

1500 m női gyors

11. versenyszám Országos csúcs: 15:47.09 (Kapás Boglárka - 2015)

Open

1.	Szabó Lilla	2009	Egri ÚK					17:35,71
	50m: 0:32,47 100m: 1:07,95 150m: 1:43,96 200m: 2:20,12 250m: 2:56,43 300m: 3:32,94 350m: 4:07,34		400m: 4:41,97 450m: 5:17,62 500m: 5:52,83 550m: 6:28,25 600m: 7:04,03 650m: 7:38,08 700m: 8:13,15					
	750m: 8:48,01 800m: 9:23,55 850m: 9:58,21 900m: 10:33,49 950m: 11:08,84 1000m: 11:44,34 1050m: 12:19,98		1100m: 12:55,56 1150m: 13:31,09 1200m: 14:06,95 1250m: 14:42,67 1300m: 15:18,83 1350m: 15:53,66 1400m: 16:29,54					
	Edzője:							
2.	Lénárt Eszter	2007	Nyíregyházi Sportc					18:16,01
	50m: 0:32,62 100m: 1:08,33 150m: 1:44,10 200m: 2:20,38 250m: 2:56,64 300m: 3:33,15 350m: 4:08,39		400m: 4:44,52 450m: 5:21,00 500m: 5:57,48 550m: 6:34,03 600m: 7:10,80 650m: 7:47,52 700m: 8:24,13					
	750m: 9:00,73 800m: 9:37,46 850m: 10:14,28 900m: 10:51,22 950m: 11:28,29 1000m: 12:05,26 1050m: 12:42,41		1100m: 13:19,56 1150m: 13:56,73 1200m: 14:34,03 1250m: 15:11,50 1300m: 15:48,75 1350m: 16:25,93 1400m: 17:02,78					
	1450m: 17:39,73							
3.	Sós Júlia Anna	2009	Egri ÚK					18:26,72
	50m: 0:32,50 100m: 1:08,50 150m: 1:45,62 200m: 2:23,14 250m: 3:01,15 300m: 3:38,70 350m: 4:16,45		400m: 4:53,91 450m: 5:31,99 500m: 6:09,52 550m: 6:47,01 600m: 7:23,93 650m: 8:01,88 700m: 8:38,73					
	750m: 9:16,25 800m: 9:53,19 850m: 10:30,64 900m: 11:07,89 950m: 11:45,10 1000m: 12:22,41 1050m: 12:59,43		1100m: 13:36,09 1150m: 14:13,40 1200m: 14:49,76 1250m: 15:04,30 1300m: 16:02,49 1350m: 16:39,17 1400m: 17:15,50					
	1450m: 17:51,80							
4.	Bánhegyi Brigitta	2007	MiskolciSI					18:31,68
	50m: 0:33,13 100m: 1:08,81 150m: 1:45,51 200m: 2:22,24 250m: 2:59,42 300m: 3:36,46 350m: 4:13,60		400m: 4:50,16 450m: 5:27,31 500m: 6:04,29 550m: 6:41,51 600m: 7:18,66 650m: 7:56,04 700m: 8:33,26					
	750m: 9:10,65 800m: 9:47,66 850m: 10:25,15 900m: 11:02,62 950m: 11:40,25 1000m: 12:17,55 1050m: 12:55,38		1100m: 13:32,81 1150m: 14:10,66 1200m: 14:48,16 1250m: 15:25,84 1300m: 16:03,31 1350m: 16:41,22 1400m: 17:18,61					
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5.	Hornyik Panna	2008	MiskolciSI					18:45,54
	50m: 0:33,52 100m: 1:11,23 150m: 1:49,74 200m: 2:28,06 250m: 3:06,53 300m: 3:44,89 350m: 4:23,32		400m: 5:01,80 450m: 5:40,35 500m: 6:18,35 550m: 6:56,83 600m: 7:35,00 650m: 8:12,40 700m: 8:50,34					
	750m: 9:27,55 800m: 10:04,93 850m: 10:41,61 900m: 11:18,91 950m: 11:56,16 1000m: 12:33,18 1050m: 13:10,23		1100m: 13:47,15 1150m: 14:24,22 1200m: 15:01,18 1250m: 15:38,32 1300m: 16:15,66 1350m: 16:53,45 1400m: 17:31,10					
	1450m: 18:08,62							
6.	Sós Borbála Mária	2008	Egri ÚK					18:57,12
	50m: 0:36,31 100m: 1:15,24 150m: 1:54,64 200m: 2:33,73 250m: 3:12,40 300m: 3:50,39 350m: 4:28,63		400m: 5:06,84 450m: 5:44,77 500m: 6:22,88 550m: 7:00,49 600m: 7:38,28 650m: 8:16,14 700m: 8:53,77					
	750m: 9:31,27 800m: 10:09,37 850m: 10:46,96 900m: 11:24,43 950m: 12:03,14 1000m: 12:40,83 1050m: 13:18,09		1100m: 13:55,80 1150m: 14:34,13 1200m: 15:11,37 1250m: 15:49,09 1300m: 16:27,10 1350m: 17:05,70 1400m: 17:43,57					
	1450m: 18:21,21							
7.	Barnai Nikolett	2009	Bátoris.ÚE					19:11,27
	50m: 0:33,65 100m: 1:10,77 150m: 1:48,76 200m: 2:26,62 250m: 3:04,91 300m: 3:42,89 350m: 4:20,98		400m: 4:59,08 450m: 5:37,56 500m: 6:15,53 550m: 6:54,47 600m: 7:32,99 650m: 8:11,84 700m: 8:50,47					
	750m: 9:29,07 800m: 10:07,64 850m: 10:46,60 900m: 11:25,07 950m: 12:04,25 1000m: 12:43,05 1050m: 13:21,81		1100m: 14:00,61 1150m: 14:39,69 1200m: 15:18,62 1250m: 15:57,91 1300m: 16:36,83 1350m: 17:16,02 1400m: 17:54,86					
	1450m: 18:33,66							
8.	Kovács Lara Gréta	2010	Egri ÚK					19:47,81
	50m: 0:36,61 100m: 1:16,56 150m: 1:56,65 200m: 2:36,60 250m: 3:16,11 300m: 3:55,76 350m: 4:35,33		400m: 5:15,18 450m: 5:54,86 500m: 6:34,61 550m: 7:15,29 600m: 7:55,91 650m: 8:35,67 700m: 9:15,83					
	750m: 9:55,72 800m: 10:34,90 850m: 11:14,73 900m: 11:54,85 950m: 12:35,27 1000m: 13:15,41 1050m: 13:55,27		1100m: 14:35,36 1150m: 15:15,08 1200m: 15:54,82 1250m: 16:34,10 1300m: 17:14,02 1350m: 17:52,92 1400m: 18:32,40					
	1450m: 19:10,56							
9.	Béke Blanka	2012	Debr.SC SI					21:49,81
	50m: 0:38,62 100m: 1:22,45 150m: 2:07,06 200m: 2:51,34 250m: 3:35,58 300m: 4:19,45 350m: 5:04,30		400m: 5:48,88 450m: 6:33,11 500m: 7:16,90 550m: 8:00,62 600m: 8:44,33 650m: 9:28,51 700m: 10:12,41					
	750m: 10:56,90 800m: 11:41,22 850m: 12:25,70 900m: 13:08,92 950m: 13:51,73 1000m: 14:34,54 1050m: 15:17,90		1100m: 16:02,08 1150m: 16:46,06 1200m: 17:30,11 1250m: 18:13,72 1300m: 18:57,15 1350m: 19:41,39 1400m: 20:25,27					
	1450m: 21:08,48							
10.	Miklós Janka	2012	MiskolciSI					22:25,2
	50m: 0:39,00 100m: 1:23,01 150m: 2:08,33 200m: 2:53,78 250m: 3:39,22 300m: 4:24,87 350m: 5:10,35		400m: 5:56,04 450m: 6:42,14 500m: 7:27,75 550m: 8:14,32 600m: 8:59,92 650m: 9:45,96 700m: 10:32,00					
	750m: 11:18,17 800m: 12:03,91 850m: 12:49,34 900m: 13:35,65 950m: 14:21,17 1000m: 15:07,11 1050m: 15:51,40		1100m: 16:36,32 1150m: 17:20,26 1200m: 18:04,55 1250m: 18:48,78 1300m: 19:33,29 1350m: 20:17,52 1400m: 21:00,83					
	1450m: 21:44,20							
11.	Harmati Dorottya	2007	Létavértes					23:04,65
	50m: 0:38,13 100m: 1:19,25 150m: 2:03,69 200m: 2:49,01 250m: 3:34,94 300m: 4:19,77 350m: 5:04,86		400m: 5:50,21 450m: 6:35,10 500m: 7:22,37 550m: 8:11,50 600m: 8:59,02 650m: 9:46,73 700m: 10:34,45					
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	1450m: 22:20,39							
12.	Gincsei Regina	2012	Nyíregyházi Sportc					25:51,12
	50m: 0:43,29 100m: 1:32,77 150m: 2:23,49 200m: 3:15,53 250m: 4:06,37 300m: 4:57,57 450m: 5:48,93		400m: 5:42,39 450m: 6:35,10 500m: 7:27,75 550m: 8:11,50 600m: 8:59,02 650m: 9:46,73 700m: 10:34,45					
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	1450m: 22:20,39							
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Nem indult

Kári Eszter 2008 Egri ÚK