

## EL FUTAM ABS. EREDMÉNY

### 400 m férfi gyors

19. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
14	04:03.55	GALYASSY Szilárd	Gy r	2016. dec. 16.
15	03:58.28	BERNEK Péter	Pitesti	2007. nov. 25.
16	03:54.36	MÁRTON Richárd	Tbilisi (GEO)	2015. júl. 28.
17	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.
18	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.

Hely.	Pálya	Név	Klub	Szül.	Id	Gap	FINA									
1.	5 / 4	<b>MÉSZÁROS Dániel</b> Edz : FTC Edz i csapata	FTC	2004	<b>03:56.85</b>		802									
	50m	26.97	100m	56.06	150m	01:25.51	200m	01:55.36	250m	02:25.93	300m	02:56.40	350m	03:26.86	400m	03:56.85
		26.97		29.09		29.45		29.85		30.57		30.47		30.46		29.99
2.	5 / 5	<b>GÁLICZ László</b>	FTC	2004	<b>04:00.12</b>	+03.27	769									
	50m	28.10	100m	58.11	150m	01:28.66	200m	01:59.19	250m	02:29.38	300m	02:59.88	350m	03:30.45	400m	04:00.12
		28.10		30.01		30.55		30.53		30.19		30.50		30.57		29.67
3.	4 / 5	<b>PINTÉR Ádám</b>	Balaton ÚK Veszprém	2004	<b>04:01.97</b>	+05.12	752									
	50m	27.42	100m	57.21	150m	01:27.39	200m	01:57.74	250m	02:28.82	300m	02:59.88	350m	03:31.45	400m	04:01.97
		27.42		30.18		30.18		30.35		31.08		31.06		31.57		30.52
4.	4 / 3	<b>SZEDLÁK Gellért Vajk</b>	Darnyi Tamás SC	2004	<b>04:03.35</b>	+06.50	739									
	50m	27.97	100m	58.56	150m	01:29.13	200m	01:59.90	250m	02:30.97	300m	03:02.20	350m	03:33.00	400m	04:03.35
		27.97		30.59		30.57		30.77		31.07		31.23		30.80		30.35
5.	3 / 5	<b>JUHÁSZ-DÓRA Richárd</b>	K bánya Sport Club	2005	<b>04:04.22</b>	+07.37	731									
	50m	27.95	100m	58.05	150m	01:29.45	200m	02:00.84	250m	02:32.04	300m	03:03.39	350m	03:34.85	400m	04:04.22
		27.95		30.10		31.40		31.39		31.20		31.35		31.46		29.37
6.	3 / 3	<b>GYÖRE Ádám</b>	Egri Úszó Klub	2004	<b>04:04.34</b>	+07.49	730									
	50m	28.20	100m	58.54	150m	01:29.65	200m	02:01.05	250m	02:32.61	300m	03:04.18	350m	03:35.54	400m	04:04.34
		28.20		30.34		31.11		31.40		31.56		31.57		31.36		28.80
7.	4 / 4	<b>POVARNITSYN Alexandr</b>	BVSC-Zugló	2004	<b>04:04.55</b>	+07.70	728									
	50m	27.95	100m	58.11	150m	01:28.66	200m	01:59.52	250m	02:30.94	300m	03:02.57	350m	03:33.98	400m	04:04.55
		27.95		30.16		30.55		30.86		31.42		31.63		31.41		30.57
8.	4 / 6	<b>KRSTULOVIC Vladimir</b>	Gy ri Úszó Sportegy.	2005	<b>04:06.02</b>	+09.17	715									
	50m	27.48	100m	57.55	150m	01:28.65	200m	02:00.24	250m	02:32.06	300m	03:04.02	350m	03:35.86	400m	04:06.02
		27.48		30.07		31.10		31.59		31.82		31.96		31.84		30.16
9.	5 / 3	<b>DEÁK Levente</b>	Soproni Széchy T. SI	2005	<b>04:07.54</b>	+10.69	702									
	50m	27.62	100m	58.53	150m	01:29.86	200m	02:01.54	250m	02:33.22	300m	03:05.00	350m	03:36.76	400m	04:07.54
		27.62		30.91		31.33		31.68		31.68		31.78		31.76		30.78
10.	3 / 6	<b>POTECZIN Dániel</b>	Érdi Vízisport Kft	2006	<b>04:08.67</b>	+11.82	693									
	50m	28.28	100m	59.57	150m	01:31.39	200m	02:03.78	250m	02:35.54	300m	03:07.59	350m	03:39.33	400m	04:08.67
		28.28		31.29		31.82		32.39		31.76		32.05		31.74		29.34
11.	4 / 7	<b>DUCA Stefan-Mircea</b>	Egri Úszó Klub	2006	<b>04:09.56</b>	+12.71	685									
	50m	28.36	100m	59.34	150m	01:31.56	200m	02:03.69	250m	02:35.91	300m	03:08.17	350m	03:39.59	400m	04:09.56
		28.36		30.98		32.22		32.13		32.22		32.26		31.42		29.97
12.	3 / 1	<b>MÁTRAI Levente</b>	Gy ri Úszó Sportegy.	2005	<b>04:09.60</b>	+12.75	685									
	50m	27.98	100m	59.15	150m	01:30.88	200m	02:02.94	250m	02:34.85	300m	03:07.23	350m	03:39.01	400m	04:09.60
		27.98		31.17		31.73		32.06		31.91		32.38		31.78		30.59
13.	4 / 2	<b>TAKÁCS Fábió</b>	KÚKSE	2004	<b>04:11.02</b>	+14.17	673									
	50m	28.17	100m	59.44	150m	01:30.79	200m	02:02.92	250m	02:35.30	300m	03:07.76	350m	03:39.77	400m	04:11.02
		28.17		31.27		31.35		32.13		32.38		32.46		32.01		31.25
14.	5 / 7	<b>TOHL Dániel Antal</b>	Érdi Vízisport Kft	2005	<b>04:11.13</b>	+14.28	672									
	50m	28.45	100m	59.20	150m	01:30.79	200m	02:02.96	250m	02:34.93	300m	03:07.23	350m	03:39.47	400m	04:11.13
		28.45		30.75		31.59		32.17		31.97		32.30		32.24		31.66
15.	3 / 7	<b>PÁL Vince</b>	Újpesti Torna Egylet	2005	<b>04:13.19</b>	+16.34	656									
	50m	28.40	100m	59.48	150m	01:31.53	200m	02:03.77	250m	02:36.06	300m	03:08.65	350m	03:41.88	400m	04:13.19
		28.40		31.08		32.05		32.24		32.29		32.59		33.23		31.31
16.	5 / 2	<b>PAKSI Zsombor</b>	Szegedi Úszó Egylet	2006	<b>04:13.42</b>	+16.57	654									
	50m	28.10	100m	59.25	150m	01:31.34	200m	02:03.71	250m	02:36.14	300m	03:09.08	350m	03:41.68	400m	04:13.42
		28.10		31.15		32.09		32.37		32.43		32.94		32.60		31.74
17.	5 / 6	<b>HOSSZÚ Máté</b>	Gy ri Úszó Sportegy.	2006	<b>04:13.70</b>	+16.85	652									
	50m	29.23	100m	01:00.61	150m	01:32.89	200m	02:05.62	250m	02:37.64	300m	03:10.28	350m	03:43.44	400m	04:13.70
		29.23		31.38		32.28		32.73		32.02		32.64		33.16		30.26
18.	4 / 9	<b>ILLÉS Bence</b>	A Jöv SC	2005	<b>04:15.26</b>	+18.41	640									
	50m	27.84	100m	58.61	150m	01:31.34	200m	02:03.91	250m	02:36.57	300m	03:09.95	350m	03:42.97	400m	04:15.26
		27.84		30.77		32.73		32.57		32.66		33.38		33.02		32.29

## EL FUTAM ABS. EREDMÉNY

### 400 m férfi gyors

19. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
14	04:03.55	GALYASSY Szilárd	Gy r	2016. dec. 16.
15	03:58.28	BERNEK Péter	Pitesti	2007. nov. 25.
16	03:54.36	MÁRTON Richárd	Tbilisi (GEO)	2015. júl. 28.
17	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.
18	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.

Hely.	Pálya	Név	Klub	Szül.	Id	Gap	FINA									
19.	4 / 0	<b>BARABÁS Imre Dávid</b>	Balaton ÚK Veszprém	2004	<b>04:15.76</b>	+18.91	637									
	50m	28.49	100m	58.91	150m	01:30.80	200m	02:03.46	250m	02:36.69	300m	03:10.40	350m	03:44.28	400m	04:15.76
		28.49		30.42		31.89				32.66		33.71		33.88		31.48
20.	5 / 0	<b>DEÁK Gergely</b>	A Jöv SC	2007	<b>04:15.89</b>	+19.04	636									
	50m	28.55	100m	59.98	150m	01:32.52	200m	02:05.30	250m	02:38.21	300m	03:11.55	350m	03:44.17	400m	04:15.89
		28.55		31.43		32.54				32.78		33.34		32.62		31.72
21.	2 / 7	<b>PAPP Sebestyén</b>	Újpesti Torna Egylet	2008	<b>04:16.70</b>	+19.85	630									
	50m	29.62	100m	01:02.16	150m	01:35.31	200m	02:08.17	250m	02:41.02	300m	03:14.06	350m	03:46.69	400m	04:16.70
		29.62		32.54		33.15				32.86		33.04		32.63		30.01
22.	2 / 1	<b>KÁRPÁTI Máté</b>	Újpesti Torna Egylet	2008	<b>04:17.00</b>	+20.15	627									
	50m	28.08	100m	01:00.29	150m	01:33.63	200m	02:06.59	250m	02:39.21	300m	03:12.46	350m	03:45.25	400m	04:17.00
		28.08		32.21		33.34				32.96		33.25		32.79		31.75
23.	1 / 5	<b>PRISTAVKA Timoffi</b>	Ukraine	2005	<b>04:17.54</b>	+20.69	623									
	50m	28.59	100m	01:00.06	150m	01:32.26	200m	02:05.41	250m	02:38.66	300m	03:12.14	350m	03:45.48	400m	04:17.54
		28.59		31.47		32.20				33.15		33.48		33.34		32.06
24.	3 / 9	<b>BENCSIK Emil Henrik</b>	Érdi Vízisport Kft	2005	<b>04:18.05</b>	+21.20	620									
	50m	29.28	100m	01:01.98	150m	01:35.16	200m	02:08.59	250m	02:41.28	300m	03:14.22	350m	03:46.39	400m	04:18.05
		29.28		32.70		33.18				33.43		32.94		32.17		31.66
25.	5 / 1	<b>KERSÁK Kristóf Balázs</b>	Balaton ÚK Veszprém	2004	<b>04:18.10</b>	+21.25	619									
	50m	27.75	100m	58.64	150m	01:31.21	200m	02:04.45	250m	02:37.74	300m	03:11.92	350m	03:45.31	400m	04:18.10
		27.75		30.89		32.57				33.24		34.18		33.39		32.79
26.	5 / 9	<b>SZAPPANOS Kristóf</b>	Budaörsi Sport Club	2007	<b>04:18.61</b>	+21.76	616									
	50m	27.88	100m	01:00.20	150m	01:33.11	200m	02:06.49	250m	02:39.75	300m	03:13.20	350m	03:46.65	400m	04:18.61
		27.88		32.32		32.91				33.38		33.45		33.45		31.96
27.	2 / 5	<b>TULIPÁN Bence</b>	Miskolci Sportiskola	2006	<b>04:18.95</b>	+22.10	613									
	50m	30.22	100m	01:02.81	150m	01:35.87	200m	02:09.42	250m	02:41.92	300m	03:15.25	350m	03:48.90	400m	04:18.95
		30.22		32.59		33.06				33.55		33.33		33.65		30.05
28.	2 / 2	<b>SZABÓ János</b>	Gyulai Várfürd Kft.	2004	<b>04:18.96</b>	+22.11	613									
	50m	28.44	100m	59.89	150m	01:32.15	200m	02:05.23	250m	02:38.73	300m	03:12.76	350m	03:46.68	400m	04:18.96
		28.44		31.45		32.26				33.08		34.03		33.92		32.28
29.	2 / 4	<b>RIEGER Örs István</b>	FTC	2006	<b>04:19.09</b>	+22.24	612									
	50m	29.93	100m	01:02.30	150m	01:35.49	200m	02:08.20	250m	02:41.34	300m	03:14.62	350m	03:48.29	400m	04:19.09
		29.93		32.37		33.19				32.71		33.28		33.67		30.80
30.	3 / 8	<b>NAGY-SELMECZY Bulcsú</b>	ZÚK	2007	<b>04:19.63</b>	+22.78	609									
	50m	28.84	100m	01:00.60	150m	01:33.28	200m	02:06.50	250m	02:39.95	300m	03:13.49	350m	03:46.94	400m	04:19.63
		28.84		31.76		32.68				33.22		33.54		33.45		32.69
31.	2 / 3	<b>CZEGLÉDI Kenéz</b>	BÁCSVÍZ SC	2005	<b>04:19.97</b>	+23.12	606									
	50m	29.69	100m	01:01.74	150m	01:35.15	200m	02:07.98	250m	02:41.30	300m	03:14.75	350m	03:48.34	400m	04:19.97
		29.69		32.05		33.41				32.83		33.45		33.59		31.63
32.	3 / 0	<b>MUSA Márk</b>	HódSenior	2007	<b>04:21.32</b>	+24.47	597									
	50m	28.48	100m	59.90	150m	01:33.07	200m	02:06.70	250m	02:40.73	300m	03:14.89	350m	03:48.87	400m	04:21.32
		28.48		31.42		33.17				33.63		34.16		33.98		32.45
33.	1 / 2	<b>TORMA Benjamin</b>	Budaörsi Sport Club	2004	<b>04:21.53</b>	+24.68	595									
	50m	28.84	100m	01:00.73	150m	01:33.93	200m	02:06.91	250m	02:40.55	300m	03:14.44	350m	03:48.53	400m	04:21.53
		28.84		31.89		33.20				32.98		33.89		34.09		33.00
34.	2 / 6	<b>HAVAS Balázs</b>	Gyulai Várfürd Kft.	2006	<b>04:21.58</b>	+24.73	595									
	50m	29.78	100m	01:02.31	150m	01:35.57	200m	02:09.04	250m	02:42.15	300m	03:15.72	350m	03:49.16	400m	04:21.58
		29.78		32.53		33.26				33.47		33.57		33.44		32.42
35.	2 / 8	<b>SZÁNTOSI Tamás</b>	Bajai SSC	2005	<b>04:22.34</b>	+25.49	590									
	50m	29.60	100m	01:02.74	150m	01:35.98	200m	02:09.56	250m	02:43.31	300m	03:17.29	350m	03:50.66	400m	04:22.34
		29.60		33.14		33.24				33.58		33.98		33.37		31.68
36.	2 / 9	<b>BIRKÁS Botond</b>	Budaörsi Sport Club	2006	<b>04:22.54</b>	+25.69	588									
	50m	29.68	100m	01:02.45	150m	01:35.81	200m	02:09.67	250m	02:43.32	300m	03:17.29	350m	03:50.76	400m	04:22.54
		29.68		32.77		33.36				33.86		33.97		33.47		31.78
37.	4 / 1	<b>BARCSÁK Ambrus</b>	Bajai SSC	2004	<b>04:23.51</b>	+26.66	582									
	50m	29.45	100m	01:01.58	150m	01:34.47	200m	02:08.14	250m	02:42.36	300m	03:16.83	350m	03:50.88	400m	04:23.51
		29.45		32.13		32.89				33.67		34.47		34.05		32.63

## EL FUTAM ABS. EREDMÉNY

### 400 m férfi gyors

19. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
14	04:03.55	GALYASSY Szilárd	Gy r	2016. dec. 16.
15	03:58.28	BERNEK Péter	Pitesti	2007. nov. 25.
16	03:54.36	MÁRTON Richárd	Tbilisi (GEO)	2015. júl. 28.
17	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.
18	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.

Hely.	Pálya	Név	Klub	Szül.	Id	Gap	FINA									
<b>38.</b>	1 / 6	<b>KÁLLAI Barnabás</b>	Pécsi Sport Nonprof.	2008	<b>04:24.91</b>	+28.06	573									
	50m	29.44	100m	01:02.14	150m	01:35.89	200m	02:09.76	250m	02:44.01	300m	03:18.71	350m	03:52.61	400m	04:24.91
		29.44		32.70		33.75		33.87		34.25		34.70		33.90		32.30
<b>39.</b>	1 / 4	<b>CSILICS Márk</b>	Bajai SSC	2005	<b>04:25.51</b>	+28.66	569									
	50m	29.54	100m	01:01.61	150m	01:34.68	200m	02:08.61	250m	02:43.06	300m	03:17.62	350m	03:52.22	400m	04:25.51
		29.54		32.07		33.07		33.93		34.45		34.56		34.60		33.29
<b>40.</b>	4 / 8	<b>KOTENKO Mykola</b>	Ukraine	2007	<b>04:25.60</b>	+28.75	568									
	50m	27.54	100m	59.09	150m	01:33.72	200m	02:07.77	250m	02:42.87	300m	03:17.15	350m	03:52.31	400m	04:25.60
		27.54		31.55		34.63		34.05		35.10		34.28		35.16		33.29
<b>41.</b>	1 / 3	<b>MIZSEY Péter Pál</b>	Budafóka XXII. SE	2007	<b>04:27.18</b>	+30.33	558									
	50m	29.43	100m	01:02.70	150m	01:36.97	200m	02:11.75	250m	02:45.74	300m	03:20.81	350m	03:54.37	400m	04:27.18
		29.43		33.27		34.27		34.78		33.99		35.07		33.56		32.81
<b>42.</b>	2 / 0	<b>CSERNYIK Dániel</b>	NYSC	2006	<b>04:28.10</b>	+31.25	553									
	50m	29.33	100m	01:02.68	150m	01:36.89	200m	02:11.00	250m	02:45.51	300m	03:20.19	350m	03:54.74	400m	04:28.10
		29.33		33.35		34.21		34.11		34.51		34.68		34.55		33.36
<b>43.</b>	1 / 8	<b>SZEDLÁK Kende Magor</b>	Darnyi Tamás SC	2006	<b>04:30.20</b>	+33.35	540									
	50m	29.76	100m	01:02.84	150m	01:37.09	200m	02:11.91	250m	02:45.96	300m	03:21.35	350m	03:55.70	400m	04:30.20
		29.76		33.08		34.25		34.82		34.05		35.39		34.35		34.50
<b>44.</b>	1 / 7	<b>BERCSE Bence</b>	Szombathelyi SK SI	2007	<b>04:32.51</b>	+35.66	526									
	50m	29.81	100m	01:03.53	150m	01:37.95	200m	02:12.78	250m	02:47.93	300m	03:23.24	350m	03:58.42	400m	04:32.51
		29.81		33.72		34.42		34.83		35.15		35.31		35.18		34.09
<b>DNS</b>	3 / 2	<b>ANTAL Dávid</b>	Bátori Sárkány ÚE	2008												
	50m		100m		150m		200m		250m		300m		350m		400m	
<b>DNS</b>	1 / 1	<b>DOSZPOLY Zsombor</b>	Miskolci Sportiskola	2008												
	50m		100m		150m		200m		250m		300m		350m		400m	
<b>DNS</b>	3 / 4	<b>HARSÁNYI Mátyás</b>	Kaposvári SI	2005												
	50m		100m		150m		200m		250m		300m		350m		400m	
<b>DNS</b>	5 / 8	<b>KAKUK Koppány Zéta</b>	Kaposvári SI	2008												
	50m		100m		150m		200m		250m		300m		350m		400m	