

## 1500 m férfi gyors

14. versenyszám Országos csúcs: 14:29.58 (Kis Gergő - 2007)

### Férfi 2005 és idősebb

1.	<b>Györe Ádám</b>	<b>2004</b>	<b>Egri ÚK</b>	<b>16:17,00</b>	<b>708p</b>		
	50m: 0:29,47	100m: 1:01,69	150m: 1:34,16	200m: 2:06,99	250m: 2:39,54	300m: 3:12,07	350m: 3:44,69
	400m: 4:17,77	450m: 4:50,63	500m: 5:23,07	550m: 5:55,60	600m: 6:28,35	650m: 7:01,13	700m: 7:33,80
	750m: 8:06,52	800m: 8:39,26	850m: 9:12,17	900m: 9:44,79	950m: 10:17,72	1000m:10:50,53	1050m:11:23,50
	1100m:11:56,58	1150m:12:30,05	1200m:13:02,95	1250m:13:35,76	1300m:14:08,67	1350m:14:41,69	1400m:15:14,08
	1450m:15:46,22						
	Edzője: Garádi Géza						
2.	<b>Török Gergely</b>	<b>2003</b>	<b>MÚSZ</b>	<b>16:59,83</b>	<b>623p</b>		
	50m: 0:31,35	100m: 1:05,67	150m: 1:40,15	200m: 2:14,66	250m: 2:48,99	300m: 3:23,35	350m: 3:57,94
	400m: 4:32,35	450m: 5:06,93	500m: 5:41,51	550m: 6:15,65	600m: 6:50,03	650m: 7:23,94	700m: 7:58,10
	750m: 8:32,21	800m: 9:06,37	850m: 9:40,57	900m: 10:14,91	950m: 10:49,15	1000m:11:23,54	1050m:11:57,27
	1100m:12:31,25	1150m:13:05,26	1200m:13:39,37	1250m:14:12,94	1300m:14:47,13	1350m:15:20,90	1400m:15:54,87
	1450m:16:28,28						

### Férfi 2006-2007

1.	<b>Csernyik Dániel</b>	<b>2006</b>	<b>Nyíregyházi Sportc</b>	<b>17:34,71</b>	<b>563p</b>		
	50m: 0:30,76	100m: 1:04,99	150m: 1:39,61	200m: 2:14,85	250m: 2:50,20	300m: 3:25,31	350m: 4:00,63
	400m: 4:36,49	450m: 5:12,22	500m: 5:48,05	550m: 6:23,56	600m: 6:59,35	650m: 7:34,90	700m: 8:10,53
	750m: 8:46,39	800m: 9:21,97	850m: 9:57,87	900m: 10:32,97	950m: 11:08,72	1000m:11:44,23	1050m:12:20,10
	1100m:12:55,58	1150m:13:31,21	1200m:14:06,92	1250m:14:42,38	1300m:15:18,01	1350m:15:53,42	1400m:16:28,40
	1450m:17:02,78						
	Edzője:						
2.	<b>Nagy Bence</b>	<b>2007</b>	<b>Magnetic</b>	<b>17:47,96</b>	<b>542p</b>		
	50m: 0:31,06	100m: 1:05,37	150m: 1:40,49	200m: 2:15,91	250m: 2:51,30	300m: 3:27,04	350m: 4:02,68
	400m: 4:38,41	450m: 5:13,69	500m: 5:49,12	550m: 6:24,77	600m: 7:00,46	650m: 7:36,20	700m: 8:11,75
	750m: 8:47,61	800m: 9:23,41	850m: 9:59,28	900m: 10:35,31	950m: 11:11,26	1000m:11:47,06	1050m:12:22,96
	1100m:12:59,21	1150m:13:35,49	1200m:14:11,78	1250m:14:48,15	1300m:15:24,56	1350m:16:01,09	1400m:16:37,27
	1450m:17:13,12						

### Férfi 2008-2009

1.	<b>Antal Dávid</b>	<b>2008</b>	<b>BátoriS.ÚE</b>	<b>16:24,79</b>	<b>691p</b>		
	50m: 0:29,83	100m: 1:02,14	150m: 1:34,53	200m: 2:07,23	250m: 2:39,93	300m: 3:12,60	350m: 3:45,11
	400m: 4:18,23	450m: 4:51,18	500m: 5:24,00	550m: 5:56,81	600m: 6:30,43	650m: 7:03,63	700m: 7:37,35
	750m: 8:10,87	800m: 8:44,16	850m: 9:17,56	900m: 9:51,20	950m: 10:24,40	1000m:10:57,96	1050m:11:31,24
	1100m:12:04,87	1150m:12:38,04	1200m:13:11,26	1250m:13:44,89	1300m:14:18,13	1350m:14:51,14	1400m:15:23,18
	1450m:15:54,28						
	Edzője: Kaliba Viktor						
2.	<b>Bégányi Ábel</b>	<b>2008</b>	<b>BátoriS.ÚE</b>	<b>17:34,28</b>	<b>563p</b>		
	50m: 0:31,43	100m: 1:05,68	150m: 1:40,73	200m: 2:16,01	250m: 2:51,22	300m: 3:26,85	350m: 4:02,45
	400m: 4:38,29	450m: 5:14,00	500m: 5:49,54	550m: 6:25,05	600m: 7:00,80	650m: 7:36,38	700m: 8:11,97
	750m: 8:47,32	800m: 9:22,33	850m: 9:57,66	900m: 10:33,36	950m: 11:08,96	1000m:11:44,83	1050m:12:19,72
	1100m:12:55,00	1150m:13:30,27	1200m:14:06,03	1250m:14:41,39	1300m:15:17,06	1350m:15:52,32	1400m:16:27,97
	1450m:17:01,70						

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### Férfi 2008-2009

3.	Kis Norbert	2009	BÚKE	19:00,91	444p		
	50m: 0:30,33	100m: 1:06,72	150m: 1:44,53	200m: 2:22,17	250m: 3:00,49	300m: 3:39,98	350m: 4:18,67
	400m: 4:57,18	450m: 5:35,56	500m: 6:13,72	550m: 6:51,93	600m: 7:30,26	650m: 8:08,57	700m: 8:43,77
	750m: 9:19,78	800m: 9:55,06	850m: 10:35,94	900m: 11:15,55	950m: 11:54,90	1000m:12:35,21	1050m:13:14,52
	1100m:13:52,85	1150m:14:31,00	1200m:15:10,61	1250m:15:49,87	1300m:16:28,88	1350m:17:06,98	1400m:17:45,79
	1450m:18:22,57						
4.	Nahalka Bence	2009	Egri ÚK	19:43,10	399p		
	50m: 0:35,97	100m: 1:14,70	150m: 1:54,60	200m: 2:34,08	250m: 3:14,09	300m: 3:53,87	350m: 4:33,64
	400m: 5:12,99	450m: 5:52,36	500m: 6:32,02	550m: 7:11,79	600m: 7:51,74	650m: 8:31,27	700m: 9:11,07
	750m: 9:50,66	800m: 10:30,29	850m: 11:10,37	900m: 11:50,18	950m: 12:30,15	1000m:13:09,75	1050m:13:49,42
	1100m:14:29,30	1150m:15:09,02	1200m:15:48,89	1250m:16:28,32	1300m:17:08,38	1350m:17:47,96	1400m:18:27,21
	1450m:19:05,95						
5.	Kiss Dániel Ferenc	2009	BátoriS.ÚE	20:07,46	375p		
	50m: 0:35,52	100m: 1:15,59	150m: 1:55,69	200m: 2:36,12	250m: 3:16,61	300m: 3:57,18	350m: 4:37,74
	400m: 5:18,50	450m: 5:58,83	500m: 6:39,28	550m: 7:20,17	600m: 8:00,90	650m: 8:41,44	700m: 9:21,67
	750m: 10:02,93	800m: 10:43,37	850m: 11:24,10	900m: 12:05,37	950m: 12:46,36	1000m:13:27,45	1050m:14:08,49
	1100m:14:48,51	1150m:15:29,53	1200m:16:10,08	1250m:16:50,83	1300m:17:31,47	1350m:18:11,67	1400m:18:50,58
	1450m:19:30,69						

### Férfi 2010-2011

1.	Orovecz Patrik	2010	Debr.SC SI	18:22,01	493p		
	50m: 0:32,92	100m: 1:09,78	150m: 1:46,93	200m: 2:23,84	250m: 3:00,87	300m: 3:37,74	350m: 4:14,32
	400m: 4:51,30	450m: 5:28,62	500m: 6:05,01	550m: 6:42,01	600m: 7:18,69	650m: 7:55,25	700m: 8:32,12
	750m: 9:09,07	800m: 9:45,73	850m: 10:22,50	900m: 10:59,07	950m: 11:36,27	1000m:12:13,36	1050m:12:50,34
	1100m:13:27,47	1150m:14:04,69	1200m:14:41,78	1250m:15:18,98	1300m:15:55,88	1350m:16:32,56	1400m:17:09,16
	1450m:17:45,96						
	Edzője: Szalinszky Balázs						
2.	Molnár Zsolt	2010	BÚKE	19:37,84	404p		
	50m: 0:35,04	100m: 1:14,29	150m: 1:53,57	200m: 2:32,85	250m: 3:12,66	300m: 3:52,08	350m: 4:32,15
	400m: 5:11,83	450m: 5:51,62	500m: 6:31,31	550m: 7:11,41	600m: 7:50,86	650m: 8:30,32	700m: 9:10,04
	750m: 9:49,42	800m: 10:28,60	850m: 11:08,14	900m: 11:47,61	950m: 12:26,88	1000m:13:06,67	1050m:13:45,99
	1100m:14:25,40	1150m:15:04,63	1200m:15:43,88	1250m:16:23,21	1300m:17:02,87	1350m:17:42,30	1400m:18:21,81
	1450m:19:00,51						
3.	Kendrella Bence	2010	BÚKE	19:39,29	402p		
	50m: 0:34,88	100m: 1:13,86	150m: 1:53,54	200m: 2:33,74	250m: 3:14,09	300m: 3:54,11	350m: 4:33,96
	400m: 5:13,89	450m: 5:54,10	500m: 6:33,66	550m: 7:13,38	600m: 7:53,09	650m: 8:32,63	700m: 9:12,52
	750m: 9:51,92	800m: 10:30,40	850m: 11:09,94	900m: 11:50,38	950m: 12:30,06	1000m:13:09,66	1050m:13:49,13
	1100m:14:28,48	1150m:15:08,46	1200m:15:47,95	1250m:16:27,33	1300m:17:06,57	1350m:17:46,25	1400m:18:25,36
	1450m:19:03,57						
4.	Májner Zétény	2011	BátoriS.ÚE	21:41,84	299p		
	50m: 0:38,90	100m: 1:21,60	150m: 2:04,87	200m: 2:48,41	250m: 3:31,07	300m: 4:15,01	350m: 4:59,40
	400m: 5:43,24	450m: 6:29,32	500m: 7:11,77	550m: 7:56,97	600m: 8:42,08	650m: 9:24,40	700m: 10:08,72
	750m: 10:51,71	800m: 11:37,71	850m: 12:20,56	900m: 13:04,30	950m: 13:48,47	1000m:14:32,44	1050m:15:16,53
	1100m:15:59,64	1150m:16:43,72	1200m:17:27,10	1250m:18:09,39	1300m:18:52,85	1350m:19:36,34	1400m:20:18,69
	1450m:21:01,29						

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### Férfi 2010-2011

5.	Tóth Zsombor	2011	BátoriS.ÚE	22:07,94	282p		
	50m: 0:39,04	100m: 1:23,39	150m: 2:09,42	200m: 2:54,53	250m: 3:38,61	300m: 4:22,81	350m: 5:07,74
	400m: 5:52,05	450m: 6:36,29	500m: 7:20,99	550m: 8:06,19	600m: 8:51,50	650m: 9:35,79	700m: 10:20,77
	750m: 11:04,27	800m: 11:48,57	850m: 12:32,32	900m: 13:16,69	950m: 14:01,41	1000m:14:45,36	1050m:15:30,21
	1100m:16:15,41	1150m:16:59,76	1200m:17:44,56	1250m:18:29,24	1300m:19:14,14	1350m:19:58,65	1400m:20:43,31
	1450m:21:25,96						
6.	Tompa Sándor	2011	BátoriS.ÚE	23:01,44	250p		
	50m: 0:39,24	100m: 1:24,62	150m: 2:10,39	200m: 2:57,04	250m: 3:43,42	300m: 4:29,84	350m: 5:16,37
	400m: 6:03,08	450m: 6:48,74	500m: 7:35,46	550m: 8:20,12	600m: 9:06,53	650m: 9:52,48	700m: 10:38,71
	750m: 11:25,28	800m: 12:12,13	850m: 12:59,43	900m: 13:46,18	950m: 14:32,81	1000m:15:19,39	1050m:16:05,49
	1100m:16:52,32	1150m:17:39,38	1200m:18:26,03	1250m:19:12,29	1300m:19:59,02	1350m:20:46,63	1400m:21:32,56
	1450m:22:17,87						

### Nem indult

Kendrella Máté 2010 BÚKE