

ELŐFUTAM KAT. EREDMÉNY

400 m férfi gyors

27. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
felhőtt	03:45.68	KIS Gergő	Róma (ITA)	2009. júl. 26.
18	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.
17	03:46.06	ZOMBORI Gábor	Budapest	2019. aug. 20.
16	03:54.36	MÁRTON Richárd	Tbilisi (GEO)	2015. júl. 28.
15	03:57.67	KAKUK Koppány	EYOF	2023. júl. 23.
14	04:01.71	KAKUK Koppány	Hódmezővásárhely	2022. júl. 28.
13	04:07.34	KAKUK Koppány	Hódmezővásárhely	2021. júl. 22.
12	04:21.99	ANTAL Dávid	Debrecen	2020. dec. 04.
11	04:29.65	SZABÓ Marcell	Hódmezővásárhely	2021. dec. 17.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
1.	5/4	KOVÁCS Attila Edző:	2004		Egri Úszó Klub SE	04:05.90		716								
	50m	27.35	100m	58.15	150m	01:29.37	200m	02:01.82	250m	02:32.21	300m	03:03.69	350m	03:35.32	400m	04:05.90
				30.80		31.22		32.45		30.39		31.48		31.63		30.58
2.	5/3	GYÖRE Ádám	2004		Egri Úszó Klub SE	04:09.25	+03.35	688								
	50m	28.87	100m	59.93	150m	01:31.36	200m	02:03.23	250m	02:34.67	300m	03:06.41	350m	03:38.25	400m	04:09.25
				31.06		31.43		31.87		31.44		31.74		31.84		31.00
3.	4/4	ZOMBORI Gábor	2002		Újpesti Toma Egylet	04:12.60	+06.70	661								
	50m	28.32	100m	01:00.35	150m	01:33.30	200m	02:06.15	250m	02:39.56	300m	03:11.71	350m	03:43.01	400m	04:12.60
				32.03		32.95		32.85		33.41		32.15		31.30		29.59
4.	5/5	DUCA Stefan-Mircea	2006		BVSC-Zugló	04:14.13	+08.23	649								
	50m	29.39	100m	01:01.52	150m	01:34.03	200m	02:06.31	250m	02:37.87	300m	03:09.75	350m	03:42.19	400m	04:14.13
				32.13		32.51		32.28		31.56		31.88		32.44		31.94
5.	4/3	KREISZ Bálint	2009		Bohóchal	04:14.55	+08.65	646								
	50m	28.74	100m	01:01.40	150m	01:34.49	200m	02:07.08	250m	02:39.42	300m	03:11.72	350m	03:43.34	400m	04:14.55
				32.66		33.09		32.59		32.34		32.30		31.62		31.21
6.	5/6	CSABA György	2008		BVSC-Zugló	04:18.39	+12.49	617								
	50m	29.65	100m	01:02.53	150m	01:36.24	200m	02:09.99	250m	02:42.86	300m	03:15.98	350m	03:48.19	400m	04:18.39
				32.88		33.71		33.75		32.87		33.12		32.21		30.20
7.	5/7	BERCSE Bence	2007		UNI Győri Úszó Sportegy.	04:18.58	+12.68	616								
	50m	29.43	100m	01:02.21	150m	01:35.01	200m	02:07.94	250m	02:40.78	300m	03:14.10	350m	03:46.93	400m	04:18.58
				32.78		32.80		32.93		32.84		33.32		32.83		31.65
8.	5/2	TÖRÖK Gergely	2003		Egri Úszó Klub SE	04:19.86	+13.96	607								
	50m	29.88	100m	01:02.92	150m	01:36.35	200m	02:09.72	250m	02:42.16	300m	03:15.01	350m	03:47.92	400m	04:19.86
				33.04		33.43		33.37		32.44		32.85		32.91		31.94
9.	4/2	NEMES Ármin Boldizsár	2009		Kőbánya Sport Club	04:20.27	+14.37	604								
	50m	29.53	100m	01:01.77	150m	01:35.18	200m	02:08.50	250m	02:41.62	300m	03:14.58	350m	03:47.79	400m	04:20.27
				32.24		33.41		33.32		33.12		32.96		33.21		32.48
10.	5/1	OZSVÁRT Gábor	2009		Parafa Úszó Klub	04:21.99	+16.09	592								
	50m	30.10	100m	01:04.05	150m	01:38.08	200m	02:12.02	250m	02:45.61	300m	03:18.57	350m	03:50.97	400m	04:21.99
				33.95		34.03		33.94		33.59		32.96		32.40		31.02
11.	4/7	ZELENAI Zénó	2008		BVSC-Zugló	04:23.69	+17.79	581								
	50m	30.48	100m	01:03.89	150m	01:36.73	200m	02:10.15	250m	02:44.19	300m	03:17.67	350m	03:51.60	400m	04:23.69
				33.41		32.84		33.42		34.04		33.48		33.93		32.09
12.	4/8	CSEKŐ Dominik	2008		UNI Győri Úszó Sportegy.	04:33.56	+27.66	520								
	50m	30.93	100m	01:05.50	150m	01:40.99	200m	02:16.67	250m	02:52.42	300m	03:28.30	350m	04:01.26	400m	04:33.56
				34.57		35.49		35.68		35.75		35.88		32.96		32.30
13.	5/8	ARACZKI-SZABÓ Olivér	2009		Debreceni Sportc. SI	04:36.35	+30.45	505								
	50m	30.97	100m	01:05.71	150m	01:40.94	200m	02:16.70	250m	02:51.88	300m	03:27.38	350m	04:02.58	400m	04:36.35
				34.74		35.23		35.76		35.18		35.50		35.20		33.77
14.	4/1	PANNONHALMI Lázár Elemér	2011		UNI Győri Úszó Sportegy.	04:38.26	+32.36	494								
	50m	31.58	100m	01:06.29	150m	01:42.03	200m	02:18.25	250m	02:53.59	300m	03:29.43	350m	04:04.67	400m	04:38.26
				34.71		35.74		36.22		35.34		35.84		35.24		33.59
15.	3/3	VARGA Dominik-Zoltán	2010		Debreceni Aquasport	04:40.79	+34.89	481								
	50m	31.29	100m	01:07.27	150m	01:43.97	200m	02:20.20	250m	02:56.17	300m	03:31.63	350m	04:06.49	400m	04:40.79
				35.98		36.70		36.23		35.97		35.46		34.86		34.30
16.	3/4	NAHALKA Bence	2009		Egri Úszó Klub SE	04:43.58	+37.68	467								
	50m	31.52	100m	01:06.71	150m	01:42.87	200m	02:19.11	250m	02:55.92	300m	03:32.67	350m	04:08.74	400m	04:43.58
				35.19		36.16		36.24		36.81		36.75		36.07		34.84
17.	3/6	GYURKITY Mirkó	2011		Bajai SSC	04:48.76	+42.86	442								
	50m	31.43	100m	01:07.24	150m	01:44.29	200m	02:21.36	250m	02:58.63	300m	03:35.72	350m	04:13.10	400m	04:48.76
				35.81		37.05		37.07		37.27		37.09		37.38		35.66
18.	3/5	ZSUREK Dávid Áron	2010		Debreceni Aquasport	04:50.38	+44.48	435								
	50m	31.10	100m	01:06.73	150m	01:43.36	200m	02:20.28	250m	02:56.85	300m	03:34.04	350m	04:11.61	400m	04:50.38
				35.63		36.63		36.92		36.57		37.19		37.57		38.77
19.	3/1	KISS Bulcsú Zétény	2011		BVSC-Zugló	04:58.98	+53.08	398								
	50m	34.43	100m	01:12.33	150m	01:50.73	200m	02:28.97	250m	03:06.94	300m	03:45.42	350m	04:22.77	400m	04:58.98
				37.90		38.40		38.24		37.97		38.48		37.35		36.21

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15	03:57.67	KAKUK Koppány	EYOF	2023. júl. 23.
14	04:01.71	KAKUK Koppány	Hódmezővásárhely	2022. júl. 28.
13	04:07.34	KAKUK Koppány	Hódmezővásárhely	2021. júl. 22.
12	04:21.99	ANTAL Dávid	Debrecen	2020. dec. 04.
11	04:29.65	SZABÓ Marcell	Hódmezővásárhely	2021. dec. 17.

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
20.	3/7	VEREBÉLYI Bence	2011		BVSC-Zugló	05:02.64	+56.74	384								
	50m	34.44	100m	01:12.47	150m	01:50.62	200m	02:29.90	250m	03:07.72	300m	03:46.95	350m	04:24.94	400m	05:02.64
				38.03		38.15		39.28		37.82		39.23		37.99		37.70
21.	2/5	ERDEI Tamás	2010		Debreceni Sportc. SI	05:04.07	+58.17	379								
	50m	35.35	100m	01:12.53	150m	01:51.24	200m	02:29.97	250m	03:09.27	300m	03:48.10	350m	04:27.49	400m	05:04.07
				37.18		38.71		38.73		39.30		38.83		39.39		36.58
22.	3/2	KOROKNAI Balázs	2011		Debreceni Sportc. SI	05:04.29	+58.39	378								
	50m	33.90	100m	01:12.65	150m	01:51.39	200m	02:29.73	250m	03:08.69	300m	03:47.70	350m	04:26.75	400m	05:04.29
				38.75		38.74		38.34		38.96		39.01		39.05		37.54
23.	2/4	LAKATOS Gábor	2011		Debreceni Sportc. SI	05:04.40	+58.50	377								
	50m	35.58	100m	01:13.47	150m	01:52.39	200m	02:31.02	250m	03:09.89	300m	03:48.82	350m	04:27.98	400m	05:04.40
				37.89		38.92		38.63		38.87		38.93		39.16		36.42
24.	3/8	PIROS Patrik	2012		Debreceni Sportc. SI	05:06.33	+01:00.43	370								
	50m	34.19	100m	01:12.70	150m	01:51.75	200m	02:31.17	250m	03:10.55	300m	03:50.11	350m	04:29.27	400m	05:06.33
				38.51		39.05		39.42		39.38		39.56		39.16		37.06
25.	2/2	MADÁR Marcell	2013		BVSC-Zugló	05:13.65	+01:07.75	345								
	50m	35.17	100m	01:14.19	150m	01:54.42	200m	02:35.05	250m	03:14.15	300m	03:54.55	350m	04:34.82	400m	05:13.65
				39.02		40.23		40.63		39.10		40.40		40.27		38.83
26.	2/7	KOVÁCS Ádám Attila	2012		Debreceni Sportc. SI	05:15.22	+01:09.32	340								
	50m	35.07	100m	01:14.52	150m	01:55.08	200m	02:35.72	250m	03:15.67	300m	03:56.23	350m	04:36.69	400m	05:15.22
				39.45		40.56		40.64		39.95		40.56		40.46		38.53
27.	2/3	KRUG Ákos	2012		UNI Győri Úszó Sportegy.	05:24.79	+01:18.89	311								
	50m	35.35	100m	01:15.07	150m	01:56.20	200m	02:37.96	250m	03:19.72	300m	04:01.92	350m	04:44.35	400m	05:24.79
				39.72		41.13		41.76		41.76		42.20		42.43		40.44
28.	2/1	VÉGH András	2012		Debreceni Sportc. SI	05:26.59	+01:20.69	305								
	50m	36.51	100m	01:18.63	150m	02:00.65	200m	02:42.57	250m	03:23.82	300m	04:05.78	350m	04:47.41	400m	05:26.59
				42.12		42.02		41.92		41.25		41.96		41.63		39.18
29.	2/8	TÖRÖK Ádám	2013		BVSC-Zugló	05:30.22	+01:24.32	295								
	50m	36.50	100m	01:18.78	150m	02:00.78	200m	02:42.59	250m	03:25.40	300m	04:07.27	350m	04:50.65	400m	05:30.22
				42.28		42.00		41.81		42.81		41.87		43.38		39.57
30.	2/6	KŐRÖSSY Botond	2012		Budaörsi Sport Club	05:32.02	+01:26.12	291								
	50m	36.08	100m	01:16.63	150m	01:59.52	200m	02:42.04	250m	03:24.65	300m	04:07.76	350m	04:50.66	400m	05:32.02
				40.55		42.89		42.52		42.61		43.11		42.90		41.36
31.	1/5	ULVECZKI Botond	2013		Debreceni Sportc. SI	05:36.88	+01:30.98	278								
	50m	37.11	100m	01:19.78	150m	02:03.04	200m	02:46.59	250m	03:29.53	300m	04:12.68	350m	04:55.78	400m	05:36.88
				42.67		43.26		43.55		42.94		43.15		43.10		41.10
32.	1/4	KOPASZ Márk	2012		BVSC-Zugló	05:39.90	+01:34.00	271								
	50m	37.40	100m	01:19.88	150m	02:03.00	200m	02:46.88	250m	03:30.27	300m	04:14.03	350m	04:57.34	400m	05:39.90
				42.48		43.12		43.88		43.39		43.76		43.31		42.56
DNS	4/6	SZAPPANOS Kristóf	2007		Budaörsi Sport Club											
DNS	4/5	PÁPAI Olivér	2009		UNI Győri Úszó Sportegy.											
DNS	1/3	GERBERI Balázs	2011		Miskolci Sportiskola											