

**ELŐFUTAM ABS. EREDMÉNY**
**400 m férfi vegyes**

29. versenyszám

| Évjárat | Csúcs    | Név             | Helyszín       | Dátum          |
|---------|----------|-----------------|----------------|----------------|
| 18      | 03:57.27 | CSEH László     | Istanbul (TUR) | 2009. dec. 11. |
| 17      | 04:03.16 | KÓS Hubert      | Kazan (RUS)    | 2021. nov. 07. |
| 16      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 17      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |

| Hely | Pálya | Név                          | Szül. | Orsz. | Klub                     | Idő             | Gap    | FINA       |      |          |      |          |      |          |      |          |
|------|-------|------------------------------|-------|-------|--------------------------|-----------------|--------|------------|------|----------|------|----------|------|----------|------|----------|
| 1.   | 3/4   | <b>KOVÁCS Botond</b>         | 2007  |       | BVSC-Zugló               | <b>04:23.51</b> |        | <b>707</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.69                        | 50m   | 27.60 | 100m                     | 01:00.09        | 150m   | 01:34.24   | 200m | 02:06.74 | 250m | 02:44.30 | 300m | 03:22.06 | 350m | 03:53.30 |
|      |       |                              |       |       |                          | 32.49           |        | 34.15      |      | 32.50    |      | 37.56    |      | 37.76    |      | 31.24    |
|      | 400m  | 04:23.51                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 30.21                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 2.   | 3/5   | <b>BUDA Levente</b>          | 2008  |       | UNI Győri Úszó Sportegy. | <b>04:23.99</b> | +00.48 | <b>703</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.72                        | 50m   | 28.23 | 100m                     | 01:00.37        | 150m   | 01:35.05   | 200m | 02:08.33 | 250m | 02:46.14 | 300m | 03:23.95 | 350m | 03:55.30 |
|      |       |                              |       |       |                          | 32.14           |        | 34.68      |      | 33.28    |      | 37.81    |      | 37.81    |      | 31.35    |
|      | 400m  | 04:23.99                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 28.69                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 3.   | 3/3   | <b>KÁRPÁTI Máté</b>          | 2008  |       | Újpesti Torna Egylet     | <b>04:24.48</b> | +00.97 | <b>699</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.69                        | 50m   | 27.79 | 100m                     | 01:00.63        | 150m   | 01:35.12   | 200m | 02:08.66 | 250m | 02:47.02 | 300m | 03:25.40 | 350m | 03:56.18 |
|      |       |                              |       |       |                          | 32.84           |        | 34.49      |      | 33.54    |      | 38.36    |      | 38.38    |      | 30.78    |
|      | 400m  | 04:24.48                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 28.30                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 4.   | 4/4   | <b>ZOMBORI Gábor</b>         | 2002  |       | Újpesti Torna Egylet     | <b>04:25.06</b> | +01.55 | <b>695</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.70                        | 50m   | 27.35 | 100m                     | 01:00.54        | 150m   | 01:34.73   | 200m | 02:08.21 | 250m | 02:45.96 | 300m | 03:23.03 | 350m | 03:55.40 |
|      |       |                              |       |       |                          | 33.19           |        | 34.19      |      | 33.48    |      | 37.75    |      | 37.07    |      | 32.37    |
|      | 400m  | 04:25.06                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.66                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 5.   | 3/2   | <b>NEMES Ármin Boldizsár</b> | 2009  |       | Kőbánya Sport Club       | <b>04:25.52</b> | +02.01 | <b>691</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.71                        | 50m   | 28.31 | 100m                     | 01:00.66        | 150m   | 01:34.14   | 200m | 02:07.22 | 250m | 02:45.10 | 300m | 03:23.84 | 350m | 03:55.54 |
|      |       |                              |       |       |                          | 32.35           |        | 33.48      |      | 33.08    |      | 37.88    |      | 38.74    |      | 31.70    |
|      | 400m  | 04:25.52                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.98                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 6.   | 4/2   | <b>TAKÁCS Fábó</b>           | 2004  |       | Tatabányai Vízmű SE      | <b>04:25.54</b> | +02.03 | <b>691</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.77                        | 50m   | 27.23 | 100m                     | 59.55           | 150m   | 01:34.00   | 200m | 02:07.47 | 250m | 02:46.40 | 300m | 03:24.91 | 350m | 03:56.37 |
|      |       |                              |       |       |                          | 32.32           |        | 34.45      |      | 33.47    |      | 38.93    |      | 38.51    |      | 31.46    |
|      | 400m  | 04:25.54                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.17                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 7.   | 4/3   | <b>GYÖRE Ádám</b>            | 2004  |       | Egri Úszó Klub SE        | <b>04:25.74</b> | +02.23 | <b>689</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.77                        | 50m   | 28.27 | 100m                     | 01:00.47        | 150m   | 01:36.14   | 200m | 02:10.92 | 250m | 02:47.62 | 300m | 03:25.08 | 350m | 03:56.68 |
|      |       |                              |       |       |                          | 32.20           |        | 35.67      |      | 34.78    |      | 36.70    |      | 37.46    |      | 31.60    |
|      | 400m  | 04:25.74                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.06                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 8.   | 2/3   | <b>GÁLICZ László</b>         | 2004  |       | FTC                      | <b>04:26.44</b> | +02.93 | <b>684</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.68                        | 50m   | 27.71 | 100m                     | 59.35           | 150m   | 01:35.53   | 200m | 02:10.78 | 250m | 02:48.92 | 300m | 03:26.95 | 350m | 03:57.17 |
|      |       |                              |       |       |                          | 31.64           |        | 36.18      |      | 35.25    |      | 38.14    |      | 38.03    |      | 30.22    |
|      | 400m  | 04:26.44                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.27                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 9.   | 4/6   | <b>POTECZIN Dániel</b>       | 2006  |       | Érdi Vízisport Kft       | <b>04:28.60</b> | +05.09 | <b>668</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.76                        | 50m   | 28.92 | 100m                     | 01:01.44        | 150m   | 01:36.31   | 200m | 02:09.78 | 250m | 02:50.06 | 300m | 03:29.76 | 350m | 04:00.47 |
|      |       |                              |       |       |                          | 32.52           |        | 34.87      |      | 33.47    |      | 40.28    |      | 39.70    |      | 30.71    |
|      | 400m  | 04:28.60                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 28.13                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 10.  | 4/8   | <b>KREISZ Bálint</b>         | 2009  |       | Debreceni Sportc. SI     | <b>04:29.58</b> | +06.07 | <b>660</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.76                        | 50m   | 28.12 | 100m                     | 01:00.77        | 150m   | 01:36.04   | 200m | 02:10.88 | 250m | 02:50.19 | 300m | 03:30.31 | 350m | 04:00.98 |
|      |       |                              |       |       |                          | 32.65           |        | 35.27      |      | 34.84    |      | 39.31    |      | 40.12    |      | 30.67    |
|      | 400m  | 04:29.58                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 28.60                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 11.  | 3/6   | <b>SPISÁK Bence</b>          | 2008  |       | Budaörsi Sport Club      | <b>04:30.79</b> | +07.28 | <b>652</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.72                        | 50m   | 28.51 | 100m                     | 01:01.22        | 150m   | 01:36.94   | 200m | 02:11.96 | 250m | 02:50.34 | 300m | 03:29.46 | 350m | 04:01.40 |
|      |       |                              |       |       |                          | 32.71           |        | 35.72      |      | 35.02    |      | 38.38    |      | 39.12    |      | 31.94    |
|      | 400m  | 04:30.79                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 29.39                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 12.  | 4/7   | <b>PITTLIK Zsigmond</b>      | 2008  |       | Daranyi Tamás SC         | <b>04:31.12</b> | +07.61 | <b>649</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.74                        | 50m   | 28.91 | 100m                     | 01:01.82        | 150m   | 01:36.79   | 200m | 02:11.11 | 250m | 02:49.77 | 300m | 03:28.51 | 350m | 04:00.45 |
|      |       |                              |       |       |                          | 32.91           |        | 34.97      |      | 34.32    |      | 38.66    |      | 38.74    |      | 31.94    |
|      | 400m  | 04:31.12                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 30.67                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
| 13.  | 3/1   | <b>ÁNGYÁN Máté</b>           | 2005  |       | Érdi Vízisport Kft       | <b>04:31.68</b> | +08.17 | <b>645</b> |      |          |      |          |      |          |      |          |
|      | R.Idő | 00.65                        | 50m   | 28.43 | 100m                     | 01:00.73        | 150m   | 01:34.88   | 200m | 02:08.08 | 250m | 02:49.16 | 300m | 03:29.81 | 350m | 04:01.28 |
|      |       |                              |       |       |                          | 32.30           |        | 34.15      |      | 33.20    |      | 41.08    |      | 40.65    |      | 31.47    |
|      | 400m  | 04:31.68                     |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |
|      |       | 30.40                        |       |       |                          |                 |        |            |      |          |      |          |      |          |      |          |

**ELŐFUTAM ABS. EREDMÉNY**
**400 m férfi vegyes**

29. versenyszám

| Évjárat | Csúcs    | Név             | Helyszín       | Dátum          |
|---------|----------|-----------------|----------------|----------------|
| 18      | 03:57.27 | CSEH László     | Istanbul (TUR) | 2009. dec. 11. |
| 17      | 04:03.16 | KÓS Hubert      | Kazan (RUS)    | 2021. nov. 07. |
| 17      | 04:10.28 | VERRASZTÓ Dávid | Triest         | 2005. dec. 09. |
| 16      | 04:13.20 | KÓS Hubert      | Kaposvár       | 2019. dec. 13. |
| 15      | 04:16.59 | KÓS Hubert      | Százhalombatta | 2018. nov. 09. |
| 14      | 04:27.52 | KÓS Hubert      | Százhalombatta | 2017. nov. 09. |

| Hely | Pálya | Név                           | Szül. | Orsz. | Klub                                  | Idő             | Gap    | FINA     |      |          |      |          |      |          |      |          |      |                      |
|------|-------|-------------------------------|-------|-------|---------------------------------------|-----------------|--------|----------|------|----------|------|----------|------|----------|------|----------|------|----------------------|
| 14.  | 2/4   | <b>SÁRKÖZI Szabolcs</b>       | 2007  |       | Kaposvári Sportközpont és Sportiskola | <b>04:32.05</b> | +08.54 | 642      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.72                         | 50m   | 28.67 | 100m                                  | 01:02.28        | 150m   | 01:37.77 | 200m | 02:12.28 | 250m | 02:52.23 | 300m | 03:31.96 | 350m | 04:02.96 | 400m | 04:32.05             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 29.09                |
| 15.  | 2/6   | <b>NAGY Bence</b>             | 2007  |       | Újpesti Torna Egylet                  | <b>04:34.58</b> | +11.07 | 625      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.62                         | 50m   | 29.23 | 100m                                  | 01:01.84        | 150m   | 01:37.66 | 200m | 02:12.83 | 250m | 02:51.88 | 300m | 03:31.00 | 350m | 04:03.41 | 400m | 04:34.58             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 31.17                |
| 16.  | 1/5   | <b>HUSZTI Márton</b>          | 2009  |       | Darnyi Tamás SC                       | <b>04:37.35</b> | +13.84 | 606      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.74                         | 50m   | 29.20 | 100m                                  | 01:02.95        | 150m   | 01:38.16 | 200m | 02:13.01 | 250m | 02:53.50 | 300m | 03:34.53 | 350m | 04:06.78 | 400m | 04:37.35             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 30.57                |
| 17.  | 3/8   | <b>KONCZ Márton</b>           | 2008  |       | Budaörsi Sport Club                   | <b>04:37.36</b> | +13.85 | 606      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.72                         | 50m   | 29.88 | 100m                                  | 01:06.06        | 150m   | 01:40.11 | 200m | 02:14.27 | 250m | 02:54.43 | 300m | 03:34.57 | 350m | 04:07.56 | 400m | 04:37.36             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 29.80                |
| 18.  | 3/7   | <b>VARGA Levente</b>          | 2008  |       | Vasas Sport Club                      | <b>04:37.70</b> | +14.19 | 604      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.64                         | 50m   | 28.66 | 100m                                  | 01:02.39        | 150m   | 01:37.78 | 200m | 02:11.60 | 250m | 02:52.22 | 300m | 03:33.91 | 350m | 04:06.32 | 400m | 04:37.70             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 31.38                |
| 19.  | 2/5   | <b>VARGA Balázs</b>           | 2009  |       | Keszthelyi Kiscápák                   | <b>04:38.02</b> | +14.51 | 602      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.76                         | 50m   | 30.03 | 100m                                  | 01:04.08        | 150m   | 01:40.31 | 200m | 02:15.50 | 250m | 02:55.11 | 300m | 03:34.99 | 350m | 04:07.51 | 400m | 04:38.02             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 30.51                |
| 20.  | 2/2   | <b>PÁVA Szabolcs</b>          | 2006  |       | A Jövő SC                             | <b>04:41.02</b> | +17.51 | 583      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.63                         | 50m   | 28.85 | 100m                                  | 01:02.06        | 150m   | 01:38.01 | 200m | 02:13.19 | 250m | 02:54.03 | 300m | 03:36.15 | 350m | 04:09.08 | 400m | 04:41.02             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 31.94                |
| 21.  | 1/4   | <b>SUDÁR Norbert</b>          | 2009  |       | Újpesti Torna Egylet                  | <b>04:42.88</b> | +19.37 | 571      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.75                         | 50m   | 29.74 | 100m                                  | 01:04.02        | 150m   | 01:39.91 | 200m | 02:15.23 | 250m | 02:57.55 | 300m | 03:40.21 | 350m | 04:11.78 | 400m | 04:42.88             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 31.10                |
| 22.  | 1/3   | <b>MÁRTON Levente</b>         | 2010  |       | FTC                                   | <b>04:42.93</b> | +19.42 | 571      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.74                         | 50m   | 29.48 | 100m                                  | 01:03.31        | 150m   | 01:40.00 | 200m | 02:15.59 | 250m | 02:58.80 | 300m | 03:41.09 | 350m | 04:12.75 | 400m | 04:42.93             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 30.18                |
| 23.  | 2/1   | <b>DOMONKOS György</b>        | 2005  |       | Budaörsi Sport Club                   | <b>04:51.49</b> | +27.98 | 522      |      |          |      |          |      |          |      |          |      |                      |
|      | R.Idő | 00.72                         | 50m   | 30.21 | 100m                                  | 01:04.36        | 150m   | 01:41.10 | 200m | 02:17.56 | 250m | 03:00.54 | 300m | 03:43.43 | 350m | 04:17.70 | 400m | 04:51.49             |
|      |       |                               |       |       |                                       |                 |        |          |      |          |      |          |      |          |      |          |      | 33.79                |
| DNS  | 4/5   | <b>VERSITZ Ákos</b>           | 2004  |       | FTC                                   |                 |        |          |      |          |      |          |      |          |      |          |      |                      |
| DNS  | 2/7   | <b>SZABÓ Gergő</b>            | 2008  |       | Sárvári Gyógyfürdő                    |                 |        |          |      |          |      |          |      |          |      |          |      |                      |
| DSQ  | 4/1   | <b>BARABÁS Imre Dávid</b>     | 2004  |       | Balaton ÜK Veszprém                   |                 |        |          |      |          |      |          |      |          |      |          |      | Szabálytalan forduló |
| DSQ  | 2/8   | <b>HONTI-PECORA Sebestyén</b> | 2007  |       | Újpesti Torna Egylet                  |                 |        |          |      |          |      |          |      |          |      |          |      | Szabálytalan úszás   |