

# Zalaco Kupa

## 08.06.2024

### Event 1 - 400m Freestyle Men

#### F1

1. Takács, Fábíó 2004 HUN TVSE 04:13,80  
RT +0.75 50m: 00:28,45, 100m: 01:00,40 (00:31,95), 150m: 01:32,53 (00:32,13), 200m: 02:05,11 (00:32,58)  
250m: 02:37,69 (00:32,58), 300m: 03:10,30 (00:32,61), 350m: 03:42,42 (00:32,12), 400m: 04:13,80 (00:31,38)
2. Svélecz, Benjámin 2006 HUN Szomb.SKSI 04:20,75  
RT +0.67 50m: 00:30,91, 100m: 01:03,75 (00:32,84), 150m: 01:37,85 (00:34,10), 200m: 02:11,49 (00:33,64)  
250m: 02:44,82 (00:33,33), 300m: 03:17,76 (00:32,94), 350m: 03:49,76 (00:32,00), 400m: 04:20,75 (00:30,99)

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Hartmann, Máté 2005 HUN Pécsi S.N. DNS MT

#### F2

1. Vörös, Zsombor 2007 HUN GYÚSE 04:23,43  
RT +0.68 50m: 00:30,21, 100m: 01:03,62 (00:33,41), 150m: 01:37,13 (00:33,51), 200m: 02:11,15 (00:34,02)  
250m: 02:44,35 (00:33,20), 300m: 03:18,85 (00:34,50), 350m: 03:51,87 (00:33,02), 400m: 04:23,43 (00:31,56)
2. Bögözi, Hunor 2007 HUN Kaposv. SI 04:23,63  
RT +0.62 50m: 00:29,99, 100m: 01:03,10 (00:33,11), 150m: 01:36,36 (00:33,26), 200m: 02:10,18 (00:33,82)  
250m: 02:44,10 (00:33,92), 300m: 03:18,36 (00:34,26), 350m: 03:51,81 (00:33,45), 400m: 04:23,63 (00:31,82)
3. Bercse, Bence 2007 HUN GYÚSE 04:27,94  
RT +0.58 50m: 00:30,42, 100m: 01:03,88 (00:33,46), 150m: 01:38,04 (00:34,16), 200m: 02:12,16 (00:34,12)  
250m: 02:46,07 (00:33,91), 300m: 03:20,20 (00:34,13), 350m: 03:54,47 (00:34,27), 400m: 04:27,94 (00:33,47)
4. Szánti, Gergely 2008 HUN H 91 ÚVE 04:29,20  
RT +0.67 50m: 00:30,20, 100m: 01:03,45 (00:33,25), 150m: 01:37,43 (00:33,98), 200m: 02:11,68 (00:34,25)  
250m: 02:46,24 (00:34,56), 300m: 03:20,91 (00:34,67), 350m: 03:55,74 (00:34,83), 400m: 04:29,20 (00:33,46)
5. Kovencz, Áron 2007 HUN Kap.Adorj. 04:51,98  
RT +0.68 50m: 00:31,14, 100m: 01:06,26 (00:35,12), 150m: 01:43,97 (00:37,71), 200m: 02:21,62 (00:37,65)  
250m: 02:59,50 (00:37,88), 300m: 03:38,46 (00:38,96), 350m: 04:16,92 (00:38,46), 400m: 04:51,98 (00:35,06)

#### F3

1. Pápai, Olivér 2009 HUN GYÚSE 04:03,40  
RT +0.70 50m: 00:27,90, 100m: 00:58,80 (00:30,90), 150m: 01:29,61 (00:30,81), 200m: 02:00,65 (00:31,04)  
250m: 02:31,62 (00:30,97), 300m: 03:03,03 (00:31,41), 350m: 03:33,91 (00:30,88), 400m: 04:03,40 (00:29,49)
2. Pozsonyi, Koppány 2009 HUN Szomb.SKSI 04:27,83  
RT +0.67 50m: 00:30,93, 100m: 01:04,86 (00:33,93), 150m: 01:39,84 (00:34,98), 200m: 02:14,16 (00:34,32)  
250m: 02:48,54 (00:34,38), 300m: 03:22,37 (00:33,83), 350m: 03:56,61 (00:34,24), 400m: 04:27,83 (00:31,22)
3. Bozsodi, Máté 2010 HUN Szomb.SKSI 04:28,01  
RT +0.62 50m: 00:30,92, 100m: 01:05,02 (00:34,10), 150m: 01:39,82 (00:34,80), 200m: 02:14,02 (00:34,20)  
250m: 02:48,57 (00:34,55), 300m: 03:22,49 (00:33,92), 350m: 03:56,68 (00:34,19), 400m: 04:28,01 (00:31,33)
4. Nagy, Ádám Béla 2010 HUN Sop.Széchy 04:53,16  
RT +0.61 50m: 00:32,88, 100m: 01:09,91 (00:37,03), 150m: 01:47,31 (00:37,40), 200m: 02:24,37 (00:37,06)  
250m: 03:01,87 (00:37,50), 300m: 03:39,28 (00:37,41), 350m: 04:16,73 (00:37,45), 400m: 04:53,16 (00:36,43)
5. Németh, Benedek 2010 HUN Kap.Adorj. 04:57,24  
RT +0.57 50m: 00:32,39, 100m: 01:09,34 (00:36,95), 150m: 01:46,87 (00:37,53), 200m: 02:25,39 (00:38,52)  
250m: 03:03,42 (00:38,03), 300m: 03:42,07 (00:38,65), 350m: 04:20,18 (00:38,11), 400m: 04:57,24 (00:37,06)
6. Szabó, Flórián 2010 HUN Ebihal SE 04:59,91  
RT +0.63 50m: 00:32,30, 100m: 01:09,33 (00:37,03), 150m: 01:47,62 (00:38,29), 200m: 02:26,32 (00:38,70)  
250m: 03:04,79 (00:38,47), 300m: 03:44,33 (00:39,54), 350m: 04:23,02 (00:38,69), 400m: 04:59,91 (00:36,89)

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### Continue Event 1 - 400m Freestyle Men

#### F4

1. Jakab, Gergo 2012 HUN Sop.Széchy 05:08,69  
RT +0.66 50m: 00:34,99, 100m: 01:14,17 (00:39,18), 150m: 01:54,78 (00:40,61), 200m: 02:33,51 (00:38,73)  
250m: 03:14,74 (00:41,23), 300m: 03:54,81 (00:40,07), 350m: 04:32,88 (00:38,07), 400m: 05:08,69 (00:35,81)
2. Károly, Keve 2012 HUN Kaposv. SI 05:09,71  
RT +0.70 50m: 00:34,39, 100m: 01:13,50 (00:39,11), 150m: 01:53,17 (00:39,67), 200m: 02:33,03 (00:39,86)  
250m: 03:13,32 (00:40,29), 300m: 03:53,85 (00:40,53), 350m: 04:33,28 (00:39,43), 400m: 05:09,71 (00:36,43)
3. Varga, Bence 2011 HUN Kap.Adorj. 05:22,43  
RT +0.63 50m: 00:35,31, 100m: 01:16,57 (00:41,26), 150m: 01:57,65 (00:41,08), 200m: 02:38,76 (00:41,11)  
250m: 03:19,36 (00:40,60), 300m: 04:00,39 (00:41,03), 350m: 04:41,08 (00:40,69), 400m: 05:22,43 (00:41,35)

#### F5

1. Tóth, Medárd 2013 HUN Kap.Adorj. 05:17,91  
50m: 00:36,29, 100m: 01:16,35 (00:40,06), 150m: 01:57,17 (00:40,82), 200m: 02:37,82 (00:40,65)  
250m: 03:18,51 (00:40,69), 300m: 03:59,26 (00:40,75), 350m: 04:39,48 (00:40,22), 400m: 05:17,91 (00:38,43)
2. Réczeg, Gergo 2013 HUN Sop.Széchy 06:19,59  
50m: 00:40,21, 100m: 01:26,88 (00:46,67), 150m: 02:16,72 (00:49,84), 200m: 03:06,19 (00:49,47)  
250m: 03:56,07 (00:49,88), 300m: 04:45,24 (00:49,17), 350m: 05:34,24 (00:49,00), 400m: 06:19,59 (00:45,35)
3. Lewicki, Ryan Jakub 2014 HUN Zalaco ZÚK 06:46,08  
50m: 00:39,46, 100m: 01:29,50 (00:50,04), 150m: 02:23,06 (00:53,56), 200m: 03:17,12 (00:54,06)  
250m: 04:09,90 (00:52,78), 300m: 05:03,90 (00:54,00), 350m: 05:56,33 (00:52,43), 400m: 06:46,08 (00:49,75)