

## 400 m női gyors

11. versenyszám Országos csúcs: 04:01.31 (Késely Ajna - 1970)

### Open

1.	Szabó Lilla	2009	Egri ÚK	4:19,60
	50m: 0:29,68 100m: 1:01,80 150m: 1:34,55 200m: 2:07,64 250m: 2:40,76 300m: 3:14,29 350m: 3:47,77			
	Edzője:			
2.	Bánhegyi Brigitta	2007	MiskolciSI	4:37,36
	50m: 0:31,86 100m: 1:05,97 150m: 1:41,67 200m: 2:17,29 250m: 2:52,89 300m: 3:28,52 350m: 4:03,76			
3.	Balogh Viktória Enikő	2010	Debr.SC SI	4:39,44
	50m: 0:30,99 100m: 1:05,12 150m: 1:40,45 200m: 2:16,61 250m: 2:53,15 300m: 3:29,38 350m: 4:05,15			
4.	Győri Lizett	2009	Parafa UK	4:48,16
	50m: 0:32,38 100m: 1:07,73 150m: 1:44,23 200m: 2:21,22 250m: 2:58,15 300m: 3:35,45 350m: 4:12,64			
5.	Fogarasi Janka	2008	Swim.Pent	4:59,98
	50m: 0:33,88 100m: 1:11,66 150m: 1:50,32 200m: 2:29,84 250m: 3:06,92 300m: 3:44,75 350m: 4:22,48			
6.	Végh Eszter	2010	Debr.SC SI	5:01,47
	50m: 0:34,27 100m: 1:11,44 150m: 1:49,76 200m: 2:28,18 250m: 3:06,81 300m: 3:45,81 350m: 4:24,32			
7.	Tihor Jázmin	2010	MiskolciSI	5:02,35
	50m: 1:11,54 100m: 1:11,69 150m: 1:50,61 200m: 2:29,82 250m: 3:47,92 300m: 3:48,20 350m: 4:26,72			
8.	Csecsődi Hajnalka Ibolya	2011	Debr.SC SI	5:05,52
	50m: 0:34,29 100m: 1:11,95 150m: 1:50,73 200m: 2:29,90 250m: 3:09,36 300m: 3:48,18 350m: 4:27,19			
9.	Halász Hanna	2008	Swim.Pent	5:09,03
	50m: 0:34,43 100m: 1:13,37 150m: 1:52,71 200m: 2:32,18 250m: 3:11,88 300m: 3:51,71 350m: 4:31,01			
10.	Halasi Lili	2007	MiskolciSI	5:09,13
	50m: 0:34,35 100m: 1:13,18 150m: 1:52,87 200m: 2:32,75 250m: 3:12,26 300m: 3:52,49 350m: 4:32,17			
11.	Lévai Linda	2012	Egri ÚK	5:10,23
	50m: 0:35,47 100m: 1:14,72 150m: 1:54,08 200m: 2:33,69 250m: 3:12,94 300m: 3:52,74 350m: 4:32,53			
12.	Kárpáti Luca Sára	2010	MiskolciSI	5:10,45
	50m: 0:33,89 100m: 1:12,49 150m: 1:52,39 200m: 2:32,75 250m: 3:13,43 300m: 3:53,44 350m: 4:33,02			
13.	Miklós Janka	2012	MiskolciSI	5:13,13
	50m: 0:35,24 100m: 1:14,52 150m: 1:54,32 200m: 2:34,45 250m: 3:14,21 300m: 3:54,20 350m: 4:34,51			
14.	Kelemen Zorka Veronika	2007	MiskolciSI	5:17,08
	50m: 0:34,15 100m: 1:12,44 150m: 1:51,62 200m: 2:32,00 250m: 3:12,61 300m: 3:54,33 350m: 4:36,67			
15.	Takacs-Dan Kira	2013	Marosvásárhely	5:18,14
	50m: 0:35,80 100m: 1:15,83 150m: 1:56,96 200m: 2:37,27 250m: 3:18,93 300m: 3:59,82 350m: 4:39,98			
16.	Fazekas Dorka	2012	MiskolciSI	5:18,23
	50m: 0:35,76 100m: 1:16,12 150m: 1:56,59 200m: 2:37,81 250m: 3:18,82 300m: 3:59,98 350m: 4:40,32			
17.	Hegedüs Petra	2010	Magnetic	5:18,25
	50m: 0:34,82 100m: 1:13,90 150m: 1:54,34 200m: 2:35,71 250m: 3:16,86 300m: 3:57,93 350m: 4:38,74			
18.	Kiss Léna	2011	MiskolciSI	5:18,33
	50m: 0:34,79 100m: 1:14,74 150m: 1:56,26 200m: 2:37,08 250m: 3:18,75 300m: 4:00,98 350m: 4:41,85			
19.	Léport Szellő Boróka	2011	MiskolciSI	5:21,41
	50m: 0:35,20 100m: 1:15,65 150m: 1:56,55 200m: 2:37,80 250m: 3:19,39 300m: 4:01,21 350m: 4:42,76			
20.	Császári Kata	2010	MiskolciSI	5:23,52
	50m: 0:34,86 100m: 1:13,87 150m: 1:54,88 200m: 2:36,57 250m: 3:18,78 300m: 4:01,01 350m: 4:43,56			
21.	Ráski Sára	2012	MiskolciSI	5:23,58
	50m: 0:35,64 100m: 1:15,14 150m: 1:56,43 200m: 2:38,22 250m: 3:20,42 300m: 4:01,79 350m: 4:43,87			
22.	Mihály Nóra	2012	Egri ÚK	5:25,64
	50m: 0:36,69 100m: 1:17,62 150m: 1:59,77 200m: 2:42,68 250m: 3:24,32 300m: 4:06,61 350m: 4:47,17			
23.	Halasi Nóra	2007	MiskolciSI	5:28,72
	50m: 0:36,81 100m: 1:18,04 150m: 2:00,53 200m: 2:43,38 250m: 3:25,23 300m: 4:07,42 350m: 4:48,87			
24.	Szőlősi - Bálint Kincső P	2013	Debr.SC SI	5:32,59
	50m: 0:37,15 100m: 1:19,32 150m: 2:01,68 200m: 2:44,30 250m: 3:27,07 300m: 4:10,45 350m: 4:52,74			
25.	Borsos Csilla Dóra	2013	Debr.SC SI	5:38,47
	50m: 0:37,44 100m: 1:20,73 150m: 2:04,69 200m: 2:48,59 250m: 3:32,48 300m: 4:16,59 350m: 4:57,85			
26.	Gincsei Regina	2012	Nyíregyházi Sportc	5:40,55
	50m: 0:38,56 100m: 1:20,80 150m: 2:04,60 200m: 2:48,83 250m: 3:32,57 300m: 4:15,59 350m: 4:58,91			
27.	Harmati Dorottya	2007	Létavértes	5:44,60
	50m: 0:36,48 100m: 1:17,24 150m: 2:00,52 200m: 2:44,86 250m: 3:28,81 300m: 4:15,26 350m: 5:00,49			
28.	Tóth Zengő Katalin	2010	Swim.Pent	5:46,22
	50m: 0:37,42 100m: 1:20,27 150m: 2:04,28 200m: 2:48,79 250m: 3:33,47 300m: 4:18,88 350m: 5:02,74			
29.	Pénzes Panna	2014	Debr.SC SI	5:48,35
	50m: 0:39,22 100m: 1:22,71 150m: 2:06,64 200m: 2:51,56 250m: 3:37,55 300m: 4:21,71 350m: 5:05,40			
30.	Hornyik Panna	2008	MiskolciSI	5:54,07
	50m: 1:23,80 100m: 1:23,80 150m: 2:10,07 200m: 2:55,53 250m: 3:40,50 300m: 4:24,44 350m: 5:10,74			
31.	Kozma Hanna	2012	MiskolciSI	5:54,97
	50m: 0:38,55 100m: 1:23,92 150m: 2:08,77 200m: 2:56,06 250m: 3:42,53 300m: 4:29,43 350m: 5:11,51			
32.	Hornyák Panka	2011	Egri ÚK	5:57,89
	50m: 0:37,85 100m: 1:22,71 150m: 2:07,64 200m: 2:54,34 250m: 3:41,53 300m: 4:28,51 350m: 5:14,39			

## 400 m női gyors

11. versenyszám Országos csúcs: 04:01.31 (Késely Ajna - 1970)

### Open

33.	Harmati Zsófia	2015	Debr.SC SI							6:09,43
	50m: 0:41,36	100m: 1:27,05	150m: 2:14,46	200m: 3:02,67	250m: 3:50,25	300m: 4:37,91	350m: 5:25,26			
34.	Balázs Luca Anna	2015	Létavértes							6:12,87
	50m: 0:41,47	100m: 1:28,33	150m: 2:17,97	200m: 3:06,68	250m: 3:55,79	300m: 4:44,65	350m: 5:29,25			
35.	Szabó Zoé Zamira	2016	Debr.SC SI							6:20,34
	50m: 0:40,84	100m: 1:29,89	150m: 2:17,94	200m: 3:06,92	250m: 3:56,02	300m: 4:44,42	350m: 5:31,66			
36.	Erdei Nóra	2015	Debr.SC SI							6:20,62
	50m: 0:55,80	100m: 1:30,67	150m: 2:19,64	200m: 3:08,48	250m: 3:56,97	300m: 4:45,61	350m: 5:33,72			
37.	Sógor Fruzsina Eszter	2014	Debr.SC SI							6:26,50
	50m: 0:41,65	100m: 1:30,63	150m: 2:20,73	200m: 3:10,60	250m: 4:00,82	300m: 4:50,90	350m: 5:39,73			
38.	Kóte Ajna Marietta	2014	Debr.SC SI							6:29,69
	50m: 0:44,02	100m: 1:34,32	150m: 2:24,37	200m: 3:14,66	250m: 4:04,46	300m: 4:54,71	350m: 5:43,13			
39.	Szlovák Panna Dóra	2015	Debr.SC SI							6:39,98
	50m: 0:42,04	100m: 1:33,39	150m: 2:24,31	200m: 3:16,11	250m: 4:07,96	300m: 4:59,03	350m: 5:51,64			
40.	Barta Liza	2014	Debr.SC SI							6:40,43
	50m: 0:43,50	100m: 1:34,85	150m: 2:25,62	200m: 3:16,86	250m: 4:09,40	300m: 5:01,42	350m: 5:53,09			
41.	Csige Zsuzsanna	2014	Létavértes							7:31,76
	50m: 0:48,86	100m: 1:44,27	150m: 2:42,02	200m: 3:39,98	250m: 4:39,67	300m: 5:36,22	350m: 6:34,38			

### Nem indult

Molnár Fruzsina 2007 Nyíregyházi Sportc