12	1400m:17:44,87		
3.	Sós Júlia Anna	2009	Egri ÚK	19:18,11	502p		
	50m: 0:33,18	100m: 1:10,88	150m: 1:49,78	200m: 2:28,03	250m: 3:06,57	300m: 3:45,22	350m: 4:24,23
	400m: 5:02,95	450m: 5:42,19	500m: 6:21,23	550m: 7:00,91	600m: 7:39,92	650m: 8:18,77	700m: 8:58,03
	750m: 9:37,50	800m: 10:16,78	850m: 10:56,56	900m: 11:35,13	950m: 12:14,44	1000m:12:53,54	1050m:13:32,70
	1100m:14:11,45	1150m:14:49,96	1200m:15:28,64	1250m:16:08,37	1300m:16:46,93	1350m:17:25,68	1400m:18:04,10
	1450m:18:42,37						

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### Női 2009-2010

4.	Balogh Viktória Enikő	2010	Debr.SC SI	19:58,00	453p		
	50m: 0:33,54	100m: 1:10,84	150m: 1:49,72	200m: 2:28,23	250m: 3:06,90	300m: 3:45,61	350m: 4:25,82
	400m: 5:06,09	450m: 5:46,16	500m: 6:26,57	550m: 7:07,06	600m: 7:48,66	650m: 8:29,69	700m: 9:10,53
	750m: 9:51,16	800m: 10:31,65	850m: 11:12,51	900m: 11:52,80	950m: 12:32,72	1000m:13:13,06	1050m:13:53,58
	1100m:14:33,89	1150m:15:15,04	1200m:15:55,31	1250m:16:36,98	1300m:17:17,57	1350m:17:57,75	1400m:18:38,36
	1450m:19:18,50						
5.	Szabó Kata Zsófia	2009	BÚKE	20:13,23	436p		
	50m: 0:36,24	100m: 1:15,58	150m: 1:56,19	200m: 2:37,00	250m: 3:17,72	300m: 3:58,16	350m: 4:38,93
	400m: 5:19,34	450m: 6:00,40	500m: 6:41,62	550m: 7:21,97	600m: 8:02,56	650m: 8:43,76	700m: 9:24,91
	750m: 10:06,11	800m: 10:46,52	850m: 11:27,68	900m: 12:08,26	950m: 12:48,90	1000m:13:29,56	1050m:14:10,86
	1100m:14:51,78	1150m:15:32,68	1200m:16:13,21	1250m:16:54,07	1300m:17:34,28	1350m:18:15,17	1400m:18:55,29
	1450m:19:34,30						

### Női 2010-2011

1.	Varga Lili	2011	BÚKE	20:19,57	429p		
	50m: 0:36,11	100m: 1:16,41	150m: 1:57,34	200m: 2:39,33	250m: 3:20,11	300m: 4:00,83	350m: 4:41,50
	400m: 5:22,93	450m: 6:03,87	500m: 6:45,01	550m: 7:25,85	600m: 8:07,16	650m: 8:48,32	700m: 9:29,50
	750m: 10:09,94	800m: 10:51,47	850m: 11:32,63	900m: 12:13,34	950m: 12:54,01	1000m:13:35,20	1050m:14:16,27
	1100m:14:57,38	1150m:15:38,44	1200m:16:20,09	1250m:17:00,19	1300m:17:41,48	1350m:18:21,94	1400m:19:01,91
	1450m:19:41,38						
	Edzője:						
2.	Ujvári Dóra Brigitta	2011	MiskolciSI	20:58,80	391p		
	50m: 0:37,43	100m: 1:18,05	150m: 2:00,77	200m: 2:42,26	250m: 3:24,58	300m: 4:06,37	350m: 4:48,33
	400m: 5:30,33	450m: 6:12,78	500m: 6:54,63	550m: 7:36,81	600m: 8:18,96	650m: 9:01,68	700m: 9:44,05
	750m: 10:26,84	800m: 11:09,29	850m: 11:51,81	900m: 12:34,16	950m: 13:16,90	1000m:13:58,95	1050m:14:41,79
	1100m:15:24,07	1150m:16:07,02	1200m:16:49,80	1250m:17:32,19	1300m:18:14,82	1350m:18:57,46	1400m:19:39,11
	1450m:20:20,29						
3.	Gál Boglárka	2009	Tiszaújvárosi TK	21:23,31	369p		
	50m: 0:37,64	100m: 1:18,85	150m: 2:00,76	200m: 2:42,96	250m: 3:25,58	300m: 4:08,60	350m: 4:51,66
	400m: 5:34,17	450m: 6:17,36	500m: 7:00,77	550m: 7:43,81	600m: 8:27,19	650m: 9:10,48	700m: 9:53,94
	750m: 10:37,39	800m: 11:20,81	850m: 12:04,40	900m: 12:48,13	950m: 13:31,78	1000m:14:14,80	1050m:14:59,02
	1100m:15:42,27	1150m:16:25,54	1200m:17:08,77	1250m:17:52,79	1300m:18:36,55	1350m:19:19,70	1400m:20:03,05
	1450m:20:44,35						
4.	Ecseti Zsófia	2011	BÚKE	22:02,80	336p		
	50m: 0:38,73	100m: 1:21,11	150m: 2:04,20	200m: 2:47,90	250m: 3:31,58	300m: 4:15,87	350m: 4:59,70
	400m: 5:43,72	450m: 6:28,17	500m: 7:13,13	550m: 7:58,02	600m: 8:42,21	650m: 9:27,03	700m: 10:11,29
	750m: 10:55,97	800m: 11:39,63	850m: 12:24,40	900m: 13:09,18	950m: 13:54,45	1000m:14:39,95	1050m:15:23,33
	1100m:17:39,21	1150m:16:53,78	1200m:19:10,56	1250m:18:25,02	1300m:20:40,85	1350m:19:55,65	1400m:22:02,80
	1450m:21:22,45						