

## EL FUTAM ABS. EREDMÉNY

### 400 m n i vegyes

30. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
12	04:59.82	JACKL Vivien	Gy r	2020. okt. 24.
13	04:46.47	JACKL Vivien	Kaposvár	2021. jún. 04.
14	04:44.04	KÉSELY Ajna	Hódmez vásár	2015. dec. 11.
15	04:42.01	JAKABOS Zsuzsanna	Liszaon	2004. júl. 15.
16	04:40.83	JAKABOS Zsuzsanna	Budapest	2005. jún. 23.
17	04:36.17	RISZTOV Éva	Berlin	2002. júl. 29.

Hely.	Pálya	Név	Klub	Szül.	Id	Gap	FINA									
1.	4 / 4	<b>JACKL Vivien</b> Edz : Kocsis Márta	TVSE	2008	<b>04:52.94</b>		751									
	50m	30.69	100m	01:06.55	150m	01:42.33	200m	02:17.01	250m	03:01.90	300m	03:46.47	350m	04:20.91	400m	04:52.94
		30.69		35.86		35.78		34.68		44.89		44.57		34.44		32.03
2.	4 / 3	<b>BARNA Bianka Dorottya</b>	NYSC	2006	<b>04:59.57</b>	+06.63	702									
	50m	31.66	100m	01:08.43	150m	01:50.12	200m	02:29.67	250m	03:10.71	300m	03:52.39	350m	04:26.98	400m	04:59.57
		31.66		36.77		41.69		39.55		41.04		41.68		34.59		32.59
3.	4 / 2	<b>ELEKES Tamara</b>	BVSC-Zugló	2007	<b>04:59.60</b>	+06.66	702									
	50m	31.78	100m	01:09.10	150m	01:47.60	200m	02:25.36	250m	03:09.22	300m	03:53.68	350m	04:27.20	400m	04:59.60
		31.78		37.32		38.50		37.76		43.86		44.46		33.52		32.40
4.	3 / 4	<b>ÁBRAHÁM Lilla Minna</b>	Újpesti Torna Egylet	2006	<b>05:01.42</b>	+08.48	690									
	50m	30.97	100m	01:07.31	150m	01:47.32	200m	02:25.90	250m	03:09.30	300m	03:52.78	350m	04:28.07	400m	05:01.42
		30.97		36.34		40.01		38.58		43.40		43.48		35.29		33.35
5.	2 / 5	<b>SZABÓ Dóra</b>	K bánya Sport Club	2008	<b>05:04.67</b>	+11.73	668									
	50m	31.15	100m	01:06.94	150m	01:44.15	200m	02:21.06	250m	03:07.66	300m	03:52.85	350m	04:29.13	400m	05:04.67
		31.15		35.79		37.21		36.91		46.60		45.19		36.28		35.54
6.	4 / 5	<b>ÜRÖGI Tímea Noémi</b>	K bánya Sport Club	2006	<b>05:05.81</b>	+12.87	660									
	50m	30.76	100m	01:07.08	150m	01:47.12	200m	02:25.56	250m	03:10.43	300m	03:55.61	350m	04:30.62	400m	05:05.81
		30.76		36.32		40.04		38.44		44.87		45.18		35.01		35.19
7.	3 / 5	<b>NAGY Anna Zsófia</b>	Gy ri Úszó Sportegy.	2008	<b>05:05.91</b>	+12.97	660									
	50m	31.58	100m	01:08.31	150m	01:48.13	200m	02:28.35	250m	03:11.47	300m	03:55.61	350m	04:31.42	400m	05:05.91
		31.58		36.73		39.82		40.22		43.12		44.14		35.81		34.49
8.	4 / 6	<b>NEMES Kamilla Viola</b>	K bánya Sport Club	2006	<b>05:06.67</b>	+13.73	655									
	50m	30.80	100m	01:06.92	150m	01:48.07	200m	02:27.62	250m	03:11.01	300m	03:55.83	350m	04:32.20	400m	05:06.67
		30.80		36.12		41.15		39.55		43.39		44.82		36.37		34.47
9.	3 / 1	<b>SCHEFFER Eszter</b>	ZÚK	2007	<b>05:07.29</b>	+14.35	651									
	50m	31.91	100m	01:08.93	150m	01:46.62	200m	02:24.08	250m	03:10.45	300m	03:56.87	350m	04:33.26	400m	05:07.29
		31.91		37.02		37.69		37.46		46.37		46.42		36.39		34.03
10.	3 / 3	<b>PÁL Adél</b>	Vasas Sport Club	2005	<b>05:07.74</b>	+14.80	648									
	50m	32.07	100m	01:09.44	150m	01:49.36	200m	02:28.03	250m	03:13.49	300m	03:59.43	350m	04:34.44	400m	05:07.74
		32.07		37.37		39.92		38.67		45.46		45.94		35.01		33.30
11.	3 / 7	<b>KIRÁLY Hanna Gréta</b>	K bánya Sport Club	2010	<b>05:08.92</b>	+15.98	641									
	50m	32.88	100m	01:10.41	150m	01:48.62	200m	02:25.80	250m	03:13.00	300m	04:00.20	350m	04:35.10	400m	05:08.92
		32.88		37.53		38.21		37.18		47.20		47.20		34.90		33.82
12.	2 / 4	<b>DIACHENKO Maria</b>	Ukraine	2005	<b>05:10.70</b>	+17.76	630									
	50m	30.88	100m	01:06.34	150m	01:45.67	200m	02:25.83	250m	03:11.13	300m	03:57.25	350m	04:35.14	400m	05:10.70
		30.88		35.46		39.33		40.16		45.30		46.12		37.89		35.56
13.	3 / 6	<b>ZLOTA Anna</b>	Darnyi Tamás SC	2006	<b>05:11.48</b>	+18.54	625									
	50m	31.48	100m	01:08.33	150m	01:49.13	200m	02:29.33	250m	03:14.93	300m	04:01.07	350m	04:36.72	400m	05:11.48
		31.48		36.85		40.80		40.20		45.60		46.14		35.65		34.76
14.	2 / 3	<b>ZÁMBÓ Virág Annyal</b>	Gy ri Úszó Sportegy.	2008	<b>05:11.80</b>	+18.86	623									
	50m	31.52	100m	01:07.74	150m	01:48.88	200m	02:29.33	250m	03:14.37	300m	04:00.75	350m	04:37.25	400m	05:11.80
		31.52		36.22		41.14		40.45		45.04		46.38		36.50		34.55
15.	2 / 2	<b>POZSONYI Kitti</b>	Érdi Vízisport Kft	2006	<b>05:15.11</b>	+22.17	603									
	50m	32.17	100m	01:09.90	150m	01:52.15	200m	02:33.28	250m	03:18.58	300m	04:04.54	350m	04:40.51	400m	05:15.11
		32.17		37.73		42.25		41.13		45.30		45.96		35.97		34.60
16.	4 / 7	<b>KERESZTES Emma</b>	FTC	2007	<b>05:15.36</b>	+22.42	602									
	50m	34.16	100m	01:14.70	150m	01:55.77	200m	02:34.93	250m	03:19.89	300m	04:04.09	350m	04:40.80	400m	05:15.36
		34.16		40.54		41.07		39.16		44.96		44.20		36.71		34.56
17.	3 / 2	<b>KAMMERER Kitti</b>	Gy ri Úszó Sportegy.	2009	<b>05:18.75</b>	+25.81	583									
	50m	32.84	100m	01:09.71	150m	01:51.51	200m	02:31.77	250m	03:19.54	300m	04:06.46	350m	04:43.22	400m	05:18.75
		32.84		36.87		41.80		40.26		47.77		46.92		36.76		35.53
18.	4 / 8	<b>REIZINGER Anna</b>	Érdi Vízisport Kft	2009	<b>05:18.85</b>	+25.91	582									
	50m	32.52	100m	01:10.87	150m	01:51.68	200m	02:30.30	250m	03:17.38	300m	04:04.59	350m	04:41.83	400m	05:18.85
		32.52		38.35		40.81		38.62		47.08		47.21		37.24		37.02

## EL FUTAM ABS. EREDMÉNY

### 400 m n i vegyes

30. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
12	04:59.82	JACKL Vivien	Gy r	2020. okt. 24.
13	04:46.47	JACKL Vivien	Kaposvár	2021. jún. 04.
14	04:44.04	KÉSELY Ajna	Hódmez vásár	2015. dec. 11.
15	04:42.01	JAKABOS Zsuzsanna	Lisabon	2004. júl. 15.
16	04:40.83	JAKABOS Zsuzsanna	Budapest	2005. jún. 23.
17	04:36.17	RISZTOV Éva	Berlin	2002. júl. 29.

Hely.	Pálya	Név	Klub	Szül.	Id	Gap	FINA		
19.	4 / 1	<b>TURI Csenge</b>	Kaposvári SI	2007	<b>05:21.18</b>	+28.24	570		
	50m	32.13	100m 01:09.79	150m 01:50.31	200m 02:30.21	250m 03:17.75	300m 04:05.49	350m 04:43.96	400m 05:21.18
		32.13	37.66	40.52	39.90	47.54	47.74	38.47	37.22
20.	1 / 3	<b>GY RFFY Lili Anna</b>	Kaposvári "Adorján"	2007	<b>05:21.66</b>	+28.72	567		
	50m	33.72	100m 01:14.57	150m 01:57.54	200m 02:37.74	250m 03:24.35	300m 04:10.72	350m 04:47.26	400m 05:21.66
		33.72	40.85	42.97	40.20	46.61	46.37	36.54	34.40
21.	3 / 0	<b>KOLTAI Vanda</b>	ZÚK	2009	<b>05:22.44</b>	+29.50	563		
	50m	32.94	100m 01:11.28	150m 01:51.55	200m 02:31.29	250m 03:20.89	300m 04:10.53	350m 04:46.95	400m 05:22.44
		32.94	38.34	40.27	39.74	49.60	49.64	36.42	35.49
22.	1 / 5	<b>MOLNÁR Fruzsina</b>	NYSC	2007	<b>05:26.32</b>	+33.38	543		
	50m	33.22	100m 01:12.60	150m 01:53.38	200m 02:32.70	250m 03:22.40	300m 04:11.54	350m 04:49.68	400m 05:26.32
		33.22	39.38	40.78	39.32	49.70	49.14	38.14	36.64
23.	4 / 9	<b>HAIS Fruzsina</b>	Újpesti Torna Egylet	2006	<b>05:26.92</b>	+33.98	540		
	50m	35.26	100m 01:17.37	150m 01:59.01	200m 02:38.71	250m 03:25.94	300m 04:12.29	350m 04:50.89	400m 05:26.92
		35.26	42.11	41.64	39.70	47.23	46.35	38.60	36.03
24.	4 / 0	<b>SIPAKI Csenge</b>	Békéscsaba El re Úsz	2006	<b>05:30.41</b>	+37.47	523		
	50m	34.12	100m 01:13.97	150m 01:56.75	200m 02:38.63	250m 03:25.90	300m 04:13.49	350m 04:52.41	400m 05:30.41
		34.12	39.85	42.78	41.88	47.27	47.59	38.92	38.00
DNS	3 / 8	<b>B SZ Anna Krisztina</b>	Vasas Sport Club	2006					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	2 / 6	<b>CSOBA Adrienn Szilvia</b>	Bátori Sárkány ÚE	2005					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	3 / 9	<b>PÁLCA-JUHÁSZ Emese</b>	Kaposvári SI	2009					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	2 / 7	<b>PUZSA Petra</b>	A Jöv SC	2010					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	2 / 8	<b>SZABÓ Nóra</b>	Bajai SSC	2008					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	1 / 4	<b>TAKÁCS Julianna</b>	Darnyi Tamás SC	2006					
	50m		100m	150m	200m	250m	300m	350m	400m
DNS	2 / 1	<b>VIRÁG Emese</b>	Kaposvári SI	2008					
	50m		100m	150m	200m	250m	300m	350m	400m