

**ELŐFUTAM KAT. EREDMÉNY**
**400 m női gyors**

16. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
17	04:03.57	Késely Ajna	Glasgow (GBR)	2018. aug. 09.
16	04:05.75	Késely Ajna	Budapest	2017. júl. 23.
15	04:07.90	Késely Ajna	Győr	2015. dec. 19.
14	04:07.90	Késely Ajna	Győr	2015. dec. 19.
13	04:17.16	Késely Ajna	Eger	2014. aug. 02.
12	04:22.92	Késely Ajna	Miskolc	2013. júl. 27.
11	04:34.81	Kiss Judit		1991. dec. 31.

**2014 és idősebb**

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
1.	4/4	<b>Balogh Viktória Enikő</b>	2010		Debreceni Sportc. SI	<b>04:33.44</b>		<b>637</b>								
	50m	30.22	100m	01:03.31	150m	01:37.90	200m	02:13.30	250m	02:48.52	300m	03:24.05	350m	03:59.12	400m	04:33.44
				33.09		34.59		35.40		35.22		35.53		35.07		34.32
2.	5/4	<b>Szabó Lilla</b>	2009		Egri Úszó Klub SE	<b>04:36.28</b>	<b>+02.84</b>	<b>618</b>								
	50m	31.78	100m	01:06.68	150m	01:42.49	200m	02:17.92	250m	02:53.60	300m	03:29.23	350m	04:04.04	400m	04:36.28
				34.90		35.81		35.43		35.68		35.63		34.81		32.24
3.	4/5	<b>Kinczel Adrienn</b>	2010		Debreceni Sportc. SI	<b>04:36.94</b>	<b>+03.50</b>	<b>613</b>								
	R.Idő	00.62	50m	31.91	100m	01:06.36	150m	01:41.19	200m	02:16.43	250m	02:51.86	300m	03:27.35	350m	04:02.98
						34.45		34.83		35.24		35.43		35.49		35.63
	400m	04:36.94				33.96										
4.	5/6	<b>Kovács Kitti</b>	2009		Debreceni Sportc. SI	<b>04:37.71</b>	<b>+04.27</b>	<b>608</b>								
	50m	31.97	100m	01:07.53	150m	01:43.30	200m	02:19.38	250m	02:54.06	300m	03:29.18	350m	04:04.22	400m	04:37.71
				35.56		35.77		36.08		34.68		35.12		35.04		33.49
5.	5/5	<b>Busánszky Anasztázia</b>	2008		Debreceni Sportc. SI	<b>04:37.84</b>	<b>+04.40</b>	<b>608</b>								
	R.Idő	00.72	50m	31.42	100m	01:07.04	150m	01:42.72	200m	02:18.69	250m	02:53.83	300m	03:29.81	350m	04:04.67
						35.62		35.68		35.97		35.14		35.98		34.86
	400m	04:37.84				33.17										
6.	5/3	<b>Priester Jázmin Nóra</b>	2010		BVSC-Zugló	<b>04:38.37</b>	<b>+04.93</b>	<b>604</b>								
	R.Idő	00.74	50m	31.84	100m	01:06.67	150m	01:42.25	200m	02:17.81	250m	02:53.73	300m	03:29.48	350m	04:04.45
						34.83		35.58		35.56		35.92		35.75		34.97
	400m	04:38.37				33.92										
7.	4/2	<b>Zsolnai Alexandra</b>	2010		BVSC-Zugló	<b>04:40.58</b>	<b>+07.14</b>	<b>590</b>								
	R.Idő	00.63	50m	30.74	100m	01:05.52	150m	01:42.02	200m	02:18.13	250m	02:54.64	300m	03:30.30	350m	04:05.97
						34.78		36.50		36.11		36.51		35.66		35.67
	400m	04:40.58				34.61										
8.	4/3	<b>Balázs Hanna</b>	2011		Egri Úszó Klub SE	<b>04:43.22</b>	<b>+09.78</b>	<b>574</b>								
	R.Idő	00.67	50m	31.75	100m	01:07.59	150m	01:44.18	200m	02:20.78	250m	02:56.47	300m	03:32.56	350m	04:08.49
						35.84		36.59		36.60		35.69		36.09		35.93
	400m	04:43.22				34.73										
9.	5/2	<b>Váczyová Vilma</b>	2010	SVK	Športový klub polície Košice -	<b>04:48.19</b>	<b>+14.75</b>	<b>544</b>								
	R.Idő	00.80	50m	32.23	100m	01:07.43	150m	01:43.96	200m	02:20.97	250m	02:58.06	300m	03:35.72	350m	04:13.12
						35.20		36.53		37.01		37.09		37.66		37.40
	400m	04:48.19				35.07										
10.	5/1	<b>Takács Lilla</b>	2009		Debreceni Sportc. SI	<b>04:51.28</b>	<b>+17.84</b>	<b>527</b>								
	R.Idő	00.61	50m	32.64	100m	01:08.52	150m	01:45.38	200m	02:22.47	250m	02:59.96	300m	03:38.26	350m	04:15.20
						35.88		36.86		37.09		37.49		38.30		36.94
	400m	04:51.28				36.08										
11.	4/8	<b>Tóth Karolina</b>	2012		UNI Győri Úszó Sportegy.	<b>04:51.37</b>	<b>+17.93</b>	<b>527</b>								
	50m	33.67	100m	01:10.10	150m	01:46.51	200m	02:23.52	250m	03:00.89	300m	03:38.15	350m	04:14.50	400m	04:51.37
				36.43		36.41		37.01		37.37		37.26		36.35		36.87
12.	3/6	<b>Hegedüs Petra</b>	2010		Debreceni Sportc. SI	<b>04:51.51</b>	<b>+18.07</b>	<b>526</b>								
	50m	32.43	100m	01:07.91	150m	01:44.30	200m	02:21.56	250m	02:59.06	300m	03:37.09	350m	04:15.01	400m	04:51.51
				35.48		36.39		37.26		37.50		38.03		37.92		36.50
13.	5/0	<b>Ombódi Réka</b>	2008		MATE - GEAC	<b>04:51.84</b>	<b>+18.40</b>	<b>524</b>								
	R.Idő	00.62	50m	32.98	100m	01:08.79	150m	01:45.35	200m	02:22.69	250m	03:00.05	300m	03:38.49	350m	04:15.76
						35.81		36.56		37.34		37.36		38.44		37.27
	400m	04:51.84				36.08										
14.	5/8	<b>Erdős Luca</b>	2013		Debreceni Sportc. SI	<b>04:52.78</b>	<b>+19.34</b>	<b>519</b>								
	50m	34.46	100m	01:11.09	150m	01:48.62	200m	02:26.06	250m	03:02.70	300m	03:39.83	350m	04:16.44	400m	04:52.78
				36.63		37.53		37.44		36.64		37.13		36.61		36.34
15.	4/1	<b>Béke Blanka</b>	2012		Debreceni Sportc. SI	<b>04:53.58</b>	<b>+20.14</b>	<b>515</b>								
	50m	32.36	100m	01:08.98	150m	01:46.31	200m	02:24.35	250m	03:02.42	300m	03:40.17	350m	04:18.02	400m	04:53.58
				36.62		37.33		38.04		38.07		37.75		37.85		35.56

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17	04:03.57	Késely Ajna	Glasgow (GBR)	2018. aug. 09.
16	04:05.75	Késely Ajna	Budapest	2017. júl. 23.
15	04:07.90	Késely Ajna	Győr	2015. dec. 19.
14	04:07.90	Késely Ajna	Győr	2015. dec. 19.
13	04:17.16	Késely Ajna	Eger	2014. aug. 02.
12	04:22.92	Késely Ajna	Miskolc	2013. júl. 27.
11	04:34.81	Kiss Judit		1991. dec. 31.

**2014 és idősebb**

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA
16.	4/6	<b>Štangová Gréta</b>	2010	SVK	Športový klub polície Košice -	<b>04:54.91</b>	+21.47	508
	R.Idő	00.58 50m 32.23 100m 01:07.90 150m 01:44.62 200m 02:21.95 250m 03:00.22 300m 03:38.62 350m 04:17.41				35.67 36.72 37.33 38.27 38.40 38.79		
	400m	04:54.91 37.50						
17.	5/9	<b>Kállai Hanna</b>	2011		Gyulai Várfürdő Kft.	<b>04:58.37</b>	+24.93	490
	R.Idő	00.64 50m 33.91 100m 01:11.13 150m 01:48.72 200m 02:26.48 250m 03:04.27 300m 03:42.76 350m 04:20.91				37.22 37.59 37.76 37.79 38.49 38.15		
	400m	04:58.37 37.46						
18.	4/7	<b>Ábrahám Amália</b>	2012		Budaörsi Sport Club	<b>04:59.45</b>	+26.01	485
	R.Idő	00.56 50m 32.60 100m 01:09.18 150m 01:47.16 200m 02:25.88 250m 03:04.77 300m 03:43.52 350m 04:22.53				36.58 37.98 38.72 38.89 38.75 39.01		
	400m	04:59.45 36.92						
19.	3/3	<b>Csecsődi Hajnalka Ibolya</b>	2011		Debreceni Sportc. SI	<b>05:02.26</b>	+28.82	472
	R.Idő	00.79 50m 33.64 100m 01:10.83 150m 01:49.37 200m 02:28.06 250m 03:06.94 300m 03:45.74 350m 04:24.76				37.19 38.54 38.69 38.88 38.80 39.02		
	400m	05:02.26 37.50						
20.	4/0	<b>Kovács Anna</b>	2009		NICS-HSÚVC	<b>05:02.66</b>	+29.22	470
	R.Idő	00.45 50m 32.47 100m 01:09.65 150m 01:49.16 200m 02:27.97 250m 03:06.74 300m 03:46.07 350m 04:25.30				37.18 39.51 38.81 38.77 38.77 39.23		
	400m	05:02.66 37.36						
21.	3/7	<b>Szőlősi - Bálint Kincső Petra</b>	2013		Debreceni Sportc. SI	<b>05:02.81</b>	+29.37	469
	50m	33.74 100m 01:11.98 150m 01:51.36 200m 02:30.38 250m 03:09.31 300m 03:48.18 350m 04:26.12 400m 05:02.81				38.24 39.38 39.02 38.93 38.87 38.69 36.69		
22.	4/9	<b>Takács-Dan Kira</b>	2013	ROU	ISK Marosvásárhely	<b>05:03.23</b>	+29.79	467
	R.Idő	00.69 50m 34.15 100m 01:12.03 150m 01:49.94 200m 02:28.71 250m 03:07.20 300m 03:46.75 350m 04:26.05				37.88 37.91 38.77 38.49 39.55 39.30		
	400m	05:03.23 37.18						
23.	3/4	<b>Fazekas Dorka</b>	2012		Miskolci Sportiskola	<b>05:03.40</b>	+29.96	466
	50m	33.85 100m 01:11.15 150m 01:50.40 200m 02:29.80 250m 03:09.42 300m 03:48.44 350m 04:27.05 400m 05:03.40				37.30 39.25 39.40 39.40 39.02 39.02 38.61 36.35		
24.	3/5	<b>Ráski Sára</b>	2012		Miskolci Sportiskola	<b>05:03.83</b>	+30.39	464
	50m	32.84 100m 01:09.73 150m 01:49.16 200m 02:27.97 250m 03:08.21 300m 03:47.66 350m 04:27.68 400m 05:03.83				36.89 39.43 38.81 38.81 40.24 39.45 40.02 36.15		
25.	2/2	<b>Sztruhár Petra</b>	2011		MATE - GEAC	<b>05:10.82</b>	+37.38	434
	R.Idő	00.78 50m 35.24 100m 01:14.44 150m 01:53.45 200m 02:33.67 250m 03:13.11 300m 03:52.86 350m 04:32.37				39.20 39.01 40.22 39.44 39.75 39.51		
	400m	05:10.82 38.45						
26.	3/0	<b>Toplak Marianna Adél</b>	2012		Debreceni Sportc. SI	<b>05:14.05</b>	+40.61	421
	50m	34.79 100m 01:13.36 150m 01:53.07 200m 02:33.58 250m 03:14.03 300m 03:55.17 350m 04:35.02 400m 05:14.05				38.57 39.71 40.51 40.51 40.45 41.14 39.85 39.03		
27.	2/6	<b>Donkó Gréta</b>	2014		Szolnoki Sportcentrum	<b>05:14.47</b>	+41.03	419
	50m	34.62 100m 01:12.92 150m 01:52.70 200m 02:32.88 250m 03:13.43 300m 03:54.49 350m 04:34.84 400m 05:14.47				38.30 39.78 40.18 40.18 40.55 41.06 40.35 39.63		
28.	3/8	<b>Hintz Janka</b>	2009		MATE - GEAC	<b>05:14.64</b>	+41.20	418
	R.Idő	00.58 50m 34.45 100m 01:13.58 150m 01:54.64 200m 02:35.11 250m 03:16.43 300m 03:57.09 350m 04:37.85				39.13 41.06 41.06 40.47 41.32 40.66 40.76		
	400m	05:14.64 36.79						
29.	3/1	<b>Szugyczki Adél</b>	2010		Debreceni Sportc. SI	<b>05:15.01</b>	+41.57	417
	50m	34.49 100m 01:13.78 150m 01:53.81 200m 02:33.96 250m 03:14.03 300m 03:54.82 350m 04:35.44 400m 05:15.01				39.29 40.03 40.15 40.15 40.07 40.79 40.62 39.57		
30.	3/2	<b>Tichindelean Sofia Maria</b>	2009	ROU	Asociația Club Sportiv All 4 Sport	<b>05:15.98</b>	+42.54	413
	R.Idő	00.75 50m 34.37 100m 01:13.57 150m 01:53.66 200m 02:34.46 250m 03:15.71 300m 03:56.77 350m 04:37.26				39.20 40.09 40.80 41.25 41.06 40.49		
	400m	05:15.98 38.72						

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16	04:05.75	Késely Ajna	Budapest	2017. júl. 23.
15	04:07.90	Késely Ajna	Győr	2015. dec. 19.
14	04:07.90	Késely Ajna	Győr	2015. dec. 19.
13	04:17.16	Késely Ajna	Eger	2014. aug. 02.
12	04:22.92	Késely Ajna	Miskolc	2013. júl. 27.
11	04:34.81	Kiss Judit		1991. dec. 31.

**2014 és idősebb**

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA								
31.	1/6	<b>Ballagó Flóra</b>	2013		Jászszentandrás SE	<b>05:19.93</b>	+46.49	398								
	50m	35.16	100m	01:14.92	150m	01:56.32	200m	02:37.34	250m	03:18.71	300m	03:59.84	350m	04:40.78	400m	05:19.93
				39.76		41.40		41.02		41.37		41.13		40.94		39.15
32.	1/4	<b>Schmidt Luca Anna</b>	2014		Budapesti Honvéd SE	<b>05:20.02</b>	+46.58	397								
	50m	36.50	100m	01:17.26	150m	01:58.61	200m	02:40.04	250m	03:20.46	300m	04:01.55	350m	04:41.99	400m	05:20.02
				40.76		41.35		41.43		40.42		41.09		40.44		38.03
33.	1/3	<b>Galambos Léna</b>	2014		Miskolci Sportiskola	<b>05:20.06</b>	+46.62	397								
	50m	36.71	100m	01:17.82	150m	01:59.02	200m	02:40.43	250m	03:21.00	300m	04:03.02	350m	04:42.62	400m	05:20.06
				41.11		41.20		41.41		40.57		42.02		39.60		37.44
34.	2/7	<b>Jalba Bianca Maria</b>	2011	ROU	Asociația Club Sportiv All 4 Sport	<b>05:20.63</b>	+47.19	395								
	50m	35.25	100m	01:15.24	150m	01:55.95	200m	02:37.53	250m	03:19.07	300m	04:00.69	350m	04:41.22	400m	05:20.63
				39.99		40.71		41.58		41.54		41.62		40.53		39.41
35.	2/9	<b>Gincsei Regina</b>	2012		NYSC	<b>05:21.21</b>	+47.77	393								
	R.Idő	00.75	50m	36.97	100m	01:16.77	150m	01:57.68	200m	02:38.86	250m	03:19.85	300m	04:01.06	350m	04:41.77
						39.80		40.91		41.18		40.99		41.21		40.71
	400m	05:21.21														
		39.44														
36.	3/9	<b>Mihály Nóra</b>	2012		Egri Úszó Klub SE	<b>05:22.46</b>	+49.02	388								
	R.Idő	00.62	50m	34.84	100m	01:13.95	150m	01:55.24	200m	02:36.35	250m	03:18.67	300m	04:00.40	350m	04:42.65
						39.11		41.29		41.11		42.32		41.73		42.25
	400m	05:22.46														
		39.81														
37.	2/1	<b>Temesváry Zsófi</b>	2010		Debreceni Aquasport	<b>05:22.97</b>	+49.53	387								
	50m	36.12	100m	01:16.18	150m	01:57.29	200m	02:39.56	250m	03:20.06	300m	04:02.72	350m	04:44.85	400m	05:22.97
				40.06		41.11		42.27		40.50		42.66		42.13		38.12
38.	2/0	<b>Sipőcz Lora</b>	2014		BVSC-Zugló	<b>05:23.17</b>	+49.73	386								
	50m	35.83	100m	01:16.66	150m	01:58.11	200m	02:39.77	250m	03:20.94	300m	04:02.43	350m	04:43.80	400m	05:23.17
				40.83		41.45		41.66		41.17		41.49		41.37		39.37
39.	2/4	<b>Kovács Petra</b>	2011	ROU	Clubul Sportiv Crisul	<b>05:23.64</b>	+50.20	384								
	50m	36.76	100m	01:18.47	150m	02:00.00	200m	02:41.51	250m	03:22.74	300m	04:04.44	350m	04:45.49	400m	05:23.64
				41.71		41.53		41.51		41.23		41.70		41.05		38.15
40.	2/3	<b>Tortin Eliza Sandra</b>	2009	ROU	Clubul Sportiv Crisul	<b>05:25.49</b>	+52.05	378								
	R.Idő	00.61	50m	36.42	100m	01:17.47	150m	02:00.07	200m	02:42.63	250m	03:24.24	300m	04:06.36	350m	04:46.38
						41.05		42.60		42.56		41.61		42.12		40.02
	400m	05:25.49														
		39.11														
41.	1/7	<b>Aszódi Hanna Ildikó</b>	2011		MATE - GEAC	<b>05:25.78</b>	+52.34	377								
	R.Idő	00.61	50m	34.30	100m	01:14.01	150m	01:55.93	200m	02:37.76	250m	03:19.68	300m	04:01.80	350m	04:44.38
						39.71		41.92		41.83		41.92		42.12		42.58
	400m	05:25.78														
		41.40														
42.	2/5	<b>Takács Emma Boróka</b>	2013		Budaörsi Sport Club	<b>05:25.87</b>	+52.43	376								
	50m	35.74	100m	01:16.00	150m	01:57.87	200m	02:40.03	250m	03:21.54	300m	04:03.84	350m	04:45.80	400m	05:25.87
				40.26		41.87		42.16		41.51		42.30		41.96		40.07
43.	1/5	<b>Szabó Nóra</b>	2012		Békési Úszó Klub E.	<b>05:28.52</b>	+55.08	367								
	50m	33.64	100m	01:12.43	150m	01:53.77	200m	02:36.44	250m	03:19.53	300m	04:02.27	350m	04:45.81	400m	05:28.52
				38.79		41.34		42.67		43.09		42.74		43.54		42.71
44.	1/2	<b>Koncz Fanni</b>	2013		Békéscsabai EUK	<b>05:31.98</b>	+58.54	356								
	R.Idő	00.63	50m	37.07	100m	01:19.35	150m	02:01.79	200m	02:44.71	250m	03:27.44	300m	04:09.48	350m	04:51.53
						42.28		42.44		42.92		42.73		42.04		42.05
	400m	05:31.98														
		40.45														
45.	2/8	<b>Galambosi Lili</b>	2013		Békéscsabai EUK	<b>05:37.50</b>	+01:04.06	339								
	50m	37.61	100m	01:20.59	150m	02:04.55	200m	02:47.95	250m	03:31.36	300m	04:14.41	350m	04:57.52	400m	05:37.50
				42.98		43.96		43.40		43.41		43.05		43.11		39.98
46.	1/8	<b>Major Nóra</b>	2013		NYSC	<b>05:37.87</b>	+01:04.43	338								
	50m	36.77	100m	01:18.41	150m	02:01.53	200m	02:44.98	250m	03:28.51	300m	04:12.07	350m	04:55.65	400m	05:37.87
				41.64		43.12		43.45		43.53		43.56		43.58		42.22
47.	1/0	<b>Mázló Noémi Lina</b>	2013		Debreceni Sportc. SI	<b>05:50.43</b>	+01:16.99	303								
	50m	38.24	100m	01:21.86	150m	02:06.44	200m	02:52.00	250m	03:36.74	300m	04:22.95	350m	05:07.46	400m	05:50.43
				43.62		44.58		45.56		44.74		46.21		44.51		42.97
DNS	5/7	<b>Kovács Lara Gréta</b>	2010		Egri Úszó Klub SE											

## ELŐFUTAM KAT. EREDMÉNY

### 400 m női gyors

16. versenyszám

Évjárat	Csúcs	Név	Helyszín	Dátum
17	04:03.57	Késely Ajna	Glasgow (GBR)	2018. aug. 09.
16	04:05.75	Késely Ajna	Budapest	2017. júl. 23.
15	04:07.90	Késely Ajna	Győr	2015. dec. 19.
14	04:07.90	Késely Ajna	Győr	2015. dec. 19.
13	04:17.16	Késely Ajna	Eger	2014. aug. 02.
12	04:22.92	Késely Ajna	Miskolc	2013. júl. 27.
11	04:34.81	Kiss Judit		1991. dec. 31.

### 2014 és idősebb

Hely	Pálya	Név	Szül.	Orsz.	Klub	Idő	Gap	FINA
DNS	1/1	Melniciuc Delia	2008	ROU	Clubul Sportiv Crisul			