

1500 m női gyors

11. versenyszám Országos csúcs: 15:47.09 (Kapás Boglárka - 2015)

Open

1.	Szabó Lilla	2009	Egri ÚK	17:35,71			
	50m: 0:32,47	100m: 1:07,95	150m: 1:43,96	200m: 2:20,12	250m: 2:56,43	300m: 3:32,94	350m: 4:07,34
	400m: 4:41,97	450m: 5:17,62	500m: 5:52,83	550m: 6:28,25	600m: 7:04,03	650m: 7:38,08	700m: 8:13,15
	750m: 8:48,01	800m: 9:23,55	850m: 9:58,21	900m: 10:33,49	950m: 11:08,84	1000m:11:44,34	1050m:12:19,98
	1100m:12:55,56	1150m:13:31,09	1200m:14:06,95	1250m:14:42,67	1300m:15:18,83	1350m:15:53,66	1400m:16:29,54
	1450m:17:04,08						
	Edzője:						
2.	Lénárt Eszter	2007	Nyíregyházi Sportc	18:16,01			
	50m: 0:32,62	100m: 1:08,33	150m: 1:44,10	200m: 2:20,38	250m: 2:56,64	300m: 3:33,15	350m: 4:08,39
	400m: 4:44,52	450m: 5:21,00	500m: 5:57,48	550m: 6:34,03	600m: 7:10,80	650m: 7:47,52	700m: 8:24,13
	750m: 9:00,73	800m: 9:37,46	850m: 10:14,28	900m: 10:51,22	950m: 11:28,29	1000m:12:05,26	1050m:12:42,41
	1100m:13:19,56	1150m:13:56,73	1200m:14:34,03	1250m:15:11,50	1300m:15:48,75	1350m:16:25,93	1400m:17:02,78
	1450m:17:39,73						
3.	Sós Júlia Anna	2009	Egri ÚK	18:26,72			
	50m: 0:32,50	100m: 1:08,50	150m: 1:45,62	200m: 2:23,14	250m: 3:01,15	300m: 3:38,70	350m: 4:16,45
	400m: 4:53,91	450m: 5:31,99	500m: 6:09,52	550m: 6:47,01	600m: 7:23,93	650m: 8:01,88	700m: 8:38,73
	750m: 9:16,25	800m: 9:53,19	850m: 10:30,64	900m: 11:07,89	950m: 11:45,10	1000m:12:22,41	1050m:12:59,43
	1100m:13:36,09	1150m:14:13,40	1200m:14:49,76	1250m:15:04,0302	1300m:16:02,49	1350m:16:39,17	1400m:17:15,50
	1450m:17:51,80						
4.	Bánhegyi Brigitta	2007	MiskolciSI	18:31,68			
	50m: 0:33,13	100m: 1:08,81	150m: 1:45,51	200m: 2:22,24	250m: 2:59,42	300m: 3:36,46	350m: 4:13,60
	400m: 4:50,16	450m: 5:27,31	500m: 6:04,29	550m: 6:41,51	600m: 7:18,66	650m: 7:56,04	700m: 8:33,26
	750m: 9:10,65	800m: 9:47,66	850m: 10:25,15	900m: 11:02,62	950m: 11:40,25	1000m:12:17,55	1050m:12:55,38
	1100m:13:32,81	1150m:14:10,66	1200m:14:48,16	1250m:15:25,84	1300m:16:03,31	1350m:16:41,22	1400m:17:18,61
	1450m:17:56,13						
5.	Hornyik Panna	2008	MiskolciSI	18:45,54			
	50m: 0:33,52	100m: 1:11,23	150m: 1:49,74	200m: 2:28,06	250m: 3:06,53	300m: 3:44,89	350m: 4:23,32
	400m: 5:01,80	450m: 5:40,35	500m: 6:18,35	550m: 6:56,83	600m: 7:35,00	650m: 8:12,40	700m: 8:50,34
	750m: 9:27,55	800m: 10:04,93	850m: 10:41,61	900m: 11:18,91	950m: 11:56,16	1000m:12:33,18	1050m:13:10,23
	1100m:13:47,15	1150m:14:24,22	1200m:15:01,18	1250m:15:38,32	1300m:16:15,66	1350m:16:53,45	1400m:17:31,10
	1450m:18:08,62						
6.	Sós Borbála Mária	2008	Egri ÚK	18:57,12			
	50m: 0:36,31	100m: 1:15,24	150m: 1:54,64	200m: 2:33,73	250m: 3:12,40	300m: 3:50,39	350m: 4:28,63
	400m: 5:06,84	450m: 5:44,77	500m: 6:22,88	550m: 7:00,49	600m: 7:38,28	650m: 8:16,14	700m: 8:53,77
	750m: 9:31,27	800m: 10:09,37	850m: 10:46,96	900m: 11:24,43	950m: 12:03,14	1000m:12:40,83	1050m:13:18,09
	1100m:13:55,80	1150m:14:34,13	1200m:15:11,37	1250m:15:49,09	1300m:16:27,10	1350m:17:05,70	1400m:17:43,57
	1450m:18:21,21						
7.	Barnai Nikolett	2009	Bátoris.ÚE	19:11,27			
	50m: 0:33,65	100m: 1:10,77	150m: 1:48,76	200m: 2:26,62	250m: 3:04,91	300m: 3:42,89	350m: 4:20,98
	400m: 4:59,08	450m: 5:37,56	500m: 6:15,53	550m: 6:54,47	600m: 7:32,99	650m: 8:11,84	700m: 8:50,47
	750m: 9:29,07	800m: 10:07,64	850m: 10:46,60	900m: 11:25,07	950m: 12:04,25	1000m:12:43,05	1050m:13:21,81
	1100m:14:00,61	1150m:14:39,69	1200m:15:18,62	1250m:15:57,91	1300m:16:36,83	1350m:17:16,02	1400m:17:54,86
	1450m:18:33,66						
8.	Kovács Lara Gréta	2010	Egri ÚK	19:47,81			
	50m: 0:36,61	100m: 1:16,56	150m: 1:56,65	200m: 2:36,60	250m: 3:16,11	300m: 3:55,76	350m: 4:35,33
	400m: 5:15,18	450m: 5:54,86	500m: 6:34,61	550m: 7:15,29	600m: 7:55,91	650m: 8:35,67	700m: 9:15,83
	750m: 9:55,72	800m: 10:34,90	850m: 11:14,73	900m: 11:54,85	950m: 12:35,27	1000m:13:15,41	1050m:13:55,27
	1100m:14:35,36	1150m:15:15,08	1200m:15:54,82	1250m:16:34,10	1300m:17:14,02	1350m:17:52,92	1400m:18:32,40
	1450m:19:10,56						
9.	Béke Blanka	2012	Debr.SC SI	21:49,81			
	50m: 0:38,62	100m: 1:22,45	150m: 2:07,06	200m: 2:51,34	250m: 3:35,58	300m: 4:19,45	350m: 5:04,30
	400m: 5:48,88	450m: 6:33,11	500m: 7:16,90	550m: 8:00,62	600m: 8:44,33	650m: 9:28,51	700m: 10:12,41
	750m: 10:56,90	800m: 11:41,22	850m: 12:25,70	900m: 13:08,92	950m: 13:51,73	1000m:14:34,54	1050m:15:17,90
	1100m:16:02,08	1150m:16:46,06	1200m:17:30,11	1250m:18:13,72	1300m:18:57,15	1350m:19:41,39	1400m:20:25,27
	1450m:21:08,48						
10.	Miklós Janka	2012	MiskolciSI	22:25,2			
	50m: 0:39,00	100m: 1:23,01	150m: 2:08,33	200m: 2:53,78	250m: 3:39,22	300m: 4:24,87	350m: 5:10,35
	400m: 5:56,04	450m: 6:42,14	500m: 7:27,75	550m: 8:14,32	600m: 8:59,92	650m: 9:45,96	700m: 10:32,00
	750m: 11:18,17	800m: 12:03,91	850m: 12:49,34	900m: 13:35,65	950m: 14:21,17	1000m:15:07,11	1050m:15:51,40
	1100m:16:36,32	1150m:17:20,26	1200m:18:04,55	1250m:18:48,78	1300m:19:33,29	1350m:20:17,52	1400m:21:00,83
	1450m:21:44,20						
11.	Harmati Dorottya	2007	Létavértes	23:04,65			
	50m: 0:38,13	100m: 1:19,25	150m: 2:03,69	200m: 2:49,01	250m: 3:34,94	300m: 4:19,77	350m: 5:04,86
	400m: 5:50,21	450m: 6:35,10	500m: 7:22,37	550m: 8:11,50	600m: 8:59,02	650m: 9:46,73	700m: 10:34,45
	750m: 11:21,80	800m: 12:08,31	850m: 12:55,89	900m: 13:42,93	950m: 14:30,36	1000m:15:14,94	1050m:16:03,05
	1100m:16:50,16	1150m:17:37,84	1200m:18:25,63	1250m:19:13,50	1300m:20:00,42	1350m:20:47,99	1400m:21:34,74
	1450m:22:20,39						
12.	Gincsei Regina	2012	Nyíregyházi Sportc	25:51,12			
	50m: 0:43,29	100m: 1:32,77	150m: 2:23,49	200m: 3:15,53	250m: 4:06,37	300m: 4:52,57	350m: 5:34,93
	400m: 5:50,21	450m: 6:35,10	500m: 7:22,37	550m: 8:11,50	600m: 8:59,02	650m: 9:46,73	700m: 10:34,45
	750m: 11:21,80	800m: 12:08,31	850m: 12:55,89	900m: 13:42,93	950m: 14:30,36	1000m:15:14,94	1050m:16:03,05
	1100m:16:50,16	1150m:17:37,84	1200m:18:25,63	1250m:19:13,50	1300m:20:00,42	1350m:20:47,99	1400m:21:34,74
	1450m:22:20,39						

Nem indult

Kári Eszter 2008 Egri ÚK