

**ELŐFUTAM KAT. EREDMÉNY**
**400 m női vegyes**

40. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felhőtt	04:26.36	HOSSZÚ Katinka	Rio (BRA)	2016. aug. 06.
16	04:34.96	JACKL Vivien	CXXVI. ORSZÁGOS	2024. ápr. 10.
15	04:40.66	JACKL Vivien	Ifjúsági Európa-Bajnokság	2023. júl. 03.
14	04:44.04	KÉSELY Ajna	Hódmezővásárhely	2015. dec. 11.
13	04:46.47	JACKL Vivien	Kaposvár	2021. jún. 04.
12	04:59.82	JACKL Vivien	Győr	2020. okt. 24.

**2011 és idősebb női**

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA
1.	2/7	<b>DOBRA Katalin</b>	2010		Újpesti Torna Egylet	<b>05:17.05</b>		
	50m	33.04	100m	01:12.12	150m	01:55.06	200m	02:37.63
				39.08		42.94		42.57
							250m	03:20.21
								42.58
							300m	04:03.70
								43.49
							350m	04:40.85
								37.15
							400m	05:17.05
								36.20
2.	2/2	<b>PUZSA Petra</b>	2010		A Jövő SC	<b>05:21.13</b>	+04.08	
	50m	31.99	100m	01:12.03	150m	01:54.00	200m	02:38.05
				40.04		41.97		44.05
							250m	03:21.83
								43.78
							300m	04:07.03
								45.20
							350m	04:43.86
								36.83
							400m	05:21.13
								37.27
3.	2/8	<b>HAVAN Hédi</b>	2011		Vác ASC	<b>05:31.45</b>	+14.40	
	50m	34.12	100m	01:11.41	150m	01:53.13	200m	02:35.72
				37.29		41.72		42.59
							250m	03:22.82
								47.10
							300m	04:11.37
								48.55
							350m	04:51.40
								40.03
							400m	05:31.45
								40.05
4.	2/6	<b>SZTRUHÁR Gréta</b>	2007		MATE - GEAC	<b>05:32.85</b>	+15.80	
	50m	33.29	100m	01:12.81	150m	01:55.61	200m	02:39.29
				39.52		42.80		43.68
							250m	03:26.36
								47.07
							300m	04:17.53
								51.17
							350m	04:55.20
								37.67
							400m	05:32.85
								37.65
5.	1/6	<b>LICTENSTEIN Laura</b>	2011		VS Dunakeszi	<b>05:34.52</b>	+17.47	
	50m	34.17	100m	01:16.66	150m	01:57.99	200m	02:40.94
				42.49		41.33		42.95
							250m	03:29.88
								48.94
							300m	04:21.29
								51.41
							350m	04:58.12
								36.83
							400m	05:34.52
								36.40
6.	2/1	<b>ALT Kamilla Emma</b>	2011		Vác ASC	<b>05:47.51</b>	+30.46	
	50m	37.26	100m	01:21.02	150m	02:06.98	200m	02:51.43
				43.76		45.96		44.45
							250m	03:37.94
								46.51
							300m	04:26.52
								48.58
							350m	05:08.55
								42.03
							400m	05:47.51
								38.96
7.	1/2	<b>GRAF Emese</b>	2011		Debreceni Sportc. SI	<b>05:47.53</b>	+30.48	
	50m	36.22	100m	01:21.26	150m	02:03.51	200m	02:47.16
				45.04		42.25		43.65
							250m	03:38.35
								51.19
							300m	04:31.76
								53.41
							350m	05:10.16
								38.40
							400m	05:47.53
								37.37
8.	1/8	<b>SZTRUHÁR Petra</b>	2011		MATE - GEAC	<b>05:58.84</b>	+41.79	
	50m	37.54	100m	01:22.19	150m	02:07.32	200m	02:51.24
				44.65		45.13		43.92
							250m	03:45.27
								54.03
							300m	04:40.20
								54.93
							350m	05:19.30
								39.10

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15	04:40.66	JACKL Vivien	Ifjúsági Európa-Bajnokság	2023. júl. 03.
14	04:44.04	KÉSELY Ajna	Hódmezővásárhely	2015. dec. 11.
13	04:46.47	JACKL Vivien	Kaposvár	2021. jún. 04.
12	04:59.82	JACKL Vivien	Győr	2020. okt. 24.

**2012-2015 női**

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA
1.	1/5	<b>SUIJKER Rachel</b>	2012		Vác ASC	<b>05:14.52</b>		
	50m	34.85	100m	01:13.91	150m	01:53.61	200m	02:33.92
				39.06		39.70		40.31
					250m	03:19.56	300m	04:03.90
						45.64		44.34
2.	1/4	<b>SZALAY Zorka Zsóka</b>	2013		Darnyi Tamás SC	<b>05:24.83</b>	+10.31	
	50m	35.56	100m	01:15.86	150m	01:57.26	200m	02:39.98
				40.30		41.40		42.72
					250m	03:24.78	300m	04:09.11
						44.80		44.33
3.	1/3	<b>NYÁRI Hanna</b>	2012		Budaörsi Sport Club	<b>05:39.11</b>	+24.59	
	50m	33.35	100m	01:14.55	150m	02:01.83	200m	02:47.90
				41.20		47.28		46.07
					250m	03:34.12	300m	04:23.00
						46.22		48.88
4.	3/4	<b>TÖMÖR Janka</b>	2013		BVSC-Zugló	<b>05:42.38</b>	+27.86	
	50m	34.78	100m	01:19.02	150m	02:02.24	200m	02:46.04
				44.24		43.22		43.80
					250m	03:33.46	300m	04:22.93
						47.42		49.47
5.	2/0	<b>BRIGLOVICS Emese</b>	2013		Vác ASC	<b>05:48.21</b>	+33.69	
	50m	38.15	100m	01:21.86	150m	02:07.13	200m	02:51.53
				43.71		45.27		44.40
					250m	03:43.01	300m	04:33.57
						51.48		50.56
6.	1/7	<b>TURAI Emma</b>	2014		A Jövő SC	<b>05:50.89</b>	+36.37	
	50m	38.14	100m	01:25.28	150m	02:08.22	200m	02:50.07
				47.14		42.94		41.85
					250m	03:41.06	300m	04:31.84
						50.99		50.78
7.	3/3	<b>DOMBRÁDY Sára Erzsébet</b>	2013		Budaörsi Sport Club	<b>05:53.98</b>	+39.46	
	50m	35.90	100m	01:19.10	150m	02:04.09	200m	02:51.22
				43.20		44.99		47.13
					250m	03:42.43	300m	04:35.86
						51.21		53.43
8.	1/1	<b>PESZLEG Bianka</b>	2013		Debreceni Sportc. SI	<b>05:59.55</b>	+45.03	
	50m	36.27	100m	01:19.73	150m	02:07.37	200m	02:54.28
				43.46		47.64		46.91
					250m	03:45.18	300m	04:37.56
						51.00		52.28
9.	1/9	<b>SZARVAS Flóra</b>	2014		BVSC-Zugló	<b>06:08.00</b>	+53.48	
	50m	42.18	100m	01:32.11	150m	02:17.46	200m	03:03.01
				49.93		45.35		45.55
					250m	03:55.25	300m	04:48.07
						52.24		52.82
10.	2/4	<b>ELEKES Alíz</b>	2014		BVSC-Zugló	<b>06:09.58</b>	+55.06	
	50m	39.75	100m	01:26.42	150m	02:14.61	200m	03:03.76
				46.67		48.19		49.15
					250m	03:54.18	300m	04:45.21
						50.42		51.03
11.	3/5	<b>DOMJÁN Dalma</b>	2014		VS Dunakeszi	<b>06:13.32</b>	+58.80	
	50m	39.16	100m	01:27.37	150m	02:15.76	200m	03:01.71
				48.21		48.39		45.95
					250m	03:57.62	300m	04:52.71
						55.91		55.09
12.	2/9	<b>HOLLÓSI Lilla Amira</b>	2014		BVSC-Zugló	<b>06:18.56</b>	+01:04.04	
	50m	39.35	100m	01:27.73	150m	02:15.51	200m	03:03.03
				48.38		47.78		47.52
					250m	03:56.54	300m	04:52.18
						53.51		55.64
13.	2/5	<b>URBÁN Anna Gréta</b>	2013		A Jövő SC	<b>06:32.19</b>	+01:17.67	
	50m	41.20	100m	01:31.69	150m	02:24.74	200m	03:16.94
				50.49		53.05		52.20
					250m	04:10.78	300m	05:07.12
						53.84		56.34
14.	2/3	<b>JÉGER Gréta Andrea</b>	2014		BVSC-Zugló	<b>06:38.34</b>	+01:23.82	
	50m	44.11	100m	01:37.93	150m	02:27.53	200m	03:17.96
				53.82		49.60		50.43
					250m	04:12.91	300m	05:11.09
						54.95		58.18
DNS	1/0	<b>BALOGH Emese Kata</b>	2014		BVSC-Zugló			