

ELŐFUTAM KAT. EREDMÉNY

400 m női gyors

20. versenyszám

| Évjárat | Csúcs | Név | Helyszín | Dátum |
|---------|----------|----------------|---------------------------|----------------|
| 17 | 04:02.66 | PÁDÁR Nikolett | XIX. Országos Rövidpályás | 2023. nov. 01. |
| 16 | 04:03.62 | KÉSELY Ajna | Százhalombatta | 2017. nov. 10. |
| 15 | 04:04.72 | FÁBIÁN Bettina | Kaposvár | 2019. dec. 12. |
| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

A - IFJÚSÁGI (2006-2007)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|---|-------|-------|-------------------------|-----------------|--------|------------|
| 1. | 8/5 | ABONYI-TÓTH Glenda Edző: | 2006 | | A Jövő SC | 04:15.33 | | 743 |
| | R.Idő | 00.78 50m 29.38 100m 01:01.32 150m 01:33.96 200m 02:06.81 250m 02:39.16 300m 03:12.03 350m 03:44.86 | | | | | | |
| | 400m | 04:15.33 30.47 | | | | | | |
| 2. | 9/4 | PÁDÁR Nikolett | 2006 | | Szegedi Úszó Egylet | 04:15.35 | +00.02 | 743 |
| | R.Idő | 00.75 50m 29.63 100m 01:01.37 150m 01:33.95 200m 02:06.95 250m 02:40.14 300m 03:13.41 350m 03:46.60 | | | | | | |
| | 400m | 04:15.35 28.75 | | | | | | |
| 3. | 9/3 | NETT Vivien | 2006 | | Zalaco ZÚK | 04:19.85 | +04.52 | 705 |
| | R.Idő | 00.75 50m 29.80 100m 01:02.20 150m 01:34.96 200m 02:08.11 250m 02:41.26 300m 03:14.55 350m 03:47.79 | | | | | | |
| | 400m | 04:19.85 32.06 | | | | | | |
| 4. | 9/9 | ÜRÖGI Tímea Noémi | 2006 | | Kőbánya Sport Club | 04:25.10 | +09.77 | 664 |
| | R.Idő | 00.73 50m 30.08 100m 01:03.40 150m 01:36.82 200m 02:10.46 250m 02:44.39 300m 03:18.46 350m 03:52.12 | | | | | | |
| | 400m | 04:25.10 32.98 | | | | | | |
| 5. | 8/0 | RÉKASI Eszter | 2007 | | Bálinti Úszó Egyes. | 04:25.83 | +10.50 | 658 |
| | R.Idő | 00.73 50m 30.15 100m 01:04.35 150m 01:38.80 200m 02:13.40 250m 02:46.95 300m 03:20.51 350m 03:54.15 | | | | | | |
| | 400m | 04:25.83 31.68 | | | | | | |
| 6. | 9/8 | GYÖRFFY Lili Anna | 2007 | | Kaposvári "Adorján" | 04:25.99 | +10.66 | 657 |
| | R.Idő | 00.68 50m 30.30 100m 01:03.63 150m 01:37.59 200m 02:11.63 250m 02:45.63 300m 03:19.52 350m 03:53.40 | | | | | | |
| | 400m | 04:25.99 32.59 | | | | | | |
| 7. | 8/8 | BAKÓ Luca | 2007 | | Kaposvári SI | 04:27.04 | +11.71 | 649 |
| | R.Idő | 00.78 50m 30.38 100m 01:03.15 150m 01:36.29 200m 02:10.30 250m 02:44.67 300m 03:19.45 350m 03:53.98 | | | | | | |
| | 400m | 04:27.04 33.06 | | | | | | |
| 8. | 8/9 | POZSONYI Kitti | 2006 | | Érdi Vízisport Kft | 04:27.09 | +11.76 | 649 |
| | R.Idő | 00.75 50m 30.59 100m 01:03.86 150m 01:38.07 200m 02:12.54 250m 02:46.77 300m 03:21.08 350m 03:54.83 | | | | | | |
| | 400m | 04:27.09 32.26 | | | | | | |
| 9. | 7/6 | RÁCZ Janka | 2007 | | Szegedi Úszó Egylet | 04:28.29 | +12.96 | 640 |
| | R.Idő | 00.66 50m 30.13 100m 01:03.61 150m 01:37.71 200m 02:11.89 250m 02:46.23 300m 03:20.69 350m 03:55.45 | | | | | | |
| | 400m | 04:28.29 32.84 | | | | | | |
| 10. | 7/5 | VARGA Zsófia | 2006 | | Vasas Sport Club | 04:30.28 | +14.95 | 626 |
| | R.Idő | 00.64 50m 30.73 100m 01:04.19 150m 01:37.84 200m 02:12.09 250m 02:46.47 300m 03:21.40 350m 03:56.17 | | | | | | |
| | 400m | 04:30.28 34.11 | | | | | | |
| 11. | 8/7 | KERESZTES Emma | 2007 | | Ferencvárosi Torna Club | 04:31.38 | +16.05 | 619 |
| | R.Idő | 00.77 50m 30.70 100m 01:04.51 150m 01:39.31 200m 02:13.99 250m 02:48.52 300m 03:22.82 350m 03:57.20 | | | | | | |
| | 400m | 04:31.38 34.18 | | | | | | |
| 12. | 7/0 | PALKOVICS Adél | 2007 | | RÁJA '94 Úszóklub | 04:31.53 | +16.20 | 618 |
| | R.Idő | 00.76 50m 31.03 100m 01:04.02 150m 01:38.19 200m 02:12.78 250m 02:47.27 300m 03:22.16 350m 03:57.27 | | | | | | |
| | 400m | 04:31.53 34.26 | | | | | | |
| 13. | 7/4 | BÁNHEGYI Brigitta | 2007 | | Miskolci Sportiskola | 04:31.93 | +16.60 | 615 |
| | R.Idő | 00.78 50m 30.38 100m 01:03.61 150m 01:38.03 200m 02:12.59 250m 02:47.33 300m 03:22.20 350m 03:57.48 | | | | | | |
| | 400m | 04:31.93 34.45 | | | | | | |

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A - IFJÚSÁGI (2006-2007)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|-----------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 14. | 6/4 | BOGÁR Viktória | 2007 | | Orosháza Úszó Egyesü | 04:32.96 | +17.63 | 608 |
| | R.Idő | 00.72 50m 31.58 | 100m 01:05.57 33.99 | 150m 01:40.07 34.50 | 200m 02:15.07 35.00 | 250m 02:49.87 34.80 | 300m 03:24.77 34.90 | 350m 03:59.62 34.85 |
| | 400m | 04:32.96 33.34 | | | | | | |
| 15. | 7/2 | KIRÁLY Nelli | 2007 | | BVSC-Zugló | 04:37.64 | +22.31 | 578 |
| | R.Idő | 00.64 50m 29.97 | 100m 01:03.29 33.32 | 150m 01:37.99 34.70 | 200m 02:13.62 35.63 | 250m 02:50.04 36.42 | 300m 03:26.24 36.20 | 350m 04:02.36 36.12 |
| | 400m | 04:37.64 35.28 | | | | | | |

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| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

B - SEREDÜLŐ (2008-2009)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|---|-------|-------|-------------------------|-----------------|--------|------------|
| 1. | 9/5 | JACKL Vivien Edző: Kocsis Márta | 2008 | | Tatabányai Vízmű SE | 04:17.29 | | 726 |
| | R.Idő | 00.71 50m 29.78 100m 01:01.74 150m 01:34.25 200m 02:07.23 250m 02:40.26 300m 03:13.30 350m 03:46.78 | | | | | | |
| | 400m | 04:17.29 30.51 | | | | | | |
| 2. | 8/4 | NAGY Napsugár | 2008 | | Zalaco ZÚK | 04:17.43 | +00.14 | 725 |
| | R.Idő | 00.75 50m 29.99 100m 01:02.05 150m 01:34.52 200m 02:07.29 250m 02:40.03 300m 03:12.88 350m 03:45.50 | | | | | | |
| | 400m | 04:17.43 31.93 | | | | | | |
| 3. | 8/6 | KIRÁLY Flóra | 2008 | | Kaposvári SI | 04:19.28 | +01.99 | 709 |
| | R.Idő | 00.64 50m 30.52 100m 01:03.17 150m 01:36.20 200m 02:09.36 250m 02:41.90 300m 03:14.63 350m 03:47.60 | | | | | | |
| | 400m | 04:19.28 31.68 | | | | | | |
| 4. | 8/3 | SZABÓ Lilla | 2009 | | Egri Úszó Klub | 04:19.44 | +02.15 | 708 |
| | R.Idő | 00.71 50m 30.27 100m 01:02.53 150m 01:35.49 200m 02:08.78 250m 02:41.71 300m 03:14.69 350m 03:47.55 | | | | | | |
| | 400m | 04:19.44 31.89 | | | | | | |
| 5. | 9/6 | BARTA Bianka | 2009 | | Kőbánya Sport Club | 04:19.95 | +02.66 | 704 |
| | R.Idő | 00.79 50m 30.07 100m 01:02.18 150m 01:34.76 200m 02:07.75 250m 02:41.09 300m 03:14.54 350m 03:47.93 | | | | | | |
| | 400m | 04:19.95 32.02 | | | | | | |
| 6. | 7/3 | ORBÁN Boróka | 2008 | | Ferencvárosi Torna Club | 04:23.12 | +05.83 | 679 |
| | R.Idő | 00.73 50m 29.53 100m 01:02.33 150m 01:35.19 200m 02:08.56 250m 02:41.81 300m 03:15.91 350m 03:49.65 | | | | | | |
| | 400m | 04:23.12 33.47 | | | | | | |
| 7. | 9/2 | ROHÁCS Luca | 2008 | | Kőbánya Sport Club | 04:25.24 | +07.95 | 663 |
| | R.Idő | 00.66 50m 30.19 100m 01:03.16 150m 01:36.55 200m 02:10.27 250m 02:44.00 300m 03:18.05 350m 03:52.07 | | | | | | |
| | 400m | 04:25.24 33.17 | | | | | | |
| 8. | 9/7 | PÁLCA-JUHÁSZ Emese | 2009 | | Kaposvári SI | 04:27.57 | +10.28 | 645 |
| | R.Idő | 00.70 50m 30.14 100m 01:03.39 150m 01:37.35 200m 02:11.88 250m 02:45.81 300m 03:20.51 350m 03:55.10 | | | | | | |
| | 400m | 04:27.57 32.47 | | | | | | |
| 9. | 8/1 | PÁLHÁZI Léda | 2009 | | Darnyi Tamás SC | 04:27.91 | +10.62 | 643 |
| | R.Idő | 00.68 50m 30.88 100m 01:03.92 150m 01:37.78 200m 02:11.91 250m 02:46.07 300m 03:20.17 350m 03:54.67 | | | | | | |
| | 400m | 04:27.91 33.24 | | | | | | |
| 10. | 9/1 | REIZINGER Anna | 2009 | | Dombóvári | 04:28.57 | +11.28 | 638 |
| | R.Idő | 00.71 50m 30.39 100m 01:03.44 150m 01:36.86 200m 02:10.71 250m 02:44.89 300m 03:19.75 350m 03:54.83 | | | | | | |
| | 400m | 04:28.57 33.74 | | | | | | |
| 11. | 7/8 | VIRÁG Réka | 2008 | | Tatabányai Vízmű SE | 04:29.10 | +11.81 | 635 |
| | R.Idő | 00.70 50m 30.49 100m 01:03.90 150m 01:38.58 200m 02:12.85 250m 02:47.29 300m 03:22.55 350m 03:56.69 | | | | | | |
| | 400m | 04:29.10 32.41 | | | | | | |
| 12. | 7/7 | SZILVÁSI-HAZAG Aliz | 2008 | | BÁCSVÍZ SC | 04:29.25 | +11.96 | 633 |
| | R.Idő | 00.74 50m 30.15 100m 01:04.11 150m 01:38.09 200m 02:12.21 250m 02:46.80 300m 03:21.40 350m 03:55.87 | | | | | | |
| | 400m | 04:29.25 33.38 | | | | | | |
| 13. | 6/2 | NÉMETH Emilia Anna | 2009 | | RÁJA '94 Úszóklub | 04:32.46 | +15.17 | 611 |
| | R.Idő | 00.79 50m 30.87 100m 01:04.53 150m 01:39.30 200m 02:14.38 250m 02:49.20 300m 03:24.25 350m 03:58.91 | | | | | | |
| | 400m | 04:32.46 33.55 | | | | | | |

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| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

B - SEREDÜLŐ (2008-2009)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|------------------------------------|---------------|---------------|----------------------|-----------------|---------------|---------------|
| 14. | 5/4 | HOLLÓS Fruzsina | 2008 | | Szegedi Úszó Egylet | 04:33.81 | +16.52 | 602 |
| | R.Idő | 00.61 50m 30.18 | 100m 01:04.27 | 150m 01:39.06 | 200m 02:14.35 | 250m 02:49.80 | 300m 03:25.30 | 350m 04:00.37 |
| | | | 34.09 | 34.79 | 35.29 | 35.45 | 35.50 | 35.07 |
| | 400m | 04:33.81 | | | | | | |
| | | 33.44 | | | | | | |
| 15. | 5/5 | KROPKÓ Jázmin | 2009 | | Bohóchal Egyesület | 04:34.27 | +16.98 | 599 |
| | R.Idő | 00.67 50m 30.43 | 100m 01:04.28 | 150m 01:39.02 | 200m 02:14.15 | 250m 02:48.91 | 300m 03:24.30 | 350m 03:59.97 |
| | | | 33.85 | 34.74 | 35.13 | 34.76 | 35.39 | 35.67 |
| | 400m | 04:34.27 | | | | | | |
| | | 34.30 | | | | | | |
| 16. | 4/2 | DOMONKOS Kitti | 2009 | | Szegedi Úszó Egylet | 04:35.63 | +18.34 | 590 |
| | R.Idő | 00.70 50m 31.33 | 100m 01:05.33 | 150m 01:40.23 | 200m 02:15.12 | 250m 02:50.07 | 300m 03:25.39 | 350m 04:00.92 |
| | | | 34.00 | 34.90 | 34.89 | 34.95 | 35.32 | 35.53 |
| | 400m | 04:35.63 | | | | | | |
| | | 34.71 | | | | | | |
| 17. | 5/7 | KISS Csenge | 2008 | | Kőbánya Sport Club | 04:36.90 | +19.61 | 582 |
| | R.Idő | 00.71 50m 30.55 | 100m 01:04.94 | 150m 01:39.94 | 200m 02:15.28 | 250m 02:50.81 | 300m 03:26.73 | 350m 04:02.68 |
| | | | 34.39 | 35.00 | 35.34 | 35.53 | 35.92 | 35.95 |
| | 400m | 04:36.90 | | | | | | |
| | | 34.22 | | | | | | |
| 18. | 6/0 | NÉMETH Hanna | 2009 | | Újpesti Torna Egylet | 04:38.35 | +21.06 | 573 |
| | R.Idő | 00.69 50m 31.22 | 100m 01:05.35 | 150m 01:39.89 | 200m 02:15.46 | 250m 02:50.60 | 300m 03:26.46 | 350m 04:02.76 |
| | | | 34.13 | 34.54 | 35.57 | 35.14 | 35.86 | 36.30 |
| | 400m | 04:38.35 | | | | | | |
| | | 35.59 | | | | | | |
| 19. | 4/1 | NAGYHÁZI Lili | 2009 | | A Jövő SC | 04:39.15 | +21.86 | 568 |
| | R.Idő | 00.77 50m 30.17 | 100m 01:03.60 | 150m 01:38.62 | 200m 02:14.05 | 250m 02:50.16 | 300m 03:26.73 | 350m 04:03.91 |
| | | | 33.43 | 35.02 | 35.43 | 36.11 | 36.57 | 37.18 |
| | 400m | 04:39.15 | | | | | | |
| | | 35.24 | | | | | | |
| 20. | 6/7 | ZOMBORI-SZALONTAI Krisztina | 2008 | | Debreceni Sportc. SI | 04:39.56 | +22.27 | 566 |
| | R.Idő | 00.70 50m 31.09 | 100m 01:04.33 | 150m 01:39.02 | 200m 02:14.58 | 250m 02:50.26 | 300m 03:26.54 | 350m 04:03.22 |
| | | | 33.24 | 34.69 | 35.56 | 35.68 | 36.28 | 36.68 |
| | 400m | 04:39.56 | | | | | | |
| | | 36.34 | | | | | | |
| 21. | 4/9 | SÓS Júlia Anna | 2009 | | Egri Úszó Klub | 04:39.62 | +22.33 | 566 |
| | R.Idő | 00.60 50m 31.02 | 100m 01:05.93 | 150m 01:41.70 | 200m 02:17.79 | 250m 02:53.76 | 300m 03:29.85 | 350m 04:05.46 |
| | | | 34.91 | 35.77 | 36.09 | 35.97 | 36.09 | 35.61 |
| | 400m | 04:39.62 | | | | | | |
| | | 34.16 | | | | | | |
| 22. | 3/7 | LIBSCHER Júlia | 2009 | | A Jövő SC | 04:41.72 | +24.43 | 553 |
| | R.Idő | 00.69 50m 30.66 | 100m 01:04.43 | 150m 01:40.03 | 200m 02:16.01 | 250m 02:51.83 | 300m 03:28.69 | 350m 04:05.95 |
| | | | 33.77 | 35.60 | 35.98 | 35.82 | 36.86 | 37.26 |
| | 400m | 04:41.72 | | | | | | |
| | | 35.77 | | | | | | |
| 23. | 4/3 | TÖRÖK Réka | 2008 | | NICS-HSÚVC | 04:42.32 | +25.03 | 549 |
| | R.Idő | 00.77 50m 31.23 | 100m 01:05.43 | 150m 01:41.23 | 200m 02:17.26 | 250m 02:53.08 | 300m 03:29.86 | 350m 04:06.64 |
| | | | 34.20 | 35.80 | 36.03 | 35.82 | 36.78 | 36.78 |
| | 400m | 04:42.32 | | | | | | |
| | | 35.68 | | | | | | |
| 24. | 5/6 | ÖTVÖS Korina | 2008 | | Kaposvári SI | 04:44.83 | +27.54 | 535 |
| | R.Idő | 00.67 50m 30.66 | 100m 01:04.89 | 150m 01:40.62 | 200m 02:16.98 | 250m 02:53.60 | 300m 03:30.75 | 350m 04:08.05 |
| | | | 34.23 | 35.73 | 36.36 | 36.62 | 37.15 | 37.30 |
| | 400m | 04:44.83 | | | | | | |
| | | 36.78 | | | | | | |
| 25. | 5/1 | PÁDÁR Flóra | 2009 | | Szegedi Úszó Egylet | 04:46.91 | +29.62 | 523 |
| | R.Idő | 00.68 50m 31.54 | 100m 01:06.79 | 150m 01:43.01 | 200m 02:19.76 | 250m 02:56.69 | 300m 03:33.66 | 350m 04:10.48 |
| | | | 35.25 | 36.22 | 36.75 | 36.93 | 36.97 | 36.82 |
| | 400m | 04:46.91 | | | | | | |
| | | 36.43 | | | | | | |
| 26. | 5/9 | KORCSMÁROS Luca | 2008 | | Délzalai Vízmű SE | 04:47.47 | +30.18 | 520 |
| | R.Idő | 00.73 50m 31.25 | 100m 01:06.56 | 150m 01:42.81 | 200m 02:19.75 | 250m 02:56.75 | 300m 03:33.88 | 350m 04:11.10 |
| | | | 35.31 | 36.25 | 36.94 | 37.00 | 37.13 | 37.22 |
| | 400m | 04:47.47 | | | | | | |
| | | 36.37 | | | | | | |

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| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

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|------|-------|---|-------|-------|------------------|-----------------|--------|------|
| 27. | 3/1 | TISZPERGER Júlia | 2008 | | Kaposvári SI | 04:50.11 | +32.82 | 506 |
| | R.Idő | 00.56 50m 32.28 100m 01:07.98 150m 01:45.00 200m 02:22.59 250m 03:00.05 300m 03:37.46 350m 04:14.94 | | | | | | |
| | | 35.70 37.02 37.59 37.46 37.41 37.48 | | | | | | |
| | 400m | 04:50.11 35.17 | | | | | | |
| 28. | 3/3 | MENDRE Doren | 2009 | | Bajai SSC | 04:50.63 | +33.34 | 504 |
| | R.Idő | 00.59 50m 32.14 100m 01:07.35 150m 01:43.57 200m 02:20.75 250m 02:58.49 300m 03:36.30 350m 04:14.61 | | | | | | |
| | | 35.21 36.22 37.18 37.74 37.81 38.31 | | | | | | |
| | 400m | 04:50.63 36.02 | | | | | | |
| DNS | 4/6 | BENYÓ Júlia | 2008 | | Vasas Sport Club | | | |
| DNS | 5/2 | BALI Dorottya | 2008 | | BÁCSVÍZ SC | | | |

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| 17 | 04:02.66 | PÁDÁR Nikolett | XIX. Országos Rövidpályás | 2023. nov. 01. |
| 16 | 04:03.62 | KÉSELY Ajna | Százhalombatta | 2017. nov. 10. |
| 15 | 04:04.72 | FÁBIÁN Bettina | Kaposvár | 2019. dec. 12. |
| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

C - GYERMEK (2010-2011)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|---|-------|-------|-----------------------------|-----------------|--------|------------|
| 1. | 8/2 | BARTALOS Anna Edző: Sirkó András | 2010 | | Tatabányai Vizmű SE | 04:24.54 | | 668 |
| | R.Idő | 00.69 50m 30.19 100m 01:03.31 150m 01:36.99 200m 02:10.89 250m 02:44.39 300m 03:18.28 350m 03:52.29 | | | | | | |
| | 400m | 04:24.54 32.25 | | | | | | |
| 2. | 9/0 | KIRÁLY Hanna Gréta | 2010 | | Kőbánya Sport Club | 04:28.51 | +03.97 | 639 |
| | R.Idő | 00.69 50m 30.88 100m 01:04.58 150m 01:38.44 200m 02:12.42 250m 02:46.48 300m 03:20.57 350m 03:55.19 | | | | | | |
| | 400m | 04:28.51 33.32 | | | | | | |
| 3. | 6/6 | NAGYNÉMEDI Anna Rebeka | 2010 | | NICS-HSÚVC | 04:32.73 | +08.19 | 609 |
| | R.Idő | 00.78 50m 30.98 100m 01:05.09 150m 01:39.53 200m 02:14.20 250m 02:48.87 300m 03:23.91 350m 03:58.78 | | | | | | |
| | 400m | 04:32.73 33.95 | | | | | | |
| 4. | 6/5 | FÁBIÁN Zsófia | 2011 | | A Jövő SC | 04:33.06 | +08.52 | 607 |
| | R.Idő | 00.78 50m 31.03 100m 01:05.04 150m 01:40.18 200m 02:15.57 250m 02:50.49 300m 03:25.68 350m 04:01.02 | | | | | | |
| | 400m | 04:33.06 32.04 | | | | | | |
| 5. | 3/4 | KINCZEL Adrienn | 2010 | | Debreceni Sportc. SI | 04:35.09 | +10.55 | 594 |
| | R.Idő | 00.71 50m 31.61 100m 01:06.12 150m 01:41.29 200m 02:16.31 250m 02:51.30 300m 03:25.91 350m 04:01.21 | | | | | | |
| | 400m | 04:35.09 33.88 | | | | | | |
| 6. | 6/9 | MOHAY Janka | 2010 | | BÁCSVÍZ SC | 04:35.87 | +11.33 | 589 |
| | R.Idő | 00.58 50m 31.44 100m 01:05.44 150m 01:39.81 200m 02:14.76 250m 02:50.22 300m 03:25.83 350m 04:01.58 | | | | | | |
| | 400m | 04:35.87 34.29 | | | | | | |
| 7. | 7/9 | NAGY Emma | 2010 | | Dunaújvárosi Központi | 04:36.41 | +11.87 | 585 |
| | R.Idő | 00.58 50m 31.15 100m 01:05.97 150m 01:41.37 200m 02:17.27 250m 02:51.54 300m 03:26.50 350m 04:01.72 | | | | | | |
| | 400m | 04:36.41 34.69 | | | | | | |
| 8. | 5/8 | PINCÉSI Szonja | 2010 | | Budafóka XXII. SE | 04:36.81 | +12.27 | 583 |
| | R.Idő | 00.66 50m 31.61 100m 01:06.48 150m 01:41.70 200m 02:17.35 250m 02:52.83 300m 03:28.39 350m 04:03.76 | | | | | | |
| | 400m | 04:36.81 33.05 | | | | | | |
| 9. | 4/4 | CSITÁRI Izabella Laura | 2011 | | Érdi Vízisport Kft | 04:37.64 | +13.10 | 578 |
| | R.Idő | 00.83 50m 31.95 100m 01:06.33 150m 01:41.30 200m 02:16.52 250m 02:52.29 300m 03:28.16 350m 04:03.75 | | | | | | |
| | 400m | 04:37.64 33.89 | | | | | | |
| 10. | 6/1 | NAGY-BENEDEK Izabell | 2010 | | Békéscsabai Előre Úszó Klub | 04:38.77 | +14.23 | 571 |
| | R.Idő | 00.54 50m 31.25 100m 01:05.94 150m 01:41.28 200m 02:16.55 250m 02:52.15 300m 03:28.03 350m 04:03.60 | | | | | | |
| | 400m | 04:38.77 35.17 | | | | | | |
| 11. | 2/3 | KÖMÖZ Eszter | 2011 | | Budafóka XXII. SE | 04:39.29 | +14.75 | 568 |
| | R.Idő | 00.62 50m 30.02 100m 01:04.40 150m 01:39.72 200m 02:15.27 250m 02:51.19 300m 03:27.36 350m 04:02.66 | | | | | | |
| | 400m | 04:39.29 36.63 | | | | | | |
| 12. | 5/3 | ZSENI Réka | 2010 | | Tatabányai Vizmű SE | 04:40.09 | +15.55 | 563 |
| | R.Idő | 00.74 50m 30.88 100m 01:05.09 150m 01:40.48 200m 02:16.41 250m 02:52.53 300m 03:29.32 350m 04:05.01 | | | | | | |
| | 400m | 04:40.09 35.08 | | | | | | |
| 13. | 6/3 | GASZTÁNY Mira | 2011 | | Szegedi Úszó Egylet | 04:40.43 | +15.89 | 561 |
| | R.Idő | 00.71 50m 31.46 100m 01:06.24 150m 01:42.46 200m 02:17.97 250m 02:53.11 300m 03:28.99 350m 04:05.41 | | | | | | |
| | 400m | 04:40.43 35.02 | | | | | | |

ELŐFUTAM KAT. EREDMÉNY

400 m női gyors

20. versenyszám

| Évjárat | Csúcs | Név | Helyszín | Dátum |
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| 17 | 04:02.66 | PÁDÁR Nikolett | XIX. Országos Rövidpályás | 2023. nov. 01. |
| 16 | 04:03.62 | KÉSELY Ajna | Százhalombatta | 2017. nov. 10. |
| 15 | 04:04.72 | FÁBIÁN Bettina | Kaposvár | 2019. dec. 12. |
| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

C - GYERMEK (2010-2011)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|---|-------|-------|-------------------------|-------------------------------------|--------|------|
| 14. | 2/4 | FEHÉR Nóra | 2010 | | HÓD Úszó SE | 04:40.57 | +16.03 | 560 |
| | R.Idő | 00.92 50m 31.40 100m 01:05.88 150m 01:41.26 200m 02:16.98 250m 02:52.57 300m 03:28.88 350m 04:05.59 | | | | 34.48 35.38 35.72 35.59 36.31 36.71 | | |
| | 400m | 04:40.57 34.98 | | | | | | |
| 15. | 3/2 | DOBRA Katalin | 2010 | | Újpesti Torna Egylet | 04:40.61 | +16.07 | 560 |
| | R.Idő | 00.75 50m 30.82 100m 01:05.96 150m 01:41.92 200m 02:18.22 250m 02:54.42 300m 03:30.47 350m 04:06.12 | | | | 35.14 35.96 36.30 36.20 36.05 35.65 | | |
| | 400m | 04:40.61 34.49 | | | | | | |
| 16. | 5/0 | BALOGH Viktória Enikő | 2010 | | Debreceni Sportc. SI | 04:42.20 | +17.66 | 550 |
| | R.Idő | 00.75 50m 31.67 100m 01:06.42 150m 01:42.17 200m 02:17.87 250m 02:54.30 300m 03:30.21 350m 04:07.04 | | | | 34.75 35.75 35.70 36.43 35.91 36.83 | | |
| | 400m | 04:42.20 35.16 | | | | | | |
| 17. | 6/8 | KISS Panna | 2010 | | Kiskunhalasi ÚGYE | 04:42.60 | +18.06 | 548 |
| | R.Idő | 00.81 50m 32.35 100m 01:06.93 150m 01:42.44 200m 02:18.12 250m 02:54.29 300m 03:30.21 350m 04:06.80 | | | | 34.58 35.51 35.68 36.17 35.92 36.59 | | |
| | 400m | 04:42.60 35.80 | | | | | | |
| 18. | 4/5 | GULYÁS Fanni | 2010 | | Kaposvári SI | 04:43.23 | +18.69 | 544 |
| | R.Idő | 00.56 50m 31.05 100m 01:06.06 150m 01:42.01 200m 02:18.16 250m 02:54.75 300m 03:31.55 350m 04:08.45 | | | | 35.01 35.95 36.15 36.59 36.80 36.90 | | |
| | 400m | 04:43.23 34.78 | | | | | | |
| 19. | 7/1 | PRIESTER Jázmin Nóra | 2010 | | BVSC-Zugló | 04:43.88 | +19.34 | 540 |
| | R.Idő | 00.74 50m 31.15 100m 01:05.68 150m 01:41.41 200m 02:17.61 250m 02:54.45 300m 03:31.34 350m 04:07.96 | | | | 34.53 35.73 36.20 36.84 36.89 36.62 | | |
| | 400m | 04:43.88 35.92 | | | | | | |
| 20. | 4/8 | HARGITAI Lola Jázmin | 2010 | | Kaposvári "Adorján" | 04:44.07 | +19.53 | 539 |
| | R.Idő | 00.77 50m 31.25 100m 01:06.68 150m 01:42.93 200m 02:19.38 250m 02:56.17 300m 03:32.95 350m 04:09.07 | | | | 35.43 36.25 36.45 36.79 36.78 36.12 | | |
| | 400m | 04:44.07 35.00 | | | | | | |
| 21. | 3/5 | POCSALYI Panna Kerka | 2010 | | Ferencvárosi Torna Club | 04:44.17 | +19.63 | 539 |
| | R.Idő | 00.70 50m 31.78 100m 01:06.11 150m 01:41.55 200m 02:17.78 250m 02:54.47 300m 03:31.25 350m 04:07.73 | | | | 34.33 35.44 36.23 36.69 36.78 36.48 | | |
| | 400m | 04:44.17 36.44 | | | | | | |
| 22. | 2/7 | KOVÁCS Nóra | 2011 | | BÁCSVÍZ SC | 04:44.96 | +20.42 | 534 |
| | R.Idő | 00.71 50m 31.96 100m 01:07.70 150m 01:44.30 200m 02:21.11 250m 02:58.27 300m 03:35.08 350m 04:11.56 | | | | 35.74 36.60 36.81 37.16 36.81 36.48 | | |
| | 400m | 04:44.96 33.40 | | | | | | |
| 23. | 2/5 | HARTAI Emese | 2010 | | Bohóchal Egyesület | 04:45.40 | +20.86 | 532 |
| | R.Idő | 00.75 50m 31.86 100m 01:07.43 150m 01:43.47 200m 02:20.57 250m 02:57.28 300m 03:34.57 350m 04:10.97 | | | | 35.57 36.04 37.10 36.71 37.29 36.40 | | |
| | 400m | 04:45.40 34.43 | | | | | | |
| 24. | 4/0 | ILLÉS Viktória | 2010 | | RÁJA '94 Úszóklub | 04:45.70 | +21.16 | 530 |
| | R.Idő | 00.60 50m 31.72 100m 01:06.29 150m 01:42.48 200m 02:19.40 250m 02:56.40 300m 03:33.19 350m 04:09.91 | | | | 34.57 36.19 36.92 37.00 36.79 36.72 | | |
| | 400m | 04:45.70 35.79 | | | | | | |
| 25. | 1/1 | KISS Alina | 2010 | | Újpesti Torna Egylet | 04:46.17 | +21.63 | 528 |
| | R.Idő | 00.67 50m 31.94 100m 01:07.38 150m 01:43.35 200m 02:20.20 250m 02:56.35 300m 03:33.08 350m 04:10.58 | | | | 35.44 35.97 36.85 36.15 36.73 37.50 | | |
| | 400m | 04:46.17 35.59 | | | | | | |
| 26. | 4/7 | SZABÓ Flóra | 2011 | | HÓD Úszó SE | 04:46.95 | +22.41 | 523 |
| | R.Idő | 00.61 50m 32.13 100m 01:07.72 150m 01:44.32 200m 02:20.93 250m 02:57.62 300m 03:34.45 350m 04:11.11 | | | | 35.59 36.60 36.61 36.69 36.83 36.66 | | |
| | 400m | 04:46.95 35.84 | | | | | | |

ELŐFUTAM KAT. EREDMÉNY

400 m női gyors

20. versenyszám

| Évjárat | Csúcs | Név | Helyszín | Dátum |
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| 17 | 04:02.66 | PÁDÁR Nikolett | XIX. Országos Rövidpályás | 2023. nov. 01. |
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| 15 | 04:04.72 | FÁBIÁN Bettina | Kaposvár | 2019. dec. 12. |
| 14 | 04:06.89 | KÉSELY Ajna | Százhalombatta | 2015. nov. 14. |
| 13 | 04:13.38 | KÉSELY Ajna | Százhalombatta | 2014. nov. 08. |
| 12 | 04:21.23 | KÉSELY Ajna | Százhalombatta | 2013. nov. 16. |

C - GYERMEK (2010-2011)

| Hely | Pálya | Név | Szül. | Orsz. | Klub | Idő | Gap | FINA |
|------|-------|---|-------|-------|----------------------|-------------------------------------|--------|------|
| 27. | 3/8 | TOMBOR Panna | 2011 | | Iron Swim SE | 04:47.38 | +22.84 | 521 |
| | R.Idő | 00.78 50m 32.07 100m 01:07.92 150m 01:44.57 200m 02:21.36 250m 02:58.22 300m 03:34.87 350m 04:11.46 | | | | 36.65 36.66 36.79 36.86 36.65 36.59 | | |
| | 400m | 04:47.38 35.92 | | | | | | |
| 28. | 3/9 | BARTOS Gréta | 2010 | | Szegedi Úszó Egylet | 04:48.41 | +23.87 | 515 |
| | R.Idő | 00.62 50m 32.34 100m 01:08.01 150m 01:44.42 200m 02:21.03 250m 02:58.08 300m 03:35.20 350m 04:12.31 | | | | 36.61 37.05 37.12 37.11 | | |
| | 400m | 04:48.41 36.10 | | | | | | |
| 29. | 2/9 | SCHMIDTMAYER Nila | 2011 | | Mohácsi Torna Egylet | 04:49.66 | +25.12 | 509 |
| | R.Idő | 00.80 50m 31.74 100m 01:07.34 150m 01:44.11 200m 02:20.77 250m 02:57.83 300m 03:35.53 350m 04:12.71 | | | | 36.66 37.06 37.70 37.18 | | |
| | 400m | 04:49.66 36.95 | | | | | | |
| 30. | 2/6 | KISS Zsófia | 2011 | | Dombóvári | 04:51.24 | +26.70 | 500 |
| | R.Idő | 00.66 50m 31.38 100m 01:06.93 150m 01:43.78 200m 02:21.03 250m 02:58.52 300m 03:36.07 350m 04:14.05 | | | | 36.85 37.25 37.49 37.98 | | |
| | 400m | 04:51.24 37.19 | | | | | | |
| 31. | 2/2 | ORBÁN Noa | 2010 | | Kiskunhalasi ÚGYE | 04:51.76 | +27.22 | 498 |
| | R.Idő | 00.77 50m 33.55 100m 01:09.42 150m 01:45.68 200m 02:22.35 250m 02:59.70 300m 03:37.30 350m 04:14.57 | | | | 36.26 36.67 37.35 37.27 | | |
| | 400m | 04:51.76 37.19 | | | | | | |
| 32. | 2/0 | PATONAY Dóra | 2011 | | Bohóchal Egyesület | 04:52.15 | +27.61 | 496 |
| | R.Idő | 00.83 50m 32.69 100m 01:09.46 150m 01:47.29 200m 02:25.01 250m 03:02.37 300m 03:39.48 350m 04:16.73 | | | | 37.83 37.72 37.36 37.25 | | |
| | 400m | 04:52.15 35.42 | | | | | | |
| 33. | 2/1 | FEHÉR Lilla | 2011 | | Bajai SSC | 04:52.17 | +27.63 | 496 |
| | R.Idő | 00.71 50m 33.14 100m 01:09.78 150m 01:46.74 200m 02:24.18 250m 03:01.45 300m 03:38.84 350m 04:16.39 | | | | 36.64 36.96 37.44 37.27 37.39 37.55 | | |
| | 400m | 04:52.17 35.78 | | | | | | |
| 34. | 3/6 | KRISTON-HEGEDÜS Luca | 2011 | | Budapesti Honvéd | 04:52.76 | +28.22 | 493 |
| | R.Idő | 00.80 50m 32.35 100m 01:08.14 150m 01:44.98 200m 02:22.05 250m 02:59.66 300m 03:37.39 350m 04:15.30 | | | | 35.79 36.84 37.07 37.61 37.73 37.91 | | |
| | 400m | 04:52.76 37.46 | | | | | | |
| 35. | 1/3 | NAGY Lili | 2010 | | Hatvani Úszó Klub SE | 04:53.16 | +28.62 | 491 |
| | R.Idő | 00.79 50m 32.01 100m 01:06.81 150m 01:43.42 200m 02:21.15 250m 02:59.42 300m 03:37.68 350m 04:15.71 | | | | 34.80 36.61 37.73 38.27 38.26 38.03 | | |
| | 400m | 04:53.16 37.45 | | | | | | |
| 36. | 2/8 | DANI-FÜLÖP Eszter | 2010 | | Budafóka XXII. SE | 04:53.34 | +28.80 | 490 |
| | R.Idő | 00.63 50m 31.74 100m 01:07.57 150m 01:44.92 200m 02:22.75 250m 03:00.12 300m 03:38.44 350m 04:16.32 | | | | 35.83 37.35 37.83 37.37 38.32 37.88 | | |
| | 400m | 04:53.34 37.02 | | | | | | |
| 37. | 3/0 | CEDOLINI Carlotta | 2010 | | Szegedi Úszó Egylet | 04:53.68 | +29.14 | 488 |
| | R.Idő | 00.71 50m 32.43 100m 01:08.29 150m 01:45.11 200m 02:22.72 250m 03:00.47 300m 03:38.06 350m 04:16.06 | | | | 35.86 36.82 37.61 37.75 37.59 38.00 | | |
| | 400m | 04:53.68 37.62 | | | | | | |
| 38. | 1/7 | KUBICSEK Csenge | 2010 | | BÁCSVÍZ SC | 04:56.57 | +32.03 | 474 |
| | R.Idő | 00.70 50m 32.90 100m 01:09.46 150m 01:47.38 200m 02:25.48 250m 03:03.75 300m 03:41.63 350m 04:19.61 | | | | 36.56 37.92 38.10 38.27 37.88 37.98 | | |
| | 400m | 04:56.57 36.96 | | | | | | |
| 39. | 1/5 | BAGAMÉRY Mirtill | 2010 | | Szegedi Úszó Egylet | 04:59.09 | +34.55 | 462 |
| | R.Idő | 00.74 50m 33.44 100m 01:10.32 150m 01:48.71 200m 02:26.76 250m 03:04.63 300m 03:43.21 350m 04:21.70 | | | | 36.88 38.39 38.05 37.87 38.58 38.49 | | |
| | 400m | 04:59.09 37.39 | | | | | | |

