

# ELŐFUTAM ABS. EREDMÉNY

## 400 m női vegyes

### 30. versenyszám

| Évjárat<br>felhótt | Csúcs    | Név               | Helyszín         | Dátum          |
|--------------------|----------|-------------------|------------------|----------------|
| 17                 | 04:26.36 | HOSSZÚ Katinka    | Rio (BRA)        | 2016. aug. 06. |
| 16                 | 04:40.83 | JAKABOS Zsuzsanna | Berlin           | 2002. júl. 29. |
| 15                 | 04:42.01 | JAKABOS Zsuzsanna | Budapest         | 2005. jún. 23. |
| 14                 | 04:44.04 | KÉSELY Ajna       | Liszabon         | 2004. júl. 15. |
| 13                 | 04:46.47 | JACKL Vivien      | Hódmezővásárhely | 2015. dec. 11. |
|                    |          |                   | Kaposvár         | 2021. jún. 04. |

| Hely. | Pálya | Név   | Szül. | Klub                 | Idő             | Gap               | FINA |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|-------|-------|---|-------|----------------------|-----------------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|------|-------------------|
| 1.    | 2/4   | <b>KAPÁS Boglárka</b><br>Edző: Virth Balázs | 1993  | Újpesti Torna Egylet | <b>04:48.26</b> |                   | 788  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.67                                       | 50m   | 31.00                | 100m            | 01:05.73<br>34.73 | 150m | 01:43.12<br>37.39 | 200m | 02:19.28<br>36.16 | 250m | 03:01.70<br>42.42 | 300m | 03:43.60<br>41.90 | 350m | 04:16.58<br>32.98 | 400m | 04:48.26<br>31.68 |
| 2.    | 3/3   | <b>MIHÁLYVÁRI-FARKAS Viktória</b>           | 2003  | FTC                  | <b>04:49.22</b> | +00.96            | 781  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.72                                       | 50m   | 31.04                | 100m            | 01:05.47<br>34.43 | 150m | 01:42.48<br>37.01 | 200m | 02:19.17<br>36.69 | 250m | 03:00.12<br>40.95 | 300m | 03:42.09<br>41.97 | 350m | 04:16.25<br>34.16 | 400m | 04:49.22<br>32.97 |
| 3.    | 2/5   | <b>JACKL Vivien</b>                         | 2008  | TVSE                 | <b>04:49.90</b> | +01.64            | 775  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.77                                       | 50m   | 31.42                | 100m            | 01:06.99<br>35.57 | 150m | 01:42.36<br>35.37 | 200m | 02:16.50<br>34.14 | 250m | 03:00.59<br>44.09 | 300m | 03:44.70<br>44.11 | 350m | 04:17.70<br>33.00 | 400m | 04:49.90<br>32.20 |
| 4.    | 3/4   | <b>JAKABOS Zsuzsanna</b>                    | 1989  | Győri Úszó Sportegy. | <b>04:51.58</b> | +03.32            | 762  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.70                                       | 50m   | 30.15                | 100m            | 01:04.50<br>34.35 | 150m | 01:42.78<br>38.28 | 200m | 02:18.98<br>36.20 | 250m | 03:02.19<br>43.21 | 300m | 03:45.62<br>43.43 | 350m | 04:18.71<br>33.09 | 400m | 04:51.58<br>32.87 |
| 5.    | 3/5   | <b>SEBESTYÉN Dalma</b>                      | 1997  | Győri Úszó Sportegy. | <b>04:56.00</b> | +07.74            | 728  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.73                                       | 50m   | 30.20                | 100m            | 01:04.63<br>34.43 | 150m | 01:43.92<br>39.29 | 200m | 02:21.82<br>37.90 | 250m | 03:03.77<br>41.95 | 300m | 03:46.30<br>42.53 | 350m | 04:21.55<br>35.25 | 400m | 04:56.00<br>34.45 |
| 6.    | 2/3   | <b>ELEKES Tamara</b>                        | 2007  | BVSC-Zugló           | <b>04:57.56</b> | +09.30            | 717  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.79                                       | 50m   | 31.56                | 100m            | 01:07.91<br>36.35 | 150m | 01:46.44<br>38.53 | 200m | 02:23.58<br>37.14 | 250m | 03:06.77<br>43.19 | 300m | 03:49.97<br>43.20 | 350m | 04:24.23<br>34.26 | 400m | 04:57.56<br>33.33 |
| 7.    | 2/8   | <b>KIRÁLY Hanna Gréta</b>                   | 2010  | Kőbánya Sport Club   | <b>05:01.92</b> | +13.66            | 686  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.70                                       | 50m   | 31.35                | 100m            | 01:07.20<br>35.85 | 150m | 01:44.93<br>37.73 | 200m | 02:21.52<br>36.59 | 250m | 03:07.39<br>45.87 | 300m | 03:52.69<br>45.30 | 350m | 04:27.59<br>34.90 | 400m | 05:01.92<br>34.33 |
| 8.    | 2/6   | <b>ÜRÖGI Tímea Noémi</b>                    | 2006  | Kőbánya Sport Club   | <b>05:02.51</b> | +14.25            | 682  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.72                                       | 50m   | 30.40                | 100m            | 01:06.27<br>35.87 | 150m | 01:45.50<br>39.23 | 200m | 02:23.54<br>38.04 | 250m | 03:08.33<br>44.79 | 300m | 03:53.68<br>45.35 | 350m | 04:28.24<br>34.56 | 400m | 05:02.51<br>34.27 |
| 9.    | 3/2   | <b>BARTALOS Anna</b>                        | 2010  | TVSE                 | <b>05:03.16</b> | +14.90            | 678  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.70                                       | 50m   | 30.71                | 100m            | 01:05.81<br>35.10 | 150m | 01:46.68<br>40.87 | 200m | 02:25.72<br>39.04 | 250m | 03:09.91<br>44.19 | 300m | 03:53.79<br>43.88 | 350m | 04:29.66<br>35.87 | 400m | 05:03.16<br>33.50 |
| 10.   | 2/0   | <b>NEMES Kamilla Viola</b>                  | 2006  | Kőbánya Sport Club   | <b>05:04.46</b> | +16.20            | 669  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.78                                       | 50m   | 30.82                | 100m            | 01:06.81<br>35.99 | 150m | 01:47.00<br>40.19 | 200m | 02:25.74<br>38.74 | 250m | 03:08.79<br>43.05 | 300m | 03:53.26<br>44.47 | 350m | 04:29.90<br>36.64 | 400m | 05:04.46<br>34.56 |
| 11.   | 1/4   | <b>BARTA Bianka</b>                         | 2009  | Kőbánya Sport Club   | <b>05:05.02</b> | +16.76            | 665  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.82                                       | 50m   | 31.72                | 100m            | 01:07.62<br>35.90 | 150m | 01:48.18<br>40.56 | 200m | 02:27.02<br>38.84 | 250m | 03:12.06<br>45.04 | 300m | 03:56.55<br>44.49 | 350m | 04:30.69<br>34.14 | 400m | 05:05.02<br>34.33 |
| 12.   | 2/7   | <b>VÉCSEI Réka</b>                          | 2002  | Swim.Pent            | <b>05:05.64</b> | +17.38            | 661  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.74                                       | 50m   | 30.44                | 100m            | 01:06.47<br>36.03 | 150m | 01:45.70<br>39.23 | 200m | 02:24.71<br>39.01 | 250m | 03:08.56<br>43.85 | 300m | 03:53.71<br>45.15 | 350m | 04:30.59<br>36.88 | 400m | 05:05.64<br>35.05 |
| 13.   | 1/7   | <b>KERTÉSZ Boróka</b>                       | 2010  | Darnyi Tamás SC      | <b>05:07.95</b> | +19.69            | 647  |                   |      |                   |      |                   |      |                   |      |                   |      |                   |
|       | R.Idő | 00.74                                       | 50m   | 31.35                | 100m            | 01:08.78<br>37.43 | 150m | 01:47.74<br>38.96 | 200m | 02:25.21<br>37.47 | 250m | 03:10.66<br>45.45 | 300m | 03:56.43<br>45.77 | 350m | 04:32.25<br>35.82 | 400m | 05:07.95<br>35.70 |

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### 30. versenyszám

| Évjárat | Csúcs    | Név               | Helyszín         | Dátum          |
|---------|----------|-------------------|------------------|----------------|
| 17      | 04:26.36 | HOSSZÚ Katinka    | Rio (BRA)        | 2016. aug. 06. |
| 16      | 04:36.17 | RISZTOV Éva       | Berlin           | 2002. júl. 29. |
| 15      | 04:40.83 | JAKABOS Zsuzsanna | Budapest         | 2005. jún. 23. |
| 14      | 04:42.01 | JAKABOS Zsuzsanna | Liszabon         | 2004. júl. 15. |
| 14      | 04:44.04 | KÉSELY Ajna       | Hódmezővásárhely | 2015. dec. 11. |
| 13      | 04:46.47 | JACKL Vivien      | Kaposvár         | 2021. jún. 04. |

| Hely. | Pálya | Név                             | Szül. | Klub                 | Idő             | Gap                  | FINA  |
|-------|-------|---------------------------------|-------|----------------------|-----------------|----------------------|-------|
| 14.   | 2/1   | <b>SCHEFFER Eszter Mercedes</b> | 2007  | Zalaco ZÚK           | <b>05:08.10</b> | +19.84               | 646   |
|       | R.Idő | 00.70                           | 50m   | 32.77                | 100m            | 01:11.25             | 38.48 |
|       |       |                                 | 150m  | 01:48.96             | 200m            | 02:26.67             | 37.71 |
|       |       |                                 | 250m  | 03:12.49             | 300m            | 03:58.81             | 46.32 |
|       | 400m  | 05:08.10                        |       |                      | 350m            | 04:33.77             | 34.96 |
|       |       | 34.33                           |       |                      |                 |                      |       |
| 15.   | 2/2   | <b>MUNKÁCSI-NAGY Livia</b>      | 2006  | Lőrinc Swim Team     | <b>05:09.44</b> | +21.18               | 637   |
|       | R.Idő | 00.77                           | 50m   | 30.75                | 100m            | 01:07.84             | 37.09 |
|       |       |                                 | 150m  | 01:46.93             | 200m            | 02:27.09             | 39.09 |
|       |       |                                 | 250m  | 03:12.45             | 300m            | 03:57.28             | 40.16 |
|       | 400m  | 05:09.44                        |       |                      | 350m            | 04:34.83             | 44.83 |
|       |       | 34.61                           |       |                      |                 |                      |       |
| 16.   | 1/2   | <b>POZSONYI Kitti</b>           | 2006  | Érdi Vízisport Kft   | <b>05:10.94</b> | +22.68               | 628   |
|       | R.Idő | 00.75                           | 50m   | 32.18                | 100m            | 01:09.34             | 37.16 |
|       |       |                                 | 150m  | 01:51.52             | 200m            | 02:31.69             | 42.18 |
|       |       |                                 | 250m  | 03:16.16             | 300m            | 04:01.13             | 40.17 |
|       | 400m  | 05:10.94                        |       |                      | 350m            | 04:36.86             | 44.47 |
|       |       | 34.08                           |       |                      |                 |                      |       |
| 17.   | 1/6   | <b>TOMBOR Sára</b>              | 2009  | Iron Swim SE         | <b>05:12.46</b> | +24.20               | 619   |
|       | R.Idő | 00.73                           | 50m   | 31.98                | 100m            | 01:09.65             | 37.67 |
|       |       |                                 | 150m  | 01:50.09             | 200m            | 02:30.17             | 40.44 |
|       |       |                                 | 250m  | 03:16.25             | 300m            | 04:02.67             | 40.08 |
|       | 400m  | 05:12.46                        |       |                      | 350m            | 04:37.96             | 46.08 |
|       |       | 34.50                           |       |                      |                 |                      |       |
| 18.   | 3/1   | <b>PÁLHÁZI Léda</b>             | 2009  | Darnyi Tamás SC      | <b>05:13.16</b> | +24.90               | 615   |
|       | R.Idő | 00.73                           | 50m   | 32.33                | 100m            | 01:09.56             | 37.23 |
|       |       |                                 | 150m  | 01:51.09             | 200m            | 02:32.08             | 41.53 |
|       |       |                                 | 250m  | 03:16.54             | 300m            | 04:02.16             | 40.99 |
|       | 400m  | 05:13.16                        |       |                      | 350m            | 04:38.54             | 44.46 |
|       |       | 34.62                           |       |                      |                 |                      |       |
| 19.   | 3/8   | <b>PÁL Adél</b>                 | 2005  | Vasas Sport Club     | <b>05:13.72</b> | +25.46               | 612   |
|       | R.Idő | 00.74                           | 50m   | 31.23                | 100m            | 01:08.15             | 36.92 |
|       |       |                                 | 150m  | 01:48.57             | 200m            | 02:28.39             | 40.42 |
|       |       |                                 | 250m  | 03:15.48             | 300m            | 04:03.48             | 39.82 |
|       | 400m  | 05:13.72                        |       |                      | 350m            | 04:39.55             | 47.09 |
|       |       | 34.17                           |       |                      |                 |                      |       |
| 20.   | 1/1   | <b>SZILVÁSI-HAZAG Aliz</b>      | 2008  | BÁCSVÍZ SC           | <b>05:13.95</b> | +25.69               | 610   |
|       | R.Idő | 00.76                           | 50m   | 31.93                | 100m            | 01:10.71             | 38.78 |
|       |       |                                 | 150m  | 01:52.15             | 200m            | 02:32.54             | 41.44 |
|       |       |                                 | 250m  | 03:17.09             | 300m            | 04:02.13             | 40.39 |
|       | 400m  | 05:13.95                        |       |                      | 350m            | 04:38.73             | 44.55 |
|       |       | 35.22                           |       |                      |                 |                      |       |
| 21.   | 1/3   | <b>KIRÁLY Zsófi</b>             | 2005  | Kaposvári SI         | <b>05:17.03</b> | +28.77               | 593   |
|       | R.Idő | 00.73                           | 50m   | 32.70                | 100m            | 01:11.66             | 38.96 |
|       |       |                                 | 150m  | 01:54.20             | 200m            | 02:35.80             | 42.54 |
|       |       |                                 | 250m  | 03:19.44             | 300m            | 04:05.54             | 41.60 |
|       | 400m  | 05:17.03                        |       |                      | 350m            | 04:42.53             | 43.64 |
|       |       | 34.50                           |       |                      |                 |                      |       |
| DNS   | 3/9   | <b>OKOS Glória</b>              | 1999  | Budapesti Honvéd     |                 |                      |       |
| DNS   | 3/6   | <b>CSULÁK Lia</b>               | 2005  | Érdi Vízisport Kft   |                 |                      |       |
| DNS   | 2/9   | <b>CSOBA Adrienn Szilvia</b>    | 2005  | Bátori Sárkány ÚE    |                 |                      |       |
| DNS   | 3/0   | <b>PUZSA Petra</b>              | 2010  | A Jövő SC            |                 |                      |       |
| DSQ   | 3/7   | <b>NAGY Anna Zsófia</b>         | 2008  | Győri Úszó Sportegy. |                 | Szabálytalan forduló |       |
| DSQ   | 1/5   | <b>NAGY Dalma</b>               | 2009  | TVSE                 |                 | Szabálytalan forduló |       |